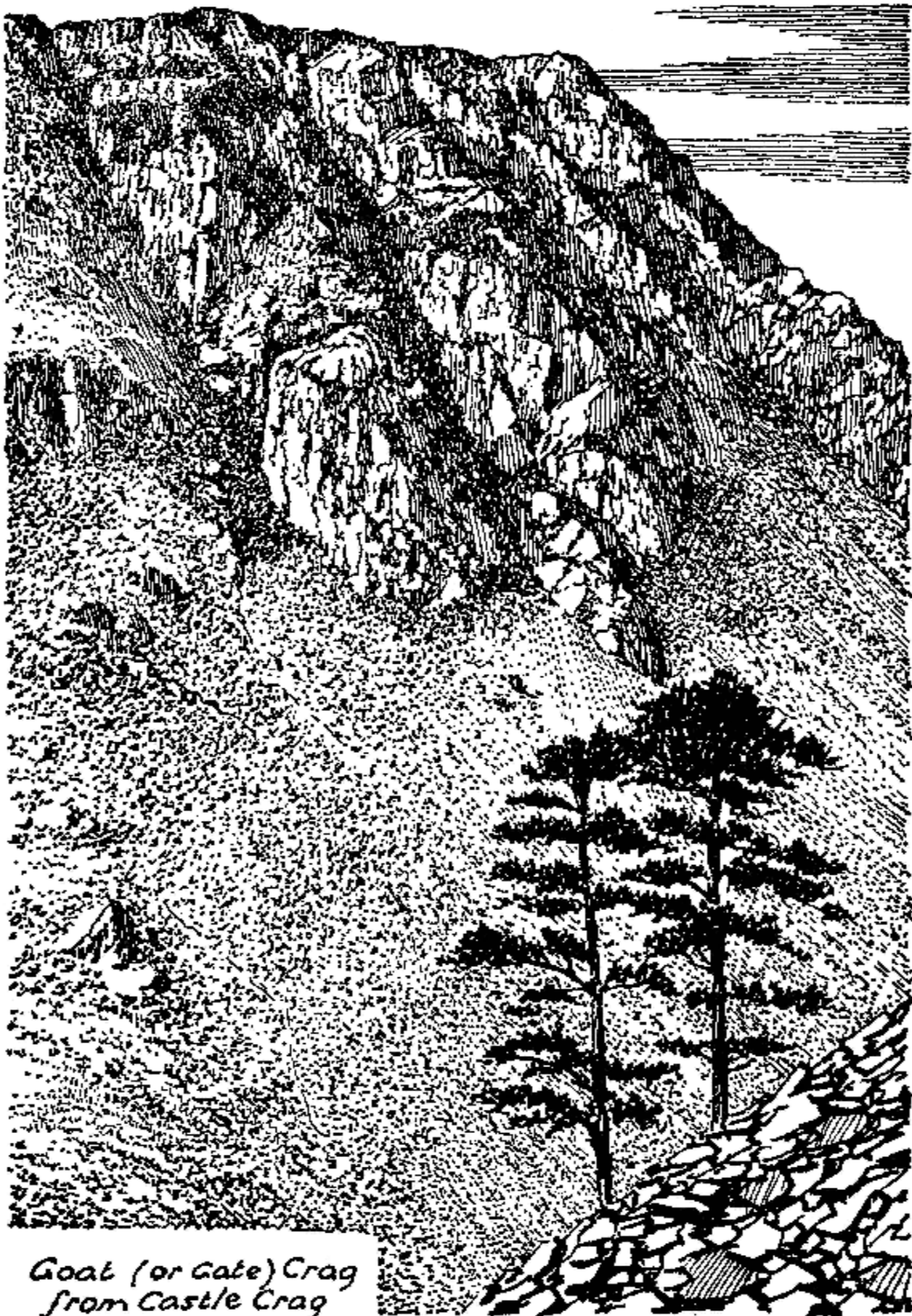


# LAKE DISTRICT MOUNTAIN RESCUE ASSOCIATION MOUNTAIN ACCIDENTS 2005



*Goat Crag from 'Wainwright's North Western fells' and reproduced  
by courtesy of the Westmorland Gazette*

**This Report is issued by  
the Lake District Search and Mountain Rescue Association  
in the interests of all mountain users.**

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**Lake District Search and Mountain Rescue Association**

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This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue, such as RAF and National Park Rangers.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national Mountain Rescue Council and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

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THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION  
IS REGISTERED AS A CHARITABLE TRUST 506349

# CHAIRMAN'S REPORT FOR 2005

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Incidents in 2005 showed a 1% increase on the previous year with a total of 395 calls. There was a marked increase in the number of hill-walking fatalities from 12 to 17. These included both deaths from medical conditions and accidents involving trauma. Teams also followed up an increasing number of requests for local emergencies. This can largely be explained by the calls for assistance during the January floods. The only areas where there were reductions in the figures were with regard to mountain bike accidents and people who were lost or overdue.

Previously I have commented on the growing number of calls coming from mobile 'phones. However in 2005 this number remained constant. Increasingly though these are now being directed to the Emergency Ambulance numbers and not to the Police. Therefore the tendency is to dispatch an ambulance and crew and only call the Mountain Rescue Team once the ambulance crew has arrived at the scene and found that they are unable to deal with the situation. Although by comparison, the number of calls to the Ambulance Service is maybe small, it should not lead to casualties being failed by the system. I feel that there is an issue here that needs to be addressed nationally with regard to Mountain Rescue and off-road incidents. Part of the problem would appear to be in the training of the staff at the Emergency Call Centres. Sometimes they seem to be unaware that there is a Mountain Rescue Service.

Another concern is the proposed merger of Cumbria and Lancashire Police Services, with the prospect of the larger constabulary having the greater influence. Cumbria, with the large number of mountain accidents and approximately sixty years of co-operation between the twelve voluntary rescue teams and the Police Service, has a unique working relationship developed by necessity, to affect speedy and appropriate responses. We need therefore to be pro-active in seeking involvement as early as possible, in consultations regarding the merger. We have raised these issues but so far there is no evidence in the present agenda to deal with these concerns. Perhaps as individual teams we need to inform those in authority of the valuable work carried out.

Of course the amalgamation of the Police Services is not the only such merger proposed. There are also plans in hand for the regional reorganization of the Ambulance Trusts. I hope that all teams responded to the consultation document regarding this. Although we have recently had worthwhile meetings with the Cumbria Fire Service, again we need to maintain the dialogue as their amalgamation plans are developed.

2007 will be the sixtieth anniversary of the founding of the first Mountain Rescue Teams in the Lake District. We have an enviable tradition of mountain rescue service that stands comparison with any other and we need to be vigilant to see that all these changes being brought about by Government, lead to improvements and not a deterioration in our service.

John Dempster,  
Chairman

January				
<b>001</b>	<b>13450</b>	<b>1 January 12:00</b>	<b>Beda Fell</b>	<b>NY422165</b>
Rain hill fog cold. Wet Hill Walking (2 in Party)				
Woman(50) - Party became disorientated in hill fog and were unprepared to move. During search, weather lifted so they were able to move again. One subject had walked to the road end. Unhurt. Patterdale 12, 2hr				
<b>002</b>	<b>13045</b>	<b>1 January 13:44</b>	<b>Castle Crag, Borrowdale</b>	<b>NY248159</b>
Strong heavy rain low cloud cold. Very wet slippery Hill Walking (4 in Party)				
Woman(65) - Subject slipped on wet ground, sustaining a lower leg injury. Keswick 21, 3hr				
<b>003</b>	<b>13040</b>	<b>1 January 14:15</b>	<b>Farleton Fell</b>	<b>SD540807</b>
Gales heavy rain cloudy cold. Very wet slippery Hill Walking (4 in Party)				
Man(41) - Family out walking, gentleman slipped, wife & two young children escorted off hill & re-warmed at local farmhouse. No injuries reported. Kendal 17, 3hr				
<b>004</b>	<b>13046</b>	<b>2 January 13:36</b>	<b>Blencathra</b>	<b>NY310269</b>
Strong heavy rain hill fog. Very wet slippery Hill Walking				
A report was received of an injured walker - location unknown. A wide search of the mountain was made but nothing was found. False alarm with good intent. Keswick 25, 3 hr				
<b>005</b>	<b>13242</b>	<b>4 January 14:20</b>	<b>Latterbarrow</b>	<b>SD366991</b>
Clear. Path Hill Walking				
Woman(61) - Subject slipped on path, fracturing her left ankle. Coniston 15, 2hr				
<b>006</b>	<b>13044</b>	<b>5 January 13:55</b>	<b>Blea Rigg, Grasmere</b>	<b>NY296080</b>
Strong hail low cloud cool. Very wet slippery Hill Walking (2 in Party)				
Man(57) - Subject reported to have slipped and requiring assistance, but made own way to local inn and on to hospital by county ambulance whilst teams were searching. Head injuries. Langdale Ambleside 22, 3 hr; SARDA (Lakes) 1, 1hr; Kendal 17, 3hr				
<b>007</b>	<b>13317</b>	<b>7 January 23:23</b>	<b>Appleby -in- Westmorland</b>	<b>NY684204</b>
Gales heavy rain overcast cool. Local flooding Local Incident				
Requested by police to assist emergency services dealing with flooding in Appleby area. Evacuated persons and belongings to safety and relief centre at local school. Kirkby Stephen 18, 6hr; Penrith 19, 7 hr				
<b>008</b>	<b>13075</b>	<b>8 January 00:23</b>	<b>Keswick</b>	<b>NY263237</b>
Storm heavy rain clear cool. Waterlogged Local Incident				
After a period of intense rainfall, river overflowed into Keswick flooding roads and inundating homes. Mass evacuation of several properties and submerged cars using 4WD vehicles and boat. 40 persons, 1 baby, 5 cats, 2 dogs & 2 criminals. Keswick 23, 12hr				
<b>009</b>	<b>13318</b>	<b>8 January 10:25</b>	<b>Carlisle</b>	<b>NY420559</b>
Strong drizzle overcast cool. Flooding Local Incident				
Requested by police to assist other emergency services dealing with severe flooding in Carlisle. Evacuated local residents to relief centres. Cumbria Ore Mines Rescue Unit 3, 12hr; Patterdale 5, 7hr; Penrith 21, 12hr; Boulmer SAR Helicopter ; Great North Air Ambulance				
<b>010</b>	<b>13076</b>	<b>8 January 14:47</b>	<b>Seathwaite Fell, 1000' Boulder</b>	<b>NY229109</b>
Strong heavy rain cool. Very wet slippery Hill Walking				



Woman(44) - Subject slipped on wet rock on the summit of Seathwaite Fell. She was carried by her party on the Styhead Box stretcher before being met by the Team. Fractured ankle.  
Keswick 17, 3□ hr; Wasdale 1, 3□ hr

**011 13452 8 January 17:55 Angle Tarn, Langdale Pikes NY413148**  
Strong rain cloudy cool. Very wet Hill Walking (2 in Party)

Report of overdue walkers last known point Angletarn Pikes, Patterdale. It eventually came to light that there had been some confusion naming the wrong Angle Tarn, should have been in the Langdale Pikes. Langdale Ambleside 1, □ hr; Patterdale 3, □ hr

**012 14099 8 January 17:55 Millom, Beck Wood SD160809**  
Light dry cool. Wet Search - Non-mountain (Solo)

Man(66) - Subject reported missing having failed to return from walking the dog. Later found collapsed. FATAL Heart attack.  
Duddon & Furness 23, 2□ hr

**013 14421 9 January 19:00 Carlisle NY398575**  
Fresh/dry/clear/cold/dark. Severe local flooding Local Incident

In the absence of landline and mobile phone services, requested to supervise telephone boxes to provide communication if 999 calls required by residents. Relieved at dawn by elements of an Army signals unit.  
Penrith 12, 12hr

**014 13074 14 January 15:45 High Raise - Deep Slack NY292094**  
Light hill fog cool. Wet slippery Hill Walking (2 in Party)

Woman(49), Man(49) - Party became lost and disoriented in hill fog. Both unhurt when located.  
Kendal 12, 4hr; Langdale Ambleside 12, 5hr; SARDA (Lakes) 3, 6hr; Keswick 15, 6hr

**015 13343 15 January 11:00 Kirkby Stephen NY772088**  
Clear cold. Damp muddy slippery Local Incident (Organised Event)

Provided assistance during major athletics event. Assisted with four competitors suffering minor injuries and conditions.  
Kirkby Stephen 4, 4hr

**016 13391 18 January 16:26 Rannerdale Knotts NY166185**  
Hail rain high winds. Slippery Animal Rescue

Sheep cragfast on crag. Recovered without loss or injury.  
Cockermouth 3, 3hr

**017 13160 22 January 12:30 Garburn Pass - Yoke SD055436**  
Clear cold icy. Icy Hill Walking (Winter) (Large Party)

Woman(67) - Subject slipped on icy footpath. She fractured her right ankle (lateral malleolus).  
Kendal 11, 2hr

**018 13392 22 January 12:49 Melbreak, Loweswater NY142198**  
Clear cold. Frozen Hill Walking (7 in Party)

Man(55) - Subject collapsed while walking; CPR attempted without results. FATAL Heart attack.  
Cockermouth 23, 2hr

**019 13249 22 January 15:45 Walna Scar, Coniston SD273964**  
Fine. Wet Hill Walking (Large Party)

Woman(60) - Subject slipped on wet grass, she sustained muscle strain in her left leg.  
Coniston 12, 1hr

**020 13844 23 January 13:28 Scafell Pike, Greta Gill NY219085**  
Moderate dry clear cold. Ice Hill Walking (2 in Party)

Man(61) - Subject slipped on ice and fell. Sustained a dislocated shoulder, scalp laceration, ankle injury.  
Wasdale 24, 4□ hr; Boulmer SAR Helicopter

**021 13322 24 January 11:45 Penton, North Cumbria NY431772**

Clear cold. Partly frozen Animal Rescue  
 Dog had fallen down 10 m cliff and lay injured on river bank, in danger of rolling into swollen river.  
 Retrieved without further injury; injuries to dog reported as minor.  
 Penrith 7, 2 □ hr

**022 13333 25 January 14:38 Side House Farm, Gt Langdale NY295059**  
 Cold clear dry. Ice and wet Hill Walking (Winter)  
 Woman(NK) - Subject slipped on footpath, sustaining a fractured shoulder in the process.  
 Langdale Ambleside 14, 2 □ hr

### February

**023 13393 5 February 11:36 Crummock Water NY169171**  
 Rain cloudy. Very wet Hill Walking (2 in Party)  
 Man(49) - Subject slipped while walking on footpath. No injuries reported.  
 Cockermouth 24, 1 □ hr

**024 13334 5 February 13:08 Orrest Head, Windermere SD413995**  
 Wet. Wet Hill Walking  
 Woman(50) - Subject fell off a stile, complained of lower back pain.  
 Langdale Ambleside 15, 2hr

**025 13848 5 February 15:10 Great Gable NY204098**  
 Calm dry clear cold. Steep loose scree Hill Walking (3 in Party)  
 Man(70) - Subject took a tumbling fall down steep scree slope. FATAL Multiple injuries.  
 Wasdale 20, 4hr

**026 13250 13 February 10:25 Beacon Tarn SD291911**  
 Cold. Wet Hill Walking (5 in Party)  
 Woman(51) - Subject collapsed whilst walking to tarn. FATAL Heart attack.  
 Coniston 16, 2hr

**027 13251 13 February 10:30 The Helm, Kendal SD530889**  
 Fresh dry clear freezing. Frozen slippery Hill Walking (Winter)  
 Woman(NK) - Subject slipped on frozen grass. County ambulance (initial response) requested MR  
 assistance for evacuation because of poor ground conditions. Her injury was reported as a fractured left  
 ankle.  
 Kendal 18, 1 □ hr

**028 13351 19 February 13:00 Great How Craggs SD275999**  
 Cold snow. Icy Hill Walking (2 in Party)  
 Man(47) - Subject collapsed while walking. FATAL Heart attack.  
 Coniston 14, 1 □ hr

**029 13394 19 February 13:32 Sale Fell, Bassenthwaite NY203297**  
 Dry cold. Not reported Hill Walking (2 in Party)  
 Woman(60) - Subject fell. No injuries were reported.  
 Cockermouth 20, 1 □ hr; North West Air Ambulance

**030 13337 19 February 14:57 Rydal Caves, Loughrigg, Ambleside NY354058**  
 Dull. Wet Abseiling (2 in Party)  
 Man(19) - Subject became stranded part way down the rope when it became entangled. Brought to  
 safety, unhurt.  
 Langdale Ambleside 10, 1 □ hr

**031 13395 20 February 14:16 Crummock Water NY156182**  
 Dry cold. Dry icy patches Hill Walking (Winter) (2 in Party)  
 Woman(28) - Subject fell. No injuries reported.

Cockermouth 24, 2 □ hr; Great North Air Ambulance

**032 13352 21 February 17:00 Grizedale Forest SD345943**  
Cold. Slippery Hill Walking (Solo)  
Man(50) - Subject became disorientated while walking in the forest. Unhurt when located.  
Coniston 1, 1hr

**033 13344 24 February 19:20 Mallerstang, Kirkby Stephen NY781984**  
Fine freezing light cloud. Snow Local Incident (Solo)  
Request from CAS to assist ambulance crew accessing a patient requiring immediate evacuation.  
Assisted ambulance crew transport subject to waiting ambulance.  
Kirkby Stephen 16, 2hr

**034 13353 25 February 19:14 Grizedale Forest SD645943**  
Cold and clear. Wet Hill Walking  
Woman(50) - Group lost in dark while walking in the forest. No injuries when located.  
Coniston 16, □ hr

**035 13342 26 February 08:05 Mosedale Beck, Swindale NY512102**  
Fresh fine broken cloud cold. Damp Hill Walking (3 in Party)  
Man(47), Two women(46 & 42) - Party reported themselves lost; would not be guided down by advice over the phone. Told to remain at present location, where they were found and escorted to safety. No injuries reported.  
Penrith 20, 4hr

### March

**036 13449 2 March 14:31 Low Cop, Bampton Common NY474164**  
Fresh/snow/poor/cold/blizzard. Gentle snow slope Hill Walking (Winter) (5 in Party)  
Man(68) - Subject collapsed whilst walking with friends in blizzard conditions. FATAL Hypothermia (not confirmed).  
Penrith 10, 3hr; Boulmer SAR Helicopter

**037 13354 2 March 14:45 Dow Crag, South Rake SD263975**  
Cold snow strong wind. Icy Hill Walking (Winter) (2 in Party)  
Woman(43), Man(45) - Party became cragfast. Brought to safety without injury.  
Coniston 14, 4hr

**038 13355 3 March 14:53 Levers Water, Coniston SD279990**  
Cold and clear. Icy Hill Walking (Winter) (Solo)  
Woman(31) - Subject became cragfast on icy slope. Lowered to safe ground, unhurt.  
Coniston 14, 2 □ hr

**039 13404 5 March 14:40 Hart Crag NY366114**  
Gales snow dull. Snow and ice Hill Walking (Winter)  
Woman(57) - Subject slipped on snow and ice; had to be evacuated by stretcher before ambulance to hospital. Helicopter was involved but could not access the location. Injuries not reported.  
Langdale Ambleside 19, 6hr; Patterdale 14, 8hr; Gannet SAR Helicopter

**040 13348 5 March 19:20 White Ghyll, Gt Langdale NY298072**  
Light sleet clear cold. Soft snow slippery Rock Climbing (2 in Party)  
Two men(23) - Climbing party set out on climb at 14:00 and became benighted before completing route. They were hoisted to safety without injury.  
Kendal 13, 6hr; Langdale Ambleside 12, 5hr; Gannet SAR Helicopter

**041 13362 5 March 19:30 Wetherlam SD278989**  
Clear. Icy Hill Walking  
Lights reported on hillside. Outcome not reported.  
Coniston 12, □ hr

**042 13349 6 March 12:38 Shipman Knotts, Kentmere NY472061**  
 Light dry clear cool. Damp Hill Walking (4 in Party)  
 Man(54) - Walker collapsed with chest pain. Condition not reported.  
 Kendal 14, 2hr; North West Air Ambulance

**043 13357 6 March 13:42 Bannerdale Crags - E Ridge NY337290**  
 Dry clear freezing. Icy slippery Hill Walking (Winter) (2 in Party)  
 Two men(NK) - Despite ice axes and crampons, this party became stuck, cragfast on steep snow and ice near the top of the ridge. Brought to safety without injury.  
 Keswick 15, 1 □ hr; Wattisham SAR Helicopter

**044 13396 7 March 12:32 Red Pike (Buttermere) NY165154**  
 Dry cold. Snow on tops Hill Walking (Winter) (2 in Party)  
 Man(23), Man(NK) - One of party became cragfast on rough ground, and the other became cragfast going to his assistance. Airlifted to hospital after being brought to safety suffering mild hypothermia.  
 Cockermouth 16, 2hr; Boulmer SAR Helicopter

**045 13363 7 March 13:40 Torver Common, Coniston SD293935**  
 Clear. Wet Hill Walking  
 Man(84) - Subject separated from rest of the party; located safe and well.  
 Coniston 11, 1hr

**046 13370 12 March 12:09 Stoneycroft Beck NY215215**  
 Fresh dry clear very cold. Not reported Hill Walking (Solo)  
 Man(60) - Subject found by a passing walker sitting by the path complaining of chest pains and breathing difficulties. Airlifted hospital after treatment on scene, suffering from Angina.  
 Keswick 15, 1 □ hr; North West Air Ambulance

**047 13364 12 March 12:20 Great How Crag SD276999**  
 Icy cold. Icy Rock Scrambling (Solo)  
 Man(20) - Subject reported cragfast while scrambling. Unhurt when brought to safety.  
 Coniston 13, 2 □ hr

**048 13358 12 March 19:46 High Cup Nick, Dufton, N Pennine NY691251**  
 Fresh dry clear very cold. Damp Hill Walking (Solo)  
 Man(72) - Subject reported missing from home since 11:15 this morning; believed he may have gone walk up High Cup Nick. Stood down while responding; subject found dead in garden shed. FATAL Strangulation by hanging.  
 Penrith 3, □ hr

**049 13849 13 March 07:15 Scar Lathing, Upper Eskdale NY225048**  
 Good. Dry Hill Walking (2 in Party)  
 Man(35) - Subject stumbled, fracturing his ankle.  
 Wasdale 21, 4hr

**050 13454 13 March 14:05 Cauldale Moor, Rough Edge NY407109**  
 Clear cold. Icy slippery Hill Walking  
 Man(53) - Subject slipped. Stretchered off to road, diagnosed with fractured left tibia and fibula.  
 Patterdale 16, 3hr

**051 13616 14 March 17:00 Melbreak, Loweswater NY142199**  
 Not reported. Not reported Animal Rescue  
 Sheep reported cragfast on Raven Crag. Retrieved without loss or injury.  
 Cockermouth 2, 2hr

**052 13371 18 March 12:38 Blencathra, Sharp Edge NY327284**  
 Light passing showers cloudy mild. Wet slippery Hill Walking (3 in Party)  
 Man(62) - Subject slipped and fell, sustaining serious injuries including fractured left arm, fractured ribs



(x3), pneumothorax, hypothermia.  
Keswick 22, 6hr; Boulmer SAR Helicopter

**053 13455 19 March 12:50 Patterdale, Crookabeck NY403155**  
Calm dry clear mild. Dry Local Incident (Solo)  
Man(90) - Requested to assist the ambulance service with a 90 year old man. The location of his house meant the ambulance could not get near, so the team collected the man and transferred him to the Ambulance. Condition not reported.  
Patterdale 3, 1hr

**054 13413 19 March 18:19 Ambleside, Fisherbeck NY377039**  
Dry dark. Dry Search - Non-mountain (Solo)  
Man(42) - Local man reported missing from home; body located and recovered. FATAL Fractured tib and fib. Circumstances not reported.  
Langdale Ambleside 18, 2hr

**055 13414 20 March 12:10 Gibson Knott, Grasmere NY322098**  
Good dry bright. Dry Hill Walking (2 in Party)  
Man(65) - Subject collapsed while walking; pronounced died by team doctor airlifted to scene. FATAL Fractured spine.  
Langdale Ambleside 19, 2hr; Boulmer SAR Helicopter

**056 13436 20 March 12:30 Low Row, Brampton NY578641**  
Sunny warm. Damp Hill Walking  
Woman(66) - Subject slipped while walking along river bank; evacuated to roadhead by local GP and helper. Injuries included cuts and grazes, mild dehydration.  
Penrith 7, 1hr

**057 13372 20 March 12:48 Walla Crag, Borrowdale NY271203**  
Dry and warm, breezy. Wet underfoot Hill Walking  
Man(62) - Subject slipped on wet grass, sustaining a fractured lower leg.  
Keswick 18, 1 hr; Boulmer SAR Helicopter

**058 13456 20 March 14:10 Glencoyne, Seldom Seen NY379185**  
Calm dry clear mild. Dry Hill Walking (3 in Party)  
Woman(58) - Subject slipped while taking a photograph. She was treated at the scene and stretchered from the fellside. Her injuries were not specified.  
Patterdale 9, 2 hr

**059 13415 21 March 12:03 Silver How, Grasmere NY329069**  
Wet. Wet Hill Walking  
Woman(80) - Subject slipped on wet footpath, twisting her ankle.  
Langdale Ambleside 13, 2hr

**060 13416 23 March 14:50 Alcock Tarn, Grasmere NY347081**  
Dull dry warm. Wet in places Hill Walking  
Man(49) - Subject slipped on steep footpath, injuring her ankle - not suspected to be fractured.  
Langdale Ambleside 14, 2hr

**061 13373 23 March 21:45 Whiteside - Helvelyn Lower Man NY338162**  
Overcast windy and showers. Wet Hill Walking (2 in Party)  
Man(NK), Woman(NK) - Party on a high-camping trip went to ground due to high winds damaging their tent. Subjects found safe and well and escorted from the hill. Neither had any injury.  
Keswick 23, 3 hr; Patterdale 11, 4 hr

**062 13418 24 March 02:05 Blea Tarn, Gt Langdale NY295048**  
Overcast dark clear. Wet in places Search - Mountain (Solo)  
Man(34) - Subject reported missing from home, history of depression and 'missing from home' before;

search called off 18:00 25.03.05, located in wooded area of camp site (NY286056) in afternoon of 26.03.05. .

Bowland Pennine 1, 40hr; Cumbria Ore Mines Rescue Unit 10, 8hr; Coniston 15, 6□ hr; Duddon & Furness 24, 4□ hr; Kendal 12, 12□ hr; Langdale Ambleside 1, 40hr; RAF Valley 1, 40hr; SARDA (England) 3, 12hr; SARDA (Lakes) 7, 18□ hr; Boulmer SAR Helicopter

**063 13488 24 March 13:50 Dow Crag SD264977**  
Wet. Wet Hill Walking

Man(35) - Report of party in trouble; nothing further reported.  
Coniston 8, □ hr

**064 13417 25 March 13:36 Loughrigg, Grasmere NY347056**  
Dry overcast. Wet slippery Hill Walking

Woman(55) - Subject slipped on steep fellside, sustaining an ankle injury.  
Langdale Ambleside 11, 2hr

**065 13489 25 March 14:25 Lakeside Yha SN375903**  
Clear. Good Hill Walking

Woman(57) - Subject slipped on wet rock and fractured her leg.  
Coniston 6, 2hr

**066 13458 25 March 17:20 Helvellyn NY342152**  
Light dry hill fog cool. Damp Hill Walking (2 in Party)

Woman(NK) - Woman became seperated from friend on Helvellyn . After waiting for 1 hour at car she decided to call Mountain rescue. Overdue subject located before search team deployed. Unhurt.  
Patterdale 3, □ hr

**067 13617 26 March 08:55 Wythop Wood, Bassenthwaite NY203308**  
Dry clear. Wet Hill Walking (Solo)

Man(49) - Subject reported overdue on walk. FATAL Shortness of breath - previous heart attack reported.  
Cockermouth 21, 3□ hr; SARDA (Lakes) 2, 3□ hr

**068 14102 26 March 12:20 Little Blake Rigg SD241991**  
Calm dry clear mild. Damp slippery Rock Scrambling (2 in Party)

Woman(NK) - Subject slipped and fell about 60 foot while scrambling. She fractured her skull and cheek bone, receiving extensive bruising in the process.  
Duddon & Furness 23, 1□ hr; Boulmer SAR Helicopter

**069 13460 26 March 16:00 Glenridding NY385169**  
Fresh dry hill fog cool. Dry Hill Walking (2 in Party)

Man(38) - Man injured ankle whilst walking on Helvellyn and asked the team (who were fund-raising) for help. His girlfriend drove him to hospital. His injuries were reported as fractured left ankle.  
Patterdale 3, □ hr

**070 13462 26 March 16:10 Fairfield (summit) NY361118**  
Light drizzle hill fog cool. Damp Hill Walking (4 in Party)

Man(45), Girl(9) - Family with two young children reported overdue on Fairfield. Two teams, search dogs and a helicopter were called in. As the teams started searching, it was reported that the family had cut short the route and not informed anyone of chKendal 11, 1hr; Langdale Ambleside 12, 1hr; Patterdale 11, 2□ hr; SARDA (England) 4, 2□ hr; Boulmer SAR Helicopter

**071 13461 26 March 16:10 Kepple Cove NY345165**  
Light drizzle hill fog cool. Damp Hill Walking (Solo)

Man(40) - Subject lost his way in hill fog while descending from Helvellyn. Team located the man and brought him to safety.  
Patterdale 4, 1hr

**072 13464 26 March 18:30 Helvellyn, Red Tarn NY347151**

Light dry hill fog cool. Damp Hill Walking (2 in Party)  
 Two men(NK & 20) - Party lost in hill fog after descending from Helvellyn. Located and brought down top safety.  
 Patterdale 12, 3hr

**073 13420 26 March 19:29 Green How, Gt Langdale NY301067**  
 Clear dark dry. Dry Hill Walking (2 in Party)  
 Two women(55 & 25) - Party lost and became cragfast on walk from Grasmere. One person found with head wound.  
 Langdale Ambleside 12, 3hr

**074 13421 26 March 20:30 Langdale - Scafell NY295065**  
 Good dar dry. Dry Hill Walking (Solo)  
 Man(24) - Subject reported overdue from walk to Scafell from Gt Langdale; located after search in NDG hotel reported as 'safe and well'.  
 Wasdale 10, 1hr; Kendal 8, 2□ hr; Langdale Ambleside 17, 2□ hr

**075 13422 27 March 12:19 Jenkins Crag, Skelghyll, Ambleside NY383029**  
 Dry overcast. Dry Hill Walking  
 Woman(67) - Subject tripped, receiving head injuries in the subsequent fall.  
 Langdale Ambleside 12, 1□ hr

**076 13437 27 March 14:21 Glaramara, Raven Crag NY247112**  
 Light drizzle cloudy cold. Wet slippery Hill Walking (2 in Party)  
 Woman(50) - Subject became lost and disoriented in mist on a walk from Mountain View to Allen Crag. They were found and escorted back down to the valley, uninjured.  
 Keswick 19, 2hr

**077 13439 27 March 21:15 Hollows Farm Campsite, Borrowdale NY249159**  
 Dry. Wet Hill Walking  
 Several calls to the Police reporting very accurate descriptions of parachute flares. A small search team was turned out to check the area. Nothing found. False alarm with good intent.  
 Keswick 6, 1□ hr

**078 13560 28 March 15:45 Cautley Spout, Howgill Fells SD686973**  
 Clear fine. Dry Hill Walking  
 Woman(60) - Subject slipped on grassy bank, fracturing her right lower leg.  
 Kirkby Stephen 16, 2hr

**079 13851 28 March 16:30 Broad Crag NY218078**  
 Fine. Not reported Hill Walking  
 Man(40) - Walker reported as cragfast. Unhurt when led to safety.  
 Wasdale 20, 4hr

**080 13440 29 March 13:00 Borrowdale, Lodore (footbridge) NY262187**  
 Dry and sunny. Damp Hill Walking  
 Woman(59) - Subject slipped and fell from stile. Suspected fracture to lower leg was reported.  
 Keswick 14, 1□ hr

**081 13441 29 March 21:23 Millican Daltons Cave, Borrowdale NY251160**  
 Showers. Damp Hill Walking (Large Party)  
 Girl(15) - Team called to assist party member with a recurrence of a previous back complaint. She was evacuated from the fell for further examination and treatment in hospital.  
 Keswick 30, 1□ hr

**082 13465 30 March 13:50 High Street NY436102**  
 Fresh passing showers hill fog cool. Damp Hill Walking (4 in Party)  
 Woman(59) - Subject injured while out walking with a group. She was stretchered from the fellside. The

injury was reported as a fractured left ankle.  
Patterdale 15, 5□ hr

<b>April</b>				
<b>083</b>	<b>13442</b>	<b>1 April 14:40</b>	<b>Fairy Glen, Langstrath</b>	<b>NY272132</b>
Dry, cloudy, cool. Damp Hill Walking (Large Party) Woman(65) - Casualty slipped on wet rocks, evacuated with mild hypothermia. Keswick 13, 2□ hr				
<b>084</b>	<b>13438</b>	<b>4 April 16:34</b>	<b>Thornythwaite Fell, Combe Gill</b>	<b>NY248124</b>
Cool, windy, showers. Dry, rough under foot Hill Walking (2 in Party) Woman(46) - Subject slipped. Injuries not reported. Keswick 1, 2□ hr				
<b>085</b>	<b>13448</b>	<b>4 April 17:40</b>	<b>Harrison Stickle, Gt Langdale</b>	<b>NY284073</b>
Strong clear. Damp Hill Walking (4 in Party) Woman(49) - Subject reported missing / overdue after becoming separated from group. Extensive overnight search unsuccessful, but located by helicopter at first light. Appeared to have fallen over crags. FATAL Major head injury, multiple trauma. Coniston 4, □ hr; Duddon & Furness 18, 6hr; Keswick 22, 5□ hr; Langdale Ambleside 17, 16hr; SARDA (Lakes) 3, 9hr; SARDA(Scotland) 2, 1hr; Kendal 16, 15hr; SARDA (England) 3, 16hr; Boulmer SAR Helicopter				
<b>086</b>	<b>13482</b>	<b>5 April 15:10</b>	<b>Snarker Pike, Ambleside</b>	<b>NY385063</b>
Dry clear. Very wet Hill Walking Woman(57) - Subject slipped on footpath, receiving a fractured left lower leg. Langdale Ambleside 17, 2hr				
<b>087</b>	<b>13466</b>	<b>7 April 15:12</b>	<b>Hart Crag</b>	<b>NY394124</b>
Fresh drizzle overcast cool. Wet Hill Walking (4 in Party) Girl(12) - Subject became seperated from party who became concerned for her safety. Unhurt when located. Patterdale 4, 1hr				
<b>088</b>	<b>13618</b>	<b>10 April 12:57</b>	<b>Buttermere, Hastness</b>	<b>NY185160</b>
Cloudy with sunny periods. Mostly dry Hill Walking (3 in Party) Woman(57) - Subject slipped and fell on lake shore footpath, injuring her back. Cockermouth 8, 1□ hr; North West Air Ambulance				
<b>089</b>	<b>13467</b>	<b>11 April 19:00</b>	<b>Red Screes, Kirkstone</b>	<b>NY396082</b>
Strong wet. Wet Hill Walking (Solo) Man(55) - Subject reported overdue on walk, appeared to have fallen when located by search dog. FATAL resulting from mutiple and head injury. Langdale Ambleside 17, 7hr; Patterdale 11, 5hr; SARDA (Lakes) 9, 5hr; Kendal 14, 7hr				
<b>090</b>	<b>13468</b>	<b>12 April 17:40</b>	<b>Stonesty Pike, Wrynose</b>	<b>NY249039</b>
Moderate fine broken cloud mild. Wet Hill Walking (2 in Party) Woman(32) - Subject found after a intensive search having fallen and injured her knee. history of a chronic cartilage problem in left knee. SARDA (Lakes) 4, 1□ hr; Wasdale 16, 5hr; Kendal 16, 8hr; Langdale Ambleside 18, 7hr				
<b>091</b>	<b>13497</b>	<b>13 April 08:30</b>	<b>Mickleden, Gt Langdale</b>	<b>NY260074</b>
Not reported. Not reported Occupational (Solo) Man(57) - Worker in National Trust working party failed to return and was reported missing; located at High Close, no reason given, unhurt. SARDA (Lakes) 3, 2hr; Langdale Ambleside 10, 4hr				
<b>092</b>	<b>13631</b>	<b>14 April 16:00</b>	<b>Haweswater</b>	<b>NY471132</b>

Cold drizzle. Wet slippery path  
Hill Walking (Solo)  
Man(69) - Subject slipped while walking narrow path. Injuries reported as fractured posterior malleolus, partially detached Achilles tendon.  
Penrith 16, 5hr; Boulmer SAR Helicopter

**093 14420 16 April 13:50 Grisedale Pike, Whinlatter NY195223**  
Cold dry light mist patches. Firm dry Hill Walking (2 in Party)  
Party phoned for assistance in navigation when their map blew away. The information assumed the location was NE of Kirkby Stephen. They were guided to safety by another passing walker.  
Kirkby Stephen 1, □ hr

**094 13536 16 April 14:15 Ruthwaite Lodge, Grisedale NY355135**  
Light rain hill fog cool. Wet Hill Walking (Large Party)  
Woman(65) - Subject suffered knee injury while out walking with group. Evacuated by stretcher and taken to hospital for treatment.  
Penrith 16, 3□ hr; Patterdale 11, 2□ hr

**095 13862 16 April 18:00 Scafell NY206064**  
Cold low cloud. Snow Hill Walking  
Man(19) - Party of 2 (on medication) ran away from rest of party whilst on steep ground and became separated. Unhurt when located.  
Wasdale 26, 4hr

**096 13490 18 April 12:42 Tilberthwaite SD303006**  
Wet. Wet Hill Walking (2 in Party)  
Woman(57) - Subject slipped and fell on footpath, sustaining compound fractured lower leg.  
Coniston 16, 2hr

**097 13484 19 April 13:55 Forest Head, Brampton NY582575**  
Light/dry/clear/cool/. Moderate grassy moorland Hill Walking (Solo)  
Man(27) - Unattended bike found chained to post for 24 hours; police were concerned for owner. Search concluded when subject returned to collect bike! Questioned and advised of good practice.  
SARDA (Lakes) 4, □ hr; Penrith 14, 1□ hr

**098 13561 20 April 14:10 Nine Standards Rigg, K Stephen NY824064**  
Cold breezy low cloud. Wet/damp Hill Walking  
Three women(All 60) - Group succumbed to conditions after a member received a fractured leg. Other uninjured.  
Kirkby Stephen 11, □ hr; Great North Air Ambulance

**099 13619 22 April 15:30 Mosedale, Loweswater NY132173**  
Sunny bright. Wet Hill Walking (Large Party)  
Woman(53) - Subject slipped while walking, receiving a fractured left ankle.  
Cockermouth 28, 3□ hr

**100 13496 23 April 13:07 Dock Tarn, Borrowdale NY272146**  
Light dry clear mild. Dry Hill Walking  
Woman(49) - Subject tripped and landed on both knees on rock. She complained of a painful and swollen knee - unable to bear weight.  
Keswick 18, 2□ hr

**101 13495 23 April 13:40 Latrigg, Keswick NY276253**  
Light dry clear mild. Dry Mountain Biking  
Man(51) - Rider fell over the handlebars of his mountain bike. As a result, he sustained a fractured humerus, facial injuries, lost tooth (retained in bottle for re-implanting).  
Keswick 7, 1□ hr

**102 14422 23 April 18:00 Hackthorpe, Penrith NY530237**



Fresh/dry/clear/cool/dusk. Not reported Animal Rescue  
 Bird of prey centre requested team's help to recover bird trapped by its traces high in an old oak tree. Because of poor light and nature of the tree, it was deemed unsafe to attempt rescue. On returning at first light, bird had freed itself and was recPenrith 3, 2hr

**103 14423 23 April 21:05 Helton, Penrith NY510221**  
 Fresh/fine/clear/cool/dark. Not reported Local Incident  
 Report from various members of the public of flares sighted over Helton, Shap and Loadpot Hill. Prompted investigations found that fireworks had been discharged from party at forest holiday resort in the Eden valley.  
 Penrith 1, 1hr; Patterdale 1, □ hr

**104 13498 24 April 06:51 Loughrigg Terrace, Grasmere NY342056**  
 Sunny warm dry. Good Local Incident  
 Woman(56) - Subject on electric wheelchair/invalid car that broke down with flat battery; recovered both to safety. No injury.  
 Langdale Ambleside 6, 1hr

**105 13537 24 April 15:28 Sandwick Bay NY425200**  
 Light dry clear mild. Dry Animal Rescue (3 in Party)  
 Family dog died while out for a walk and needed help with recovery. Completed without further incident.  
 Patterdale 7, 1 □ hr

**106 13863 25 April 18:00 Scafell, Broad Stand NY210068**  
 Dry. Clear Hill Walking  
 Reports of shouts for help heard and reported by two parties. Somebody had an epic but had gone home by the time MR team got there.  
 Wasdale 5, 2hr

**107 13864 26 April 18:15 Wasdale Scree NY146039**  
 Drizzle. Very wet and greasy Animal Rescue  
 Woman(70) - Dog collapsed resulting in distraught owner, unable to continue. No injuries reported.  
 Wasdale 8, 3hr

**108 13538 27 April 12:30 Helvellyn, Striding Edge NY354151**  
 Calm dry clear warm. Dry Hill Walking (3 in Party)  
 Man(26) - Subject required medical assistance but Ambulance control requested MRT to provide weather conditions on scene. Air Ambulance could not access the site so MRT evacuated subject on a stretcher. History of heart events - tachycardic.  
 Patterdale 6, 2 □ hr; Great North Air Ambulance

**109 13865 29 April 22:00 Scafell Pike NY215072**  
 Not reported. Hill Walking (2 in Party)  
 Party failed to meet up with other party at rendezvous in Eskdale and reported overdue. Outcome not reported.  
 Wasdale 15, 1 □ hr; SARDA (Lakes) 2, 1 □ hr

**110 14113 30 April 15:00 Tarn Crag, Gt Langdale NY288072**  
 Calm/dry/warm/dull. Moderate wet footpath slippery Hill Walking  
 Woman(65) - Subject slipped on footpath, fracturing her wrist.  
 Langdale Ambleside 1, 2 □ hr

## May

**111 13569 1 May 13:45 Hodge Close, Tilberthwaite SD318019**  
 Good. Rough Water Sport (all types) (2 in Party)  
 Man(48) - Diver surfaced too fast after fright at seeing what he thought was a body. Pneumothorax and possible nitrogen narcosis diagnosed.

Coniston 20, 2 □ hr; Unknown A/C

**112 13620 1 May 14:00 Ennerdale, Anglers Crag NY099150**  
Fine. Not reported Animal Rescue  
Sheep (x2) reported cragfast on crag. Retrieved without loss or injury.  
Cockermouth 3, 2 □ hr

**113 13578 2 May 10:48 Mariel Bridge - Old Coach Road NY345233**  
Not reported. Not reported Mountain Biking  
Woman(29) - Rider unable to control bike and fell off. Fracture/dislocation of shoulder.  
Keswick 17, 1 □ hr

**114 13579 3 May 22:15 Whiteside - Brund Gill NY329177**  
Showers/cloudy/cold. Steep loose gully slippery Hill Walking (2 in Party)  
Man(18) - Party split up; 3 members of the party strayed onto steep ground and unable to move.  
Communications be SMS text messages. Located and guided to safety.  
Keswick 17, 8hr; SARDA (Lakes) 1, 4hr; Gannet SAR Helicopter

**115 13580 8 May 12:10 Grains Gill, Borrowdale NY234097**  
Not reported. Not reported Hill Walking (2 in Party)  
Man(NK) - 2 cases of twisted and painful knees.  
Keswick 7, □ hr; Boulmer SAR Helicopter

**116 13499 8 May 13:11 Clifton, Penrith NY527265**  
Fresh/showers/clear/cold/bright. Level rough plantation Search - Non-mountain (Solo)  
Man(19) - Subject reported missing from holiday accomodation having failed to return after argument at  
00:30. Located at lodgings early afternoon, safe & well.  
Penrith 5, □ hr

**117 13621 8 May 19:00 Rowrah Quarry NY058175**  
Dry clear. Dry Animal Rescue  
Team requested to free young raven entangled in netting. Retrieved without loss or injury.  
Cockermouth 4, 2 □ hr

**118 13866 9 May 18:00 Birkerthwaite NY180980**  
Clear. Dry Hill Walking (2 in Party)  
Woman(56) - Cause not reported. Subject with fractured wrist.  
Wasdale 5, 2hr

**119 13581 12 May 20:46 Hawse End, Keswick NY249210**  
Light/dry/clear. Dry Parapenting  
Reports of a paraglider spiralling to the ground. Negative search - false alarm good intent.  
Keswick 13, 1hr

**120 14104 14 May 20:51 Ulvesrton SD288774**  
Not reported. Not reported Local Incident  
Boy(14) - Subject fell from a rope swing, landed in shallow water breaking his wrist. Assisted ambulace  
crew to carry to road.  
Duddon & Furness 16, 1hr

**121 13540 16 May 18:50 Helvellyn NY341151**  
Not reported. Not reported Hill Walking (2 in Party)  
Woman(55) - Father reported this party overdue. False alarm good intent, a misunderstanding of time  
left to be back from walk. Both safe and well.  
Patterdale 4, 1hr

**122 13558 17 May 17:00 Aisgill Gorge, Mallerstang SD769976**  
Clear fine. Firm dry Animal Rescue

Report of ewe and lamb cragfast on ledge above gorge. Retrieved without loss or injury.  
Kirkby Stephen 3, 2hr

**123 13504 18 May 14:35 The Helm, Kendal SD530884**  
Calm fine clear mild. Dry Local Incident  
Woman(64) - Subject slipped when walking dog. She sustained a fractured left ankle.  
Kendal 12, 1 □ hr

**124 13541 19 May 11:00 Boardale Hause, Patterdale NY405157**  
Light drizzle cloudy cool. Damp Hill Walking (Large Party)  
Girl(13) - Subject slipped on path and fractured her ankle in the fall.  
Patterdale 8, 2 □ hr

**125 13559 20 May 16:04 Mallerstang, Tommy Road NY786036**  
Fine clear. Wet Hill Walking (Solo)  
Man(71) - Subject reported overdue when dog return to owners car unaccompanied; believed delayed  
due to knee problem.  
Kirkby Stephen 3, □ hr

**126 13532 21 May 13:00 Cark, Applebury Hill Farm NY373763**  
Calm dry clear mild. Dry Parachuting (Solo)  
Man(74) - Police request assistance in recovery of body due to a parachute accident. FATAL Fatal  
injuries unknown.  
Kendal 9, 4hr

**127 13582 21 May 13:07 Borrowdale, Surprise View NY268189**  
Dry/clear. Damp slippery Animal Rescue  
A trailhound fell some distance down from the belvedere. Recovered and taken to a local vet, condition  
not reported.  
Keswick 8, □ hr

**128 13542 21 May 15:03 Barton Fell, Ullswater NY478225**  
Calm dry clear. Damp Pony Trekking  
Woman(38) - Rider fell over head of horse on an organised outing. Complained of back pain.  
Patterdale 16, 1 □ hr

**129 13543 22 May 19:40 Ullswater NY391172**  
Not reported. Not reported Water Sport (all types) (2 in Party)  
Man(NK) - Report of two persons in water clinging to hull of dinghy. Recovered safe and well and  
returned to shore.  
Patterdale 5, 1hr

**130 13533 23 May 14:50 Nan Bield Pass, Haweswater NY453095**  
Strong heavy rain cloudy cool. Wet Hill Walking (2 in Party)  
Woman(49) - Subject twisted left knee and could not continue walk. Partner made his way to Overend  
and called for assistance by land line. Soft tissue injury to left knee.  
Kendal 13, 3hr

**131 13632 23 May 18:00 Low Raise, Haweswater NY469128**  
Fine. Wet Animal Rescue  
Sheep (x2) reported cragfast on steep and loose ground. Retrieved without loss or injury.  
Penrith 5, 4 □ hr

**132 14344 25 May 11:15 Blea Tarn, Gt Langdale NY290040**  
Not reported. Not reported Hill Walking (Large Party)  
Girl(14) - Subject reported unable to continue walk. Escorted off the fell, no significant injury.  
Langdale Ambleside 9, 1hr; Kendal 7, □ hr

**133 13570 26 May 15:21 Tilberthwaite Ghyll NY001310**

Clear. Beck Hill Walking (6 in Party)  
 Boy(11) - Subject slipped in beck and fractured his tibia.  
 Coniston 6, 1 □ hr

**134 13546 27 May 07:00 Kendal SD525907**  
 Strong drizzle. Not reported Local Incident (Solo)  
 Man(83) - Subject walked out of hospital in confused state. Last seen on CCTV cameras at superstore nearby. Team stood down as search being organised with police search advisor. Gentleman found by local resident wandering; unhurt.  
 Kendal 1, 1hr

**135 13571 28 May 11:00 Little Howe Crag SD999280**  
 Wet and windy. Steep Hill Walking  
 Man(24) - Subject reported as cragfast; assisted to safe ground without injury.  
 Coniston 10, 3hr

**136 13583 28 May 15:13 Hindscarth - Grey Stones NY218165**  
 Not reported. Not reported Hill Walking (3 in Party)  
 Woman(26), Man(NK) - Party became cragfast and lost while scrambling up steep, broken slabs, loose rock & heather. Both assisted onto safe ground, neither were injured.  
 Keswick 22, 4 □ hr; SARDA (Lakes) 1, 4 □ hr

**137 13584 29 May 02:39 Borrowdale, Surprise View NY268190**  
 Not reported. Not reported Hill Walking  
 Shouts for help and flashing lights reported from various sources. Nothing found - false alarm good intent.  
 Keswick 16, 2hr

**138 13867 29 May 14:45 Scafell Pike, 'Woolworth Boulder' NY207071**  
 Dry. Dry Hill Walking (2 in Party)  
 Boy(12) - Cause not reported. Fractured wrist reported.  
 Wasdale 14, 4hr

**139 13545 29 May 17:35 Grains Gill, Borrowdale NY231090**  
 Moderate fine clear mild. Dry Hill Walking (3 in Party)  
 Man(38) - Subject slipped and fell into gill. He received a cut to the head, back pain, bruising to abdomen, painful ribs, fractured left arm.  
 Keswick 22, 3hr; Gannet SAR Helicopter

**140 14384 29 May 20:06 Helvellyn, Striding Edge NY349149**  
 Calm/dry/clear/warm/dusk. Steep rough crag Hill Walking (2 in Party)  
 Man(40) - Subject collapsed while carrying very heavy pack and leaving his 10 yr old son shouting for help. Passing walkers raised the alarm and started CPR until the team arrived. FATAL collapse cause not reported.  
 Patterdale 14, 3hr; Valley SAR Helicopter

**141 14345 29 May 22:12 Slater's Bridge, Lt Langdale NY310030**  
 Calm/dry/clear/mild/dusk. Moderate grassy footpath slip Hill Walking (2 in Party)  
 Man(57) - Subject slipped on grass taking photographs. He was treated for a fracture to his lower leg.  
 Langdale Ambleside 13, 1 □ hr

**142 13547 30 May 03:54 Bowland Bridge SD425904**  
 Light dry clear mild. Damp Local Incident (4 in Party)  
 Boy(17) - Subject reported missing following assault after incident leaving public house with 3 "friends". Youth turned up back at campsite which had been searched numerous times during the night. Facial cuts and bruises commensurate with street fight.  
 SARDA (Lakes) 1, 4 □ hr; Kendal 12, 5 □ hr; Lancashire Police Helicopter

**143 13562 31 May 15:30 Keld NY886016**

Good. Good				Hill Walking (Solo)
Man(50) - Subject taken ill during Coast-to-Coast walk. Condition not reported.				
Kirkby Stephen 1, 1 □ hr				
<b>144</b>	<b>13868</b>	<b>31 May 21:00</b>	<b>Great Gable</b>	<b>NY211103</b>
Dry. Dry				Hill Walking (Solo)
Man(NK) - Search for overdue walker. Found by intake wall. Unhurt.				
Wasdale 14, 1hr				
June				
<b>145</b>	<b>13585</b>	<b>2 June 11:20</b>	<b>Great Bay, Manesty, Borrowdale</b>	<b>NY256187</b>
Overcast. Not reported				Hill Walking (3 in Party)
Man(50) - Subject taken ill while walking. Requested by ambulance service to assist with recovery of a collapsed casualty. Believed collapse due to epileptic seizure.				
Keswick 12, 1 □ hr				
<b>146</b>	<b>13587</b>	<b>2 June 15:47</b>	<b>Nine Standards Rigg, Kirkby Stephen</b>	<b>NY823064</b>
Thick mist. Good but wet				Hill Walking (3 in Party)
Man(NK), Woman(NK), Boy(13) - Party lost and requested help navigating off the hill. Guidance given and no injuries reported.				
Kirkby Stephen 1, □ hr				
<b>147</b>	<b>13622</b>	<b>2 June 16:25</b>	<b>Tongue Beck, Ennerdale</b>	<b>NY210112</b>
Low cloud wet. Wet				Hill Walking (2 in Party)
Woman(67) - Subject fell on Coast-to-Coast path, fracturing her tibia and fibula.				
Cockermouth 24, 1hr				
<b>148</b>	<b>13572</b>	<b>3 June 17:45</b>	<b>Hawkshead</b>	<b>SD352982</b>
Fine. Fine				Search - Non-mountain (Solo)
Woman(36) - Subject reported missing from Queen's Head Hotel. Reported to have taken paracetamols and in a distressed state. Unhurt when located.				
Coniston 13, 1 □ hr; Duddon & Furness 14, □ hr; SARDA (Lakes) 2, 1 □ hr				
<b>149</b>	<b>13573</b>	<b>3 June 19:25</b>	<b>Grizedale Forest</b>	<b>SD345350</b>
Clear. Path				Hill Walking (4 in Party)
Woman(31) - Party of woman with 3 children reported lost in forest. All located uninjured and led to safety.				
Coniston 12, 1hr				
<b>150</b>	<b>13869</b>	<b>4 June 14:00</b>	<b>Wasdale Screes</b>	<b>NY146039</b>
Not reported. Not reported				Hill Walking
Party reported stuck on screes path. Rescued by YHA warden, by boat, before team left base.				
Wasdale 5, 1hr				
<b>151</b>	<b>14385</b>	<b>4 June 16:00</b>	<b>Hart Crag</b>	<b>NY372113</b>
Light/drizzle/cloudy/mild/bright. Wet				Hill Walking (4 in Party)
Woman(NK) - Subject was descending when she slipped about 2 m. Her injuries were reported as spinal and wrist injuries.				
Patterdale 1, 3 □ hr				
<b>152</b>	<b>13588</b>	<b>5 June 13:00</b>	<b>Nine Standards Rigg, Kirkby Stephen</b>	<b>NY824064</b>
Constant rain. Very wet soft				Hill Walking (Organised Event)
during annual duration walk, the team were required to evacuate one exhausted participant. Several other minor incidents attended to.				
SARDA (Lakes) 1, 1hr; Kirkby Stephen 4, □ hr				
<b>153</b>	<b>14346</b>	<b>7 June 13:50</b>	<b>Wansfell, Nanny Lane</b>	<b>NY397042</b>
Calm/dry/clear/hot/bright. Moderate loose footpath				Hill Walking (3 in Party)



Man(76) - Subject tripped over rocks, causing significant a head laceration.  
Kendal 9, 2hr; Boulmer SAR Helicopter

**154 13589 7 June 16:30 New Hellgill, Mallerstang SD786982**  
Warm dry. Firm dry Animal Rescue  
Farmer reported lamb stuck down shake hole. Retrieved without loss or injury.  
Kirkby Stephen 3, 2□ hr

**155 14498 10 June 15:00 Coppermines Valley, Paddy End SD283988**  
Good. Good Cave/Mine Exploration  
Requested to investigate cause of discoloured water issuing from mine. Reason not reported.  
Coniston 2, 1hr

**156 13603 10 June 15:18 Knoutberry, Howgill Fells NY705013**  
Light/dry/clear. Firm Parapenting  
Man(47) - Paraglider made a heavy landing, resulting in a fractured lower leg.  
Kirkby Stephen 11, 1□ hr; North West Air Ambulance

**157 13623 11 June 12:15 Red Pike (Buttermere) NY162155**  
Dry sunny. Dry Hill Walking (7 in Party)  
Woman(22) - Subject collapsed whilst walking near summit. Reported as unconscious, and hypoglaecemia.  
Cockermouth 22, 2□ hr; Boulmer SAR Helicopter

**158 13630 15 June 13:12 Dufton Pike, N Pennines NY701266**  
Light/dry/hazy/hot/dull. Steep dry moorland Hill Walking (Large Party)  
Boy(17) - Subject slipped, falling onto rock. He received an injury to his upper leg with deep laceration.  
Penrith 12, 3hr; Boulmer SAR Helicopter

**159 13604 15 June 13:15 Knock Fell, Dufton NY722303**  
Fresh/drizzle/hill fog/cool/dull. Damp moorland Hill Walking (Solo)  
Man(21) - Subject reported himself lost while walking the Pennine Way from Dufton to Alston.  
Established his position by questioning over his mobile phone. He was given direction and later collected by MR vehicle.  
Kirkby Stephen 1, 3hr; Penrith 1, 3□ hr; Teesdale and Weardale 3, 1□ hr

**160 13637 16 June 15:06 Blake Howe Plantation SD392899**  
Light rain cloudy warm. Very wet slippery Hill Walking (6 in Party)  
Woman(59) - Member of a guided walk led by LDNPA voluntary warden, slipped on wet slab, causing a fracture / dislocation of her left ankle.  
Kendal 11, 3hr

**161 13626 17 June 15:55 Gowder Crag, Borrowdale NY266186**  
Light/dry/cloudy/warm. Ground conditions not reported Rock Climbing (2 in Party)  
Man(24 & 26) - Party of climbers reported as injured and cragfast following a rock fall. FATAL mutiple injuries and the other uninjured.  
Keswick 25, 3□ hr; Boulmer SAR Helicopter

**162 13624 17 June 18:00 High Crag, Buttermere NY181145**  
Dull wet. Wet Animal Rescue  
Sheep stuck on crag. Retrieved without loss or injury.  
Cockermouth 3, 3hr

**163 13627 18 June 11:40 Shepherds Crag - Chamonix NY263285**  
Calm/dry/overcast/warm. Steep dry scree Rock Climbing  
Woman(36) - Subject fell 5 ft from 1st pitch and landed on both legs. She fractured her right ankle in the process.  
Keswick 17, 1□ hr

<b>164</b>	<b>14347</b>	<b>18 June 14:09</b>	<b>Heron Pike</b>	<b>NY354076</b>
Fresh/dry/low cloud/hot/bright. Moderate damp footpath				Hill Walking (2 in Party)
Woman(48) - Subject complained of feeling unwell, complaining of chest pains. Langdale Ambleside 14, 1 □ hr; North West Air Ambulance				
<b>165</b>	<b>14499</b>	<b>18 June 18:20</b>	<b>Levers Water, Coniston</b>	<b>SD282999</b>
Hot. Footpath				Hill Walking
Man(42) - Subject slipped on wet grass, sustaining a dislocated ankle and fractured tibia. Coniston 14, 2 □ hr				
<b>166</b>	<b>14386</b>	<b>19 June 12:33</b>	<b>Aira Force</b>	<b>NY400204</b>
Light/dry/clear/mild/bright. Not reported				Hill Walking (2 in Party)
Man(76) - Subject slipped from path and was left hanging over gorge. Taken to safety and treated for cuts and bruises. Patterdale 12, 2hr				
<b>167</b>	<b>14348</b>	<b>19 June 12:49</b>	<b>Gimmer Crag, Gt Langdale</b>	<b>NY277068</b>
Calm/dry/clear/hot/bright. Steep dry crag				Rock Climbing (2 in Party)
Man(43) - Subject fell while climbing, sustaining an open fracture to his lower leg. Kendal 6, 2 □ hr; Langdale Ambleside 17, 2 □ hr; Valley SAR Helicopter				
<b>168</b>	<b>14500</b>	<b>19 June 16:00</b>	<b>Coppermines Valley, Coniston</b>	<b>SD283981</b>
Clear. Path				Hill Walking
Man(49) - Subject taken ill while walking, reoccurrence of infection, not specified. Coniston 12, □ hr				
<b>169</b>	<b>13625</b>	<b>19 June 16:20</b>	<b>Crammel Linn, Gilsland</b>	<b>NY640696</b>
Light/dry/hazy/warm/dull. Steep damp bank				Local Incident (Large Party)
Boy(17) - Subject slipped from top of waterfall, striking the rock in the fall. Head injuries, fractured neck and back, compound fracture left femur, fractured tibia and fibula, fractured both wrists, significant blood loss. Difficult evacuation from aPenrith 4, 3 □ hr; Boulmer SAR Helicopter				
<b>170</b>	<b>14501</b>	<b>19 June 16:50</b>	<b>High Nibthwaite, Grass Paddocks</b>	<b>SD297908</b>
Clear. Rough				Hill Walking
Man(37) - Subject reported missing when car found abandoned in car park. History of depression. Coniston 20, 4hr; Duddon & Furness 17, 3hr				
<b>171</b>	<b>13870</b>	<b>20 June 12:30</b>	<b>Whin Rigg, Wasdale</b>	<b>NY151035</b>
Dry. Dry				Hill Walking
Man(38) - Cause not reported. Injuries reported as deep cut to calf. Wasdale 20, 5hr				
<b>172</b>	<b>14387</b>	<b>20 June 15:55</b>	<b>Deepdale Park, Hartsop</b>	<b>NY401140</b>
Calm/dry/clear/warm/bright. Dry footpath				Hill Walking
Woman(56) - Subject slipped from path, sustaining a fractured right ankle. Patterdale 9, 1 □ hr; North West Air Ambulance				
<b>173</b>	<b>14349</b>	<b>20 June 18:20</b>	<b>Lower Scout Crag, Gt Langdale</b>	<b>NY298070</b>
Calm/drizzle/clear/hot/bright. Steep dry crag				Rock Climbing (2 in Party)
Man(27) - Subject fell while climbing. No reported injuries. Langdale Ambleside 14, 1hr				
<b>174</b>	<b>13871</b>	<b>21 June 22:00</b>	<b>Scafell Pike</b>	<b>NY211075</b>
Wet. Wet				Hill Walking
Man(46) - Subject reported as unable to walk due to injury, believed to be cause by groin strain. Wasdale 22, 5 □ hr				
<b>175</b>	<b>13872</b>	<b>22 June 00:30</b>	<b>Scafell Pike</b>	<b>NY215072</b>

Wet cloud. Wet Hill Walking  
 Subject reported overdue when lost by party. Outcome not reported.  
 Wasdale 3, 1hr

**176 13640 22 June 15:00 Crossfell, N Pennines NY715360**  
 Fresh/dry/clear/hot/bright. Moderate firm footpath Hill Walking (Solo)  
 Man(57) - Subject reported himself injured and unable to continue. Following extensive search during which time he changed his location, he was treated for soft tissue injury to right knee and escorted off the fells.  
 Penrith 13, 5hr

**177 13633 24 June 12:27 Shepherds Crag, 'Eve' NY262185**  
 Calm/dry/clear/hot. Vertical dry rockface Rock Climbing (2 in Party)  
 Man(25) - Subject fell 60 ft while leading, ripping out some gear and landing on rocks at foot of climb. FATAL head injuries.  
 Keswick 13, 2□ hr; North West Air Ambulance

**178 13634 24 June 12:30 Latrigg, Keswick NY284250**  
 Calm/dry/clear/hot. Moderate dry slope Hill Walking  
 Woman(25) - Subject slipped on a fresh partle (sheep dropping!). For her efforts she received a fractured ankle.  
 Keswick 8, 1□ hr; Great North Air Ambulance

**179 13646 25 June 12:32 Willygrass Gill, Stonethwaite NY270136**  
 Light/dry/clear/warm/. Moderate dry track Hill Walking  
 Girl(14) - Subject taken ill whilst walking, believed caused by severe period pains.  
 Keswick 13, 1□ hr

**180 13873 25 June 21:25 Eskdale NY220050**  
 Dry. Dry Hill Walking (2 in Party)  
 Man(60), Man(60) - Party reported well overdue from walk. Both reported safe and well when located.  
 Wasdale 17, 2□ hr; SARDA (Lakes) 1, 2□ hr

**181 14390 26 June 14:55 Hallin Fell NY436198**  
 Calm/dry/clear/hot/bright. Grassy Hill Walking  
 Woman(NK) - Student taken ill while on activity with outdoor education course, believed to be heat exhaustion.  
 Patterdale 12, 1□ hr

**182 14388 26 June 15:00 Patterdale NY392161**  
 Light/fine/broken cloud/warm/bright. Not reported Fell Running (Organised Event)  
 Man(NK) - Subject fell while in a fell-race. He had dislocated his right shoulder in the fall.  
 Patterdale 3, □ hr

**183 14106 26 June 15:10 Poaka Beck Reservoir SD241783**  
 Calm /dry /clear /warm /. Not reported Fishing (Solo)  
 Man(69) - Subject taken ill whilst fishing, has history of heart problems. Assisted ambulance to evacuate. Believed to be caused by angina.  
 Duddon & Furness 18, 1hr

**184 13874 26 June 18:05 Scafell NY215072**  
 Dry. Dry Hill Walking  
 Woman(23) - Subject called her mother to tell her she was "slipping down a rock" When phone resumed contact 1 hour later found to be safe and well.  
 Wasdale 10, 1hr

**185 13635 26 June 20:31 Crammel Linn, Gilsland NY640696**  
 Fresh/dry/clear/hot/bright. Steep grassy moorland Local Incident (7 in Party)

Boy(17) - Subject fell from footpath down steep bank of narrow gorge, hitting trees and rocks in the process. He was treated for head injuries, and a deep scalp lacerations.  
Penrith 15, 1 □ hr; Boulmer SAR Helicopter

**186 14425 27 June 10:00 Egremont NY010111**  
Not reported. Not reported Local Incident  
Advice requested following appearance of large hole in the grounds of a housing estate. Identified as No 6 Gillfoot shaft of Wyndham mine. Residents evacuated until safety assessment made by statutory bodies.  
Cumbria Ore Mines Rescue Unit 2, 4hr

**187 14351 27 June 12:32 Stone Arthur, Grasmere NY348092**  
Calm/dry/clear/hot/bright. Moderate dry footpath Hill Walking (2 in Party)  
Man(60) - Subject complained of feeling unwell while walking, complaining of chest pains.  
Kendal 7, 2hr; Langdale Ambleside 13, 2hr; Great North Air Ambulance

**188 13875 28 June 15:45 Great Gable NY211103**  
Clear. Not reported Hill Walking  
Man(50) - Subject taken ill whilst walking, complaining of chest pains. Airlifted out with team doctor.  
Wasdale 24, 1hr; Boulmer SAR Helicopter

**189 13666 29 June 08:30 Crossfell, N Pennines NY676357**  
Fresh/dry/low cloud/mild/dull. Moderate firm moorland Hill Walking (Solo)  
Man(NK) - Subject reported himself lost on summit; having been told to stay put, he proceeded to wander. Eventually located on Green Fell, uninjured.  
Penrith 16, 4hr

**190 13645 29 June 12:06 Kendal Fell SD510933**  
Light cloudy. Slippery Local Incident (Solo)  
Woman(44) - Subject out walking dog slipped on local footpath, causing a fracture / dislocation to her left ankle.  
Kendal 9, 1hr

## July

**191 13676 1 July 15:30 Grange Fell, Great End Crags NY260169**  
Good walm dry. Pitched path Hill Walking  
Woman(85) - Subject tripped and caught foot. Injuries not reported.  
Keswick 14, 2hr

**192 13644 2 July 13:00 Arnside Knott NY452774**  
Light dry clear warm bright. Dry Hill Walking  
Request to assist in evacuating a female with lower leg injury. Injuries not confirmed.  
Kendal 15, 1 □ hr

**193 14352 2 July 16:13 Browney Gill, Oxendale NY265047**  
Calm/dry/clear/mild/dull. Moderate dry footpath Hill Walking (4 in Party)  
Man(47) - Subject slipped whilst scrambling, sustaining a fractured ankle in the subsequent fall.  
Kendal 13, 4hr; Langdale Ambleside 13, 3hr

**194 13689 3 July 10:30 Harter Fell, Mardale NY467098**  
Fine. Steep crag Animal Rescue  
Sheep stuck on rocky ledge. Retrieved without loss or injury.  
Penrith 3, 5hr

**195 13876 4 July 13:30 Harter Fell, Eskdale NY220000**  
Weather not reported. Ground conditions not reported Hill Walking  
Man(55) - Subject fell 5 ft onto rocks, no significant injuries reported.

Wasdale 17, 4hr

**196 14108 4 July 16:10 Newlands, Ulverston SD278797**  
Weather not reported. Ground conditions not reported Local Incident (Solo)  
Man(NK) - Called to assist ambulance service evacuate casualty in area with difficult access.  
Duddon & Furness 16, □ hr

**197 13677 6 July 21:48 High Pike NY327326**  
Moderate/dry/hill fog/cool. Undulating boggy moorland Fell Running (Solo)  
Man(40) - Subject lost and disoriented, having tried to retrace route. Eventually got to valley where he found a campervan to drive him out whereupon they met the MRT. No reported injuries.  
SARDA (Lakes) 6, 1hr; Keswick 20, 3hr

**198 13678 7 July 23:12 Blencathra - Blease Fell NY306260**  
Calm/dry/clear/warm. Steep dry slope Hill Walking  
Shouts, flashing lights and whistles were reported by a camper on the opposite side of the valley. A school party had attempted a night ascent but became lost and disorganised. Found unharmed and escorted to safety.  
Keswick 14, □ hr

**199 14502 8 July 13:20 Coniston Old Man, Cove Quarry SD272974**  
Clear. Good Search - Mountain  
Whistle reported coming from in quarry area. Outcome of search unreported.  
Coniston 14, 2□ hr

**200 14353 8 July 13:35 Wansfell, Ambleside NY340505**  
Weather not reported. Ground conditions not reported Hill Walking  
Woman(56) - Subject slipped on footpath, sustaining a fracture to her right lower leg.  
Langdale Ambleside 11, 3hr; Kendal 1, 2□ hr; North West Air Ambulance

**201 13672 9 July 10:45 Humphrey Head SD390740**  
Calm dry clear hot bright. Dry Search - Non-mountain (Solo)  
Man(NK) - A request from the police to search shoreline area for a missing person whose cycle & shopping were found by passers-by the previous evening. The coastguard searched the bay area while the shore was searched, but no one was found.  
SARDA (Lakes) 1, 2□ hr; Kendal 11, 3hr; Boulmer SAR Helicopter

**202 13877 9 July 15:45 Great Gable, White Napes NY207101**  
Dry clear. Dry Hill Walking  
Boy(12) - Subject hit by falling rock, sustaining a head injury with only light bleeding.  
Wasdale 17, 4hr; Boulmer SAR Helicopter

**203 13679 10 July 15:31 Walla Crag, Borrowdale NY277213**  
Light/dry/clear/hot/. Gentle dry footpath Hill Walking  
Woman(33) - Subject landed badly on a rocky section when descending from the summit. In the process she fractured her ankle.  
Keswick 17, 1□ hr

**204 13673 10 July 16:00 Staveley SD472988**  
Calm dry clear hot bright. Dry Local Incident (Solo)  
Woman(76) - A confused lady found wandering near her village, suffering from heat exhaustion. The ambulance crew in attendance requested assistance in evacuation. Possible dehydration and heat exhaustion.  
Kendal 8, 1□ hr

**205 14389 10 July 16:50 Ruthwaite, Grisedale NY353126**  
Calm/dry/broken cloud/warm/bright. Rough footpath Hill Walking (2 in Party)  
Woman(56) - Subject fell and due to weak pulse in foot helicopter was used. She had fractured bith tibia



and fibula, and vascular compromise was detected.

Patterdale 11, 5hr; Penrith 7, 5hr

**206 13680 10 July 18:01 Dale Head NY225136**  
Hot sunny. Dry Hill Walking

Woman(36) - Subject slipped on loose stone while descending. She fractured her ankle in the subsequent fall.

Keswick 14, 2hr

**207 14354 11 July 17:05 Froswick, High Street NY434098**  
Calm/dry/clear/hot/bright. Moderate dry footpath Hill Walking (4 in Party)

Four boys(all 17) - Subjects unable to continue walk due to hot weather and carrying heavy packs, diagnosed as heat stroke. Evacuated to safety.

Langdale Ambleside 15, 2□ hr; Kendal 10, 2□ hr; Boulmer SAR Helicopter

**208 14355 11 July 19:45 Hell Ghyll, Langdale NY257056**  
Calm/dry/clear/hot/bright. Moderate dry footpath Hill Walking (8 in Party)

Woman(22) - Subject complained of feeling ill while walking, complaining of chest pains. Chest pains were reported as due to heat and other illness.

Kendal 8, 3hr; Langdale Ambleside 12, 2□ hr; Boulmer SAR Helicopter

**209 14503 13 July 17:30 Swirl How NY276006**  
Good. Path Hill Walking (2 in Party)

Woman(49) - Subject fell over while walking on Swirl How. Injuries unreported.

Coniston 19, 3□ hr

**210 14391 14 July 13:38 Link Cove, Deepdale NY370113**  
Calm/drizzle/cloudy/mild/bright. Ground conditions not re Hill Walking (Large Party)

Boy(15) - Subject unable to continue due to incapacity. Believed to be caused by muscular cramp in legs.

Patterdale 7, 4□ hr; Penrith 12, 4□ hr

**211 14110 14 July 15:15 Harter Fell, Eskdale SD218997**  
Moderate /dry /low cloud/mild. Not reported Hill Walking (2 in Party)

Man(78) - Subject collapsed while walking, CPR was administered by his son, without success. Airlifted to hospital but failed to recover. FATAL cause of collapse unreported.

Duddon & Furness 15, 3hr; Valley SAR Helicopter

**212 13686 14 July 21:45 Friars Crag, Borrowdale NY263222**  
Calm//clear/mild/. Undulating damp slope slippery Hill Walking (3 in Party)

Boy(17) - Assist with 17 yr old casualty who had slipped and stumbled, injuring his arm and leg. Cuts and abrasions to arm and leg, and complained of pain to 'side'.

Keswick 15, 1hr

**213 13687 15 July 17:30 Great Gable - Windy Gap NY213105**  
Calm/dry/clear/mild/. Steep dry footpath Hill Walking

Man(53) - Subject unable to continue due to muscle pains in leg made worse by small slip. Believed to be muscle fatigue in left quadriceps.

Keswick 18, 3□ hr

**214 13688 16 July 15:12 Ullock Pike, Allerdale Ramble Watch NY237297**  
Calm/dry/clear/mild/. Vertical dry Hill Walking

Girl(8) - Subject fell out of tree, cutting her head, and causing bareable back pain.

Keswick 16, 1□ hr

**215 14109 17 July 01:00 Allithwaite SD388764**  
Calm /fine /clear /mild. Not reported Local Incident (Solo)

Man(78) - Subject reported missing after walking out of house following domestic dispute. Reported as

diabetic, epileptic with heart condition. Last time he did this he was found collapsed. Unhurt when located.

Duddon & Furness 18, 2□ hr; SARDA (Lakes) 3, 2□ hr

**216 13878 17 July 02:30 Hardknott NY225025**  
Dry high flat cloud. Dry Hill Walking  
Man(NK) - Subject fell over cliff edge, believed to have consumed some alcohol. Severe spinal and other fractures.  
Wasdale 16, 5hr; Chivenor SAR Helicopter

**217 13683 17 July 15:15 Nan Bield Pass, Haweswater SD449096**  
Calm dry clear hot bright. Dry Fell Running (Organised Event)  
Man(NK) - Runner on the Kentmere Horseshoe race fell. A RAF Helicopter in the area on training airlifted the casualty to CIC Carlisle before the team reached him. believed to have injured his leg, gash bone-deep.  
Kendal 13, 1hr; Langdale Ambleside 6, 1hr; Leconfield SAR Helicopter

**218 13685 17 July 16:15 Sedbergh SD662914**  
Calm dry clear hot bright. Damp slippery Local Incident (2 in Party)  
Woman(47) - Subject slipped whilst paddling in stream, suspected spinal & arm injuries treated at scene by ambulance paramedics, then evacuated to waiting ambulance by the teams attending.  
Kendal 5, 3hr; Langdale Ambleside 5, 1hr

**219 13684 17 July 16:15 Kentmere SD458043**  
Calm dry clear hot bright. Dry Fell Running (Organised Event)  
Man(NK) - Runner in Kentmere Horseshoe race collapsed with heat exhaustion, he was treated at the scene & transported to hospital in team vehicle. Treated for heat exhaustion / dehydrated / loss of consciousness / lost memory.  
Kendal 13, 1□ hr

**220 13879 22 July 17:10 Dore Head NY204107**  
Dry. Dry Hill Walking  
Man(60) - Subject had a tumbling fall on scree, receiving a head injury.  
Wasdale 21, 3hr

**221 13880 22 July 23:45 Scafell Pike, Corridor Route NY213077**  
Not reported. Not reported Hill Walking  
Man(41) - Subject had a seizure and collapsed. No complications but cause not reported, subject rested and accompanied off the fells.  
Wasdale 12, 5hr; Keswick 10, 3hr

**222 14359 23 July 13:38 Colwith, Langdale NY337034**  
Calm/dry/clear/mild/bright. Moderate dry footpath Hill Walking (2 in Party)  
Man(54) - Subject reported feeling unwell complaining of chest pains.  
Langdale Ambleside 13, 1hr

**223 13881 23 July 14:30 Wasdale Screes NY222073**  
Not reported. Not reported False Alarm Good Intent (No Person Involved)  
Report of shouts for help. Nothing found, false alarm good intent.  
Wasdale 5, 3hr

**224 14392 23 July 15:35 Scale How Force NY411194**  
Calm/dry/clear/mild/bright. Rough footpath Hill Walking (2 in Party)  
Woman(80) - Subject tripped over a tree root, receiving facial injuries in the subsequent fall.  
Patterdale 4, 1hr; Penrith 6, 1hr

**225 14393 24 July 14:58 Helvellyn, Striding Edge NY346150**  
Calm/dry/broken cloud/mild/bright. Steep rough gully Animal Rescue

Man called for assistance for his dog who had fallen off Striding Edge. The dog had head injury and was stretchered from the hillside and taken to local vet. The outcome has not been reported.  
Patterdale 6, 4 □ hr

**226 14504 24 July 15:40 Levers Water, Coniston SD284990**  
Good. Footpath Hill Walking (3 in Party)  
Woman(61) - Subject tripped walking down path. She was reported with a left ankle injury.  
Coniston 10, 1hr

**227 13724 26 July 17:35 Bull Crag, Langstrath NY272109**  
Dry and clear. Dry Hill Walking (3 in Party)  
Woman(38) - Subject slipped. She sustained a fractured lower leg as a result.  
Keswick 20, 4 □ hr

**228 14394 27 July 14:10 Hallin Fell NY436197**  
Calm/dry/broken cloud/mild/bright. Ground conditions no Hill Walking (2 in Party)  
Woman reported missing by husband after becoming separated on fellside. Missing person was found as team were responding to the call.  
Patterdale 6, □ hr

**229 14360 30 July 13:15 Harrison Stickle, Gt Langdale NY282073**  
Fresh/dry/clear/mild/bright. Steep dry bank Hill Walking  
Man(50) - Subject collapsed while walking. FATAL Heart attack.  
Langdale Ambleside 10, 2 □ hr; Boulmer SAR Helicopter

**230 14358 30 July 14:56 White Moss, Rydal NY350078**  
Calm/dry/clear/mild/bright. Level dry footpath Hill Walking  
Requested to assist ambulance service with evacuation of 90 year old male complaining of chest pains.  
Completed without mishap.  
Langdale Ambleside 4, □ hr

**231 14361 31 July 18:20 Rydal Hall, Rydal NY365064**  
Calm/dry/clear/mild/dull. Gentle grassy footpath Hill Walking (3 in Party)  
Boy(11) - Subject had fallen from tree, sustaining a fracture / sprain to his ankle.  
Langdale Ambleside 12, □ hr

**232 13882 31 July 22:00 Scafell Pike NY210072**  
Cloud. Ground conditions not reported Hill Walking (2 in Party)  
Two men(NK) - Party reported overdue on walk. Unhurt when located.  
Wasdale 9, 7hr

### August

**233 13883 1 August 00:30 Eskdale NY200140**  
Not reported. Not reported Hill Walking (3 in Party)  
Three men(NK) - Party reported lost in Eskdale area. Reported as safe and well when located.  
Wasdale 4, 3hr; SARDA (Lakes) 2, 3hr

**234 14395 1 August 01:05 Ullswater (lakeshore) NY408194**  
Light/dry/foggy/cool/dark. Ground conditions not reported Hill Walking (2 in Party)  
Man(23), Woman(25) - Party became disorientated on lakeshore path after torches failed. Located without injury.  
Patterdale 9, 4 □ hr

**235 14396 1 August 17:45 Ullswater, Howtown Pier NY443197**  
Calm/dry/clear/mild. Not reported Hill Walking (4 in Party)  
Man(21), Woman(24) - Party reported three hours overdue at Glenridding rendezvous point. Located safe and well.

Patterdale 6, 1 □ hr

- 236 14127 1 August 19:05 Black Sail, Ennerdale NY192115**  
Dry. Dry False Alarm Good Intent  
An informant at Black Sail Youth Hostel reported hearing calls for help from Looking Stead area. Nothing was found after search. False alarm good intent.  
Cockermouth 29, 2 □ hr; SARDA (Lakes) 1, 2 □ hr
- 237 13714 3 August 12:00 Blencathra, Mousethwaite Combe NY344275**  
Light/dry/clear/warm/. Steep dry slope Hill Walking (2 in Party)  
Woman(52) - Subject blown by gust of wind to edge of path, over-balance and tumbled 100 m down slope into Mousethwaite Comb. Evacuated to CIC by air ambulance. Injuries reported as left shoulder, ribs, cuts to nose & head, pain in left ankle/heel, hip, Keswick 13, 2 □ hr; Great North Air Ambulance
- 238 13715 3 August 14:45 Barf, Bassenthwaite NY213267**  
Light/dry/clear/cool/. Moderate dry footpath Hill Walking (Family Party)  
Woman(39) - Subject slipped, chose not to fall backwards (due to carrying baby in papoose). Evacuated to CIC using air ambulance. Injuries reported as fractured right lower leg.  
Keswick 13, 3 □ hr; Great North Air Ambulance
- 239 14397 4 August 09:00 Yew Crag, Martindale NY433174**  
Light/dry/clear/mild/bright. Not reported Animal Rescue  
Sheep reported stuck on cragside. Retrieved without loss or further injury.  
Patterdale 2, 1hr
- 240 14128 5 August 14:30 Pillar Rock, Ennerdale NY175122**  
Not reported. Not reported Hill Walking (4 in Party)  
Man(50) - Subject slipped and fell over on path. She had dislocated her left shoulder, receiving minor cuts and bruises.  
Cockermouth 23, 3 □ hr; Gannet SAR Helicopter
- 241 13884 6 August 13:20 St Bees NX944134**  
Weather not reported. Ground conditions not reported Hill Walking  
Man(63) - Cause not reported. No injuries reported.  
Wasdale 13, 3hr
- 242 13710 6 August 13:30 High Pike, Deepdale SD716821**  
Fine dry. Rough tufty moorland Hill Walking  
Woman(33) - Subject fell over whilst chasing a dog. For her efforts she sustained a fractured right femur.  
Kendal 8, □ hr; Cave Rescue Organisation 12, 1 □ hr
- 243 14362 6 August 18:32 Nab Scar, Rydal NY360069**  
Calm/dry/clear/mild/bright. Moderate dry footpath Hill Walking  
Woman(36) - Subject collapsed due to lack of water/food and exhaustion.  
Langdale Ambleside 11, 1hr
- 244 13716 7 August 16:40 White Pike, Clough Head NY337228**  
Strong/dry/clear/warm/. Steep dry slope Parapenting (Large Party)  
Woman(27) - Paraglider landed and was then picked up again by a strong gust of wind. User landed very roughly and sustained a fractured right tibia & fibula, compounded by back & neck pain.  
Keswick 19, 1hr; Great North Air Ambulance
- 245 14505 7 August 17:35 Coniston, Thurston Centre SD300974**  
Good. N/a Hill Walking (2 in Party)  
Man(58) - Subject leant on balcony and fell - assist ambulance crew with evacuation. Injuries reported as neck and shoulder injuries.  
Coniston 9, □ hr

<b>246</b>	<b>14363</b>	<b>7 August 21:09</b>	<b>Jenkins Crag, Ambleside</b>	<b>NY384029</b>
Calm/dry/broken cloud/mild/dusk. Gentle dry footpath				Hill Walking
Man(83) - Subject collapsed with a faint, no further injuries.				
Langdale Ambleside 11, □ hr				
<b>247</b>	<b>13717</b>	<b>8 August 14:25</b>	<b>Catbells</b>	<b>NY247192</b>
Calm/dry/clear/warm/. Gentle dry gully				Hill Walking
Subject slipped & fell into gully. No injuries reported				
Keswick 10, □ hr				
<b>248</b>	<b>13718</b>	<b>8 August 14:52</b>	<b>Sour Milk Gill, Seathwaite</b>	<b>NY232122</b>
Calm/dry/clear/warm/. Steep dry footpath				Hill Walking
Man(26) - Subject slipped & fell 60 feet while ghyll scrambling. He was treated for a lower back injury.				
Keswick 18, 2hr				
<b>249</b>	<b>13885</b>	<b>8 August 17:55</b>	<b>Scafell, Lords Rake</b>	<b>NY206069</b>
Not reported. Not reported				Hill Walking (No Person Involved)
Report of shouts for help. Outcome not reported.				
Wasdale 23, 3hr				
<b>250</b>	<b>14364</b>	<b>9 August 13:21</b>	<b>Pavey Ark, Langdale</b>	<b>NY288079</b>
Calm/dry/clear/hot/bright. Steep dry crag				Rock Scrambling (2 in Party)
Man(40) - Subject slipped whilst scrambling. In the process, he dislocated his left shoulder.				
Kendal 8, 3□ hr; Langdale Ambleside 10, 3hr; Boulmer SAR Helicopter				
<b>251</b>	<b>14398</b>	<b>9 August 17:00</b>	<b>Helvellyn (headwall)</b>	<b>NY345152</b>
Light/dry/clear/hot/bright. Steep dry rockface				Hill Walking
Woman(NK) - Subject got in to difficulty after going off route. Passing walkers went to help and she was assisted off the face when the team found her. No reported injuries.				
Patterdale 8, 2hr				
<b>252</b>	<b>14399</b>	<b>9 August 18:40</b>	<b>Helvellyn, Greenside</b>	<b>NY362173</b>
Gales/drizzle/clear/mild/bright. Not reported				Hill Walking (Family Party)
Four Persons (NK) - Family reported overdue on Hevellyn The team were out on previous job and on way down found missing family safe and well. All safe and well.				
Patterdale 12, 1hr				
<b>253</b>	<b>13719</b>	<b>10 August 22:15</b>	<b>Gt Stanger Ghyll, Stonethwaite</b>	<b>NY264127</b>
Warm and dry. Dry				Hill Walking
Report of stationary flashing lights which were responding to a light being flashed back by informant in Rosthwaite. Small team went out to investigate, finding a group of campers. False alarm with good intent.				
Keswick 10, 2hr				
<b>254</b>	<b>14129</b>	<b>13 August 20:27</b>	<b>Buttermere (lakeshore)</b>	<b>NY185159</b>
Dry clear. Dry				Rock Scrambling (2 in Party)
Man(25) - Subject fell whilst scrambling on rocks, he sustained s fractured left femur, and a fractured left arm.				
Cockermouth 19, 1□ hr				
<b>255</b>	<b>14114</b>	<b>16 August 13:23</b>	<b>Oak Howe, Gt Langdale</b>	<b>NY311057</b>
Calm/dry/clear/mild/bright. Moderate dry footpath slipper.				Hill Walking
Man(77) - Subject collapsed. Condition unreported.				
Langdale Ambleside 1, 1hr				
<b>256</b>	<b>13743</b>	<b>18 August 19:15</b>	<b>Red Screes, Kirkstone</b>	<b>NY400084</b>
Not reported. Not reported				Hill Walking (Large Party)
Twelve persons (all NK) - a large group who seem to have difficulty in descending were escorted to				

safety by two members of SARDA (out training) as light was fading fast. Suitable advice was also given.  
Kendal 2, 1hr

**257 14115 19 August 15:20 Dove Crag NY374104**  
Calm/dry/clear/hot/bright. Moderate dry footpath Hill Walking (3 in Party)  
Woman(47) - Subject slipped on path. Injuries were not reported.  
Langdale Ambleside 1, 2 □ hr

**258 13712 20 August 11:00 Eskholme, Thorn Moor, Barbondale SD635832**  
Calm dry clear mild. Dry Hill Walking (7 in Party)  
Woman(64) - Subject stumbled whilst crossing stile, landed on loose boulders then rolled/fell 2m on steep ground. In so doing, she fractured her left humerus, causing temporary circulation & nerve restriction to left hand.  
Kendal 11, 3hr

**259 13720 20 August 14:40 Cat Bells, Skelgill NY245205**  
Calm/dry/clear/warm/. Moderate dry footpath Hill Walking  
Woman(76) - Subject slipped & fell on path. She sustained fractured left arm / shoulder, and a deep cut to her forehead.  
Keswick 13, 1 □ hr; Boulmer SAR Helicopter

**260 13721 20 August 16:10 Keswick NY265228**  
Dry and warm. Ground conditions not reported Local Incident (3 in Party)  
Woman(35) - Team assisted First Responders with subject who had suffered a panic attack related to previous heart condition.  
Keswick 8, □ hr

**261 13729 22 August 00:43 Ullscarf NY291121**  
/showers/hill fog/warm/. Not reported Hill Walking (Solo)  
Man(59) - Subject reported overdue on a walk. He phoned his family at 08:45 to say that he was safe and well. He had spent the night on an exposed fellside outside the search area. No injuries.  
Keswick 12, 8hr; Langdale Ambleside 10, 8hr; SARDA (Lakes) 4, 8hr

**262 13722 22 August 15:48 Catbells NY244199**  
Dry and warm. Dry Hill Walking (3 in Party)  
Man(44) - Subject slipped on the path on the final ascent to the summit of Catbells. He fractured and dislocated some fingers, and received lacerations to his leg.  
Keswick 19, 2 □ hr

**263 14130 23 August 13:06 Anglers Crag, Ennerdale NY099149**  
Overcast. Dry Hill Walking (2 in Party)  
Woman(75) - Party reported overdue on walk; she had fallen into bracken and this had delayed her returning home. No reported injuries.  
Cockermouth 16, 1 □ hr

**264 14400 23 August 16:30 Great Dodd NY342204**  
Light/rain/hill fog/cool/dull. Not reported Hill Walking (3 in Party)  
Two men(57 & 33), Woman(59) - Party reported themselves lost somewhere on the northern Helvellyn range; they were found cold but safe and well in Great Dodd area.  
Patterdale 13, 2 □ hr; SARDA (England) 5, 2 □ hr; Leconfield SAR Helicopter

**265 14117 23 August 16:37 Wansfell, Ambleside NY399042**  
Weather not reported. Ground conditions not reported Hill Walking (2 in Party)  
Woman(23) - Subject was lost in mist, unable to walk off without help. Located and led to safety without injury.  
Langdale Ambleside 1, 1hr

**266 13713 23 August 18:05 Threshthwaite Cove, Patterdale SD425102**  
Wet and windy and misty. Slippery Hill Walking (3 in Party)

Man(35), Boy(10) - Party became lost and called for assistance. Located unharmed and led to safety.  
Kendal 19, 6hr; SARDA (Lakes) 3, 6hr; Patterdale 13, 3hr

**267 13845 24 August 08:30 Scafell, Mickledore NY209168**  
Calm dry clear mild. Very wet Hill Walking (3 Peaks Event)

Man(30), Woman(NK) - Party doing 3 Peaks challenge became lost in very bad weather and descended to wrong valley. They were found uninjured following morning and airlifted to valley bottom.  
Wasdale 17, 4□ hr; SARDA (Lakes) 1, 4□ hr; Boulmer SAR Helicopter

**268 14402 25 August 17:10 Place Fell, Rooking Gill NY404163**  
Calm/dry/clear/cool/bright. Steep damp crag Hill Walking (2 in Party)

Man(40), Woman(44) - Party became cragfast while using a GPS; they were found and lead them to safety, no injuries reported.  
Patterdale 11, 1□ hr

**269 14132 26 August 18:30 Black Sail, Ennerdale NY192115**  
Weather and ground conditions not reported. Hill Walking (6 in Party)

Woman(NK) - Subject injured herself while walking on Kirkfell; managed to make her way down where she was met by team members and stretchered to awaiting ambulance. She had injured her right ankle.  
Cockermouth 5, 2hr

**270 14131 27 August 01:16 Setmurthy, Big Wood NY183320**  
Dry. Not reported Search - Non-mountain (Solo)

Man(51) - Subject reported missing in wooded area; found dead by police. FATAL  
Cockermouth 8, 2hr

**271 13853 27 August 17:30 Scafell Pike, Corridor Route NY213077**  
Dry. Not reported Hill Walking

Man(NK) - Subject took a panic attack steep ground, cragfast. Located and led to safety without injury.  
Wasdale 7, 1hr

**272 13730 27 August 17:38 Lonscale Fell NY294264**  
Not reported. Not reported Mountain Biking

Boy(12) - Rider fell from bike on craggy section of the track, tumbling 100 ft. In his fall, he fractured his leg, receiving multiple abrasions and contusions in addition.  
Keswick 21, 1hr; Leconfield SAR Helicopter

**273 13854 27 August 23:00 Scafell Pike NY206064**  
Thick cloud. Not reported Hill Walking (3 Peaks Event)

Man(45) - Subject became separated from party of Three Peakers. Located uninjured and led to safety.  
Wasdale 20, 4hr; SARDA (Lakes) 1, 4hr

**274 13855 28 August 11:00 Lingmell Col NY208076**  
Rain and cloud. Hill Walking (3 Peaks Event)

Man(24) - Party of Three Peakers reported lost, located and led to safety. All reported unharmed.  
Wasdale 19, 4hr; SARDA (Lakes) 2, 4hr

**275 13856 29 August 22:15 Scafell Pike NY215072**  
Weather and ground conditions not reported Hill Walking

Woman(50) - Subject reported overdue on walk from Langdale. She was unharmed when located and led to safety.  
Wasdale 11, 1hr; Langdale Ambleside 1, 1hr; SARDA (Lakes) 5, 1hr

**276 14111 30 August 01:20 Flookburgh SD371739**  
Weather and ground conditions not reported Search - Non-mountain (Solo)

Subject reported missing from campsite in Flookburgh. Subject was located in Manchester while the team was mobilising.  
Duddon & Furness 15, □ hr; SARDA (Lakes) 6, □ hr

<b>277</b>	<b>14506</b>	<b>31 August 15:00</b>	<b>Bogle Crag, Grizedale</b>	<b>SD339934</b>
Good. Path			Hill Walking (2 in Party)	
Subject found collapsed by passing walker. Team stood down responding; outcome not reported.				
Coniston 10, 1 □ hr				
<b>278</b>	<b>14403</b>	<b>31 August 18:30</b>	<b>High Force, Aira Force</b>	<b>NY400209</b>
Light/dry/cloudy/mild/bright. Slippery			Hill Walking (D of E) (4 in Party)	
Woman(19) - Subject on expedition slipped on path. She was treated at the scene and stretchered to waiting ambulance, suffering from back and leg injuries.				
Patterdale 13, 2 □ hr				
<b>September</b>				
<b>279</b>	<b>13922</b>	<b>3 September 21:00</b>	<b>Crossfell, N Pennines</b>	<b>NY690355</b>
Fresh/dry/clear/cold/dark. Gentle rough moorland			Hill Walking (2 in Party)	
Two women(43 & 70) - Party reported themselves lost having left a well-defined path; they proved unco-operative over the mobile phone and were eventually located by helicopter.				
Penrith 19, 6hr; SARDA (England) 1, 4hr; Teesdale and Weardale 2, 4hr; Boulmer SAR Helicopter				
<b>280</b>	<b>13731</b>	<b>4 September 13:43</b>	<b>Springs Wood, Castlerigg</b>	<b>NY277225</b>
Dry, warm and sunny. Dry			Hill Walking (2 in Party)	
Woman(47) - Subject slipped on path, sustaining a fractured lower leg.				
Keswick 15, 1hr				
<b>281</b>	<b>14404</b>	<b>4 September 14:45</b>	<b>Silver Point, Ullswater (lakeshore)</b>	<b>NY412188</b>
Light/dry/clear/mild/bright. Not reported			Mountain Biking (2 in Party)	
Boy(14) - Subject fell over handlebars of mountain bike and called for help ; passer-by in boat picked him up. His injuries were reported as back and wrist injury.				
Patterdale 11, 2hr				
<b>282</b>	<b>14133</b>	<b>4 September 14:53</b>	<b>Loweswater, Holme Wood</b>	<b>NY122215</b>
Sunny clear. Dry			Hill Walking (2 in Party)	
Man(64) - Subject collapsed while walking along Corpse Road path. Heart attack believed non-fatal.				
Cockermouth 18, 2hr				
<b>283</b>	<b>14119</b>	<b>4 September 18:56</b>	<b>Wray Gill</b>	<b>NY326072</b>
Good. Good			Hill Walking	
Woman(61) - Subject slipped fell crossing stream, receiving a fractured left ankle.				
<b>284</b>	<b>13732</b>	<b>5 September 13:37</b>	<b>Shepherds Crag, Borrowdale</b>	<b>NY263186</b>
Calm/dry/clear/warm. Vertical dry crag			Rock Climbing	
Woman(33) - Climber fell 15 ft while climbing 'Brown Slabs Crack', receiving cuts & bruises to his left leg.				
Keswick 11, 1 □ hr				
<b>285</b>	<b>13920</b>	<b>9 September 14:10</b>	<b>Great Dun Fell, Dufton</b>	<b>NY711322</b>
Light/dry/clear/cool/bright. Level damp moorland			Hill Walking	
Man(NK) - Subject collapsed with medical condition. Heart attack believed non-fatal.				
Penrith 8, □ hr; Great North Air Ambulance				
<b>286</b>	<b>14405</b>	<b>10 September 12:32</b>	<b>Red Screes</b>	<b>NY399081</b>
Light/dry/broken cloud/warm/bright. Steep rough crag			Hill Walking (3 in Party)	
Boy(6) - Subject slipped and fell, sustaining what were reported as spinal injuries.				
Patterdale 8, 1 □ hr; Leconfield SAR Helicopter				
<b>287</b>	<b>13858</b>	<b>12 September 12:21</b>	<b>Hardknott</b>	<b>NY275070</b>
Dry. Ground conditions not reported			Occupational	
Man(NK) - Farmer tripped up while herding sheep. In the subsequent fall, he fractured his ankle.				



Wasdale 16, 3hr

**288 14134 12 September 12:59 Rannerdale Knotts NY167184**  
Clear bright. Dry Hill Walking (2 in Party)  
Man(64) - Subject collapsed while walking, it is believed to have been caused by a minor stroke.  
Cockermouth 18, 1hr

**289 14120 14 September 13:43 Upper Scout Crag, Gt Langdale NY298070**  
Dry warm damp. Ground conditions not reported Rock Climbing (2 in Party)  
Man(22) - Subject unable to continue walk because of an old injury recurrence. Dislocated knee.  
Langdale Ambleside 1, 2□ hr; Kendal 8, 2□ hr

**290 13838 14 September 16:11 Newlands NY228159**  
Light/dry/clear/mild. Moderate grassy footpath Hill Walking  
Man(48) - Subject put his foot in a hole. In the resulting fall, he fractured both his tibia and fibula.  
Keswick 18, 3hr

**291 13744 14 September 20:16 Kentmere NY446078**  
Weather and ground conditions not reported Hill Walking (Solo)  
Man(72) - Whilst on exercise, the Police paged the team to search for an elderly walker reported overdue in Kentmere area. He was found and escorted to safety by a group of walkers shortly after the team being informed.  
Kendal 1, □ hr

**292 13860 19 September 21:05 Scafell Pike NY215072**  
Cloud wet. Ground conditions not reported Hill Walking  
Man(59) - Party reported overdue on walk, but safe and well when located.  
Wasdale 24, 2hr

**293 13921 20 September 18:51 Armathwaite, River Eden NY509460**  
Light/dry/cloudy/cool/bright. Gentle damp bank Hill Walking (4 in Party)  
Woman(NK) - Subject reported 'fitting' on riverside walk, ambulance control requested assistance accessing the site. Stood down on scene when crew able to access directly. It is believed to have been an epileptic seizure.  
Penrith 9, □ hr

**294 14121 21 September 11:46 Stickle Ghyll, Gt Langdale NY289073**  
Dry good. Dry Hill Walking (3 in Party)  
Man(60) - Subject unable to continue walk, felt unwell and faint possible due to no food. Escorted to safety.  
Langdale Ambleside 1, 2hr; Kendal 13, □ hr

**295 14122 21 September 16:52 Crinkle Crag, Gt Langdale NY247049**  
Fresh/drizzle/hill fog/mild/dull. Undulating very wet footp Hill Walking  
Woman(41) - Subject lost in mist but unharmed when located.  
Langdale Ambleside 1, 2□ hr; SARDA (Lakes) 1, 2□ hr

**296 14123 21 September 17:40 Sergeant Man, Gt Langdale NY288089**  
Wet. Very wet Search - Mountain (2 in Party)  
Man(19) - Subject lost in mist. Located uninjured and led to safety.  
Langdale Ambleside 1, 2□ hr; SARDA (Lakes) 1, 2□ hr

**297 13859 21 September 19:45 Scafell Pike NY215072**  
Cloudy. Not reported Hill Walking  
Man(40) - Subject reported overdue, quickly located unharmed and led to safety.  
Wasdale 7, 1hr

**298 14406 23 September 17:23 St Sunday Crag, 'Pinnacle Ridge' NY366138**  
Fresh/dry/cloudy/cool/dull. Steep rough ridge Hill Walking (6 in Party)

Man(41), Girl(17) - Subject reported missing from rest party. The group split into two and one split again but failed to meet up later. All were eventually located and re-united.  
Patterdale 5, 2□ hr

**299 13839 24 September 10:43 Helvellyn Ghyll, Helvellyn NY324165**  
Light/dry/clear/cool/. Moderate dry footpath Hill Walking (4 in Party)  
Man(43) - Subject (known diabetic) collapsed while walking - may have been precipitated by lack of food.  
Reported as a diabetic collapse.  
Keswick 15, 2hr

**300 14407 25 September 12:10 Aira Force NY400201**  
Light/dry/clear/mild/bright. Not reported Hill Walking (3 in Party)  
Woman(89) - Subject collapsed while on family outing. FATAL cause not reported.  
Patterdale 10, 2hr; Boulmer SAR Helicopter

**301 14124 25 September 14:40 Side Pike, Gt Langdale NY290053**  
Weather and ground conditions not reported False Alarm Good Intent  
Report of cries for help from fellside. Search suspended when it transpired that no persons were reported missing or overdue.  
Langdale Ambleside 1, 3hr; Kendal 18, 2hr

**302 13935 25 September 15:30 Scout Scar, Kendal SD486920**  
Calm dry clear mild. Dry Hill Walking (Solo)  
Woman(63) - Police requested assistance in the search for a female who had left a suicide note and went missing. After a protracted search by various organisations she eventually returned home.  
Coastguard Personnel 5, 4hr; Kendal 21, 4hr; SARDA (Lakes) 6, 4hr; Lancashire Police Helicopter

**303 13840 25 September 15:43 High Spy, Borrowdale NY123456**  
Light/passing showers/clear/cool. Steep damp footpath s Hill Walking  
Man(58) - Subject slipped on descent and fell on to his face. He walked some way before requiring assistance. He had facial abrasions, a fractured nose, and a fractured skull.  
Keswick 23, 2hr

**304 13861 26 September 18:30 Esk Hause NY226080**  
Cloud. Hill Walking (8 in Party)  
Man(38) - Two parties got lost, then met up in Eskdale and walked out via Sprinkling Tarn and Styhead.  
None were reported injured.  
Wasdale 28, 4hr

**305 14057 28 September 16:00 Kirkby Stephen, Water Yat Bottom NY783045**  
Clear/warm/dry. Dry Parapenting (6 in Party)  
Man(NK) - Parapenter (trainee) made a bad landing on steep ground, requested to assist air ambulance crew to stretcher subject to waiting aircraft. He sustained a compound fracture of his right tibia and fibula.  
Kirkby Stephen 11, 1hr; Great North Air Ambulance

## October

**306 14125 1 October 14:14 Stickle Tarn, Gt Langdale NY287075**  
Light/dry/clear/mild/dull. Moderate damp footpath Hill Walking (Large Party)  
Man(47) - Subject slipped on path, fracturing his ankle.  
Langdale Ambleside 1, 1hr; Great North Air Ambulance

**307 13841 2 October 13:42 Langstrath - Woof Gill NY263109**  
Moderate/dry/cloudy/cool/. Steep damp slope slippery Hill Walking (3 in Party)  
Woman(35) - Subject caught her foot in a hole and twisted it. She is believed to have fractured her ankle.  
Keswick 17, 1hr; Great North Air Ambulance

**308 13842 2 October 15:23 Fleetwith Pike, Buttermere NY204142**

Strong/drizzle/broken cloud/cool. Steep rough footpath sl Hill Walking  
 Man(NK) - Subject slipped from ridge path down Honister side - about 15-20 ft. He managed to clamber  
 back up, inspite of minor head injuries.  
 Keswick 3, 1hr; Cockermouth 21, □ hr; Great North Air Ambulance

**309 13857 3 October 12:00 Gavel Neese, Gt Gable NY207101**  
 Dry. Ground conditions not reported Hill Walking  
 Man(25) - Subject slipped on grass, causing minor muscular injury.  
 Wasdale 19, 3hr

**310 14507 6 October 14:15 Wetherlam NY290013**  
 Good. Uneven Hill Walking (2 in Party)  
 Boy(14) - Subject slipped and fell a short distance, resulting in minor dizziness.  
 Coniston 9, 2□ hr

**311 14047 6 October 18:00 Red Pike (Wasdale) NY166091**  
 Weather and ground condition not reported Hill Walking  
 Man(NK) - Party of three lost and benighted. Unhurt when located and led to safety.  
 Wasdale 3, 2hr

**312 13887 7 October 15:54 Whinlatter - Revelin Moss Area NY207238**  
 Calm/dry/overcast/cool. Not reported Hill Walking  
 Man(72) - Subject slipped and caused a knee injury.  
 Keswick 13, 1hr; Great North Air Ambulance

**313 14046 9 October 16:20 Great Gable, Gavel Neese NY207101**  
 Wet but clear. Wet Hill Walking  
 Man(60) - Subject collapsed with hypothermia, having come from Honister and descended from  
 Beckhead via the beck.  
 Wasdale 23, 2hr

**314 13888 9 October 16:45 Castlenook, Newlands NY228165**  
 Overcast, high gusting winds. Wet Hill Walking (5 in Party)  
 Woman(57) - Subject slipped on wet rocks and fractured her lower leg.  
 Keswick 22, 2hr; Great North Air Ambulance

**315 14126 10 October 16:42 Blea Tarn, Gt Langdale NY290046**  
 Not reported. Not reported Hill Walking (Solo)  
 Man(NK) - Ambulance assistance, few details supplied. FATAL cause unknown.  
 Langdale Ambleside 12, 1□ hr

**316 14408 10 October 18:15 Boredale Hause NY420159**  
 Strong/heavy rain/poor/cool/dull. Ground conditions not r Hill Walking (2 in Party)  
 Man(53) - Party became separated while walking a circular route. As the team and search dogs were  
 starting the search, a team member located the man safe and well.  
 Patterdale 14, 1□ hr

**317 14508 10 October 19:45 Satterthwaite, Grizedale Forest SD345928**  
 Good. Path Hill Walking (2 in Party)  
 Woman(48) - Party reported themselves lost in forest, quickly located and led to safety.  
 Coniston 19, 1□ hr

**318 14136 11 October 21:47 Whitehaven - Carlisle NX989160**  
 Heavy rain. Flooding Local Incident (Solo)  
 Requested to transport patient with renal failure to Cumberland Infirmary, Carlisle. Team vehicle assist  
 ambulance through difficult road conditions.  
 Cockermouth 6, 3□ hr

**319 13889 11 October 22:49 Seathwaite, Borrowdale NY235121**

Atrocious, heavy rain, high winds. Very wet, floods Hill Walking (2 in Party)  
 Man(54) - Party who had failed to leave any indication of their route failed to return to their holiday accomodation. Car eventually located at Seathwaite. Overnight search undertaken and found to be unharmed when located.  
 Keswick 11, 8□ hr; Cockermouth 4, 4hr; SARDA (Lakes) 5, 8□ hr

**320 13890 13 October 18:10 High Spy, Borrowdale NY247175**  
 Dry. Damp Hill Walking (Large Party)  
 Woman(64) - Subject slipped on wet grass and fractured her lower leg.  
 Keswick 9, 1□ hr

**321 14266 14 October 12:46 Rydal, 'Coffin Route' NY350067**  
 Calm/dry/clear/hot/bright. Moderate wet footpath slippery Hill Walking (2 in Party)  
 Man(64) - Subject slipped. Injries were not reported.  
 Langdale Ambleside 1, 1□ hr

**322 13891 15 October 13:15 Blencathra, Sharp Edge NY326283**  
 Dry, windy. Damp Hill Walking  
 Woman(54) - Subject slipped and fell approximately 50m down gully to North Side of Sharp Edge. She had been attempting to regain the main track from lower path. As a result of the fall, she received life-threatening injuries consisting of two punctured  
 Keswick 21, 3hr; Boulmer SAR Helicopter

**323 13923 16 October 20:30 Kentmere Pike NY466078**  
 Fresh/dry/clear/cool/dark. Undulating damp ridge Hill Walking (2 in Party)  
 Man(45), Woman(41) - Party reported themselves lost between Brothers Water and Haweswater hotel; located safe and well off route.  
 Kendal 9, 4hr; Penrith 14, 4hr

**324 14267 17 October 10:28 Helm Crag, Grasmere NY325094**  
 Fresh/dry/clear/cold/bright. Steep dry slope Occupational (3 in Party)  
 Man(26) - Subject tripped on rocks. The injuries were not reported.  
 Langdale Ambleside 1, 2hr

**325 14268 21 October 15:57 Silver Howe, Grasmere NY325065**  
 Moderate/heavy rain/cloudy/mild/dusk. Moderate very wε Hill Walking (7 in Party)  
 Man(69) - Subject taken ill while walking. Cause of illness not reported.  
 Langdale Ambleside 1, 2hr

**326 14048 21 October 19:45 Scafell, Hollow Stones NY207071**  
 Dark. Not reported Hill Walking  
 Man(NK) - Party benighted with compass, map, and lights. Located unharmed and led to safety.  
 Wasdale 4, 5hr

**327 13937 22 October 14:15 Harrison Stickle NY282077**  
 Moderate. Damp slippery Hill Walking (7 in Party)  
 Woman(49) - Subject slipped and fractured her arm.  
 Kendal 8, 3hr; Langdale Ambleside 1, 3hr; North West Air Ambulance

**328 13928 22 October 19:50 Esk Hause NY233081**  
 Hill fog, showers, windy. Wet Hill Walking (3 in Party)  
 Two men(23 & 22) - Party of walkers took a wrong route having been to the summit of Scafell Pike, ending up in Upper Esk. They were 'talked' to Esk Hause by Wasdale MRT. They were then unable to locate the correct descent route. Located and led to safet  
 Keswick 20, 3□ hr

**329 13929 23 October 11:30 Carrock Mine NY323329**  
 Dry. Damp Animal Rescue (Organised Event)  
 Hound reported trapped in a mine shaft. The hunt followers managed to free the hound prior to the Team's arrival at scene.

Keswick 10, 1hr

**330 14409 25 October 13:50 Bannerdale, Ullswater NY424156**  
Moderate/rain/cloudy/mild/dull. Ground conditions not rep Hill Walking  
Man(27) - Subject slipped and fractured his left ankle in the subsequent fall.  
Patterdale 9, 2 □ hr

**331 14509 26 October 12:25 Miners Bridge, Coniston Old Man SD342988**  
Wet. Path Hill Walking (2 in Party)  
Man(NK) - Subject stepped off greasy slate into beck, but received no significant injuries in the process.  
Coniston 9, 1hr

**332 14137 26 October 15:15 Whiteless Pike, Buttermere NY179178**  
Rain. Very wet Hill Walking (2 in Party)  
Woman(47) - Subject injured herself while descending; she had fractured her left ankle.  
Cockermouth 20, 1hr

**333 13930 26 October 15:37 Watendlath NY276163**  
Dry warm and sunny. Damp Hill Walking (3 in Party)  
Woman(61) - Subject slipped. She had been assisted down to the village prior to the Team's arrival.  
She had fractured her lower leg.  
Keswick 14, 1 □ hr

**334 14138 27 October 02:59 Cockermouth, River Derwent NY118307**  
Dry warm. Local Incident (2 in Party)  
Woman(NK) - Subject washed down river and became stuck in middle of river below footbridge. She  
was returned to a place of safety using ropes. She was none-the-worse for her ordeal.  
Cockermouth 19, 2hr

**335 13931 27 October 12:55 Castlehead, Borrowdale NY269227**  
Dry warm & sunny. Damp Hill Walking  
Woman(48) - Subject slipped on wet rock; in the fall, she fractured her lower leg.  
Keswick 13, 1hr

**336 14510 27 October 19:30 Levers Water, Coniston ND282993**  
Fine. Path Hill Walking (2 in Party)  
Man(50) - Subject reported overdue but had been delayed by minor hand injury and difficulty in finding  
track down. When located her slight hand injury was treated.  
Coniston 2, □ hr

**337 14410 28 October 18:56 Glencoyne, Seldom Seen NY380185**  
Fresh/rain/cloudy/mild/dark. Not reported False Alarm Good Intent  
Passing motorist reported seeing flashing lights on the fell. Nothing untoward found, false alarm good  
intent.  
Patterdale 3, □ hr

**338 14511 29 October 14:30 Grizedale Forest SD346941**  
Good. Path Mountain Biking (3 in Party)  
Reason for turn out was not reported. Team recalled before getting to incident site, no reason given.  
Coniston 11, □ hr

**339 14411 29 October 16:05 Hayeswater Gill NY427130**  
Fresh/heavy rain/cloudy/mild/dull. Steep grassy slope Hill Walking (Organised Event)  
Man(38) - Competitor taken ill during KIMM (mountain marathon), complaining of chest pains.  
Patterdale 16, 1hr; Boulmer SAR Helicopter

**340 13932 29 October 20:00 Hollow Stones, Wasdale NY204073**  
Clear, with patches of hill fog. Wet Hill Walking (2 in Party)

Woman(48) - Mother and her 16yr old son reported missing in the Central fells. They were found safe and well at Hollow Stones by Wasdale MRT.

Keswick 6, 2□ hr; SARDA (Lakes) 7, 2□ hr; Wasdale 16, 5hr

**341 14050 29 October 22:00 Eskdale NY215035**  
Weather and ground conditions not reported Hill Walking (5 in Party)

Man(NK) - Party benighted, located unharmed and led to safety.  
Wasdale 5, 2hr

**342 14051 30 October 11:30 Scafell Pike (summit) NY215072**  
Wet. Not reported Hill Walking (2 in Party)

Boy(16) - Party unable to navigate off the summit. One member was complaining of being cold and wet. Other parties in the area failed to render them any assistance. Located, treated and led to safety.  
Wasdale 21, 5hr

**343 14270 30 October 12:18 Side Pike Farm, Gt Langdale NY290045**  
Wet. Wet Hill Walking

Man(52) - Subject slipped on path. Injuries not reported.  
Langdale Ambleside 1, 1hr

### November

**344 14412 1 November 13:50 Helvellyn, Striding Edge NY349114**  
Fresh/dry/clear/cool/bright. Steep rough footpath Hill Walking (6 in Party)

Man(44) - Man tripped; he was airlifted to hospital and the rest of family were helped from the fellside. He had suffered a dislocation of his left shoulder.  
Patterdale 11, 3□ hr; Gannet SAR Helicopter

**345 13939 3 November 09:53 Dovehouse Bridge, Farleton SD539818**  
Light dry dull mild. Damp slippery Occupational (3 in Party)

Man(58) - Request to assist evacuate British Waterways employee, who had slipped on a limestone slab crossing a culvert. He had fractures of his right tibia & fibula.  
Kendal 12, 2hr; North West Air Ambulance

**346 14342 3 November 11:00 Deanscales NY094264**  
Not reported. Not reported Search - Non-mountain (Solo)

Police found a crashed motorcycle and the rider had disappeared. The police wanted to check that he had not wandered off injured. Nothing found.  
SARDA (Lakes) 1, 1hr

**347 13956 3 November 11:41 Latrigg, Keswick NY283248**  
Strong/heavy rain. Moderate muddy footpath slippery Hill Walking

Man(68) - Subject slipped on the wet, muddy track and fractured his tibia & fibula.  
Keswick 14, 1hr

**348 14271 3 November 14:47 Easedale Tarn, Grasmere NY309092**  
Misty damp. Wet Hill Walking

Woman(68) - Subject slipped. Her injuries were not reported.  
Langdale Ambleside 1, 4hr; Kendal 11, 4hr

**349 14052 5 November 10:46 Hardknott NY213013**  
Weather and ground conditions not reported Occupational

Man(60) - Farmer taken ill complaining of check pains.  
Wasdale 16, 3hr

**350 14272 5 November 14:50 Easedale Tarn, Grasmere NY084303**  
Calm/passing showers/cloudy/mild/dull. Gentle wet footp Hill Walking (Large Party)

Boy(15) - Subject slipped and fractured his ankle.  
Langdale Ambleside 1, 4□ hr; Kendal 10, 5□ hr

**351 13954 6 November 11:55 Dunmail Raise NY328118**  
 Fresh/passing showers/broken cloud/cool. Not reported Hill Walking (Solo)  
 Man(55) - Despondent reported missing from home by estranged wife. Car located by police at Dunmail Raise. Later, he phoned the police who then cancelled the search.  
 Keswick 23, 1hr; SARDA (Lakes) 4, 1hr; Patterdale 8, 2hr

**352 14273 6 November 15:22 Kettlecrag Langdale NY279051**  
 Not reported. Not reported Hill Walking (2 in Party)  
 Man(32) - Party reported themselves lost and unable to make way down. Unhurt when located then led to safety.  
 Langdale Ambleside 1, 2hr

**353 14274 6 November 17:00 Great Rigg Man, Fairfield NY350104**  
 Light/dry/clear/mild/moonlight. Moderate dry footpath Hill Walking (2 in Party)  
 Woman(35), Man(NK) - Party reported as overdue. Neither had injuries when located; led to safety.  
 Langdale Ambleside 1, 1hr

**354 14275 6 November 20:42 Raven Crag, Gt Langdale NY000000**  
 Not reported. Not reported False Alarm Good Intent (4 in Party)  
 Report via mobile phone of people stuck on Raven Crag. After investigation and later information found to be Raven Crag, Borrowdale; incident being attended by Keswick MRT.  
 Langdale Ambleside 1, 1hr

**355 13955 6 November 21:39 Combe Gill, Raven Crag NY222124**  
 Strong winds, heavy rain. Vertical wet crag Rock Climbing (7 in Party)  
 Woman(19), Man(20) - Party got off route and became cragfast. When they were unable to get off the crag, they called for help by texting their companions. This message went unreceived for over two hours.  
 Both were secured, roped to safer ground and led Keswick 22, 6hr; Cockermouth 18, 3 hr

**356 14276 10 November 14:50 Crinkle Crag, Gt Langdale NY240053**  
 Wet. Wet Hill Walking  
 Man(47) - Subject lost in mist. Unhurt when located and guided to safety.  
 Langdale Ambleside 1, 2hr; Wasdale 7, 2hr

**357 14512 11 November 22:20 Tranearth, Torver, Coniston SD281956**  
 Good. Ground conditions not reported Hill Walking (2 in Party)  
 Boy(14) - Subject sustained injury as a result of 'horse-play'. Extent of injury was not reported.  
 Coniston 12, 1 hr

**358 14054 12 November 17:00 Great Gable, Napes NY210105**  
 Wet. Wet scree Hill Walking (4 in Party)  
 Woman(40) - Subject (ME sufferer) exhausted and on difficult ground, caused party to be benighted.  
 Stretchered to safety.  
 Wasdale 24, 7hr; Boulmer SAR Helicopter

**359 14139 13 November 15:00 Raven Crag, Buttermere NY196147**  
 Sunny cold. Slippery Animal Rescue  
 Sheep reported cragfast. Retrieved by lowering without loss or injury.  
 Cockermouth 4, 1 hr

**360 14414 17 November 15:41 Kepple Cove, Helvellyn NY350166**  
 Dry/clear/freezing/dusk. Steep frozen footpath slippery Hill Walking (3 in Party)  
 Woman(54) - Subject slipped on fellside and fractured her nose, chipped a tooth, and associated cuts and bruises.  
 Patterdale 13, 1hr; Great North Air Ambulance

**361 14277 18 November 14:12 Alcock Tarn, Grasmere NY349080**  
 Calm/dry/clear/mild/bright. Moderate snow/ice footpath s Hill Walking (Winter) (2 in Party)

Woman(53) - Subject slipped on ice, sustaining an ankle fracture.  
Langdale Ambleside 1, 2hr

**362 14278 18 November 21:26 Todd Crag, Ambleside NY366038**  
Calm/dry/clear/cold/moonlight. Moderate frozen footpath Hill Walking (Winter) (Large Party)  
Boy(16) - Subject slipped on ice on path, receiving a double fracture to his leg.  
Langdale Ambleside 1, 1□ hr

**363 13996 19 November 12:00 Carrock Fell NY355325**  
Weather and ground conditions not reported Animal Rescue  
Cragfast sheep reported by farmer. Retrieved without loss or injury.  
Keswick 2, 2hr

**364 14419 19 November 12:10 Garburn Pass NY442042**  
Not reported. Not reported Mountain Biking  
Man(35) - Rider fell from bike, receiving minor arm injuries.  
Kendal 5, 2hr

**365 14424 19 November 12:25 Rough Crag, Riggindale, Haweswater NY458113**  
Clear sunny cold. Frozen Hill Walking (Winter) (5 in Party)  
Woman(21) - Subject slipped on icy footpath, and fractured her right ankle.  
Penrith 11, 3hr; RAF Leeming 5, 3hr; Valley SAR Helicopter

**366 13997 19 November 15:23 Force Crag, Borrowdale NY190213**  
Cold clear. Frozen ground Hill Walking  
Man(NK) - Subject struck by falling stone dislodged by others in his party, sustaining head lacerations.  
The remainder of the party was escorted down by teams.  
Keswick 3, 2hr; Boulmer SAR Helicopter

**367 14279 20 November 18:20 Pike O Stickle NY273074**  
Calm/dry/clear/cold/moonlight. Steep dry bank Hill Walking (Solo)  
Man(46) - Alerted by report of flashing lights in area. A search revealed someone unable to find way  
down from the fells; he was located and led to safety.  
Langdale Ambleside 1, 3hr

**368 14513 22 November 15:30 Grizedale NY378962**  
Good. Path Hill Walking (2 in Party)  
Man(39) - Subject hit by falling tree; he received chest injuries and complained of loss of feeling in his  
extremities.  
Coniston 10, 2□ hr

**369 13998 23 November 02:30 Caldbeck - Hilltop Farm NY299425**  
Calm/poor/freezing. Undulating frozen moorland Local Incident (Solo)  
Man(50) - Subject reported overdue returning home after making a shortcut across fields in freezing fog.  
Unhurt when located.  
Keswick 5, 6□ hr; SARDA (Lakes) 7, 6□ hr; Cockermouth 19, 5□ hr

**370 13999 23 November 14:07 Kings How - Memorial Stone NY259167**  
Calm/dry/misty/cold. Undulating rough footpath slip Hill Walking (2 in Party)  
Woman(NK) - Party phoned in when they became lost in mist. The team was able to talk them down off  
the fells and we met them coming down. No reported injuries.  
Keswick 8, 1□ hr

**371 14514 27 November 18:40 Grizedale Forest SD346941**  
Good. Good Hill Walking (3 in Party)  
Man(NK) - Party reported themselves lost in forest. They were located unharmed and directed to safety.  
Coniston 11, 2hr

**372 14000 27 November 22:15 Great End NY226084**



Fresh/dry/clear/freezing/frost. Undulating snow/ice track : Hill Walking (2 in Party)  
 Woman(NK), Man(NK) - Party ran out of daylight; they were inexperienced and poorly equipped. They had not injuries and were guided to safety.  
 Keswick 13, 6□ hr; SARDA (Lakes) 9, 6□ hr; Cockermouth 25, 6hr; Wasdale 21, 6hr

<b>December</b>				
<b>373</b>	<b>14515</b>	<b>1 December 10:30</b>	<b>Tilberthwaite Ghyll</b>	<b>NY001310</b>
Good. Good				Animal Rescue
Sheep reported as cragfast. Retrieved without loss or injury, numbers not reported. Coniston 6, 3□ hr				
<b>374</b>	<b>14280</b>	<b>3 December 13:30</b>	<b>Winster</b>	<b>NY413935</b>
Dry. Dry frozen				Hill Walking (2 in Party)
Man(74) - Subject collapsed due to an epileptic seizure. He was evacuated and taken to a local hospital for a checkup. Langdale Ambleside 1, 1hr				
<b>375</b>	<b>14013</b>	<b>4 December 00:29</b>	<b>Scafell Pike, Great Moss</b>	<b>NY222047</b>
Light/passing showers/broken cloud/cold/. Undulating we				Hill Walking (2 in Party)
Man(28) - Party reported overdue by father. Their car was located at Seathwaite and they were located at Scar Lathing, Gt Moss by Wasdale MRT at 03.20 am. Both were found to be unhurt and were then guided to safety. Keswick 13, 4□ hr; Langdale Ambleside 5, 4□ hr; SARDA (Lakes) 4, 4□ hr; Wasdale 18, 4hr; SARDA (England) 5, 4□ hr				
<b>376</b>	<b>14141</b>	<b>10 December 14:48</b>	<b>Sale Fell</b>	<b>NY198295</b>
Low cloud showers. Wet slippery				Hill Walking (Large Party)
Man(56) - Subject collapsed whilst walking. FATAL cause not specified. Cockermouth 29, 1□ hr				
<b>377</b>	<b>14283</b>	<b>11 December 17:35</b>	<b>The Band, Gt Langdale</b>	<b>NY272694</b>
Calm/dry/clear/very cold/moonlight. Steep dry footpath				Hill Walking
Man(23) - Group became separated. Located and reunited with remainder of the group. Langdale Ambleside 1, 1hr				
<b>378</b>	<b>14014</b>	<b>13 December 14:43</b>	<b>Seathwaite Fell, Styhead Gill</b>	<b>NY228108</b>
Light/dry/low cloud/cool/. Moderate slippery				Hill Walking (2 in Party)
Man(NK) - Subject slipped from footpath on Taylorgill side falling about 20 ft into the gill. FATAL fractured skull. Keswick 18, 1hr; Valley SAR Helicopter				
<b>379</b>	<b>14516</b>	<b>14 December 14:30</b>	<b>Great How Crag</b>	<b>NY273997</b>
Icy. Rough				Hill Walking (3 in Party)
Woman(21) - Subject was stuck by dislodged boulder that cause crush injury to her foot. Coniston 14, 2hr				
<b>380</b>	<b>14061</b>	<b>16 December 12:27</b>	<b>Cat Bells - Allerdale Ramble</b>	<b>NY249198</b>
Light/dry/clear/cool. Gentle firm footpath				Mountain Biking (2 in Party)
Man(21) - Rider caught his front wheel in a groove and fell over the handlebars. In the subsequent fall, he fractured his left clavicle. Keswick 13, 1hr				
<b>381</b>	<b>14284</b>	<b>18 December 13:14</b>	<b>Mereskye, Elterwater</b>	<b>NY340045</b>
Calm/snow/poor/cold/dull. Level frozen footpath				Hill Walking
Woman(67) - Subject slipped on path and in the fall received a Colles fracture of the wrist. Langdale Ambleside 1, □ hr				
<b>382</b>	<b>14517</b>	<b>22 December 11:00</b>	<b>Far End, Coniston</b>	<b>SD302981</b>

Damp. Wet Hill Walking  
 Subject collapsed while walking on footpath. Air ambulance dealt with incident before Team arrived.  
 Coniston 8, □ hr; North West Air Ambulance

**383 14062 22 December 20:50 Esk Hause NY235083**  
 Thick cloud, showers. Wet Hill Walking (Solo)  
 Man(51) - Lone walker uncertain of route from Esk Hause back to Seathwaite due to poor visibility in thick cloud. 6 Team members despatched to meet up and walk him down. No injuries.  
 Keswick 8, 3hr

**384 14063 25 December 13:40 Helvellyn, Swirls Zig-zags NY327164**  
 Cold, dry and sunny. Part frozen, damp Hill Walking  
 Woman(50) - Subject slipped on grass and fractured her right lower leg.  
 Keswick 14, 2□ hr

**385 14285 27 December 12:42 Wansfell, Ambleside NY392042**  
 Calm/dry/clear/cold/bright. Steep frozen footpath Hill Walking (Winter) (Organised Event)  
 Man(33) - Subject slipped on descent icy path and fractured her ankle.  
 Langdale Ambleside 1, 1□ hr

**386 14067 27 December 16:48 Castle Crag, Borrowdale NY249159**  
 Cold & frosty. Frozen Animal Rescue  
 Dog "Lucky" chased a robin on the summit and became separated from her owners, falling over the summit crag onto a ledge 60' below. Her barks alerted a passing walker just before nightfall. Retrieved without loss or injury.  
 Keswick 1, 3□ hr

**387 14286 28 December 13:00 Elterwater NY330043**  
 Calm/dry/clear/very cold/bright. Level icy footpath slipper Hill Walking (4 in Party)  
 Woman(33) - Subject slipped on path and fractured her tibia and fibula.  
 Langdale Ambleside 1, 1hr

**388 14068 28 December 14:33 Latrigg, Spooney Green Lane NY272247**  
 Cold & frosty. Frozen Hill Walking (Winter) (2 in Party)  
 Man(59) - Subject slipped and fell onto his left arm. This caused a fracture / dislocation of his left arm.  
 Keswick 7, 1hr

**389 14287 29 December 12:24 Wansfell, Nanny Lane NY402044**  
 Calm/dry/clear/cold/bright. Moderate dry footpath Hill Walking (6 in Party)  
 Man(61) - Subject slipped and fractured his lower leg.  
 Langdale Ambleside 1, 1□ hr

**390 14066 29 December 12:33 Blencathra, Sharp Edge NY327283**  
 Cold/icy. Snow Hill Walking (Winter) (2 in Party)  
 Man(NK) - Subject became stuck on steep ground, cragfast. Guided to safety without injury.  
 Keswick 9, 2□ hr

**391 14518 29 December 14:45 Tarn Hows, Coniston SD333003**  
 Good. Path Hill Walking (2 in Party)  
 Woman(61) - Subject collapsed while walking. Heart attack, not known to be fatal.  
 Coniston 13, 1hr

**392 14288 29 December 16:01 Mark Gate, Dungeon Ghyll NY288066**  
 Calm/dry/clear/cold/dusk. Moderate frozen footpath Hill Walking (Winter) (4 in Party)  
 Man(39) - Subject slipped, fracturing his ankle.  
 Langdale Ambleside 1, 1□ hr

**393 14415 30 December 15:00 Grisedale NY372159**

Rain/clear/freezing/dusk. Steep icy footpath slippery Hill Walking (Winter)  
Man(35) - Subject slipped sustaining a badly lacerated knee.  
Patterdale 10, 12□ hr; Penrith 12, 2□ hr

**394 14079 30 December 15:16 Old Coach Road - Mariel Bridge NY345221**  
Rain/cold/. Undulating snow/ice track slippery Hill Walking (Winter)  
Man(33) - Subject slipped on ice, falling and fracturing his ankle. Rain was falling on previously frozen ground making the going very slippery.  
Keswick 19, 2hr

**395 14289 30 December 19:56 Bowness, Windermere SD403969**  
Calm/dry/clear/cold/moonlight. Gentle snow/ice Local Incident (Solo)  
Ambulance service requested 4x4 vehicle during poor weather. One patient transfer completed.  
Langdale Ambleside 2, 1hr; LDNP Voluntary Wardens 1, 1hr

## Lake District Mountain Accident Summary

Table 1a

		1999	2000	2001	2002	2003	2004	2005
Total incidents dealt with by Teams		330	355	227	337	328	366	395
Total numbers of casualties & uninjured		417	398	246	371	350	437	387
Climbing on Rock	Deaths	1	0	0	0	1	1	2
	Injured	5	9	5	7	4	8	4
Climbing on Snow/Ice	Deaths	0	0	0	0	0	0	0
	Injured	5	0	0	2	1	0	0
Fell Walking	Deaths	14	3	7	9	4	11	16
	Injured	141	168	141	123	74	159	154
Fell Walking on Snow/Ice	Deaths	1	0	1	1	2	1	1
	Injured	9	12	5	11	21	11	15
Fell Walking	Unhurt	175	160	148	120	102	181	133
Cragfast Climbers or Fellwalkers taken off	Unhurt	32	29	23	12	18	15	21
Ski-ing Accidents	Deaths	0	0	0	0	0	0	0
	Injured	0	0	0	0	0	0	0
Incidents other than mountain accidents	Deaths	1	1	6	2	7	5	3
	Injured	6	2	19	16	8	11	13
Accidents to Young People (18 yrs or under)	Deaths	0	0	2	0	0	0	0
	Injured	21	24	23	13	7	17	22
	Unhurt	27	17	24	8	18	24	10
TOTAL CASUALTIES (all causes)	Deaths	18	6	14	15	14	41	23
	Injured	189	192	189	180	121	211	206

## OTHER DETAILS (7 YEARS 1998-2004)

Table 1b

		1999	2000	2001	2002	2003	2004	2005
Total Man/hrs involved on incidents for the year		13706	18587	11950	15979	15398	20564	16160
Total Team Callouts - incl. Incidents needing more than 1 team		389	445	300	418	404	536	502
SAR Aircraft involved		58	56	39	59	80	112	83
Rock Scrambling Incidents		8	2	2	4	1	5	3
	fatalities	2	0	0	0	1	0	0
Avalanche Incidents		1	0	0	0	0	0	0
Mountain Bike Casualties		2	5	6	7	9	8	6
Fell Running Casualties		3	3	1	4	1	2	3
	fatalities	0	0	0	0	1	0	0

## Analysis Of Casualty Conditions

Table 2 - Fatalities

Year	Non-Mountain	'Natural' *	Mountain Accidents		Total
			Non snow/ice	snow/ice	
1991	4	13	6	4	27
1992	2	10	3	2	17
1993	5	13	1	4	23
1994	3	12	3	4	22
1995	4	6	8	3	21
1996	8	5	1	5	19
1997	0	5	6	0	11
1998	6	6	8	0	20
1999	1	9	8	0	18
2000	1	2	3	0	6
2001	6	4	2	2	14
2002	6	5	2	1	14
2003	3	6	5	1	15
2004	29	4	10	0	43
2005	3	6	12	1	22

\* i.e. heart attack or other medical causes

Table 3 - Injuries /Condition

Year	Serious *	Not Serious
1991	105	103
1992	101	177
1993	102	166
1994	148	122
1995	109	123
1996	113	100
1997	142	103
1998	113	94
1999	96	80
2000	80	113
2001	59	65
2002	91	98
2003	79	101
2004	96	115
2005	97	109

\* i.e. all fractures included as serious

## Causes Of Incidents

The following table is the result of a search through all the reports for key words relating to the causes for calling out the Mountain Rescue Team(s). For example, the category Benighted will include any word with 'benight-' and 'darkness' as part of the word or phrase.

Please note that the totals of these columns may not match the number of incidents given at the bottom of each column. Many incident reports refer to more than one cause. A typical report will illustrate this:-

*tripped on footpath whilst walking and fell 2 metres onto rocky ground*

This will result in contributions to the trip/stumble and fall categories.

<i>Cause Of Incident</i>	<i>1999</i>	<i>2000</i>	<i>2001</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>
Avalanche	1	0	0	0	0	0	0
Belay/Runner Failure	3	2	1	2	3	0	2
Benighted	6	12	7	8	37	19	6
Collapse	25	13	10	13	21	23	21
Cragfast	13	19	10	17	12	15	21
Exhaustion	0	2	3	1	4	8	3
Fall	75	59	49	83	90	88	78
In Difficulty	0	2	0	2	6	3	2
Lights Reported	11	2	7	5	7	8	17
Lost	26	35	23	33	53	73	44
Overdue	41	38	33	38	45	62	48
Separated	11	7	7	8	10	16	6
Severe Weather	1	8	2	1	1	18	2
Shouts Heard	4	3	2	2	0	4	0
Slip	86	102	67	93	72	106	97
Trip Or Stumble	12	8	8	12	20	13	14
<b>Total No of Subjects</b>	<b>309</b>	<b>331</b>	<b>212</b>	<b>322</b>	<b>348</b>	<b>468</b>	<b>386</b>

*Table 4 - Causes of MR Incidents*

## Age Profiles of Subjects

The following table shows the ages of both male and female casualties (fatal, injured and unhurt).

<i>Age (years)</i>		<i>1999</i>	<i>2000</i>	<i>2001</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>
Not Reported	Male	41	35	24	31	53	82	54
	Female	48	24	8	21	16	17	15
	Total	89	59	32	52	69	99	69
1 - 10	Male	4	6	5	6	11	4	2
	Female	3	0	7	3	5	5	2
	Total	7	6	12	9	16	9	4
11 - 20	Male	33	37	13	25	22	39	31
	Female	28	23	6	28	6	13	9
	Total	61	60	19	53	28	52	40
21 - 30	Male	42	38	21	26	27	43	27
	Female	20	18	9	20	20	10	14
	Total	62	56	30	46	47	53	41
31 - 40	Male	32	27	17	32	33	35	25
	Female	14	14	10	10	25	20	18
	Total	46	41	27	42	58	55	43
41 - 50	Male	38	44	25	35	22	34	36
	Female	14	27	24	22	23	25	30
	Total	52	71	49	57	45	59	66
51 - 60	Male	29	26	25	32	22	38	34
	Female	30	21	27	37	14	29	31
	Total	59	47	52	69	36	67	65
61 - 70	Male	11	16	12	14	11	22	16
	Female	10	22	7	18	20	23	21
	Total	21	38	19	32	31	45	37
71 - 80	Male	6	10	3	6	8	14	11
	Female	8	5	2	4	8	7	5
	Total	14	15	5	10	16	21	16
81 +	Male	5	3	0	0	3	4	4
	Female	1	2	1	0	1	2	2
	Total	6	5	1	0	4	6	6
Totals	Male	241	242	145	207	212	316	240
	Female	176	156	101	163	138	152	147
	Total	417	398	246	370	350	468	387

*Table 5 - Age Profiles of Subjects*

## Types Of Injury

The following table is the result of a search through all the reports for key words relating to types of injury or medical conditions. For example, the category Lacerations will include any word with 'lacerat-', 'cut-' and 'gash-' as part of the word or phrase.

Please note that the totals of these columns do not match the number of casualties given at the bottom of each column. Unfortunately many of the casualties sustain more than one injury as a result of their accident. A typical report will illustrate this:-

*Fracture/dislocation of the ankle, cuts to hands and knee*

This will result in contributions to the fracture, dislocation and laceration categories.

<i>Condition/Injury</i>	<i>1999</i>	<i>2000</i>	<i>2001</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>
Abrasion	1	2	4	1	1	1	3
Asthma	1	1	0	0	0	1	0
Bruising	10	6	2	4	4	2	7
Burns	0	0	0	0	0	0	0
Concussion	0	1	0	0	1	1	0
Cramp	0	1	0	0	2	0	1
Crush Injury	0	0	1	2	2	1	1
Diabetic	1	0	0	0	3	1	1
Dislocation	5	10	5	12	10	13	12
Epilepsy	0	3	1	1	0	2	2
Exhaustion	8	5	3	1	2	2	4
Exposure	0	4	0	0	1	1	0
Fractures	83	88	64	88	76	103	92
Heart Attack	13	7	5	7	10	8	7
Hypothermia	1	9	4	7	5	3	6
Illness	0	2	0	0	3	1	3
Lacerations	25	21	9	25	22	8	14
Ligament/Tendon Damage	4	6	3	6	0	3	1
Multiple Injuries	3	1	4	2	1	8	3
Shock	2	0	1	0	0	1	0
Sprain/Strain	9	9	4	6	9	4	3
Unconscious	1	4	3	2	0	0	1
Number Of Casualties	189	207	136	203	190	246	219

*Table 6 - Types of Injury*



## Sites Of Injury

The following table is the result of a search through all the reports for key words relating to sites of injury or medical conditions. For example, the category Lower Leg will include any word with 'tibia', 'fibula', 'lower leg' and 'shin' as part of the word or phrase.

Please note that the totals of these columns do not match the number of casualties given at the bottom of each column. Unfortunately many of the casualties sustain more than one injury as a result of their accident. A typical report will illustrate this:-

*Fracture/dislocation of the ankle, cuts to hands and knee*

This will result in contributions to the ankle, hands & wrist and knee categories.

<i>Site Of Injury</i>	<i>1999</i>	<i>2000</i>	<i>2001</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>
Abdomen	1	3	1	1	1	0	1
Ankle	51	59	27	49	48	73	40
Arm	11	8	10	17	9	5	11
Chest	8	9	7	12	4	10	12
Facial	1	5	3	3	3	0	7
Foot	3	2	1	1	2	1	2
Hand & Wrist	11	9	5	7	10	16	11
Head	28	25	14	19	23	20	21
Knee	16	16	12	19	18	15	8
Lower Leg	26	21	28	30	26	20	30
Neck	1	2	1	4	4	4	3
Pelvic Girdle	8	1	4	4	1	1	0
Shoulder Girdle	3	10	8	11	8	9	11
Spine	12	13	6	11	10	11	15
Upper Leg & Hip	9	3	4	8	3	2	4
Number Of Casualties	189	207	136	203	190	246	219

*Table 7 - Sites of Injury*

## Lake District Search & Mountain Rescue Teams

The LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION consists of the teams listed below together with many others on call through the Police. Its Hon. Sec. is Mr Richard Warren Tel 01946 62176 and Email rawarren@freenetname.co.uk

### FOR RESCUE ASSISTANCE

- GO TO THE NEAREST TELEPHONE AND DIAL 999.
- ASK FOR 'MOUNTAIN RESCUE'.
- GIVE THE LOCATION (NAME & GRID REFERENCE), TIME OF ACCIDENT, NATURE OF INJURIES - NAME & ADDRESS OF CASUALTY IF KNOWN.
- STAY BY TELEPHONE UNTIL POLICE OR RESCUE TEAM MAKE CONTACT.

The contact names and addresses given below are for administrative purposes only. In the event of an accident, dial 999.

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#### Cockermouth Mountain Rescue Team

Hon. Sec.: Steve Brailey  
14 Lime Tree Crescent, Cockermouth, Cumbria CA13 9HW  
01900 827916      steve@cockermouthmrt.org.uk

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#### Coniston Mountain Rescue Team

Hon. Sec.: Caroline Langdon  
4 Ivy Cottages, Far End, Coniston, Cumbria LA21 8DE  
015394 41462      caroline@broadgreen.prestel.co.uk

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#### Cumbria Ore Mines Rescue Unit

Hon. Sec.: Bernie Green  
School House, Oulton, Wigton Cumbria, CA7 0NP  
016973 42618      bernie.green@tiscali.co.uk

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#### Duddon & Furness Mountain Rescue Team

Hon. Sec.: Tracey Binks  
7 New Street, Broughton-in-Furness, Cumbria LA20 6DJ  
01229 716952      tracey.binks@arrhouse.co.uk

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#### Kendal Mountain Search and Rescue Team

Hon. Sec.: Pauline Speak  
Kendal Mountain Rescue, Busher Walk, Kendal, Cumbria, LA9 4RH  
01772 617071      pauline@theoldstablespr3.freereserve.co.uk

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#### Keswick Mountain Rescue Team

Hon. Sec.: Paul Cheshire  
Shorley Mews, Shorley Lane, Keswick, Cumbria  
017687 75982      secretary@keswickmrt.org.uk

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**Kirkby Stephen Search and Mountain Rescue Team**

Hon. Sec.: David Hicks

Ivy Hall, Raisbeck, Penrith, Cumbria, CA10 3SG

015396 24249 david.hicks@ivyhall.demon.co.uk

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**Langdale / Ambleside Mountain Rescue Team**

Hon. Sec.: Ashley Cooper

6 Wansfell Bank, Blue Hill Road, Ambleside, Cumbria, LA22 0AX

01539 434405 wansfell@beeb.net

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**Patterdale Mountain Rescue Team**

Hon. Sec.: Peter Collins

2 Croft Foot, Tirril, Penrith, Cumbria CA10 2JW

01768 864246 felltop@tiscali.co.uk

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**Penrith Mountain Rescue Team**

Hon. Sec.: John Roelich

33 Moorville Drive South, Carlisle, Cumbria CA3 0AW

01228 584975 jproelich@wightcablenorth.net

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**Search and Rescue Dog Association SARDA (Lakes)**

Hon. Sec.: Mick Guy

Lihmus, High Hill, Keswick, Cumbria, CA12 5PB

017687 72463 mickguy@sarda.demon.co.uk

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**Wasdale Mountain Rescue Team**

Hon. Sec.: John Bamforth

26 Seascale Park, Seascale, Cumbria CA20 1NG

019467 28017 john.r.bamforth@aol.com

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For further information about LDSAMRA and the MR Teams in the Lake District, try our web site on the Internet at <http://www.ldsamra.org.uk>

## Lake District Mountain Rescue Posts

### Recognised Posts, Manned, with Telephone and some Equipment

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<i>Location :</i>	Gatesgarth Farm, Buttermere
<i>Grid Ref.:</i>	NY 194 149
<i>Supervisor:</i>	Cockermouth MRT Tel: 01900 827916

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<i>Location :</i>	Ullswater Outward Bound Mountain School
<i>Grid Ref.:</i>	NY 438 213
<i>Supervisor:</i>	Ullswater OBMS Tel: 017684 86347

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<i>Location :</i>	Wastwater Hotel, Wasdale Head
<i>Grid Ref.:</i>	NY 187 088
<i>Supervisor:</i>	Wasdale MRT Tel: 019467 25431

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### Mountain stretcher boxes - Unmanned, no Telephone

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<i>Location :</i>	Dow Crag (at the foot of Abraham's B Buttress)
<i>Grid Ref.:</i>	SD 263 976
<i>Supervisor:</i>	Coniston MRT Tel: 015395 41242

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<i>Location :</i>	Mickledore, Scafell (just below crest on Eskdale side)
<i>Grid Ref.:</i>	NY 210 068
<i>Supervisor:</i>	Wasdale MRT Tel: 019467 25314

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<i>Location :</i>	Sty Head Pass
<i>Grid Ref.:</i>	NY 218 095
<i>Supervisor:</i>	Keswick MRT Tel: 017687 72105

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### Other First Aid Posts (with telephone)

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<i>Location :</i>	Howtown OA Centre, Martindale
<i>Grid Ref.:</i>	NY 444 197
<i>Supervisor:</i>	BRCS Cumbria c/o The Warden Tel: 017684 86208

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<i>Location :</i>	YMCA National Centre, Lakeside
<i>Grid Ref.:</i>	SD 374 897
<i>Supervisor:</i>	YMCA Tel: 015395 31758

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NOTE: All the above posts are in the area of the OS Lake District Tourist Map though not all are marked.

*The position of a post is sometimes changed. Verify locally.*

# Mobile Phones & Mountain Rescue

## Advice to Users

There is no doubt that using mobile phones have saved lives in the mountains and fells of this country. The sooner rescue teams are alerted to an incident, the better are the chances of a quick and complete recovery for the victim. However, over the past few years there have been occasions when teams have been alerted inappropriately. The notes that follow are given in the hope that the mobile phone can be used to better effect and to minimise any frustration.

## When to use

1. if you or a member of your party sustains an injury warranting the assistance of a mountain rescue team.
2. if you come across someone who has sustained an injury warranting the assistance of a mountain rescue team.
3. if one of your party has become separated from the main party and you have made every effort to but have been unable to meet up again.
4. if you want to report having seen or heard any internationally recognised distress calls.
5. if you wish to notify someone of a change of plan (not a 999 call).

## When not to use

1. Do not use the mobile phone at the 'first sign of trouble' be self-reliant if possible.
2. Do not rely solely on the mobile phone as a safety device; there are areas of poor or not reception ('dead areas').
3. The mobile phone is not a substitute for experience.

## How to use

1. First make a note of all relevant details, Location (Grid Ref. if possible)  
Name, Sex and Age of Casualty.  
Nature of Injuries or disability.  
Number of people in party and intended destination.  
**THE NUMBER OF THE MOBILE PHONE IN USE.**
2. Dial 999 and ask for the Police.
3. Make sure you tell the operator that you require the Cumbria Police as you are in the Lake District.
4. When connected to a Police control room, check that it is the Cumbria Police. If it is not, then make sure that the information will be passed on.
5. Explain the nature of your call, giving details previously prepared.
6. Do NOT change your position until contacted by Rescue Team, who will agree future protocol for use of Phone.
7. If you have to make a further 999 call, use ALL the above procedure again.

# **Advice To Those Using The Mountains & Fells**

## **LIVE A LITTLE LONGER**

British mountains can be killers if proper care is not taken. The following notes cover the minimum precautions if you want to avoid getting hurt or lost, and so inconveniencing or endangering others as well as yourselves.

### **Clothing**

This should be colourful, warm, windproof and waterproof. Wear boots with moulded rubber soles, not shoes, trainers or wellingtons. Take a woollen cap, scarf, gloves and a spare jersey; it is always colder on the tops.

### **Food**

In addition to the usual sandwiches, take chocolate, dried fruit, mintcake or similar sweet things, which restore energy quickly. If you don't need them yourself, someone else may. Becks on fells are drinkable if fast-running over stony beds.

### **Equipment**

This must include map, compass, and at least one reliable watch in the party. A whistle, torch and spare batteries and bulbs are essential. Use six blasts or flashes repeated at one-minute intervals to signal an emergency. In winter conditions, an ice axe, crampons and survival bag are essential. Climbers are all urged to wear helmets, especially in winter conditions.

### **Company**

If in groups, make sure party leaders are experienced; do not leave one or two behind to rest and catch up later. Take special care of the youngest and weakest especially in dangerous places. If you prefer to go alone, be very careful at all times. Let people know your route at the start, and stick to it as far as you can.

### **Emergencies**

Don't press on if conditions are against you - turn back even if it upsets your plan. Learn First Aid, and keep injured or exhausted people warm until help reaches you. Get a message to the Police for help as soon as possible, and report changes of route or timetable to them if someone is expecting you. The Police will do the rest.

## **Dangers which Can Always Be Avoided**

□ until you know how to cope with them:

### Precipices

Slopes of ice,  
steep snow,  
very steep grass (especially frozen),  
unstable boulders.

### Gullies and stream beds,

streams / rivers in spate,  
snow cornices on ridges or gully tops,  
over-ambition,  
carelessness.

## **Dangers which may Surprise You**

□ and should be guarded against:

### **Weather changes** - mist, gale, rain or snow.

Get forecasts, and watch the sky in all quarters

### **Ice on paths**

Carry an ice-axe and wear crampons - **know how to use them**

### **Excessive cold or heat.**

Dress sensibly, and take spare clothing.

### **Incipient exhaustion.**

Know the signs; rest and keep warm.

### **Accident or illness.**

Don't panic. If you send for help, make sure that the rescuers know exactly where to come.

### **Flight of time.**

Learn your own pace. Plan your walk.

Allow double time in winter conditions.

### **Pride.**

It is no disgrace to turn back if you are not certain. A party must be governed by the capabilities of the weakest member.



## **DISTINGUISHED SERVICE LIST**

*Containing persons who have made a significant contribution to Mountain Rescue in the Lake District*

---

**JOHN BERNARD ANDERSON**

Coniston MRT

**STEVE BARBER** (Deceased)

Kendal MSRT, LDSAMRA & MRC

**ERIC BARRINGTON**

Kendal MSRT & LDSAMRA

**PETER BELL**

Langdale/Ambleside MRT, Stretcher  
Manufacturer

**Sir CHRISTIAN BONINGTON**

**JOE BOOTHROYD** (Deceased)

Patterdale & Penrith MRTs, LDSAMRA  
& MRC

**DUNCAN JAMES CAMERON**

(Deceased) Coniston MRT

**NELSON CLARK**

Furness MRT

**ROY COOKSEY**

Coniston MRT

**JIM COYLE BEM**

Cockermouth MRT

**SYDNEY H. CROSS MBE** (Deceased)

Langdale Mountain Rescues

**SQN LDR LESTER DAVIES**

(Deceased) O.B.M.S. Ullswater

**GEORGE FISHER MBE** (Deceased)

Keswick MRT

**RICHARD FISHER**

Keswick MR Team

**MALCOLM GRINDROD**

Langdale/Ambleside MRT & SARDA  
(Lakes)

**Mrs. ADA HILLARD**

**PAUL HORDER**

Cockermouth & Keswick MRTs,  
LDSAMRA & MRC

**STEWART HULSE MBE**

Langdale/Ambleside MRT, & MRC

**PETER JACKSON MBE**

Millom FRT

**TOM MINTON** (Deceased)

Kendal MSRT

**JOHN MITCHELL**

Millom FRT

**MIKE MITCHELL**

Kendal MSRT, COMRU & LDSAMRA

**MIKE NIXON MBE**

Keswick MRT

**Dr. JAMES D OGILVIE** (Deceased)

Patterdale MRT

**DES OLIVER**

Keswick MRT

**BILL PATTISON MBE**

Wasdale MRT

**ROGER PUTNAM**

O.B.M.S. Eskdale

**JAMES BRYAN STILLING**

Kendal MSRT, LDSAMRA & MRC

**Lt. Col H. WESTMORELAND MBE**

(Deceased) Keswick MRT

**Fl. Lt. RICHARD WOOD**

A Flight 202 Sqn RAF Boulmer



# Donating To Mountain Rescue

If you wish to support financially the Mountain Rescue Service, in the Lake District, the Association will be pleased to receive your donation. The Association equally shares out all it receives to the 13 Teams in the Lake District. There are several ways of assisting, some more financially advantageous than others.

## 1. Gift Aid

Following recent changes in the law relating to donating to charities, completion of a Deed of Covenant is no longer necessary. Most donations are now covered by a Gift Aid declaration. If you pay tax, Gift Aid is a scheme by which you can give a sum of money to a charity and the charity can reclaim from the Inland Revenue basic rate tax on your gift. You can make payments by cash, cheque, postal order, direct debit or standing order. Subject to a few rules, you can give any amount, large or small, regular or one-off and the charity can reclaim the tax.

If you want to make a donation through Gift Aid please complete the form printed overleaf having read the notes and return it, with either your donation or a completed copy of the Bankers Order to the Association's treasurer.

1.1 If your declaration covers donations you may make in the future:

- Please notify the charity if you change your name or address while the declaration is in force
- You can cancel the declaration at any time by notifying the charity  it will then not apply to donations you make on or after the date of the cancellation or such later date as you specify.

1.2 You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the tax year (currently 28p for each pound you give).

1.3 If in future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration (see note 1.1)

1.4 If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.

1.5 If you are unsure whether your donations qualify for Gift Aid tax relief, ask the charity. Or you can ask your local tax office for leaflet IR113 *Gift Aid*

## 2. Give As You Earn

This is a tax free way of giving to charities direct from your pay and many employers have agreed to co-operate. The donation is deducted from your pay before your tax deduction is calculated. The Association is registered with the Charities Aid Foundation.

If this appeals to you, please approach your employer with these details:

Charity Name:	LDSAMRA	
Bank Code:	40-22-16	Bank Account No: 81205617
Give As You Earn Reg.	No:004184	
Charity Commission Reg.	No:506349	



**DEED OF COVENANT**

To: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

I promise to pay you for 4 years, or until I die if earlier, such a sum as after deduction of income tax at the basic rate amounts to \*£ .....□ ..... each (month/year), from the date shown below.

Signed and delivered □ □ □ .....  
Date □ .....

Full name & address .....□ .  
(in capitals) .....□ □  
..... Tel. No.....

Witnessed by (signed) .....□ ..  
Full name & address .....□ ...  
(in capitals) .....□ □ .  
.....□ □

\* Enter here the actual amount you will be paying to the LDSAMRA.

-----✂-----

**BANKERS ORDER**

To: .....□ □ □ □ □ □ □ □ □ □ □ □ □ □ Bank  
Address.....□ □ □ □ □ □ □ □ □ □ □ □ □ □ ..  
.....□ □ □ □ □ □ □ □ □ Date.....

Please pay

HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of

£□ □ □ □ □ . (words) .....□ □ □ □ □ □ □ □ □ ..

commencing ..... (date of first payment) and

thereafter every ..... (month/year)

until ..... (date of last payment) and debit my/our account accordingly.

Signed ..... Date .....



The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given by

**Cumbria Constabulary.**



and

**Cumbria Police Authority**

