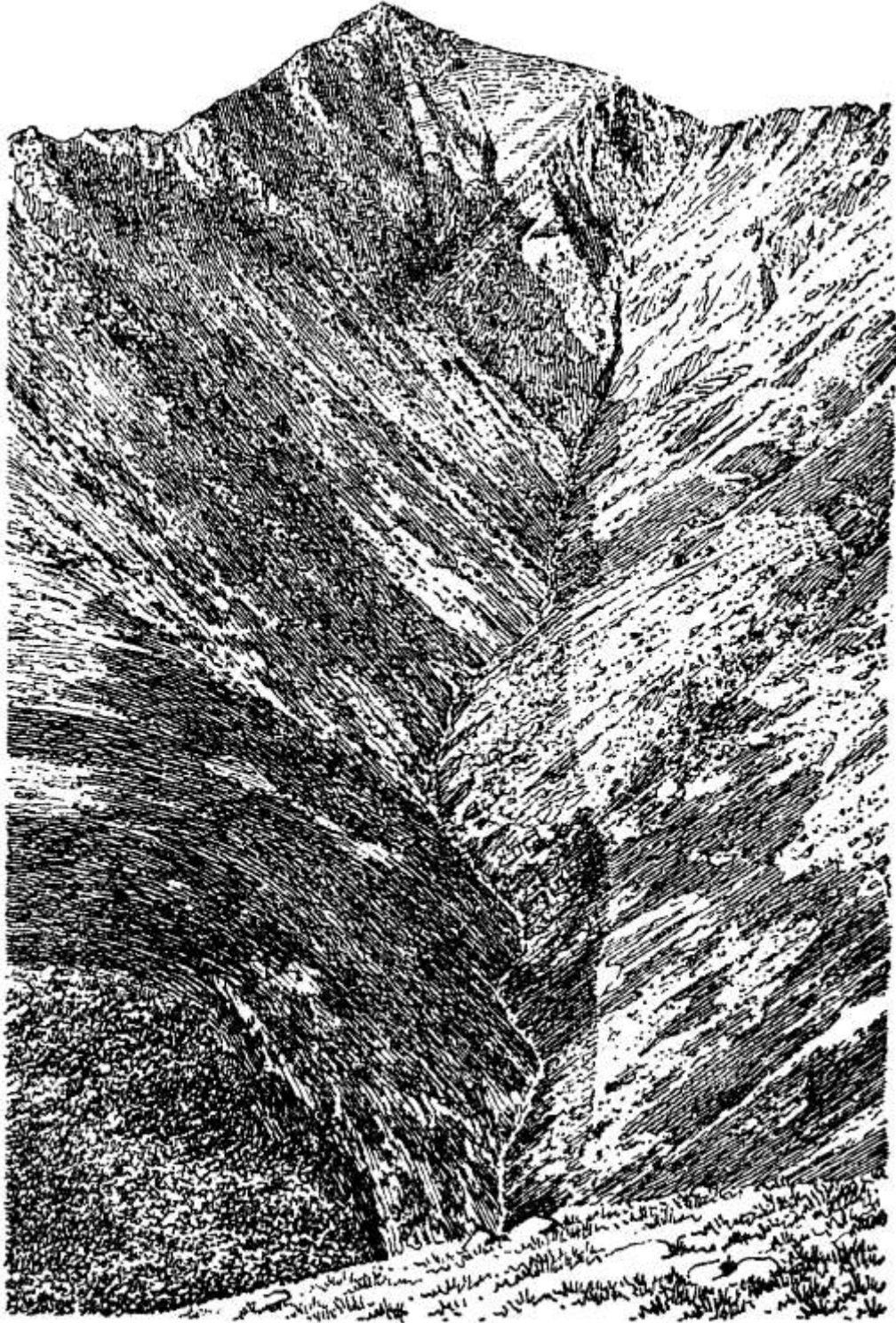


LAKE DISTRICT SEARCH & MOUNTAIN RESCUE
ASSOCIATION
MOUNTAIN ACCIDENTS 2011



*Doddick Gill, Blencathra from 'Wainwright's Northern Fells' and reproduced
By courtesy of the Westmorland Gazette*



The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given by
Cumbria Constabulary.



and

Cumbria Police Authority



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This Report is issued by
The Lake District Search and Mountain Rescue Association
in the interests of all mountain users.

Lake District Search and Mountain Rescue Association

President: Mike Nixon MBE

Chairman: Richard Warren
8 Foxhouses Road, Whitehaven, Cumbria, CA28 8AF
Tel: 01946 62176 Email: rawarren@freenetname.co.uk

Secretary: Simeon Leech
Rowan Cottage, The Gill, Ulverston, Cumbria, LA12 7BN
Tel: 01229 480768 Email: sim.leech@virgin.net

Treasurer: Richard Longman
The Croft, Nethertown Road, St Bees, Cumbria, CA27 0AY
Tel: 01946 823785 Email: longmanra@aol.com

Incident Officer:
Ged Feeney
57 Castlesteads Drive, Carlisle, Cumbria CA2 7XD
Tel: 01228 525709 Email ged@gfeeney.demon.co.uk

This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue, such as RAF and National Park Rangers.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national Mountain Rescue Council and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

Cost £2.00

The charge is at cost price and helps us to meet the production charges of this booklet

THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION
IS REGISTERED AS A CHARITABLE TRUST 506349

Chairman's Report

In my introduction to last year's annual report I expressed serious concern about the 13% increase in incidents (compared to 2009) returning just under 600 incidents. With incidents showing a 50% increase over a five-year period we were asking ourselves some serious questions about the growing trend, the numbers of avoidable incidents (particularly searches for lost walkers) and when would it all end.

2011 brought some respite with numbers significantly down. 424 individual incidents were dealt with by the Lake District teams. This represents a remarkable 29% decrease that can only be partially explained by the previous years' very high figures. It is possible that a fall in visitor numbers in the area and a different type of person coming to the area appears the likeliest explanation. Perhaps more of the people venturing onto the fells have improved their experience or knowledge. Better weather may also have contributed to the improvement. There appears to be a raft of possible causes. We might hope that one possible reason is down to the numerous public awareness initiatives that have been rolled out over the past four years. LDSAMRA in conjunction with Cicerone promoted the 'How to Stay Safe and Enjoy the Fells' leaflet. The leaflet can be found and printed from the LDSAMRA website (<http://www.ldsamra.org.uk/>). The aim is to help people make the right choices before going into the hills and provide information for what to do in the event of an accident and how to avoid getting lost or benighted. It is a very helpful addition to anyone's rucksack when heading into the fells.

The reduction in the number of fatalities (43%) is welcome news but it only takes a small number to change this percentage. It is clearly linked to the overall drop in incidents which in turn is linked to visitor numbers and weather. The level of danger also plays a part in determining fatality rates. The incident officer rightly raises concerns about the deaths occurring in water-related activities. 50% of the people requiring assistance were fatalities. This is a very sobering statistics and should alert participants to the need for proper training and supervision; equally, local knowledge should temper any ambitious plans in view of the behaviour of local winds and lake temperatures.

We remain very proud and privileged to be able to provide our voluntary rescue service. This is only possible through the generosity of those we rescue and people visiting or living within our communities. There is very little in the way of central funding; therefore fundraising remains an ongoing and very important task for the teams with annual costs running at between £30,000 and £75,000 per team and rising. Donations, bequests and legacies, which are sent into the Association, do make a significant difference. It is gratifying to see that the work of the teams is recognised by both those we rescue and the general public who hear about the work we do. Income to the association is shared equally amongst the twelve teams to supplement their own fundraising activities. It is important that those who donate know and understand that their contributions, however small, do make a difference to the ability of teams to provide our free rescue service to the Cumbrian communities and to visitors in the area.

To conclude my report, I would like to thank the organisations and agencies with which we work and also thank the LDSAMRA officers and working groups for their dedication, support and hard work over the past twelve months, which, although rescue numbers were down, has been another, busy year for our twelve teams.

Richard Warren

Chairman LDSAMRA

February 2011

Incident Details 2011

January

- 1 24041 3 January 10:00 Dent NY039131**
Not reported. Not reported. Local Incident
Request to investigate an apparently abandoned tent on the top of Dent. Many empty alcohol bottles in the tent but a search of the area revealed nothing. A "leftover" from an adventurous New Year's Eve celebration.
Wasdale (10 x 3hr 0 min)
- 2 23939 3 January 13:00 Blencathra NY320276**
Very cold. Snow ice. Hill Walking - winter
Subject (F46) slipped on ice and injured her arm. Serious - simple closed fracture arm.
Keswick (15 x 1hr 30 min); Penrith (1 x 0hr 45 min); Great North AA Cumbria
- 3 23883 3 January 19:43 Bowness SD408976**
Dry/broken cloud/cold/dark. Moderate. Search - Non-mountain (Alone)
Vulnerable (M11) reported missing from care.
Langdale Ambleside (13 x 1hr 0 min); Lake District MR Search Dogs (1 x 1hr 0 min)
- 4 23941 7 January 15:20 Bowscale Fell NY333305**
Snow/white-out/very cold/dark. Gentle moorland snow, slippery. Hill Walking - winter (Small party)
A couple (M, F) reported themselves lost having gone to ground in a whiteout.
Keswick (23 x 3hr 25 min); Lake District MR Search Dogs (4 x 1hr 0 min)
- 5 24116 8 January 17:00 Great End, 'Left Hand Gully' NY229083**
Snow/clear/cold/dark. Steep gully snow/ice, slippery. Snow/Ice Climbing (Small party)
Party of two climbers (M) unable to complete climb, cragfast and requested help in getting out of the gully. They met up with two other climbers doing the same route, who were able to help them exit the route.
Cockermouth (18 x 3hr 38 min); Keswick (22 x 3hr 49 min); Wasdale (10 x 1hr 0 min)
- 6 24117 8 January 17:00 Great End, 'Left Hand Gully' NY229083**
Snow/clear/cold/dark. Vertical gully snow/ice, slippery. Snow/Ice Climbing (Small party)
Party of two (M) climbers were reported to be stranded somewhere on the cliff. They had been delayed in helping the two climbers struck in gully (see previous incident).
Keswick (22 x 3hr 49 min)
- 7 24153 8 January 17:00 Crossfell, Greg's Hut NY691354**
Snow/sleet. Frozen. Hill Walking - winter
Party of two (M) reported themselves lost on Pennine Way in gathering darkness. They had a GPS but did not know how to use it. Given instructions on its use and got to mountain bothy where they stayed the night.
Penrith (15 x 1hr 15 min); Lake District MR Search Dogs (1 x 1hr 0 min)
- 8 24045 9 January 18:10 Crummock Water NY156180**
Not reported. Not reported. Hill Walking (Small party)
A family of five became stuck on a walk overtaken by darkness with no torch. They were located and escorted back to Buttermere.
Cockermouth (6 x 1hr 0 min)
- 9 24072 15 January 05:00 Wild Boar Fell, Sand Tarn SD754993**
Strong showers cloudy cold dark. Undulating wet boggy moorland. Hill Walking (Small party)
Party reported themselves in difficulty when their tent was blown down in high winds and heavy rain. Group advised and guided to safety by phone.
Kirkby Stephen (3 x 4hr 30 min)

- 10 24104 15 January 16:00 Stenkrith Dub, River Eden NY775075**
 Very wet, windy. River in flood. Water Sport
 Report of male and boy out of canoe in River Eden; assistance requested by Fire Service. Stood
 down responding.
 Kirkby Stephen (5 x 0hr 15 min)
- 11 23978 16 January 11:50 Elterwater, Baysbrown Woods NY321044**
 SW-strong/passing showers/broken cloud/mild/dull. Steep track very wet. Mountain Biking
 Rider (F) came off bike and sustained a lower leg injury. Serious - lower leg fracture
 Langdale Ambleside (15 x 1hr 15 min)
- 12 24145 17 January 13:00 Low House, Longsleddale NY512015**
 Calm/dry/clear/cool/bright. Steep slope rough. Animal Rescue
 Farmer reported sheep stranded on rocky ledge. All retrieved without loss or injury.
 Kendal (5 x 3hr 0 min)
- 13 24043 17 January 17:45 Orrest Head, Windermere SD414994**
 Dry/clear/cool/dark. Not reported. Search - Mountain
 Multiple reports of red flare sighted above Windermere. Outcome not reported.
 Langdale Ambleside (5 x 1hr 0 min)
- 14 24042 17 January 21:42 Dungeon Ghyll, Gt Langdale NY291066**
 Dry/clear/cool/dark. Moderate footpath damp, slippery. Hill Walking
 Subject (M53) reported to have slipped off a stile. Serious - spinal and head injury.
 Langdale Ambleside (18 x 2hr 0 min)
- 15 24049 22 January 11:55 Bowfell, Bowfell Buttress NY244069**
 SE-calm/dry/clear/cool/bright. Steep crag snow/ice, slippery. Hill Walking - winter
 Subject (M) fell 100ft, sustaining multiple injuries. Serious - open fracture to arm in three places,
 fractured clavicle, bruised ribs.
 Langdale Ambleside (19 x 4hr 0 min)
- 16 24050 22 January 13:15 Bowfell Links NY244069**
 SE-light/dry/clear/cool/bright. Moderate ridge snow/ice. Hill Walking – winter (Small party)
 Subject (M40) slipped and injured his leg. Serious - lower leg fracture.
 Langdale Ambleside (19 x 4hr 30 min); Boulmer SAR Helicopter
- 17 24120 22 January 15:00 Glenderaterra Valley NY293283**
 Dry cold. Wet icy patches. Hill Walking - winter (Family group)
 Subject (M24), a diabetic, reported unable to continue when suffering from low blood sugar. A
 small team and one team doctor despatched to assist, and transported him back to his vehicle
 Minor – hypoglycaemia.
 Keswick (13 x 1hr 4 min)
- 18 24046 22 January 18:38 Birk Fell, Tilberthwaite SD298019**
 Dry, clear. Fellside, rough track, icy in parts. Hill Walking – winter (Small party)
 Family of five reported benighted with no torches.
 Coniston (14 x 2hr 30 min)
- 19 24451 24 January 07:40 Cark In Cartmel SD356763**
 Light/fine/clear/cold/dull. Gentle bank firm. Search - Non-mountain (Alone)
 Subject (F54) reported missing from home. She was found on river bank before MR arrived and
 was being given life support in an ambulance. Serious - mild/moderate hypothermia (I-II);
 myocardial infarct.
 Duddon & Furness (16 x 3hr 34 min); Kendal (4 x 2hr 0 min); Lake District MR Search Dogs (4 x
 3hr 34 min); North West Air Ambulance (Blackpool)

20 24205 29 January 15:00 Scale Beck, Crummock NY154173
E-calm/dry/cold/dusk. Steep footpath rough. Hill Walking (Small party)
Subject (F) reported with an ankle injury. She was treated and evacuated to ambulance at
roadhead. Serious - simple closed fracture ankle.
Cockermouth (24 x 2hr 45 min)

21 24121 30 January 14:00 Cat Bells NY246210
Cold. Footpath snow/ice, slippery. Hill Walking - winter
Subject (F43) slipped on frozen turf whilst descending, injuring her left ankle. She was treated at
the scene, and carried down to a waiting ambulance. Serious - ankle injury.
Keswick (18 x 1hr 4 min)

22 24251 30 January 16:00 Scafell Pike NY214081
Strong/drizzle/hill fog/very cold/dark. Moderate slope. Hill Walking (Small party)
Party of two (M) lost the path in poor visibility and became cragfast on crags above a steep slope.
Located and assisted to walk off unhurt.
Lake District MR Search Dogs (1 x 2hr 49 min); Wasdale (22 x 5hr 0 min)

23 24080 31 January 08:00 Wrynose Pass NY277027
Drizzle/hill fog/freezing/dull. Steep frozen, slippery. Local Incident
Request to assist police following road traffic collision on remote mountain pass. Four occupants
guided to safety.
Langdale Ambleside (4 x 3hr 0 min)

24 26302 31 January 15:20 St Sunday Crag, Glenridding NY369134
Thick mist. Not reported. Hill Walking (Small party)
Party of two reported themselves lost in thick mist. Made their own way to safety, unhurt.
Patterdale (1 x 1hr 0 min); Lake District MR Search Dogs (4 x 1hr 0 min)

February

25 24087 3 February 17:00 Coniston Old Man SD270990
Wet, gale force winds, misty. Rough fell track. Hill Walking (Small party)
Party of three (M55, M21, M54 plus dog) became lost when mist came down. Located and
escorted to safety.
Coniston (19 x 6hr 0 min); Duddon & Furness (25 x 6hr 19 min); Lake District MR Search Dogs
(1 x 5hr 25 min)

26 24107 3 February 20:00 Elterwater, Gt Langdale NY328048
SW-gale/heavy rain/cloudy/mild/dark. Moderate crag very wet. Search - Mountain
Flares reported over Elterwater, from Loughrigg area. An investigation found nothing untoward.
Langdale Ambleside (2 x 1hr 0 min)

27 24453 5 February 12:00 Angerton Marsh, Kirkby-in- Furness SD230829
Light/fine/clear/cool/dull. Level wet. Search - Non-mountain (Alone)
Subject (M53) had become separated from wildfowling group. Assistance provided to HM
Coastguard in search operation.
Duddon & Furness (27 x 5hr 0 min); Lake District MR Search Dogs (5 x 4hr 15 min)

28 24252 5 February 17:00 Lingmell Col NY212079
Moderate/rain/hill fog/cold/dark. Moderate slope very wet. Hill Walking (Small party)
Party of two (M) reported lost their way in darkness, cloud and heavy rain. Their map became
waterlogged and useless. Located unhurt and escorted down to their car.
Wasdale (8 x 5hr 0 min)

- 29 24108 7 February 13:00 Grasmere NY338067**
 NE-strong/passing showers/clear/cool/bright. Bank very wet, slippery. Hill Walking
 Body reported in fast-moving river; later located in lake, having been carried down the river. Body
 recovered for Coroner's officer and returned following day to search for personal possessions.
Fatal - suspected drowning.
 Kendal (6 x 3hr 0 min); Langdale Ambleside (11 x 4hr 0 min); Langdale Ambleside (5 x 3hr 30
 min)
- 30 24122 10 February 12:00 High Coledale, Braithwaite NY226225**
 Not reported. Not reported. Hill Walking
 Subject (F41) slipped in some mud when crossing Barrow Gill, injuring her ankle when she fell.
 She managed to drag herself up a 60m bank to get a phone signal, and raise the alarm. She was
 treated at the scene and stretchered off the hill. Serious - lower leg injury.
 Keswick (11 x 1hr 11 min)
- 31 24110 10 February 14:00 Mickelden, Gt Langdale NY283061**
 Not reported. Not reported. Hill Walking (Small party)
 Subject climbed up rock to avoid big puddle and fell off, landing in the puddle. Serious - Head,
 shoulder, arm, possible neck.
 Langdale Ambleside (12 x 1hr 30 min)
- 32 24123 10 February 17:00 Littleman - Grey Crag NY264275**
 Dry/poor/cold/dusk. Steep scree loose, slippery. Hill Walking - winter (Small party)
 Party of three (F22, M18, F18) decided to climb Skiddaw by an unusual route. They became
 cragfast approx 200m from the top, and were then benighted as they had no torches. Located
 and led to safety.
 Keswick (19 x 3hr 31 min)
- 33 24111 11 February 17:00 Bright Beck, Gt Langdale NY289076**
 Heavy rain/hill fog/cool/dark. Steep moorland very wet, slippery. Hill Walking (Small party)
 Couple (M, F) were disorientated and unable to locate a way down in misty conditions. Attempts
 to talk them down failed so they were located and escorted to safety.
 Langdale Ambleside (5 x 4hr 15 min); Lake District MR Search Dogs (1 x 3hr 30 min)
- 34 24124 12 February 17:00 Blencathra, Hall's Fell Ridge NY326268**
 Dry/clear/cool/dark. Moderate footpath firm. Hill Walking (Small party)
 Subject (M49) in a group of five, who had no torch, failed to arrive from his descent of Hall's Fell.
 As team deployed, heard that he had got down by phoning his friends from a call box.
 Keswick (15 x 1hr 23 min)
- 35 24125 12 February 18:00 Glaramara NY246104**
 Not reported. Not reported. Hill Walking (Medium party)
 A party of eight (M) was reported to be overdue and without torches. A team member who lived in
 the area conducted a rapid search and found them as they were approaching the road.
 Keswick (4 x 0hr 49 min); Kinder (14 x 1hr 0 min)
- 36 24112 13 February 13:00 Bright Beck, Gt Langdale NY289081**
 Not reported. Moderate moorland very wet, slippery. Hill Walking
 Subject (F40) slipped and sustained ankle injury. Given medical attention and stretchered off.
 Minor - sprain ankle non-specific.
 Langdale Ambleside (16 x 3hr 0 min)
- 37 24113 13 February 17:00 Nab Scar, Rydal NY362067**
 Dry. Moderate footpath very wet, slippery. Hill Walking
 Subject (M) collapsed, reported feeling unwell. Treated by the team and evacuated.
 Langdale Ambleside (16 x 1hr 0 min)

- 38 24114 14 February 12:00 Easedale Tarn, Grasmere NY313087**
Hail/broken cloud/cool/dull. Moderate footpath damp, slippery. Hill Walking (Small party)
Subject (F73) slipped and sustained a head injury. She was treated by paramedics and
evacuated to air ambulance. Serious - head injury.
Langdale Ambleside (10 x 2hr 30 min); North West Air Ambulance (Blackpool)
- 39 24126 14 February 14:00 Bram Crag Quarry, St John's in the Vale NY323222**
Wet. Wet. Animal Rescue (Alone)
Report of sheep cragfast. Retrieved without loss or injury.
Keswick (3 x 1hr 10 min)
- 40 24127 15 February 12:00 Blencathra, Sharp Edge NY326283**
Strong/low cloud/very cold/dull. Ridge snow/ice, slippery. Snow/Ice Climbing (Small party)
Party of two (M26) set off in wintry weather but got into difficulties in icy and windy conditions. A
fixed rope was set up and they were assisted to safety.
Keswick (18 x 3hr 30 min)
- 41 24141 17 February 15:00 Stickle Ghyll, Gt Langdale NY290070**
Dry/broken cloud/cool/dull. Moderate wet, slippery footpath. Hill Walking (Small party)
Subject (M32) slipped and sustained knee injury. Serious - Knee injury.
Kendal (8 x 3hr 30 min); Langdale Ambleside (11 x 2hr 30 min)
- 42 24142 19 February 11:00 Loughrigg NY348048**
Dry/cloudy/cold/dull. Moderate snow, slippery moorland. Hill Walking – winter (Small party)
Subject (F45) reported unable to continue walk because of recurrence of old groin injury. Minor -
Groin injury.
Langdale Ambleside (13 x 2hr 30 min)
- 43 26303 20 February 14:20 Aira Force, Ullswater NY399204**
Not reported. Not reported. Animal Rescue
Dog reported to have fallen from footbridge at local beauty spot. Stood down responding when
informed dog had been recovered unharmed from the water.
Patterdale (1 x 1hr 0 min)
- 44 24149 20 February 20:00 Nan Bield Pass NY454096**
Calm/drizzle/low cloud/cold/dark. Steep snow, slippery footpath. Mountain Biking (Small party)
Party of two delayed by over-ambitious route and subsequently were benighted.
Kendal (19 x 5hr 0 min)
- 45 24157 21 February 15:00 Glaramara NY247105**
Snow/poor/very cold/dark. Moderate snow/ice moorland. Hill Walking - winter (Small party)
Party (M26, M28, M30) set out to climb Glaramara following only a guidebook description. They
were caught out by the weather and eventually darkness, as they had no map, compass or
torches. Located and brought to safety.
Keswick (15 x 4hr 37 min); Lake District MR Search Dogs (4 x 4hr 37 min)
- 46 24155 21 February 19:00 Brown Fell, Forest Head, Hallbankgate NY580567**
Dark cold wet. Wet and boggy. Hill Walking (Alone)
Subject (M59) reported himself lost having injured both ankles, described as diabetic and
registered blind. Located, treated and evacuated to hospital. Minor – ankle injuries.
Kirkby Stephen (17 x 0hr 45 min); Penrith (13 x 5hr 0 min); Lake District MR Search Dogs (5 x
4hr 30 min)
- 47 24143 22 February 15:00 Crinkle Crag, Gt Langdale NY269058**
Drizzle/hill fog/cool/dull. Moderate snow/ice moorland. Hill Walking – winter (Small party)
Party of two (M, F) became lost trying to avoid the 'Bad Step'. They phoned for help and were
given directions and advice. They made good progress and were located descending The Band.
Langdale Ambleside (6 x 2hr 30 min)

- 48 24144 22 February 15:00 Low Pike, Ambleside NY373078**
 Drizzle/hill fog/cool/dark. Moderate snow/ice footpath. Hill Walking - winter (Small party)
 Subject (F58) slipped and injured her lower leg. Serious - simple closed fracture tibia and fibula.
 Kendal (12 x 4hr 30 min); Langdale Ambleside (11 x 4hr 30 min); Great North AA Cumbria
- 49 26304 22 February 15:20 Glenridding NY385169**
 Not reported. Not reported. Local Incident (Alone)
 Subject (M81) reported unsteady whilst out walking. Treated and stretchered to safety.
 Patterdale (2 x 1hr 0 min); North West Air Ambulance (Blackpool)
- 50 26305 22 February 16:20 Hart Crag, Patterdale NY368112**
 Not reported. Not reported. Hill Walking (Small party)
 Party of two (F, M) reported missing. Stood down responding when informed they had been located.
 Patterdale (1 x 1hr 0 min)
- 51 26306 23 February 16:00 Place Fell, Ullswater NY405169**
 Not reported. Muddy. Hill Walking (Family group)
 Subject (M) slipped on muddy ground. Treated and stretchered to safety. Minor - simple closed fracture non-specific ankle.
 Patterdale (2 x 1hr 0 min)
- 52 24158 24 February 15:00 Blencathra, Blease Fell NY302258**
 Dry/clear/bright. Steep track. Hill Walking
 Subject (F62) slipped and damaged her ankle. She was treated at the scene and evacuated to waiting ambulance. Serious – ankle injury.
 Keswick (11 x 1hr 40 min)
- 53 24159 26 February 22:00 Stand Crag, Corridor Route NY217087**
 Not reported. Not reported. Hill Walking
 Party of mother and son (F49, M23) set off to walk up Scafell using a route from the internet. Unfortunately, they lost the route and ended up cragfast on difficult ground . They were located at 01:30 and led to safety.
 Keswick (13 x 6hr 40 min); Lake District MR Search Dogs (4 x 3hr 10 min); Wasdale (14 x 5hr 0 min)
- 54 24191 27 February 14:00 Lingmoor, Little Langdale NY315039**
 Passing showers/cloudy/cool/dull. Moderate footpath boggy, slippery. Hill Walking
 Subject (M45) slipped on wet rock. Serious - simple closed fracture ankle.
 Langdale Ambleside (18 x 2hr 0 min)
- 55 24257 27 February 18:21 Castle Crag, Haweswater NY46921279**
 Not reported. Not reported. Animal Rescue
 Requested to recover sheep reported stuck on crag. Both animals decided to jump direct, after tumbling falls, both animals wandered off unharmed.
 Penrith (4 x 4hr 0 min)
- 56 24160 28 February 12:00 Whinlatter Forest NY213239**
 Dry/bright. Undulating woodland. Mountain Biking (Small party)
 Subject (M33), mountain biking with his partner, unable to control bike on a series of jumps and crashed. Treated at the scene and evacuated. Serious - simple closed fracture of wrist and concussion.
 Keswick (14 x 1hr 49 min)

March

- 57 24262 1 March 11:54 Blencathra, Scaley Beck NY336268**
 Overcast windy. Wet slippery. Hill Walking
 Subject (M64) slipped and fell 5m down a steep rocky step. He was transferred to a waiting ambulance. Serious - deep laceration(s) to scalp; concussion.
 Keswick (9 x 1hr 25 min)

58 24156 1 March 12:00 Cow Brow SD552809
 Calm/dry/clear/cool/bright. Gentle damp footpath. Local Incident
 Request to assist ambulance service attempting the evacuation of an 82 year old injured female.
 Air ambulance and crew dealt with the incident and MRT stood down en route.
 Kendal (9 x 1hr 0 min); North West Air Ambulance (Barton)

59 26307 5 March 14:00 Silver Point, Ullswater NY395182
 Not reported. Not reported. Hill Walking (Family group)
 Subject (F79) fell over a rock while walking along a lakeside path. Treated at the scene and
 evacuated to hospital. Minor - injuries non-specific head.
 Patterdale (14 x 1hr 0 min); Great North AA Cumbria

60 24254 6 March 19:00 Round How NY218080
 Light/dry/clear/cold/dark. Moderate scree. Hill Walking (Small party)
 Subject (F) became separated from her friend and lost the path in the dark. Small party
 despatched, quickly found the lady and escorted her down to meet up with her friend.
 Lake District MR Search Dogs (2 x 5hr 4 min); Wasdale (12 x 6hr 0 min)

61 24259 7 March 14:50 High Rigg NY307223
 Dry. Damp patches. Hill Walking
 Air Ambulance requested assistance to evacuate subject (F61) who had slipped on a steep
 slope. She was carried 250m to the aircraft and airlifted to hospital. Serious - simple closed
 fracture ankle.
 Keswick (18 x 1hr 15 min); Great North AA Cumbria

62 24260 8 March 23:00 Honister Hause NY229136
 Not reported. Not reported. Aircrash - civil (Alone)
 A local man was reported missing after he had failed to arrive home in West Cumbria, having left
 Honister in his helicopter earlier in the evening. Requested to assist others searching the area.
Fatal - multiple injuries.
 Cockermouth (1 x 3hr 30 min); Keswick (8 x 3hr 30 min); Lake District MR Search Dogs (1 x 3hr
 30 min); Boulmer SAR Helicopter

63 24261 10 March 10:55 Wythburn Waterfalls NY314118
 Windy wet. Wet. Hill Walking
 Subject (M27) slipped on wet rock and hurt his back. Transferred to air ambulance. Serious -
 injuries back non-specific.
 Keswick (19 x 2hr 4 min); North West Air Ambulance (Blackpool)

64 24192 12 March 14:00 Buckstones Jump, Rydal NY367077
 Light/passing showers/low cloud/cool/dull. Moderate v wet moorland. Hill Walking (Small party)
 Party of two (M25) became lost in mist and off-path. Reported as 'navigating by iphone' and
 google maps.
 Langdale Ambleside (13 x 3hr 0 min); Lake District MR Search Dogs (1 x 2hr 30 min)

65 24196 18 March 11:00 Long Scar NY273036
 Not reported. Not reported. Rock Climbing
 Climber (M20) fell 5 metres. Serious - simple closed fracture to wrist; concussion.
 Langdale Ambleside (10 x 3hr 30 min); Great North AA Cumbria

66 24202 19 March 08:00 Gimmer Crag NY275072
 Dry/clear/cool/bright. Steep damp, slippery gully. Hill Walking
 Following the report of a missing male, a search was conducted. Search was inconclusive,
 deemed false alarm good intent.
 Langdale Ambleside (11 x 4hr 0 min); Lake District MR Search Dogs (3 x 4hr 0 min)

67 24203 19 March 17:00 Blindtarn, Grasmere NY322081
 Dry/clear/cool/bright. Moderate footpath damp, slippery. Hill Walking
 Subject (F) slipped on wet path. Treated and evacuated from the hill. Serious - simple closed
 fracture ankle.
 Langdale Ambleside (11 x 1hr 0 min); North West Air Ambulance (Blackpool)

- 68 24201 20 March 14:00 The Calf, Howgills SD665972**
 SW-fresh/drizzle/poor/cool/dull. Undulating grassy slope. Hill Walking
 Party of four (M50) reported themselves disorientated and lost in deteriorating visibility. Last known position The Calf. Located and led to safety.
 Kendal (21 x 4hr 0 min)
- 69 24204 21 March 17:00 Fairfield NY367119**
 Dry/broken cloud/cool/dark. Steep damp, slippery crag. Hill Walking
 Two people (M) became lost in thick hill fog. Located and led to safety.
 Langdale Ambleside (20 x 5hr 30 min); Patterdale (10 x 5hr 30 min); Lake District MR Search Dogs (4 x 4hr 0 min)
- 70 24228 22 March 20:00 Stool End, Gt Langdale NY276057**
 Calm/dry/clear/cool/dark. Moderate damp footpath. Hill Walking
 Subject (M70) reported making very slow progress down The Band with an unspecified injury. He was located having succeeded in getting down.
 Langdale Ambleside (6 x 1hr 0 min)
- 71 24256 23 March 00:26 Haweswater NY469107**
 Not reported. Not reported. Hill Walking (Alone)
 Subject (M43) reported overdue by friend. Car located at Mardale Head, note on windscreen indicating he was walking to Patterdale and collecting car the following day - false alarm good intent.
 Penrith (11 x 2hr 45 min); Lake District MR Search Dogs (1 x 0hr 40 min)
- 72 24255 26 March 15:00 Bell Stand, Beckfoot, Eskdale NY162006**
 Light/dry/clear/cool. Not reported. Abseiling (Small party)
 Climber (M) fell 12m when abseil anchor failed. Treated on scene by team doctor and airlifted to hospital. Serious - deep laceration(s) to face; simple open fracture humerus right; simple closed fracture femur right; simple open fracture to right tibia and fibula; compound open fracture of right hand.
 Wasdale (14 x 2hr 30 min); Boulmer SAR Helicopter; Unknown Civilian Aircraft
- 73 24229 27 March 12:00 Mickleden, Gt Langdale NY278061**
 Dry/clear/mild/bright. Level damp track. Hill Walking
 Subject (M) reported collapsed. He was treated and evacuated to an ambulance waiting at the road head. Serious - fit (epilepsy).
 Langdale Ambleside (10 x 2hr 0 min); Great North AA Cumbria
- 74 24230 28 March 10:00 Strawberry Gardens, Far Sawrey SD388975**
 Sunny, dry. Rough lakeside area. Hill Walking (Small party)
 Subject (F28) taken serious ill whilst camping. Initially tasked to support ambulance service, but no ambulance on scene. Serious – hyperglycaemia.
 Coniston (10 x 2hr 15 min)
- 75 24258 31 March 20:55 Bethacar Moor, Grizedale Forest SD325984**
 Misty. Forest track. Hill Walking (D of E) (Medium party)
 Expedition party became disorientated whilst making their way to evening campsite. Using lights and mobile phone, they were located and led to safety.
 Coniston (14 x 3hr 15 min)

April

- 76 24287 3 April 16:30 River Rothay, White Moss Common NY347061**
 Dry/clear/cool/bright. Moderate damp, slippery footpath. Hill Walking
 Subject (F72) slipped on rough path. Serious - simple closed fracture of tibia and fibula.
 Langdale Ambleside (14 x 1hr 0 min)

- 77 24484 4 April 13:35 Crag Hill, Buttermere NY195197**
 NE-fresh/rain/cloudy/cold/dull. Moderate very wet footpath. Hill Walking (D of E) (Small party)
 Both subjects (M17) were reported with hypothermia while on a practice expedition. They were
 found in their tent and helped down to Buttermere.
 Cockermouth (25 x 3hr 0 min)
- 78 24303 5 April 20:10 Tebay Fell, Howgills NY632019**
 SW wind, thick mist rain. Wet open fell. Hill Walking (Alone)
 Subject (M59) reported himself lost in mist and benighted by poor weather. He had been laying a
 trail for local hounds when he lost his bearings. He was met making his way off the hill at first
 light.
 Cave Rescue Organisation (14 x 5hr 30 min); Duddon & Furness (9 x 2hr 30 min); Kendal (15 x
 1hr 0 min); Kirkby Stephen (16 x 14hr 0 min); Penrith (15 x 14hr 0 min); SARDA (England) (2 x
 9hr 0 min); Lake District MR Search Dogs (7 x 9hr 0 min); Swaledale (1 x 1hr 0 min); Teesdale
 and Weardale (1 x 1hr 0 min)
- 79 24364 5 April 23:30 Kendal Castle SD525923**
 Calm/drizzle/clear/cold/dark. Gentle damp footpath. Search - Non-mountain
 Despondent reported missing having run off from an ambulance crew, after taking pills and
 alcohol. Nothing was found and search suspended at 02:30 in agreement with police.
 Kendal (4 x 4hr 0 min); Langdale Ambleside (11 x 4hr 0 min); Lake District MR Search Dogs (2 x
 4hr 0 min)
- 80 26308 6 April 08:45 Ullswater NY434206**
 Not reported. Not reported. Water Sport (Small party)
 Subject (M) reported in the water following the capsizing of their two-man kayak; one paddler had
 managed to get to shore to raise the alarm. Missing person located and flown to hospital where
 he was pronounced dead. **Fatal** – drowning.
 Patterdale (12 x 1hr 0 min); Great North AA Cumbria; Gannet SAR Helicopter
- 81 25560 9 April 16:50 Lingmell Col NY210079**
 Fresh/dry/clear/warm/bright. Gentle footpath. Hill Walking (Medium party)
 Subject (M50) reported with injury to knee, cause unknown. Evacuated by air ambulance prior to
 MR arrival at site.
 Wasdale (20 x 2hr 0 min); Unknown Civilian Aircraft
- 82 24340 10 April 15:21 Riggindale, Haweswater NY468117**
 Dry bright sunny hot. Dry. Hill Walking (Small party)
 Subject (F65) slipped while walking. Evacuated by air ambulance prior to MR arrival at site.
 Penrith (14 x 1hr 15 min); North West Air Ambulance (Barton)
- 83 24455 10 April 15:30 Hardknott NY231014**
 Not reported. Not reported. Road Traffic Collision (Small party)
 Request to assist ambulance at road traffic collision. Stood down on arrival.
 Duddon & Furness (16 x 1hr 0 min)
- 84 24602 10 April 17:34 Cat Ghyll, Walla Crag, Borrowdale NY275208**
 Hot sunny. Dry. Animal Rescue
 Border Collie (14) fell 30 m into gill at its steepest point. Unable to see the dog, owners feared the
 worst. MR recovered the dog which was found to be cold and wet but otherwise unharmed.
 Keswick (7 x 1hr 31 min)
- 85 24315 11 April 11:35 Low Water, Coniston Old Man SD272982**
 Wet at first, then cleared. Wet rough fellside track. Hill Walking (Small party)
 Subject (M40) slipped on steep ground. Treated and evacuated. Serious - simple closed fracture
 ankle.
 Coniston (11 x 3hr 30 min); North West Air Ambulance (Barton)

- 86 25943 12 April 11:40 Dalton Crags, Burton- in - Kendal SD556764**
 N-light/dry/broken cloud/cool/dull. Gentle rough, slippery woodland. Hill Walking
 Subject (F69) reported fallen with shoulder injury. Assisted ambulance service. Minor – injuries
 shoulder.
 Kendal (16 x 2hr 0 min)
- 87 24603 12 April 14:50 High Spy NY233159**
 Cool bright cloudy. Not reported. Hill Walking
 Subject (M45) had a fall near to the mountain top and injured his leg. He was treated and
 stretchered down to Rosthwaite. Serious - deep laceration(s) lower leg.
 Keswick (20 x 3hr 40 min)
- 88 24596 12 April 17:16 Silverhill Wood, Longtown NY366710**
 Dry bright warm. Pastureland. Search - Non-mountain (Alone)
 Despondent reported missing from parents' farm, having walked off; previous history of
 threatened self-harm. Located by SAR helicopter in barn in adjacent field, previously used as
 refuge.
 Moffat (17 x 3hr 30 min); Penrith (16 x 4hr 0 min); Lake District MR Search Dogs (5 x 2hr 15
 min); Boulmer SAR Helicopter
- 89 24597 12 April 21:17 High Street NY440110**
 Gustly wind, hill fog. Wet upland. Hill Walking (Small party)
 Party reported themselves lost after becoming disorientated in hill fog and benighted. Located
 and led to safety.
 Penrith (14 x 6hr 0 min); Lake District MR Search Dogs (1 x 6hr 0 min); Boulmer SAR Helicopter
- 90 24604 14 April 13:47 Stockley Bridge, Seathwaite NY236109**
 Not reported. Not reported. Hill Walking
 Subject (F50) fell and cut her head badly, but was able to walk down. She was treated by MR and
 evacuated. Minor - cuts and abrasions to hand; cuts and abrasions to head.
 Keswick (16 x 2hr 30 min)
- 91 24487 15 April 16:03 Scarth Gap, Buttermere NY191133**
 E-calm/dry/cloudy/mild/dull. Moderate dry footpath. Hill Walking
 Subject (F63) was reported with hypertension and palpitations. Located on steep ground on the
 path to Haystacks and evacuated to Scarth Gap where she was transferred to air ambulance
 Minor – hypertension.
 Cockermouth (19 x 2hr 22 min); North West Air Ambulance (Blackpool)
- 92 24456 16 April 09:00 Caw SD225945**
 Misty. Steep crag. Animal Rescue
 Report of cragfast sheep. Retrieved without loss or injury.
 Duddon & Furness (9 x 2hr 30 min)
- 93 25561 17 April 16:30 Styhead Path, Wasdale NY209094**
 Sunny with broken clouds. Scree. Hill Walking
 Subject (F47) tripped on path. Minor - laceration to left knee.
 Wasdale (22 x 1hr 0 min)
- 94 26309 17 April 17:30 Keppel Cove Zig Zags, Helvellyn NY347168**
 Not reported. Not reported. Hill Walking
 Subject (F25) injured her knee while walking, cause not reported. Treated and transported to
 safety. Minor - injuries to knee.
 Patterdale (1 x 1hr 0 min); North West Air Ambulance (Blackpool)
- 95 25562 17 April 17:50 Hardknott Pass NY231015**
 Sunny & warm. Road. Hill Walking (Small party)
 Subject (F51) reported missing when father and son returned to find wife not there as expected.
 Lake District MR Search Dogs (3 x 0hr 15 min); Wasdale (22 x 2hr 42 min)

- 96 25565 19 April 15:25 Mickledore NY210070**
 Calm/dry/clear/mild/bright. Moderate rough footpath. Hill Walking (Medium party)
 Subject (F57) sustained injury to lower leg after falling. Taken to hospital by air ambulance
 Serious - simple closed fracture tibia and fibula.
 Wasdale (19 x 4hr 0 min); Unknown Civilian Aircraft
- 97 24373 22 April 16:35 Raven Crag, Walthwaite, Gt Langdale NY325056**
 Fine/clear/warm/bright. Vertical dry crag. Rock Climbing
 Climber (M) fell 75m from top of crag, ripping all belays and pulling second climber (M) off as well
 who fell about 10m. Minor - superficial burns to hand and abrasion(s).
 Langdale Ambleside (17 x 2hr 0 min); Boulmer SAR Helicopter; North West Air Ambulance
 (Barton)
- 98 24605 22 April 18:00 Stockley Bridge, Seathwaite NY234109**
 Hot sunny. Dry. Hill Walking
 Subject (M85) complained of feeling faint and could not maintain his balance. His friends walked
 him down to near Stockley Bridge, where he was met by MR and evacuated. Minor – exhaustion.
 Keswick (13 x 1hr 15 min)
- 99 25566 23 April 14:40 Great Gable NY208102**
 Light/drizzle/broken cloud. Steep slope. Hill Walking (Small party)
 Subject (M31) slipped while descending, landing face down. Initially lost consciousness but then
 confused. Airlifted to hospital by RAF Sea King. Minor - unconscious (cause unknown).
 Wasdale (14 x 3hr 0 min); Unknown Military Aircraft
- 100 24385 23 April 16:15 Banishead Quarry SD292966**
 Drizzle. Fellside. Mountain Biking
 Rider (F40) came off bike. Serious – injuries to head.
 Coniston (14 x 1hr 30 min); North West Air Ambulance (Blackpool)
- 101 25567 23 April 17:45 Scafell Pike NY197073**
 Light/dry/clear/mild. Moderate, slippery footpath. Hill Walking (Small party)
 Subject (F48) slipped while descending and suffered a leg injury. Treated on scene and carried
 down to their car. Minor - non-specific injuries to lower leg.
 Wasdale (19 x 2hr 0 min)
- 102 25568 23 April 17:45 Needle Ridge, Great Gable NY210100**
 Light/passing showers/clear. Vertical rockface. Rock Climbing (Small party)
 Party of two (F, M) became cragfast on Needle Ridge. Roped to safety and accompanied down.
 Wasdale (19 x 2hr 30 min)
- 103 24608 23 April 21:28 Seathwaite Fell, '1000ft Boulder' NY227107**
 Clear. Not reported. Hill Walking
 Party of two (M, M15) were reported overdue on a walk to Scafell Pike. They were located by
 search dog near the 1000ft boulder.
 Keswick (9 x 3hr 31 min); Lake District MR Search Dogs (2 x 1hr 30 min)
- 104 25569 24 April 01:55 Ill Gill, Kirk Fell NY200199**
 Light/dry/clear. Steep gully. Hill Walking (Alone)
 Subject (M) strayed into the gill and became cragfast. MR attended but SAR helicopter, already in
 the area, winched him to safety.
 Wasdale (9 x 1hr 0 min); Gannet SAR Helicopter
- 105 24609 24 April 02:12 Grains Gill, Seathwaite NY234107**
 Clear. Dry. Hill Walking (Organised event)
 Subject (M21) walking with a Three Peaks group, injured his ankle. He was evacuated by
 stretcher after treatment. Minor - sprained ankle.
 Keswick (6 x 2hr 6 min)

106 24610 24 April 12:34 Clough Head NY329228
Sunny. Not reported. Parapenting
Subject (M43) crash landed among boulders, suffering multiple injuries. MR assisted air ambulance crew to transport him to the helicopter prior to transfer to hospital. Serious - back and arm injuries.
Keswick (15 x 1hr 55 min); Great North AA Cumbria

107 24611 24 April 15:15 Launchy Gill, Thirlmere NY308157
Not reported. Not reported. Hill Walking
Subject (M27) reported fallen with ankle injury, requested to assist ambulance crew. After a tricky extrication, and 400m evacuation to ambulance he was transported to hospital. Serious - simple closed fracture to ankle.
Keswick (16 x 1hr 53 min)

108 24418 24 April 18:53 Oxendale, Gt Langdale NY273054
Dry/clear/warm/bright. Moderate damp footpath. Hill Walking
Subject (F) reported with ankle injury near Red Tarn. Self-evacuated to Oxendale, from where she was recovered by farm vehicle. Serious - simple closed fracture to ankle.
Langdale Ambleside (3 x 1hr 30 min)

109 24488 24 April 19:25 Scale Beck, Buttermere NY156177
E-calm/dry/clear/mild/bright. Gentle damp footpath. Hill Walking (D of E) (Small party)
Subject (F17) became ill while on Gold expedition. She was helped into a tent by her companions then evacuated by MR to waiting ambulance. Minor – hyperthermia.
Cockermouth (20 x 1hr 40 min)

110 26310 26 April 12:00 Stybarrow Crag, Glenridding NY387178
Not reported. Not reported. Animal Rescue
Sheep reported cragfast on ledge. Retrieved without loss or injury.
Patterdale (7 x 1hr 0 min)

111 26311 27 April 19:21 Deepdale Hause, Grisedale NY360125
Not reported. Not reported. Hill Walking (Family group)
Subject (F22) aggravated an old knee injury, reported unable to continue walk. Treated and airlifted to hospital. Minor - injuries to knee.
Patterdale (8 x 1hr 0 min); North West Air Ambulance (Blackpool)

112 24598 29 April 13:30 Rough Crag, Haweswater NY455112
Dry bright overcast. Dry mixed rocky and grass terrain. Hill Walking (Small party)
Subject (M) suffered panic attack leading party. MR talked to informant, directing them to easier ground and easy descent.
Penrith (8 x 2hr 0 min)

113 24419 29 April 16:10 Crinkle Crag, 'Bad Step' NY249048
Moderate/dry/clear/warm/bright. Moderate dry, slippery crag. Hill Walking (Small party)
Subject (M53) fell from exposed scramble, injuring himself. Serious - injuries to head; injuries to leg.
Langdale Ambleside (18 x 4hr 0 min); Unknown Military Aircraft

114 25570 29 April 16:17 Fell End, Eskdale NY152004
fresh/dry/clear/mild/bright. Gentle slope. Hill Walking
Subject (F33) slipped and sustained a leg injury. Stretchered to air ambulance, airlifted to hospital. Serious - simple closed fracture of right tibia and fibula.
Wasdale (17 x 2hr 0 min); Great North AA Cumbria

115 26312 30 April 12:00 Ullswater NY405191
Not reported. Not reported. Hill Walking (Small party)
Subject (F57) reported as fallen while walking the lakeshore path between Sandwick and Patterdale. Treated and transferred by boat to safety. Minor - injuries to lower arm.
Patterdale (1 x 1hr 0 min); Unknown Civilian Aircraft

116 24420 30 April 12:58 Loughrigg NY344056
N-strong/dry/clear/mild/bright. Steep loose, slippery forestry. Hill Walking
Subject (F55) slipped on path. Serious - simple closed fracture to ankle.
Langdale Ambleside (11 x 2hr 15 min)

117 24446 30 April 15:15 Coniston Old Man SD273977
Dry, sunny, windy. Rough fellside. Animal Rescue
Party reported their golden retriever had wandered away and could not be located. Re-united with
owner above Low Water.
Coniston (5 x 1hr 45 min)

118 25571 30 April 18:00 Lingmell Nose NY189074
Fresh/dry/clear/mild/bright. Moderate footpath. Hill Walking (Small party)
Subject (F47) slipped while descending, sustaining ankle injury. MR stretchered her to air
ambulance which airlifted her to hospital. Serious - fracture/dislocation left ankle.
Wasdale (25 x 2hr 0 min); Unknown Civilian Aircraft

119 25572 30 April 21:52 Eskdale NY189007
SE-gale/dry/clear/mild/dark. Gentle dry track. Hill Walking (D of E) (Medium party)
Subject (M), member of DoE Gold expedition, reported the party were lost. They had no torch
and did not know what to do. MR found the group safe and well in a pub in Eskdale.
Lake District MR Search Dogs (2 x 0hr 30 min); Wasdale (15 x 3hr 0 min)

120 24489 30 April 22:25 Pillar, Ennerdale NY142140
E-calm/dry/clear/mild/dark. Moderate dry footpath. Hill Walking
Subject (M40) was reported overdue on the descent from Pillar. He turned up safe and well as
the team was mobilising.
Cockermouth (2 x 0hr 30 min)

May

121 24599 1 May 10:53 Crossfell, N Pennines NY690340
Dry bright strong wind. Dry mixed ground. Hill Walking (Alone)
Subject (M53) reported overdue by concerned relative when routine phone update not made.
Subject unable to make phone call due to poor coverage but located safe and well not at planned
accommodation.
Kirkby Stephen (13 x 6hr 0 min); Penrith (13 x 6hr 30 min); Lake District MR Search Dogs (8 x
4hr 0 min)

122 24490 1 May 14:00 Fleetwith Pike NY206143
Not reported. Not reported. Animal Rescue
Two sheep reported stuck on crags. Both retrieved without loss or injury.
Cockermouth (2 x 2hr 0 min)

123 25598 2 May 11:30 Hardknott Pass NY215011
Light/dry/clear/mild/bright. Steep. Road Traffic Collision
Cyclist (F) failed to negotiate a sharp bend while descending mountain pass and fell down steep
bank. Assisted ambulance crew with treatment and evacuation to helicopter. Serious - multiple
injuries.
Wasdale (20 x 2hr 0 min); Gannet SAR Helicopter

124 25599 2 May 19:00 Ill Crag NY222075
Fresh/dry/clear/very cold. Moderate footpath. Hill Walking (Medium party)
Subject (M) sustained knee injury but was unclear of location. Located with aid of air ambulance,
treated on scene and flown to valley bottom for assessment by team doctor. No injury found,
allowed to carry on with his friends.
Wasdale (21 x 2hr 56 min); Great North AA Cumbria

125 24612 3 May 14:24 Thirlmere NY310158
 Not reported. Not reported. Water Sport
 A sailor capsized his boat but was unable to right it. He was sighted clinging on to the side of the boat. On arrival, it was found he had been helped by others to get to shore.
 Keswick (22 x 0hr 49 min)

126 24457 3 May 16:00 Torver Back Common SD295935
 Dry, sunny. Lake shore track. Hill Walking
 Subject (M) slipped, injuring his ankle. Treated by air ambulance crew, MR assisted with evacuation. Serious - simple closed fracture to ankle.
 Coniston (11 x 1hr 0 min); North West Air Ambulance (Blackpool)

127 24613 3 May 20:33 Whinlatter Forest NY105246
 Dry cool sunny. Dry trail. Mountain Biking
 Rider (M40) had a high-speed crash on cycle trail. He was treated and evacuated. Serious - non-specific injuries to head
 Keswick (18 x 2hr 42 min); Boulmer SAR Helicopter

128 24471 4 May 12:40 Lower Scout Crag, Gt Langdale NY298067
 NE-light/dry/clear/warm/bright. Steep dry, slippery crag. Rock Climbing
 Subject (M47) fell while demonstrating technique to group under instruction. Serious - non-specific injuries to head; simple closed fracture to ankle.
 Langdale Ambleside (12 x 2hr 0 min)

129 24472 4 May 14:18 Side House, Gt Langdale NY302061
 Dry/clear/mild/bright. Moderate dry, slippery footpath. Hill Walking
 Subject (F83) suffered shortness of breath. Minor - viral infection.
 Langdale Ambleside (15 x 2hr 0 min); Great North AA Teeside

130 24594 7 May 02:30 School Knot Tarn SD427971
 Moderate/rain/low cloud/cool/dark. Gentle wet, slippery bank. Local Incident
 Subject (M47) reported himself unwell. After an evening out, he had walked to tarn, no torch.
 Treated and recovered to safety.
 Kendal (12 x 2hr 0 min)

131 24480 7 May 15:42 Coniston Old Man SD273977
 Misty. Fellside. Hill Walking (Small party)
 Party requested help when they became disorientated in mist and lost path. However, they soon found path again, so team stood down.
 Coniston (12 x 0hr 45 min)

132 25601 8 May 08:55 Upper Esk NY220056
 Passing showers/low cloud. Gentle gully. Hill Walking (Small party)
 Party of five (M) lost their way doing the Three Peaks while descending. Extensive search mounted but the group made their own way to safety.
 Lake District MR Search Dogs (2 x 6hr 0 min); Wasdale (22 x 7hr 30 min)

133 25162 8 May 16:00 Cockley Beck NY246016
 Not reported. Not reported. Mountain Biking (Alone)
 Rider (F) fell off bike. Serious - injuries to shoulder.
 Duddon & Furness (19 x 1hr 0 min)

134 24483 8 May 16:30 Pike O'Blisco, Gt Langdale NY271042
 Passing showers/broken cloud/mild/dull. Moderate damp moorland. Fell Running (Alone)
 Fellrunner (M) reported overdue. Located in Borrowdale.
 Langdale Ambleside (4 x 1hr 0 min)

135 24485 9 May 17:06 High Stile, Buttermere NY167147
E-calm/dry/clear/warm. Steep dry ridge. Hill Walking (D of E)
Subject (F18) sustained an ankle injury, cause not reported. She was treated at the scene and
stretchered down roadhead. Minor - ankle injury.
Cockermouth (23 x 4hr 54 min)

136 24486 9 May 20:00 Gatescarth, Buttermere NY194149
E-calm/dry/clear/mild/dusk. Gentle firm footpath. Hill Walking (Small party)
A mother and daughter were reported overdue on a walk from Wasdale Head to Gatescarth,
Buttermere. They were found to be safe and well in the Fish Inn, Buttermere.
Cockermouth (6 x 1hr 0 min)

137 24595 10 May 14:30 Millerground, Windermere SD402990
SW-fresh/dry/broken cloud/cool/bright. Level rough bank. Local Incident
Subject (M70) reported collapsed.
Kendal (12 x 2hr 0 min); Langdale Ambleside (2 x 2hr 0 min)

138 24553 13 May 12:40 Coniston Water SD290890
Dry, sunny. Lake water and shoreside. Water Sport (Small party)
Canoeist (M68) reported missing on lake. Located & later recovered by police diving team. **Fatal**
– possible drowning.
Coniston (11 x 5hr 30 min); Lake District MR Search Dogs (1 x 2hr 0 min)

139 24600 13 May 14:50 Helbeck Quarry, Brough NY798158
Dry clear. Loose rocky. Local Incident (Alone)
Requested to assist ambulance crew to access person taken ill in quarry.
Kirkby Stephen (11 x 1hr 10 min)

140 24554 14 May 12:20 Hodge Close Quarry NY318019
Showery. Slate quarry. Rock Climbing (Small party)
Flake of slate fell, injuring climber's hand. Serious - severed right thumb.
Coniston (15 x 2hr 30 min); North West Air Ambulance (Barton)

141 24614 15 May 12:02 Blencathra, Sharp Edge NY328283
Wet. Slippery. Rock Scrambling (Small party)
Party of three (M39, M) reported cragfast on the ridge close to the 'Difficult Step'. A handline and
rope were rigged, they were led to safety off the ridge.
Keswick (18 x 2hr 52 min)

142 24615 15 May 12:58 Honister Pass NY236139
Not reported. Not reported. Mountain Biking
A cyclist reported hearing whistles just off the Pass near the cattle grid, close to the old
packhorse route. On investigation found the incident had been resolved.
Keswick (4 x 0hr 37 min)

143 24635 15 May 13:47 Lower Ling Crag, Crummock Water NY156183
NE-fresh/rain/cloudy/cool/dull. Gentle damp footpath. Hill Walking (Small party)
Subject (F55) fell sustaining an arm injury. She was evacuated by air ambulance and other
members of the party were escorted off the hill. Minor - simple closed fracture to arm.
Cockermouth (22 x 2hr 0 min); North West Air Ambulance (Blackpool)

144 24590 17 May 18:37 Crinkle Crag, Gt Langdale NY251045
SW-gale/heavy rain/hill fog/cool/dark. Steep very wet, slippery gully. Hill Walking (Alone)
Subject (M) reported himself lost. Turned up in Borrowdale next day.
Kendal (8 x 6hr 0 min); Langdale Ambleside (15 x 9hr 0 min); Lake District MR Search Dogs (7 x
4hr 0 min); Wasdale (8 x 5hr 30 min)

145 24592 17 May 18:55 Arnside SD450774
Calm/dry/clear/cool/bright. Level dry woodland. Local Incident
Requested to assist with the recovery of a body from the woods.
Kendal (16 x 2hr 0 min)

146 25603 18 May 12:15 Dent Fell NY049128
 Light/dry/clear/cold. Gentle slope. Hill Walking (Alone)
 Subject (M) found collapsed on footpath, dizzy and unable to stand. Stretchered to forestry road
 and taken to hospital in team ambulance. Minor – illness.
 Wasdale (17 x 2hr 31 min)

147 24636 18 May 12:50 Ennerdale Water NY122139
 E-light/dry/clear/mild/bright. Gentle damp footpath. Hill Walking (Small party)
 Subject (F60) fell on the footpath sustaining a leg injury. Serious - simple closed fracture of tibia
 and fibula.
 Cockermouth (20 x 2hr 10 min); Great North AA Cumbria

148 24616 18 May 18:29 Walla Crag NY247232
 Not reported. Not reported. Hill Walking
 Subject (M47) reported himself lost and cragfast on a steep slope, with a foot injury. MR located,
 treated and escorted him to safe ground.
 Keswick (15 x 0hr 40 min)

149 25604 18 May 21:15 Lingmell Col NY210788
 Moderate/passing showers/low cloud. Moderate slope. Hill Walking (Alone)
 Subject (M) reported himself in difficulty after falling into bog and losing his way. MR started a
 search but the walker made his own way down.
 Wasdale (4 x 2hr 0 min)

150 24591 19 May 10:45 Ambleside NY377038
 Not reported. Not reported. Local Incident
 Requested to assist ambulance trying to access remote location.
 Langdale Ambleside (3 x 1hr 0 min)

151 24617 19 May 20:55 Stoneycroft Gill, Causey Pike NY231211
 Not reported. Not reported. Rock Scrambling
 Subject (M16) slipped while gill scrambling. Treated and evacuated. Serious - ligament damage to
 knee.
 Keswick (21 x 1hr 22 min)

152 24637 19 May 22:59 Buttermere NY174168
 NE-calm/dry/clear/cool/dark. Gentle dry footpath. Hill Walking (Alone)
 Subject (M70) reported overdue on walk to Pillar. He was located safe and well close to
 Buttermere.
 Cockermouth (22 x 2hr 19 min); Lake District MR Search Dogs (6 x 1hr 3 min)

153 24618 21 May 11:43 Shepherds Crag, 'Brown Slabs' NY263186
 Overcast cool. Dry. Rock Climbing
 Climber (M39) fell 15ft and was then held by the rope. Treated injury and evacuated. Serious -
 simple closed fracture to ankle.
 Keswick (12 x 1hr 26 min)

154 24638 23 May 17:22 Scarth Gap, Gatescarth NY188146
 SW-storm/passing showers/cloudy/cool/dull. Steep damp footpath. Hill Walking (Large party)
 Subject (F50) reported with lower leg injury, cause not reported. She was stretchered to
 Gatescarth. A search for missing party member was initiated but he was located safe and well at
 Seatoller. Serious - simple closed fracture of tibia and fibula.
 Cockermouth (28 x 2hr 45 min)

155 24601 26 May 09:25 Cudding Hole Crag, Burrells, Appleby NY673185
 Overcast showery. Wet steep grass and rock. Animal Rescue
 Owner reported two lakeland terriers cragfast overnight on crag above Hoff Beck. Unable to
 recover animals even with additional resources, agreed to return (no further details supplied).
 Cumbria Ore Mines Rescue Unit (4 x 9hr 0 min); Kirkby Stephen (8 x 8hr 0 min)

- 156 24662 27 May 12:04 Steel Fell NY323116**
 Overcast dry. Mostly dry very steep. Hill Walking (Alone)
 Subject (F21) become cragfast in a very loose and slippery gully. RAF helicopter winched her to safety, but she dropped her rucsac which was later retrieved by MR member.
 Keswick (19 x 1hr 10 min); Wattisham SAR Helicopter
- 157 25574 27 May 20:42 Hollow Stones, Scafell Pike NY204073**
 Fresh/heavy rain/low cloud/cool/dusk. Moderate wet footpath. Hill Walking (Small party)
 Subject (M44) suffered panic attack in heavy rain and cloud. He was located by search dogs and walked down with assistance.
 Lake District MR Search Dogs (2 x 3hr 30 min); Wasdale (14 x 3hr 0 min)
- 158 24663 28 May 00:50 Blencathra, Gate Gill NY323270**
 Very wet windy low cloud. Very wet loose steep. Fell Running (Alone)
 Subject (M40) made a navigational error and fell into a gill. He was located in Gate Gill in very difficult ground, treated for his injuries and evacuated. Serious - non-specific injuries to head; simple closed fracture to arm.
 Cockermouth (15 x 2hr 15 min); Keswick (16 x 5hr 45 min); Lake District MR Search Dogs (3 x 5hr 45 min); Boulmer SAR Helicopter
- 159 24640 28 May 15:00 Loft Beck, Ennerdale NY164151**
 SW-fresh/passing showers/cloudy/cool/dull. Steep damp footpath. Hill Walking (Small party)
 Subject (F66) reported with shoulder injury, cause not reported. Treated on scene and stretchered to air ambulance. Minor - non-specific injuries to shoulder.
 Cockermouth (16 x 2hr 0 min); North West Air Ambulance (Blackpool)
- 160 24641 28 May 16:55 Bleaberry Tarn, Red Pike NY169153**
 SW-fresh/dry/cloudy/cool/bright. Steep damp footpath. Hill Walking (Alone)
 Subject (M30) reported with injured leg, while attending previous incident. He was winched from the scene and transferred to hospital. Minor - non-specific injuries to lower leg.
 Cockermouth (23 x 2hr 34 min); Duddon & Furness (2 x 4hr 15 min); Boulmer SAR Helicopter; North West Air Ambulance (Blackpool)
- 161 25163 28 May 17:40 Mount Barnard, Cartmel SD361790**
 Not reported. Not reported. Hill Walking (Alone)
 Subject (F) reported herself lost and had a fall. Minor – illness.
 Duddon & Furness (18 x 0hr 49 min)
- 162 25575 28 May 23:00 Brown Tongue, Scafell Pike NY195074**
 Fresh/heavy rain/low cloud/dark. Moderate very wet footpath. Rescue Team Activity
 Subject (F) slipped while assisting casualty from previous incident (25574) to descend. Serious - fracture/dislocation left wrist.
 Wasdale (14 x 1hr 31 min)
- 163 24664 29 May 12:38 Whinlatter Forest Park NY208245**
 Not reported. Not reported. Mountain Biking
 Rider (F) came off her bike and suffered head injuries. She had been attended to by ambulance crew by the time MR arrived. Serious - unconsciousness; non-specific injuries to head.
 Keswick (18 x 0hr 27 min)
- 164 24642 29 May 15:19 Hopegill Head NY187218**
 SW-gale/dry/clear/cool/bright. Steep dry footpath. Hill Walking (Small party)
 Subject (M) reported collapsed. He was confirmed dead at scene and flown to hospital. **Fatal** – currently no cause supplied.
 Cockermouth (19 x 2hr 40 min); North West Air Ambulance (Barton)
- 165 24643 29 May 21:50 Grey Knotts NY210122**
 SW-fresh/passing showers/broken cloud/cool/dark. Moderate footpath. Hill Walking (Small party)
 Party of two (F) reported overdue on Coast-to-Coast route. They were located below Brandreth and escorted off the hill.
 Cockermouth (8 x 3hr 40 min)

166 24666 30 May 17:52 Glaramara, Cam Crag Ridge NY261111
 Clear sunny. Slippery. Rock Scrambling (Small party)
 Subject (M54) fell 12-15m whilst climbing, suffering serious head injuries. His companion had to leave him to raise the alarm. His helmet undoubtedly saved his life. Serious - non-specific injuries to head; non-specific injuries to back; non-specific injuries to neck.
 Keswick (23 x 3hr 0 min); Gannet SAR Helicopter; North West Air Ambulance (Blackpool)

June

167 24973 1 June 16:38 Scarth Gap, Buttermere NY187146
 SW-calm/dry/cloudy/cool/dull. Moderate dry footpath. Hill Walking (Small party)
 Subject (M52) reported injured on the path. Serious - simple closed fracture of tibia and fibula.
 Cockermouth (17 x 2hr 32 min)

168 24659 1 June 17:24 Crinkle Crag, Gt Langdale NY248048
 Not reported. Not reported. Hill Walking (Medium party)
 Party of six reported themselves lost on ridge walk. They were located and evacuated to safety.
 Langdale Ambleside (9 x 4hr 0 min)

169 25576 2 June 15:09 Great Gable NY210103
 Light/dry/broken cloud/warm. Gentle rough footpath. Hill Walking
 Subject (M77) unable to continue walk because of muscle cramps. Air ambulance lifted MR to scene to assist with subject's friend and dogs then ferried subject to valley where he was taken by MR vehicle to his own car. Minor - muscular spasm(s) in calf.
 Wasdale (16 x 3hr 0 min); Unknown Civilian Aircraft

170 24974 2 June 16:22 Scarth Gap NY193149
 SW-calm/dry/clear/mild/bright. Moderate dry footpath. Hill Walking
 Subject (M71) fell whilst coming off Haystacks. He had refused MR assistance but by 16:00 he called the ambulance service to say he was making slow progress. He was met at Gatescarth. Minor - abrasion(s) to face; abrasion(s) to lower arm; abrasion(s) to lower leg.
 Cockermouth (4 x 0hr 30 min)

171 25577 2 June 18:06 Broad Crag NY219078
 Light/dry/clear/mild/bright. Steep gully. Hill Walking (Small party)
 Subject (M) took a 20ft tumbling fall. Location was ascertained from photo sent by mobile phone. Serious - simple closed fracture right radius and ulna.
 Wasdale (26 x 4hr 0 min); Unknown Civilian Aircraft

172 24842 2 June 21:00 Old Dungeon Ghyll, Gt Langdale NY285060
 Dry/clear/mild/dusk. Not reported. Hill Walking (D of E)
 Expedition party reported overdue. Turned up during initial investigation.
 Langdale Ambleside (3 x 2hr 0 min)

173 24736 3 June 14:02 Blencathra, Blease Fell NY305259
 Hot sunny. Not reported. Parapenting (Alone)
 Pilot (M55) made a bad landing when his chute collapsed. Serious - dislocated elbow; simple open fracture to arm.
 Keswick (15 x 1hr 49 min); Great North AA Cumbria

174 25605 3 June 14:30 Scafell Pike NY216071
 Light/dry/hot. Moderate footpath. Hill Walking (Small party)
 Subject (F65) slipped and fell backwards sustaining head injury. MR stood down when informed that SAR helicopter had evacuated subject to hospital. Serious - non-specific injuries to head.
 Wasdale (12 x 3hr 0 min); Unknown Military Aircraft

175 24737 3 June 16:26 Blencathra, Scales Fell NY345274
 Hot dry. Dry. Parapenting
 Pilot (M44) slipped and fell while walking off the hill. Serious - simple closed fracture to ankle.
 Keswick (18 x 1hr 13 min)

176 24739 4 June 12:19 High Rigg NY303211
 Dry overcast warm. Dryish. Hill Walking
 Subject (M74) taken ill on the lower slopes of High Rigg. Serious - myocardial infarct.
 Keswick (17 x 1hr 25 min); Great North AA Cumbria

177 24667 4 June 16:20 Goats Hause, Coniston Old Man SD269983
 Dry, cloudy. Stony fell track. Hill Walking (Small party)
 Subject (F29) slipped on rough ground. Serious - simple closed fracture of left tibia and fibula.
 Coniston (11 x 3hr 0 min); Great North AA Cumbria

178 24740 5 June 14:35 Skiddaw, Jenkin Hill NY276270
 Overcast cool. Rough track. Mountain Biking
 Mountain biker (F55) fell from bike. Serious - 'Serious bleeding', concussion.
 Keswick (24 x 1hr 0 min); Great North AA Cumbria

179 24734 5 June 15:00 Nine Standards Rigg, K Stephen NY824064
 Cold wind-driven rain. Wet fell tracks. Hill Walking (Organised event)
 Participants in charity event requested assistance because they were unable to continue. Two
 parties assisted from the hill.
 Kirkby Stephen (1 x 1hr 0 min)

180 24741 5 June 19:21 Skiddaw, Jenkin Hill NY278268
 Overcast cold. Mainly dry track. Hill Walking
 Subject (F45) slipped and took a heavy fall in more or less the same place at the previous
 incident (24740). Serious - fracture/dislocation of shoulder (glenohumeral joint).
 Keswick (19 x 2hr 28 min)

181 24742 7 June 15:12 Barrow, Newlands Valley NY229223
 Sunny periods. Path with wet patches. Hill Walking (Large party)
 Subject (F68) suffered an ankle injury whilst walking with a group. Serious - non-specific injuries
 to lower leg.
 Keswick (12 x 1hr 52 min)

182 24743 7 June 15:40 Base Brown, Seathwaite NY232117
 Sunny periods. Path with damp patches. Hill Walking
 Subject (F62) slipped off a stile, landing awkwardly in a boulder field. Serious - non-specific
 injuries to head; non-specific injuries to face; non-specific injuries to lower leg; non-specific
 injuries to lower arm.
 Keswick (12 x 1hr 34 min)

183 24733 9 June 22:10 Outgate, Coniston NY357000
 Showery. Damp bridle track. Mountain Biking (Small party)
 Rider (M46) fell off bike. Paramedics already in attendance. Serious - non-specific injuries to
 head; injuries to left lower leg.
 Coniston (11 x 1hr 0 min)

184 24773 12 June 13:15 Grasmere NY337074
 Not reported. Not reported. Local Incident
 Requested to assist member of the public who had fallen near where MR team attending local
 race. Diagnosed injury and advised hospital visit. Minor - non-specific injuries to lower arm.
 Langdale Ambleside (5 x 1hr 0 min)

185 24975 12 June 15:29 Gillflinter Beck, Ennerdale NY151149
 NE-fresh/rain/poor/cool/dull. Steep wet, slippery footpath. Hill Walking
 Subject (F51) slipped and fell on the footpath. Serious - non-specific injuries to lower leg.
 Cockermouth (31 x 2hr 31 min); Unknown Civilan Aircraft

- 186 25578 13 June 11:00 Scafell Pike NY215072**
 Fresh/rain/cold/dawn. Moderate footpath. Hill Walking (Small party)
 Party of four (M) became separated on way down while doing Three Peaks Challenge. Two persons reported as lost. MR mobilised on very limited information but party turned up safe and well.
 Duddon & Furness (16 x 0hr 19 min); Wasdale (16 x 3hr 0 min)
- 187 25579 17 June 10:55 Scafell Pike NY215072**
 Moderate/heavy rain/hill fog/cool/dull. Moderate slope. Hill Walking (Small party)
 Party of three lost their way doing Three Peaks Challenge, one suffered knee injury. Found about 50m away from the path, injured walker stretchered down and friends walked down.
 Duddon & Furness (16 x 6hr 15 min); Wasdale (15 x 6hr 0 min)
- 188 25606 20 June 18:30 Scafell Pike NY211075**
 Light/drizzle/poor. Moderate footpath. Hill Walking (School/Youth group)
 Adult (F) with a school party slipped and sustained an injured ankle. She was stretchered down to an ambulance and another adult escorted the party down. Serious - fracture/dislocation of right ankle.
 Duddon & Furness (14 x 0hr 25 min); Wasdale (21 x 4hr 30 min)
- 189 24772 20 June 20:30 Crosby Garrett Fell, Eden Valley NY715073**
 Cool damp overcast. Fell track. Hill Walking (Alone)
 Subject (M68) reported overdue by wife when he failed to return from exercising dog. He was found near start of his intended route, no reason given for his lateness.
 Kirkby Stephen (5 x 1hr 0 min)
- 190 24774 21 June 16:06 Gimmer Crag, Gt. Langdale NY277070**
 Passing showers/clear/mild/bright. Damp vertical crag. Rock Climbing
 Climber fell 10-15 ft. Serious - dislocation shoulder (glenohumeral joint).
 Langdale Ambleside (17 x 3hr 30 min); Great North AA Teeside
- 191 24899 24 June 12:35 Whinlatter NY211237**
 Fine. Damp. Mountain Biking
 Rider fell off while cycling over the trail, pedal punctured leg. Serious - puncture wound(s) to left lower leg.
 Keswick (10 x 1hr 40 min)
- 192 24836 24 June 18:00 Great End, Central Fells NY225080**
 Passing showers/hill fog/mild/dull. Moderate damp moorland. Hill Walking
 Subject (M) became separated from companions and ended up in Eskdale, having gone the wrong way.
 Langdale Ambleside (2 x 2hr 0 min); Wasdale (1 x 2hr 0 min)
- 193 24900 25 June 14:47 Blencathra, Doddick Gill NY327278**
 Drizzle cold cloud. Wet. Hill Walking (Small party)
 Party of four (M) lost the path descending Hall's Fell Ridge. One of them became mildly hypothermic, and they could not work out where they were. They were located just above Doddick Gill, all were able to walk down.
 Keswick (23 x 3hr 55 min)
- 194 24837 25 June 16:00 Hart Crag, Wansfell NY370113**
 Light/passing showers/hill fog/mild/dull. Moderate damp moorland. Hill Walking
 A group of two and another group of five each became lost in mist. Both groups were successfully located and escorted off the hill.
 Langdale Ambleside (2 x 2hr 0 min)
- 195 24976 25 June 20:09 Pillar, Ennerdale NY168121**
 SW-calm/dry/cloudy/mild/dull. Steep footpath dry. Hill Walking (Alone)
 Subject (M) became lost and called for assistance. Managed to make his way to valley bottom where he was met, cold and wet, but unhurt.
 Cockermouth (15 x 1hr 21 min)

196 24838 26 June 10:00 Ambleside NY377038
Passing showers/broken cloud/mild/dull. Not reported. Hill Walking
Subject (M) reported as overdue from 100 mile race reconnaissance. Found in bed at holiday accommodation.
Cockermouth (1 x 1hr 0 min); Langdale Ambleside (4 x 1hr 0 min)

197 26313 26 June 12:00 Patterdale NY390160
Not reported. Not reported. Local Incident (Organised event)
Delivered first aid while attending a country fair. Treated two fellrunners and a boy.
Patterdale (2 x 1hr 0 min)

198 26315 26 June 13:00 Spying How, Glencoyne NY383195
Not reported. Not reported. Hill Walking (Family group)
Subject (F52) collapsed while walking with family. Treated and airlifted to hospital. Minor - unconscious (cause unknown).
Patterdale (15 x 1hr 0 min); North West Air Ambulance (Blackpool)

199 24977 26 June 15:45 Gamlin End, High Crag NY181138
NW-calm/dry/broken cloud/mild/dull. Steep dry footpath. Hill Walking (Small party)
Subject (F67) reported injured on the descent from High Crag. Serious - non-specific injuries to lower leg.
Cockermouth (22 x 3hr 57 min); Valley SAR Helicopter

200 24839 27 June 14:55 Easedale Tarn, Grasmere NY315088
Dry/clear/warm/bright. Steep dry track. Hill Walking (Small party)
Mountain biker fell off his bike, sustaining head and facial injuries. Minor - non-specific injuries to head and face.
Langdale Ambleside (11 x 1hr 0 min)

201 24979 28 June 13:16 Black Sail Pass, Ennerdale NY191115
SW-calm/dry/clear/mild/bright. Moderate dry footpath. Search - Mountain
Shouts for help reported. Nothing was found; deemed false alarm with good intent.
Cockermouth (21 x 3hr 0 min); Wasdale (16 x 4hr 0 min)

202 25168 28 June 23:30 Bethcar Moor SD309908
Not reported. Not reported. Hill Walking (Alone)
Subject (F70) with angina, had failed to return from walk. Body located at Top o Selside. **Fatal** – currently cause not reported.
Coniston (12 x 6hr 0 min); Duddon & Furness (9 x 5hr 49 min); Lake District MR Search Dogs (3 x 4hr 45 min)

203 24841 29 June 18:55 Claiffe Heights SD382981
Dry, sunny. Forest track/road. Hill Walking (Alone)
Subject (M32) became lost in forest. Quickly located and taken safely to ferry terminal for return to Bowness.
Coniston (13 x 2hr 0 min); Lake District MR Search Dogs (1 x 0hr 10 min)

July

204 24844 1 July 11:30 Rosthwaite Farm, Windermere SD397933
Calm/dry/clear/warm/bright. Undulating dry moorland. Hill Walking
Request to assist ambulance service with locating casualty, at the time of the call it was unsure of their location. With local help she was found and transported on a quad bike to a waiting ambulance.
Kendal (12 x 1hr 0 min)

205 26314 1 July 13:00 Glenridding, Ullswater NY387175
Not reported. Not reported. Hill Walking (Small party)
Subject (F57) slipped and tumbled 30m. Treated and airlifted to hospital. Serious - non-specific injuries to back.
Patterdale (13 x 1hr 0 min); Unknown Civilian Aircraft

206 24980 1 July 17:19 Crummock Water NY168173
 SW-calm/dry/clear/hot/bright. Gentle dry bank. Hill Walking
 Subject (M21) reported injured, no cause supplied. Minor - non-specific injuries to lower leg.
 Cockermouth (24 x 1hr 0 min)

207 24901 2 July 08:22 Whinlatter NY213247
 Sunny warm. Not reported. Mountain Biking
 Rider (M35) came to grief when trying to negotiate a steep corner. Serious - simple closed
 fracture to tibia and fibula.
 Keswick (14 x 1hr 22 min)

208 25612 2 July 10:52 Broad Stand, Scafell NY209068
 Light/dry/clear. Vertical rockface. Hill Walking (Alone)
 Subject (M) fell from Broad Stand, sustaining serious injuries. Treated on scene by MR and flown
 to hospital by RAF helicopter. Serious - compound closed fractured femur; simple closed fracture
 to pelvis; fracture/dislocation wrist.
 Wasdale (21 x 2hr 30 min); Boulmer SAR Helicopter

209 24859 2 July 12:00 Red Tarn, Gt Langdale NY271036
 Calm/dry/clear/warm/bright. Moderate dry footpath. Hill Walking (Alone)
 Subject (M) reported collapsed with chest pains. Serious - myocardial infarct.
 Langdale Ambleside (11 x 1hr 0 min); Unknown Civilian Aircraft

210 25613 2 July 12:17 Rakes Progress, Safell NY209068
 Light/dry/broken cloud. Narrow steep track. Hill Walking
 Climber (M) fell 25 ft sustaining head and wrist injuries. Treated on scene then lowered to more
 level ground for transfer to helicopter. Helmet probably saved his life. Serious - laceration to
 head; fracture/dislocation of right wrist.
 Wasdale (21 x 3hr 30 min); Boulmer SAR Helicopter

211 24860 2 July 12:30 Stool End Farm, Gt Langdale NY276058
 Dry/clear/mild/bright. Gentle dry footpath. Hill Walking
 Subject (M) reported collapsed with chest pains. Serious - myocardial infarct.
 Kendal (9 x 2hr 0 min); Langdale Ambleside (10 x 1hr 0 min); Unknown Civilian Aircraft

212 24861 2 July 13:42 Dungeon Ghyll, Gt Langdale NY290066
 Dry/clear/warm/bright. Steep very wet, slippery gully. Hill Walking (Small party)
 Subject (M46) fell 10m into ghyll. Serious - non-specific injuries to chest; non-specific injuries to
 lower leg; non-specific injuries to pelvis.
 Kendal (13 x 4hr 0 min); Langdale Ambleside (13 x 4hr 0 min); Great North AA Cumbria

213 25614 2 July 19:00 Green How, Scafell NY205065
 Light/dry/clear/mild/dusk. Moderate footpath. Hill Walking (Small party)
 Subject (M) reported he was unable to continue because of knee pain. Stretched down and
 made his own way to hospital. Minor - painful/uncomfortable knee.
 Wasdale (18 x 3hr 30 min)

214 24934 3 July 00:30 Old Hutton SD558881
 N-calm/dry/clear/cool/dark. Moderate damp bank. Local Incident
 Subject (M) fell over a waterfall 20ft while swimming after dark.
 Kendal (18 x 2hr 0 min)

215 25169 3 July 11:50 Hoad Hill SD294790
 Light/dry/clear/mild/bright. Gentle firm moorland. Hill Walking
 Subject (M68) reported collapsed, ambulance crew at site. Serious – unspecified illness.
 Duddon & Furness (18 x 1hr 49 min)

216 26316 4 July 12:00 Grisedale NY363143
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F52) tripped while out walking with friends. Treated and airlifted to hospital. Minor - non-specific injuries to head.
 Patterdale (20 x 1hr 0 min); Great North AA Cumbria

217 24891 5 July 14:27 Bowfell, Climbers Traverse NY333333
 Heavy rain/hill fog/mild/dull. Steep damp crag. Hill Walking
 Shouts for help heard and reported. Nothing found.
 Langdale Ambleside (9 x 2hr 15 min)

218 24892 5 July 18:50 Codale Head, Gt Langdale NY228088
 Light/heavy rain/low cloud/mild/dark. Steep wet moorland. Hill Walking (D of E)
 School group of eleven reported in difficulty in mist.
 Langdale Ambleside (13 x 5hr 30 min)

219 24904 8 July 22:00 Codale Head, Gt Langdale NY286108
 SW-fresh/heavy rain/hill fog/cool/dull. Moderate wet, slippery moorland. Hill Walking
 Subject (M40) lost on Coast-to-Coast route.
 Keswick (3 x 4hr 19 min); Langdale Ambleside (13 x 6hr 0 min); Lake District MR Search Dogs
 (4 x 5hr 40 min)

220 25025 9 July 16:30 Dukerdale Fell, Tailbridge NY813052
 Clear fine. Firm grassland. Hill Walking (Medium party)
 Subject (F60) reported with ankle injury, unable to walk. Evacuated to accommodation in K
 Stephen. Minor - sprained ankle.
 Kirkby Stephen (4 x 1hr 0 min)

221 25616 9 July 21:45 Upper Eskdale NY222065
 Not reported. Not reported. Rock Climbing (Small party)
 Two climbers (M) reported overdue after climbing on Esk Buttress. Small group started to search
 but subjects had made own way off and notified the police.
 Wasdale (5 x 1hr 0 min)

222 24981 9 July 22:03 High Snockrigg, Buttermere NY187171
 Not reported. Not reported. Hill Walking (D of E)
 Subject (M17) reported injured whilst walking off the hill on day 3 of DofE expedition. Minor -
 dislocated knee.
 Cockermouth (18 x 2hr 0 min)

223 25289 12 July 11:20 Seathwaite Slabs NY232121
 Overcast dry breezy. Dry. Hill Walking (School/Youth group)
 Subject (F15) with school group fainted, banged her head and reported unconscious. Requested
 to assist with evacuation but she was able to walk to a ambulance.
 Keswick (12 x 1hr 0 min); Great North AA Cumbria

224 24946 14 July 13:40 Penny Rock, Grasmere NY343059
 SW-light/dry/clear/mild/bright. Gentle damp footpath. Hill Walking (Small party)
 Subject (F35) slipped. Serious - simple closed fractured ankle.
 Langdale Ambleside (7 x 1hr 0 min)

225 24947 14 July 13:40 Pike O'Blisco NY277042
 SW-light/dry/clear/mild/bright. Moderate boggy moorland. Hill Walking
 Subject (M53) found collapsed. Declared dead at scene. **Fatal** – cause currently not supplied.
 Langdale Ambleside (7 x 4hr 39 min); North West Air Ambulance (Barton)

226 25617 14 July 21:15 Brown Tongue, Scafell Pike NY195074
 Light/dry/clear/mild. Gentle footpath. Hill Walking (Small party)
 Subject (M) slipped while descending, sustaining head lacerations. Met by MR as he was making
 his own way down and assisted him to walk down. Minor - laceration to head.
 Wasdale (22 x 2hr 0 min)

- 227 24949 15 July 22:55 Old Dungeon Ghyll, Gt Langdale NY284062**
 Passing showers/hill fog/cool/dark. Moderate wet moorland. Hill Walking
 Flashing lights spotted on The Band. Investigated, but nothing found - false alarm good intent.
 Langdale Ambleside (4 x 1hr 0 min)
- 228 24950 16 July 11:58 Harrison Stickle, Gt Langdale NY285074**
 Heavy rain/broken cloud/mild/dull. Moderate very wet footpath. Hill Walking (Large party)
 Subject (M15) slipped off path. Serious - non-specific injuries to back.
 Langdale Ambleside (15 x 3hr 0 min); RAF Leeming (8 x 3hr 0 min)
- 229 24951 16 July 16:12 Stickle Ghyll, Gt Langdale NY288074**
 Heavy rain/broken cloud/mild/dull. Steep very wet, slippery footpath. Hill Walking
 Subject (F) slipped on descent. Serious - fracture/dislocation of shoulder (glenohumeral joint).
 Langdale Ambleside (18 x 3hr 0 min); Great North AA Teeside
- 230 25619 16 July 19:15 Upper Eskdale NY220050**
 Not reported. Not reported. Hill Walking (Alone)
 Subject (M) reported himself lost while descending from Scafell Pike. Small group searched
 Eskdale and found the walker safe and well near Scar Lathing.
 Wasdale (7 x 4hr 30 min)
- 231 25781 18 July 15:00 Helvellyn NY343151**
 Strong/rain/misty/cool/dull. Vertical slippery very wet crag. Hill Walking (Small party)
 Party of two (F, M) became cragfast on headwall; due to strong winds, they had descended off
 the top and become stuck. They were lowered on ropes down the headwall to safe ground.
 Patterdale (11 x 5hr 0 min)
- 232 25291 19 July 09:55 Blencathra, Sharp Edge NY326283**
 Misty. Damp. Rock Scrambling (Alone)
 Subject (M) became cragfast on the exit ramp of narrow ridge to the summit when his knee
 locked. Despatched group to rope him up to the top. Once recovered, he was able to walk slowly
 down.
 Keswick (11 x 3hr 4 min)
- 233 25292 19 July 14:02 Lodore Falls, Borrowdale NY265187**
 Not reported. Not reported. Rock Scrambling (Organised event)
 Subject (M47) fell while taking part in an organised ghyll scramble. Serious - dislocation of
 shoulder (glenohumeral joint).
 Keswick (12 x 2hr 19 min); Great North AA Cumbria
- 234 25782 19 July 14:47 Nethermost - Dollywagon NY342135**
 Light/rain/low cloud/cool/dull. Moderate wet footpath. Hill Walking (Small party)
 Subject (F46) slipped on wet ground, injured her ankle and unable to walk. Treated at scene and
 stretchered below cloud level for air ambulance evacuation. Minor - fracture/dislocation of right
 ankle.
 Keswick (1 x 0hr 30 min); Patterdale (14 x 4hr 30 min); Great North AA Cumbria
- 235 25720 19 July 18:00 Raven Crag, Fleetwith NY197147**
 Not reported. Steep damp crag. Animal Rescue (Alone)
 One sheep reported stuck on crag. Retrieved without loss or injury.
 Cockermouth (2 x 1hr 0 min)
- 236 24982 20 July 11:20 Helm Crag, Grasmere NY327088**
 Light/dry/hill fog/mild/bright. Steep damp, slippery footpath. Hill Walking (Small party)
 Subject (F48) slipped on path. Serious - simple closed fracture to ankle.
 Langdale Ambleside (12 x 2hr 0 min)

237 24971 23 July 14:30 Grizedale Forest, North Face Trail SD340980
 Dry, sunny. Mountain bike trail. Mountain Biking (Small party)
 Rider (M13) hit a rock whilst cycling along trail. Serious - non-specific injuries to back; non-specific injuries to neck; injuries left hand; injuries left lower arm; injuries right hand; injuries right lower leg; injuries right lower arm.
 Coniston (10 x 1hr 45 min)

238 24983 23 July 18:07 Lowwood, Ambleside NY391025
 Dry/clear/mild/bright. Moderate firm footpath. Hill Walking
 Subject (F25) slipped. Serious - simple closed fracture to ankle.
 Langdale Ambleside (10 x 1hr 30 min)

239 25296 24 July 14:47 Derwentwater, Brandlehow NY253193
 Dry. Dry. Hill Walking
 Requested to assist the air ambulance with a subject (M60) who had become unwell and collapsed whilst walking. He was stretchered 300m to the helicopter and flown to hospital. Serious – cause currently not supplied.
 Keswick (13 x 1hr 22 min); Great North AA Cumbria

240 24984 26 July 11:18 Red Dell, Coniston SD285992
 Dry, sunny. Steep fell track. Hill Walking (Small party)
 Subject (F9) tripped whilst descending steep footpath. Serious - deep laceration(s) to head; non-specific injuries to lower arm; injuries to left shoulder; injuries to right hand.
 Coniston (8 x 1hr 0 min); Great North AA Cumbria

241 25186 26 July 19:25 Meldon Hill - Cow Green Resr., N Pennines NY771290
 Hot dry bright. Blanket bog. Mountain Biking (Alone)
 Rider (M) reported himself lost when GPS batteries failed. Made his own way to his startpoint.
 Penrith (15 x 1hr 30 min); Lake District MR Search Dogs (1 x 0hr 55 min); Teesdale and Weardale (1 x 1hr 30 min)

242 25297 27 July 16:03 Cat Gill, Borrowdale NY270209
 Warm sunny. Dry. Hill Walking
 Subject (F65) fell whilst walking. Treated and evacuated her by stretcher to ambulance.
 Keswick (2 x 1hr 13 min)

243 25187 29 July 11:43 Alston, N Pennines NY720462
 Hot dry bright. Dry. Search - Non-mountain (Alone)
 Despondent (M46) threatened self-harm after eviction; reported missing. Outcome not reported.
 Northumberland NP (3 x 2hr 0 min); North of Tyne (20 x 5hr 0 min); Penrith (18 x 9hr 0 min); SARDA (England) (2 x 7hr 0 min); Lake District MR Search Dogs (3 x 7hr 0 min); Teesdale and Weardale (5 x 9hr 0 min); Boulmer SAR Helicopter

244 25298 30 July 13:41 Lodore Falls, Borrowdale NY264185
 Not reported. Not reported. Hill Walking (Small party)
 Party of two (M39, M) became lost and stuck behind Shepherds Crag, after they had taken a wrong path on the way to Ashness. They were located in bracken close to the edge of Lodore Gorge, and walked down to High Lodore Farm.
 Keswick (16 x 1hr 13 min)

245 24989 30 July 14:15 Coffin Route, Rydal NY359065
 Dry/clear/hot/bright. Moderate footpath. Hill Walking
 Subject (M83) fell. Minor - deep laceration(s) to head.
 Langdale Ambleside (9 x 1hr 30 min); North West Air Ambulance (Barton)

246 24990 30 July 15:40 Ambleside NY377045
 Not reported. Not reported. Local Incident
 Flagged down by police to assist with person (M) collapsed in street. Serious - myocardial infarct.
 Langdale Ambleside (2 x 1hr 0 min)

247 25188 30 July 16:05 Great Dun Fell, N Pennines NY707327
Hot dry bright. Dry stony. Hill Walking (Alone)
Subject (M77) made navigation error and lost path following wrong side of fenceline. Advised and guided back to path.
Penrith (1 x 3hr 0 min)

248 25026 31 July 12:25 Uldate Force, Rawthey Gill, Fellend SD735959
Clear fine dry. Steep rocky footpath. Hill Walking (Small party)
Subject (M61) fell from rocky footpath into gully. **Fatal** - non-specific injuries to head.
Kirkby Stephen (13 x 3hr 0 min); Leconfield SAR Helicopter

249 25299 31 July 15:59 Swirls - Stanah, Thirlmere NY318171
Dry. Dry. Hill Walking
Subject (F35) slipped and fell into a gill. Evacuate from the gill, and stretchered her down to ambulance at car park. Serious - simple closed fracture to ankle.
Keswick (16 x 1hr 40 min)

August

250 25300 1 August 12:55 Helvellyn, Brown Cove Crags NY353157
Cloud. Damp slippery. Rock Scrambling
Subject (M67), scrambling with an organised party, was hit on the head by a falling stone. He fell 15m down a gully. His helmet undoubtedly saved him from further serious injury. Serious - extensive bruising to head; deep laceration(s) to scalp.
Keswick (16 x 3hr 30 min); Boulmer SAR Helicopter

251 25124 1 August 17:45 White Fell Howgills SD656961
Calm/dry/clear/cool/bright. Moderate dry track. Mountain Biking
A mountain biker (M28) sustained injuries having gone over handlebars whilst descending. MR assisted by a local farmer evacuated the rider to a waiting air ambulance. Minor - non-specific injuries to head; non-specific injuries to shoulder.
Kendal (18 x 3hr 0 min); Yorkshire Air Ambulance

252 24991 3 August 16:15 Great Langdale NY279071
Dry/broken cloud/mild. Moderate damp moorland. Hill Walking
Subject (M) reported separated from companions. Located on bus in Kendal making his own way home.
Langdale Ambleside (4 x 2hr 0 min)

253 25581 3 August 17:55 Muncaster Castle SD103964
Light/dry/clear/mild/bright. Level. Local Incident
Vulnerable (M80) with medical problems reported missing in castle grounds. After 2 hour search, the missing person turned up in Windermere, 40 miles away.
Lake District MR Search Dogs (8 x 3hr 15 min); Wasdale (20 x 2hr 30 min)

254 25582 4 August 13:00 Lingmell Col NY212079
Light/drizzle/hill fog/cool. Gentle footpath. Hill Walking (Small party)
Party of two (M) lost the path on their way off Scafell. Attempts to talk them off failed, so a small party went up to accompany them down.
Wasdale (8 x 6hr 0 min)

255 25583 4 August 15:52 Broad Crag NY218075
Fresh/drizzle/hill fog/cool/dull. Moderate rough. Hill Walking (Alone)
Subject (M23), doing Three Peaks lost the path in hill fog and rain. Although only about 20 yards from the path he was unable to move. Using a grid reference from his mobile phone, he was located and accompanied down to Wasdale for an unplanned night in a hotel.
Wasdale (16 x 8hr 0 min)

256 25301 5 August 13:52 Hawse End NY249216
 Dry. Dry. Hill Walking
 Subject (F67) walking round lake, tripped on an uneven path and suffered an arm injury. Evacuated her to an ambulance. Serious - non-specific injuries to lower arm. Keswick (5 x 1hr 18 min)

257 25170 5 August 19:10 Marton SD240766
 Light/fine/clear/mild/bright. Gentle very wet bank. Occupational (Alone)
 Quad bike rider (M38) injured in accident. Pronounced dead on scene **Fatal** – cause currently not supplied.
 Duddon & Furness (14 x 1hr 19 min); North West Air Ambulance (Barton)

258 25189 6 August 02:19 Gelt Woods, Brampton NY523589
 Dry calm warm. Wet soft. Local Incident (Small party)
 Subject (M) reported unconscious while camping in popular woodland walk. Unclear if condition was due to fall or alcohol excess. Serious - non-specific injuries to head; non-specific injuries to neck.
 Penrith (9 x 3hr 0 min)

259 25302 6 August 23:39 Coldbarrow Fell NY288138
 Not reported. Not reported. Hill Walking (Small party)
 A group of four (M25), going from Wasdale to Dunmail Raise, reported themselves cragfast. They were located 5km from where they reported themselves to be on Steel Fell.
 Keswick (8 x 4hr 46 min); Lake District MR Search Dogs (1 x 4hr 46 min)

260 25190 7 August 13:25 Knock Fell, N Pennines NY717314
 Dry. Dry. Hill Walking
 Subject (M79) reported ill with breathing difficulties. Treated and evacuated by air ambulance prior to MR arrival. Minor - breathing difficulties.
 Kirkby Stephen (12 x 1hr 0 min); Penrith (19 x 1hr 0 min); Great North AA Cumbria

261 25024 7 August 18:05 Goatswater, Coniston Fells SD266975
 Heavy showers. Rough fell track & boulders along shore. Hill Walking (Small party)
 Subject (F22) slipped on path. Serious - simple closed fracture to wrist; simple closed fracture to ankle; simple closed fracture to left scapula.
 Coniston (14 x 3hr 0 min); Great North AA Cumbria

262 25721 7 August 19:37 Rannerdale Knotts NY166183
 Cloudy/mild/dusk. Steep dry crag. Hill Walking (Small party)
 Subject (M57) reported as having fallen whilst scrambling. Treated on scene, lowered on a stretcher down to the valley and evacuated by a helicopter. Serious - non-specific injuries to head; non-specific injuries to lower leg.
 Cocker mouth (22 x 2hr 30 min)

263 25125 10 August 20:15 River Kent Kendal SD516936
 N-light/passing showers/clear/dusk. Gentle wet, slippery bank. Local Incident
 An unknown object was spotted lodged in the rising river. After inspection and discussion with a police officer, it was recovered, but the item turned out to be a boat lifeline.
 Kendal (10 x 1hr 0 min)

264 25081 11 August 13:36 Pavey Ark, Jack's Rake, Gt Langdale NY285079
 Heavy rain/hill fog/mild/dull. Vertical very wet, slippery crag. Hill Walking
 Requested to recover the body of suicide victim from scrambles route. Recovered and handed over to Coroner's Officer. **Fatal** - hanging (self-inflicted).
 Kendal (10 x 5hr 0 min); Langdale Ambleside (16 x 6hr 0 min)

265 25796 11 August 15:37 Wether Hill, High Street NY457168
 Light/dry/low cloud/cool/dull. Moderate dry footpath. Hill Walking (D of E) (Small party)
 Group (F) lost footpath in low cloud. No deployment took place when group supervisor informed the group were being walked off, safe and well.
 Patterdale (3 x 1hr 0 min)

- 266 25783 12 August 15:45 Boredale NY411159**
 Calm/dry/mild/bright. Moderate dry footpath. Search - Mountain (Alone)
 Subject (F52) walking from Howtown to Glenridding got lost and called for help. With use of
 picture from her mobile, able to locate her position and walk her to safety.
 Patterdale (14 x 1hr 0 min)
- 267 25082 12 August 16:10 Water Yeat - Beacon Tarn SD278895**
 Showers, warm. High fell track. Hill Walking (Small party)
 Subject (F55) slipped on wet ground. Serious - fractured left ankle.
 Coniston (11 x 2hr 0 min)
- 268 25117 13 August 11:41 Orrest Head SD414994**
 Dry/clear/mild/bright. Moderate damp, slippery moorland. Hill Walking (Small party)
 Subject (F70) slipped on damp ground. Serious - simple closed fracture of left tibia and fibula.
 Langdale Ambleside (8 x 2hr 0 min)
- 269 25306 13 August 13:00 Blencathra, Gategill Fell NY318273**
 Not reported. Not reported. Hill Walking
 Subject (M67) reported with chest pains towards the top of Blencathra. Air Ambulance unable to
 access because of low cloud, but a Sea King which was in the area struck lucky and was able to
 winch the man onboard. Serious - panic attack.
 Keswick (13 x 2hr 22 min); Great North AA Cumbria; Boulmer SAR Helicopter
- 270 25722 13 August 19:04 Scarth Gap, Buttermere NY187145**
 Not reported. Not reported. Hill Walking
 Subject (M68) reported with leg pain whilst descending Scarth Gap Pass. Evacuated by stretcher
 to Gatesgarth Farm. Minor - pain/discomfort in upper leg.
 Cockermouth (18 x 2hr 0 min)
- 271 25784 13 August 22:45 Priest's Hole, Dovedale NY403118**
 Calm/dry/broken cloud/mild/dark. Steep dry crag. Search - Mountain (Small party)
 Members of the public reported seeing flashing lights on hillside. Investigation found a group had
 asked to leave car in carpark while they bivi-ed at well-known cave.
 Patterdale (4 x 1hr 0 min)
- 272 25785 13 August 22:55 Howtown, Ullswater NY443199**
 Calm/dry/mild/dark. Not reported. Water Sport (Alone)
 Sailor (M) was reported missing after failing to return to shore by 22:30. Just before launching
 boat, police reported sailor had drifted ashore after engine failure.
 Patterdale (4 x 0hr 45 min)
- 273 25121 14 August 14:23 Wrynose Pass, Little Langdale NY281029**
 Calm/dry/clear/warm/bright. Steep track. Mountain Biking
 Mountain biker fell off his bike. Stood down responding when informed air ambulance had
 accessed and evacuated rider.
 Langdale Ambleside (13 x 1hr 0 min); Great North AA Cumbria
- 274 25122 14 August 14:28 Easedale Tarn, Grasmere NY304091**
 Calm/dry/clear/warm/bright. Steep damp, slippery crag. Hill Walking
 Couple reported as cragfast. Both led to safety with minor hand injuries.
 Langdale Ambleside (13 x 3hr 0 min)
- 275 25179 14 August 22:20 Rosset Ghyll, Gt Langdale NY250070**
 Not reported. Steep damp footpath. Hill Walking (Small party)
 A party of two, including elderly male (70), became benighted. Minor - non-specific injuries to
 lower leg.
 Langdale Ambleside (11 x 5hr 0 min)

- 276 25123 15 August 15:10 Far Easedale, Grasmere NY296101**
 Dry/clear/mild/dull. Moderate boggy, slippery footpath. Hill Walking
 Subject (M78) slipped, unable to bear weight. Stretchered to safety. Minor - non-specific injuries to lower leg.
 Kendal (17 x 5hr 0 min); Langdale Ambleside (15 x 4hr 30 min)
- 277 25743 15 August 20:20 Birks Bridge SD235995**
 Not reported. Not reported. Hill Walking (Alone)
 Subject (M70) reported overdue. Turned up before search started.
 Duddon & Furness (23 x 0hr 25 min)
- 278 25786 16 August 16:25 Hartsop Above How NY375115**
 Light/rain/cloudy/cold/dull. Moderate wet ridge. Hill Walking (D of E) (School/Youth group)
 Subject (F17) slipped and fell, injuring her ankle. The group put up shelter and kept her warm.
 Stretchered off the hill and taken to hospital by party's transport. Minor – sprained ankle.
 Patterdale (15 x 3hr 40 min)
- 279 25584 18 August 06:45 Red Gill, Scafell NY205069**
 Light/dry/clear/mild. Steep gully. Hill Walking (Alone)
 Subject (F) lost the path during the evening and became cragfast. Passing walker heard her shouts next morning. She was assisted to climb out with ropes and walked off unhurt.
 Langdale Ambleside (1 x 4hr 30 min); Wasdale (16 x 4hr 30 min)
- 280 25180 19 August 18:45 Crinkle Crag, Gt Langdale NY250045**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M) reported missing by friend. Located in Sheffield.
 Coniston (1 x 4hr 0 min); Langdale Ambleside (3 x 4hr 0 min)
- 281 25787 20 August 12:50 Aira Force, Ullswater NY401392**
 Calm/fine/clear/warm/bright. Moderate damp slippery footpath. Hill Walking (Family group)
 Subject (M40) slipped on damp rock and injured his shoulder. MR stood down on arrival, reason not given. Minor - injuries to shoulder.
 Keswick (1 x 1hr 0 min); Patterdale (10 x 1hr 0 min)
- 282 25431 20 August 21:37 Black Burn Bothy, Ousby Fell NY697377**
 Overcast occasional showers, warm. Moorland, peat bog. Hill Walking (Alone)
 Subject (M60) reported lost on Pennine Way between Kirkland and Garrigill. Found mountain bothy for a cold overnight stay and appeared at Garrigill at first light.
 Penrith (1 x 0hr 30 min)
- 283 25181 20 August 22:00 Crinkle Crag, Moasdale NY242043**
 Not reported. Moderate moorland wet. Hill Walking (Small party)
 Couple became separated, woman reported man missing. Man became exhausted and benighted while searching the hill for his wife. He was located at Swinsty Ghyll.
 Langdale Ambleside (10 x 4hr 30 min); Lake District MR Search Dogs (4 x 3hr 0 min); Wasdale (11 x 2hr 30 min)
- 284 25141 21 August 13:10 Grizedale Forest SD337977**
 Dry, sunny. Mountain bike track - wooden broadwalk. Mountain Biking (Small party)
 Cyclist (M24) came off mountain bike whilst negotiating very slippery broadwalk. Paramedics attended, walked to ambulance. Serious - simple closed fracture to right wrist.
 Coniston (8 x 1hr 0 min)
- 285 25191 21 August 15:15 Birkett Hill, Hartley NY798075**
 Good fair. Soft. Local Incident (Alone)
 Vehicle stuck in ditch after reversing. Winched out onto hard standing.
 Kirkby Stephen (1 x 0hr 45 min)

286 25326 21 August 16:50 Shepherds Crag, Borrowdale, 'Arduis' NY263185
Dry. Dry. Rock Climbing
Subject (M30) fell 6m to the ground whilst leading. Treated and evacuated to the aircraft. Serious
- dislocation left shoulder (glenohumeral joint).
Keswick (18 x 1hr 49 min); Great North AA Cumbria

287 25744 21 August 16:55 Caw SD225941
Light/fine/clear/mild/dull. Gentle boggy, slippery moorland. Fell Running (Alone)
Subject (F45) injured her leg through sinking in boggy ground. Serious - fractured tibia and fibula.
Duddon & Furness (17 x 2hr 49 min)

288 25182 21 August 21:25 Three Tarns, Gt Langdale NY248060
Not reported. Not reported. Hill Walking
Group left slow member behind and later reported him missing. Turned up in Borrowdale.
Langdale Ambleside (3 x 1hr 0 min)

289 25192 22 August 13:51 Nine Standards Rigg NY827057
Clear fine sunny. Peat hags, rough fell. Hill Walking (Small party)
Subject (F59) slipped in area of peat hags whilst walking Coast-to-Coast. Evacuated by air
ambulance. Serious - simple closed fracture to right ankle.
Kirkby Stephen (12 x 2hr 15 min); Great North AA Cumbria

290 25183 23 August 11:35 Tongue Gill, Grasmere NY349109
Not reported. Moderate damp, slippery footpath. Hill Walking (Small party)
Subject (F70) sustained wrist injury, cause not reported. Serious - simple closed fracture to wrist.
Langdale Ambleside (11 x 3hr 0 min); Great North AA Teeside

291 25327 25 August 15:15 Walla Crag, Borrowdale NY276212
Not reported. Not reported. Hill Walking
Subject (M14) became separated from his family during a walk. After 2 hrs, his mother requested
assistance as they could not locate him. The boy turned up.
Keswick (10 x 0hr 45 min)

292 25178 26 August 14:00 Grizedale Forest, North Face Trail SD331939
Dry, cloudy, then rain. Mountain bike trail. Mountain Biking (Small party)
Rider (F41) fell off bike and landed on rock. Serious - non-specific injuries to lower arm and left
upper leg.
Coniston (10 x 2hr 30 min)

293 25329 28 August 20:42 Bakestall NY272312
Cloudy dry. Wet. Hill Walking
Subject (M50) slipped on wet grass, twisted his knee badly and was unable to continue.
Stretchered to the Dash Falls track then transported to meet with an ambulance at Peter House
Farm. Serious – sprained knee.
Keswick (18 x 1hr 46 min)

September

294 25789 1 September 15:10 St Sunday Crag NY385153
Calm/fine/clear/warm/bright. Steep dry crag. Hill Walking (Small party)
Subject (M74) fell 100ft. Treated on scene, and airlifted to hospital. Serious – injuries to head,
face and spine.
Patterdale (10 x 3hr 30 min); Great North AA Cumbria; Boulmer SAR Helicopter

295 25790 2 September 16:45 Ullswater Marine NY445225
Not reported. Not reported. Water Sport (Small party)
Report from HMCG via police of sinking yacht. Yacht was eventually found safe on mooring; call
had been a training exercise which unknowingly was transmitted.
Patterdale (8 x 2hr 10 min)

- 296 25330 3 September 13:41 Blencathra, Sharp Edge NY326282**
 Wet cloudy. Wet slippery. Rock Scrambling (Small party)
 Party of two (M35) became cragfast on exposed ridge above the 'Difficult Step'. Small MR group roped them to safety.
 Keswick (22 x 3hr 4 min)
- 297 25586 4 September 00:20 Skew Gill NY221092**
 Moderate/rain/dark. Moderate very wet footpath. Hill Walking (Medium party)
 Subject (M47), doing the Three Peaks, slipped and tumbled 20ft into a stream. He was treated on scene and stretchered down to a waiting ambulance. Serious - non-specific injuries to head; simple closed fracture to left radius and ulna; injuries to right upper leg.
 Wasdale (20 x 5hr 0 min)
- 298 25213 4 September 16:55 Moor Gill Foot, Cumbria Way SD298940**
 Dry, sunny. Rough, damp lakeshore track. Hill Walking (Small party)
 Subject (M44) slipped, injuring leg. Serious - fracture/dislocation of left ankle.
 Coniston (13 x 2hr 0 min)
- 299 25257 4 September 17:05 Long Crag Bannisdale NY514053**
 Calm/dry/clear/cool/bright. Moderate boggy moorland. Hill Walking
 Subject (F34) sustained injured ankle whilst crossing a boggy patch of ground. She was stretchered to a team vehicle for onward transfer to ambulance at roadhead. Minor - non-specific injuries to lower leg.
 Kendal (18 x 3hr 0 min)
- 300 25587 4 September 18:33 Stand Crag NY218086**
 Light/passing showers/clear/cool. Moderate footpath. Hill Walking (Small party)
 Subject (F) slipped and sustained minor head injury. Air ambulance evacuated subject while MR en route, stood down. Minor - non-specific laceration to head.
 Wasdale (17 x 1hr 30 min); Unknown Civilian Aircraft
- 301 25307 4 September 20:40 Gibson Knott, Grasmere NY318099**
 Passing showers/hill fog/cool/dark. Steep wet, slippery moorland. Mountain Biking (Small party)
 Party of two lost and unable to find their way off. Located and escorted to safety.
 Langdale Ambleside (10 x 7hr 0 min)
- 302 25791 6 September 09:57 Place Fell, Ullswater NY395176**
 Light/passing showers/broken cloud/cool/bright. Undulating v wet footpath. Hill Walking
 Subject (M60), on Coast-to-Coast walk, slipped on footpath. Reduced fracture splinted and stretchered to MR vehicle for transport to roadhead. Serious - fracture/dislocation of right ankle.
 Patterdale (15 x 1hr 30 min)
- 303 25334 6 September 14:01 Blencathra, Doddick Fell NY328272**
 High winds, heavy showers. Wet slippery. Hill Walking (Small party)
 Subject (F26) unable to continue during descent. Although the location was rather vague, a small team located party, and after re-warming and food, she was able to walk down.
 Keswick (13 x 3hr 10 min)
- 304 25256 6 September 14:32 Claife Heights SD378975**
 Cloudy, windy. Rough, wet track. Hill Walking (Small party)
 Subject (F28) slipped on rock and injured wrist. Accompanied to landrover before being taken to waiting ambulance. Minor - simple closed fracture to left wrist.
 Coniston (7 x 2hr 19 min)
- 305 25792 7 September 20:00 Helvellyn NY338152**
 Not reported. Not reported. Hill Walking (Alone)
 Subject (M) reported missing on Helvellyn. Stood down when he turned up safe and well, on wrong side of mountain.
 Keswick (1 x 1hr 0 min); Patterdale (12 x 1hr 0 min)

- 306 25308 8 September 14:45 Wray Castle, Windermere NY377004**
 Passing showers/broken cloud/mild/dull. Moderate very wet track. Hill Walking (Small party)
 Subject (M) slipped, requested to assist ambulance service. Serious - simple closed fracture to tibia and fibula.
 Langdale Ambleside (14 x 1hr 0 min); Great North AA Teeside
- 307 25265 10 September 12:25 Belle Grange, 'Coffin Trail' SD386988**
 Showers. Forest track with slippery paving. Mountain Biking (Small party)
 Rider (M43) fell off bike on greasy track. Assisted air ambulance with evacuation. Serious - simple closed fracture to left ankle.
 Coniston (6 x 1hr 45 min); North West Air Ambulance (Barton)
- 308 25337 10 September 17:15 Honister NY226135**
 Not reported. Not reported. Mountain Biking
 Rider (M24) reported to have fallen from his bike half a mile from the quarry and knocked himself unconscious. He was airlifted to hospital by an air ambulance. Serious - injuries to head.
 Keswick (1 x 0hr 1 min); Great North AA Cumbria
- 309 25588 11 September 01:41 Horn Crag, Scafell NY213045**
 Strong/passing showers/hill fog/cool/dark. Moderate slope. Hill Walking (Small party)
 Party of two Three Peaks Challengers (M) lost their way when descending. Despite having a GPS and map, they were unable to find their way off. Located using mobile phone GPS technology and walked off.
 Lake District MR Search Dogs (3 x 3hr 0 min); Wasdale (11 x 6hr 0 min)
- 310 25793 11 September 13:00 River Eamont, Stainton Island NY495277**
 Rain. Not reported. Water Sport
 Instructor (M26) rescued from river after canoe overturned. Multi-agency action rescued him and accounted for all the remainder of the party. **Fatal** – drowning.
 Patterdale (19 x 3hr 30 min); Great North AA Cumbria
- 311 25589 11 September 15:25 Scafell Pike NY215071**
 Strong/passing showers/low cloud. Moderate track. Hill Walking (Small party)
 Father became separated from his daughter and her friend. Search started but the two girls made their own way off unharmed. Father given lift up the valley to his car and his daughter.
 Lake District MR Search Dogs (2 x 1hr 0 min); Wasdale (6 x 1hr 30 min)
- 312 25590 12 September 14:07 Scafell NY201070**
 Storm/passing showers. Moderate scree. Hill Walking (Small party)
 Subject (M) tripped and fell injuring head and wrist. MR met subject at bottom of fell, having been able to walk down by himself; made own way to hospital. Minor - non-specific laceration to head; non-specific laceration to lower arm.
 Wasdale (15 x 1hr 0 min)
- 313 25309 12 September 15:08 Rydal Caves NY360060**
 SW-gale/heavy rain/broken cloud/mild/dull. Moderate very wet footpath. Hill Walking
 Subject (M72) became exhausted and unable to continue. Picked up and taken back to accommodation.
 Langdale Ambleside (14 x 1hr 0 min)
- 314 25794 13 September 16:25 Sticks Pass, Stybarrow Dodd NY342181**
 Not reported. Not reported. Fell Running (Organised event)
 Two fellrunners (M) reported overdue after failing to reach checkpoint. After confirmed contact had been made with the runners, MR were stood down.
 Patterdale (3 x 2hr 0 min)
- 315 25430 13 September 19:22 High Street NY440110**
 Dry windy warm showers. Moorland plateau. Hill Walking (Small party)
 Party of five (F60), Coast-to-Coast, reported overdue when they failed to arrive at planned destination. Navigation error led them to arrive in Kentmere by mistake.
 Kendal (1 x 1hr 0 min); Penrith (4 x 1hr 30 min)

316 25338 14 September 13:24 Coledale Hause NY189211
 Showers. Wet. Hill Walking
 Subject (F51) slipped while descending and heard a crack as she fell. Treated before airlifted to hospital. Serious - simple closed fracture to ankle.
 Keswick (12 x 2hr 36 min); Great North AA Cumbria

317 25376 14 September 15:23 Scandale Pass, Kirkstone NY387096
 SW-fresh/heavy rain/broken cloud/mild/dull. Moderate wet, slippery moorland. Hill Walking
 Subject (F56) slipped, injuring her leg. Serious - simple closed fracture to tibia and fibula.
 Langdale Ambleside (12 x 3hr 15 min)

318 25339 14 September 16:05 Dale Head Tarn NY230161
 Good. Dry. Hill Walking
 Subject (F63) slipped and injured her ankle. Treated and evacuated to the ambulance. Serious - simple closed fracture to ankle.
 Keswick (17 x 1hr 0 min)

319 25592 15 September 18:29 Broad Crag, Corridor Route NY218080
 Sunny and clear no wind. Craggy path. Search - Mountain
 Reports of cries for help. Searched area, nothing found; deemed false alarm good intent.
 Lake District MR Search Dogs (3 x 4hr 0 min); Wasdale (15 x 4hr 30 min)

320 25429 15 September 21:03 Bampton Common NY444128
 Dry calm warm. Moorland. Hill Walking (Small party)
 Party of two (F) reported overdue at overnight accommodation. Turned up four hours later than planned.
 Penrith (12 x 0hr 30 min); Lake District MR Search Dogs (1 x 0hr 30 min)

321 25340 17 September 12:22 Greenup Gill NY274130
 Wet. Wet. Hill Walking
 Subject (F57) slipped, passing walker raised the alarm. Treated and airlifted to hospital. Serious - simple closed fracture to ankle.
 Keswick (14 x 1hr 34 min); Great North AA Cumbria

322 25343 19 September 16:39 Coniston SD300973
 Dry, cloudy. Not reported. Local Incident
 Requested to assist ambulance with evacuation of elderly patient with possible broken hip.
 Coniston (10 x 1hr 0 min)

323 25764 21 September 14:30 Crossfell, N Pennines NY687344
 Wet windy. Damp. Hill Walking (Small party)
 Party of two reported lost in poor weather.
 Kirkby Stephen (1 x 2hr 30 min); Penrith (1 x 2hr 30 min); Lake District MR Search Dogs (3 x 2hr 10 min)

324 25427 21 September 15:15 Crosby Ravensworth Fell NY621105
 Heavy showers, poor visibility later cleared. Moorland. Hill Walking (Alone)
 Subject (M60), doing the Coast-to-Coast, reported with injured knee. Minor – sprained knee.
 Kirkby Stephen (13 x 1hr 0 min); Great North AA Cumbria

325 25383 21 September 18:08 Sunny Side Cottages, Meathop SD442798
 Not reported. Not reported. Local Incident
 Requested to assist ambulance crew unable to reach remote property where woman had fallen.
 Assisted with evacuation.
 Kendal (19 x 1hr 0 min)

326 25795 21 September 19:45 Ruthwaite Lodge, Grisedale NY355135
 Moderate/rain/cloudy/cool/dull. Not reported. Hill Walking (Large party)
 Subject (M18), staying overnight in a bothy, reported ill when he began fitting. Treated on site and stretchered from the hill. Serious - fit (epilepsy).
 Patterdale (15 x 2hr 45 min)

- 327 25788 22 September 22:37 Helvellyn NY345155**
 Light/dry/cloudy/cool/dark. Steep dry ridge. Hill Walking (Family group)
 Party (three adults, four children) were reported missing after failing to return from walk. As search commenced, the group turned up, tired but safe.
 Patterdale (12 x 1hr 0 min)
- 328 25377 23 September 13:45 Rossett Ghyll, Gt Langdale NY248074**
 SW-fresh/passing showers/broken cloud/cool/dull. Steep damp, slippery footpath. Hill Walking
 Subject (M50) slipped and injured his arm. Air ambulance dispatched but turned back due to weather. Serious - dislocated elbow.
 Kendal (11 x 3hr 0 min); Langdale Ambleside (14 x 3hr 0 min); Unknown Civilian Aircraft
- 329 25593 24 September 08:08 Broad Crag NY218076**
 Strong/heavy rain/hill fog/cool/dawn. Moderate rough footpath. Hill Walking (Medium party)
 Subject (M), doing Three Peaks, slipped injuring his head. Poor communications and confusing message from informants, delayed location and treatment. Minor - non-specific laceration to head; non-specific localised bruising to lower arm.
 Lake District MR Search Dogs (2 x 4hr 0 min); Wasdale (17 x 8hr 0 min)
- 330 25384 24 September 14:30 School Knott Tarn, Windermere SD428973**
 Calm/dry/clear/mild/dull. Gentle wet, slippery slope. Hill Walking (Organised event)
 Request for assistance with evacuation of a lady slipped on wet grassy slope. Assisted ambulance service.
 Kendal (15 x 2hr 0 min)
- 331 25726 24 September 15:30 Shamrock, Pillar Rock, Ennerdale NY172124**
 SW-fresh/heavy rain/cloudy/cool/dull. Steep very wet, slippery crag. Animal Rescue
 Sheep was identified cragfast on a ledge. Retrieved without loss or injury.
 Cockermouth (4 x 1hr 30 min)
- 332 25378 24 September 16:18 Rydal Water NY355060**
 Dry/clear/mild/bright. Gentle damp footpath. Hill Walking
 Subject (F) slipped and sustained ankle injury. Assisted ambulance service. Minor - non-specific injuries to lower leg.
 Langdale Ambleside (9 x 1hr 30 min)
- 333 25437 24 September 16:41 Sale Fell NY186245**
 Dry sunny. Dry path. Hill Walking (Small party)
 Subject (M65) collapsed and died whilst walking with his wife and friends. When air ambulance crew unable to revive him, the body was stretchered off the hill. **Fatal** - myocardial infarct.
 Keswick (20 x 1hr 49 min); Penrith (1 x 0hr 30 min)
- 334 25438 24 September 18:50 Blencathra, Blease Fell NY309256**
 Not reported. Not reported. Hill Walking
 Subject (M34), bouldering whilst under the influence of alcohol, fell off and injured his ankle. Assisted ambulance service evacuating him to the ambulance. Serious - simple closed fracture to ankle.
 Keswick (13 x 0hr 55 min)
- 335 25428 25 September 21:30 Stenkrith Gorge, Kirkby Stephen NY775075**
 Warm dry. Rocky patches. Animal Rescue
 Dog reported to have run off into area of rocky river gorge. Dog located and returned to owner.
 Kirkby Stephen (5 x 0hr 30 min)
- 336 25442 28 September 17:00 Belles Knotts, Grasmere NY298084**
 SW-light/dry/clear/warm/bright. Steep damp, slippery footpath. Hill Walking
 Subject (F70) slipped and sustained head injury. Serious – concussion.
 Langdale Ambleside (13 x 3hr 0 min); Boulmer SAR Helicopter

337 25382 29 September 12:30 Parkamoor, Grizedale Forest SD323923
Dry, warm, sunny. Rough track. Mountain Biking (Small party)
Rider (M32) hurt knee when bike slipped from under him. Serious - deep laceration(s) to knee.
Coniston (10 x 2hr 30 min); North West Air Ambulance (Barton)

338 25594 30 September 12:20 Scafell, Lords Rake NY207069
Light/dry/clear/mild/bright. Steep loose scree. Hill Walking (Small party)
Subject (M) slipped about 2m down scree on his back. Helicopter delayed when re-tasked but
eventually airlifted to hospital. Minor - bruising to internal organs in left back.
Wasdale (11 x 4hr 30 min); Unknown Civilian Aircraft

339 25765 30 September 12:42 Rough Crag, Haweswater NY455112
Dry bright sunshine cloudy. Dry mixed ground. Hill Walking (Small party)
Subject (M66) taken ill with chest pains; history of heart problems. Treated and airlifted to
hospital. Serious - angina (ischaemic heart disease).
Penrith (9 x 3hr 0 min); Great North AA Cumbria; Boulmer SAR Helicopter

340 25723 30 September 17:36 Haystacks, Buttermere NY192133
Warm, overcast. Steep footpath. Hill Walking
Subject (M64) had fallen on path near summit. Evacuated by stretcher. Minor - non-specific
injuries to lower leg.
Cockermouth (25 x 3hr 8 min)

October

341 25439 1 October 13:50 Dodd Crag, Shoulthwaite NY292207
Not reported. Not reported. Hill Walking
Subject (F62) walking with a friend fell 20m in a tumbling fall, her companion also fell. Serious -
non-specific injuries to back; Serious - abrasion(s) and extensive bruising.
Keswick (15 x 2hr 40 min)

342 25440 1 October 14:46 Portinscale, How Farm NY246241
Not reported. Not reported. Hill Walking
Requested assistance moving a lady who had fallen down a river bank and suffered a leg injury.
Minor - non-specific injuries to lower leg.
Keswick (4 x 0hr 34 min); Great North AA Cumbria

343 25443 2 October 17:22 Mark Gate, Loft Crag, Gt Langdale NY285066
SW-fresh/passing showers/hill fog/cool/dark. Steep very wet, slippery footpath. Hill Walking
Subject (M54) reported with lower leg injury. Serious - simple closed fracture to tibia and fibula.
Langdale Ambleside (18 x 3hr 0 min)

344 25435 3 October 11:50 School Knott Tarn, Windermere SD428969
Calm/dry/clear/mild/bright. Moderate damp footpath. Hill Walking
Subject reported with lower leg injury whilst walking on the Dales Way. Assisted ambulance
service with evacuation.
Kendal (13 x 2hr 0 min)

345 25417 3 October 14:30 Grizedale, North Face Trail SD341971
Cloudy, damp. Rough mountain bike track. Mountain Biking (Alone)
Rider (M) reported to have come off bike and sustained ankle injury. Ambulance arrived first, so
team stood down responding.
Coniston (11 x 1hr 0 min)

346 25724 4 October 15:19 Green Crag, Buttermere NY204131
Not reported. Not reported. Hill Walking (Alone)
Walker reported cragfast in Green Crag Gully, Warnscale. Located and roped up to safety and
escorted from fellside.
Cockermouth (21 x 2hr 0 min)

347 25441 6 October 13:19 Skiddaw, Carlside Col NY257284
Wet strong winds. Wet slippery. Hill Walking
Subject (M54) was blown off his feet and damaged his leg, so he was unable to continue. Serious
- ruptured muscle in thigh.
Keswick (19 x 2hr 49 min)

348 25595 6 October 14:37 Corridor Route, Scafell Pike NY220089
Storm/heavy rain/poor/cold. Moderate footpath. Hill Walking (Small party)
Subject (F48) slipped and injured her shoulder. The party moved from reported location and it
took some time to find them. Serious - fracture/dislocation of right shoulder (glenohumeral joint).
Duddon & Furness (17 x 4hr 49 min); Wasdale (16 x 6hr 0 min)

349 25444 7 October 19:00 Cold Pike, Rough Crag NY271031
Passing showers/hill fog/cool/dark. Moderate wet moorland. Hill Walking
Subject (M34) reported with lower leg injury, became benighted due to slow progress. Minor -
non-specific injuries to lower leg.
Langdale Ambleside (13 x 3hr 0 min)

350 25445 8 October 14:04 Pike O'Blisco, Gt Langdale NY281048
SW-fresh/passing showers/low cloud/cool/dull. Steep very wet, slippery moorland. Hill Walking
Fellrunner (M) fell and landed on sharp rock. Serious - deep laceration(s) to knee.
Langdale Ambleside (20 x 3hr 0 min)

351 25596 8 October 14:35 Dropping Crag, Scafell Pike NY213074
Moderate/heavy rain/poor. Moderate slope. Hill Walking (Small party)
Subject (M38) took 50ft tumbling fall. Stretchered down to ambulance and taken to hospital.
Minor - non-specific laceration to head; non-specific laceration to lower leg and upper arm.
Duddon & Furness (15 x 6hr 4 min); Wasdale (13 x 7hr 0 min)

352 25597 8 October 16:05 Kirk Fell NY184092
Moderate/heavy rain/poor. Steep very wet slope. Fell Running
Fellrunner (M) hit by dislodged rock causing ankle injury. Stretchered down to ambulance and
taken to hospital. Serious - non-specific puncture wound(s) to lower leg.
Duddon & Furness (5 x 3hr 0 min); Wasdale (4 x 1hr 30 min)

353 25447 10 October 18:23 Windemere SD407993
SW-fresh/heavy rain/low cloud/cool/dusk. Not reported. Search - Non-mountain
Teenager (F13) reported missing. Located by police while responding.
Langdale Ambleside (2 x 1hr 0 min); Lake District MR Search Dogs (3 x 0hr 15 min)

354 25456 11 October 13:40 Arrant Haw, Howgills SD655947
Light/fine/broken cloud/cool/bright. Steep boggy, slippery moorland. Hill Walking (Large party)
Subject (M76) slipped whilst out walking. Evacuated to air ambulance. Minor - sprained ankle.
Kendal (12 x 4hr 0 min); North West Air Ambulance (Barton)

355 25457 12 October 18:23 Artle Crag, Haweswater NY483102
N-calm/dry/low cloud/cool/dark. Steep boggy footpath. Hill Walking (Small party)
Party of two (M, F) reported themselves lost in mist and low cloud. Located and led to safety.
Kendal (27 x 3hr 0 min); Penrith (9 x 5hr 0 min); Lake District MR Search Dogs (4 x 5hr 30 min)

356 25458 14 October 13:14 Steel Fell , Grasmere NY321111
Not reported. Not reported. Hill Walking
Party of two (M, F) became disorientated in mist and attempt to talk them down failed. They were
located and escorted to safety.
Langdale Ambleside (15 x 3hr 0 min)

357 25607 15 October 14:30 Broad Crag NY218074
Moderate/dry/clear/cool. Moderate footpath. Hill Walking (Small party)
Subject (F64) slipped and fell backwards injuring her back. RAF helicopter, on exercise in the
area evacuated her prior to arrival of MR. Minor - non-specific injuries to back.
Wasdale (15 x 2hr 0 min); Unknown Military Aircraft

- 358 25545 15 October 16:05 Bowder Crag, Borrowdale, 'Hells Wall' NY256164**
 Dry sunny. Dry. Rock Climbing
 Subject (M20) fell 12m on to rough scree whilst climbing when the hold came off. Minor - non-specific injuries to shoulder and pelvis.
 Keswick (18 x 2hr 25 min); Leconfield SAR Helicopter
- 359 25608 16 October 01:46 Eskdale NY213014**
 W-fresh/rain/cloudy/mild/dark. Gentle boggy, slippery footpath. Hill Walking (Small party)
 Party (M23, M) reported as unable to navigate, even in clear weather. Required guiding from Eskdale; very poorly equipped.
 Wasdale (7 x 3hr 30 min)
- 360 25727 16 October 13:34 Crummock NY162170**
 SW-fresh/passing showers. Moderate muddy footpath. Hill Walking
 Subject (F) slipped on a very muddy path on lakeshore. Treated on scene and evacuated to valley road. Minor - fracture/dislocation of ankle.
 Cockermouth (31 x 2hr 0 min)
- 361 25797 16 October 14:23 Striding Edge, Helvellyn NY344149**
 Fresh/dry/broken cloud/mild/dull. Steep dry ridge. Hill Walking (Family group)
 Subject (M7) injured his foot when a rock fell on it while walking with family. Carried to air ambulance for evacuation to hospital. Serious - partially crushed/severed toe(s).
 Patterdale (14 x 3hr 15 min); North West Air Ambulance (Blackpool)
- 362 25547 17 October 15:50 Bowscale Fell NY340310**
 Very windy very wet cloud. Very wet. Hill Walking (Small party)
 Party of two (F34, F39) became lost in torrential rain and winds of 60 mph, having chosen to ignore the forecast.
 Keswick (12 x 3hr 4 min); Lake District MR Search Dogs (6 x 2hr 45 min)
- 363 25459 18 October 12:00 Rossett Ghyll, Gt Langdale NY262074**
 SW-fresh/heavy rain/broken cloud/cool/dull. Moderate very wet, slippery footpath. Hill Walking
 Subject (M17) slipped down wet grass. Serious - non-specific injuries to lower leg.
 Langdale Ambleside (10 x 2hr 39 min)
- 364 25548 19 October 14:32 Barf NY216264**
 Dry sunny. Wet patches. Hill Walking (Small party)
 Subject (M56) walking with two companions, lost his footing whilst ascending very loose scree and crags. He fell and tumbled 60m. Serious - simple closed fracture of lumbar vertebra(e); multiple extensive bruising.
 Keswick (17 x 2hr 25 min); Boulmer SAR Helicopter
- 365 25799 21 October 15:20 Glenridding Dodd NY379173**
 Calm/dry/low cloud/mild/dull. Moderate dry footpath. Hill Walking (Small party)
 Subject (F) collapsed while on walk. Treated and stretchered to ambulance. Minor - allergic reaction.
 Patterdale (1 x 1hr 0 min)
- 366 25609 23 October 15:42 Stanley Ghyll, Eskdale SD173996**
 Dry, very windy, low cloud. Wet. Hill Walking
 Person (F42) reported to have taken a fall, sustaining back injury. Subject moved prior to MR's arrival.
 Wasdale (12 x 1hr 0 min)
- 367 25463 23 October 16:28 Far Easedale, Grasmere NY308098**
 Dry/broken cloud/mild/dull. Moderate very wet, slippery footpath. Hill Walking
 Subject (M51) slipped on wet grass. Serious - simple closed fracture to tibia and fibula.
 Kendal (12 x 3hr 0 min); Langdale Ambleside (16 x 3hr 0 min)

- 368 25766 24 October 00:17 Greystoke Forest, Penrith NY404346**
 Dry calm warm. Forest tracks. Search - Non-mountain (Alone)
 Subject (M) reported himself lost in forest while training his sled-dog team. Advised to continue present heading from which he emerged from forest.
 Penrith (12 x 0hr 45 min); Lake District MR Search Dogs (1 x 1hr 0 min)
- 369 25610 24 October 14:07 Burnmoor, Eskdale NY187036**
 Fresh/dry/clear/mild. Level footpath. Hill Walking (Family group)
 Subject (F37) slipped while crossing footbridge, sustaining leg injury. Treated on scene and flown to hospital by air ambulance. Serious - simple closed fracture to right tibia.
 Wasdale (15 x 3hr 0 min); Unknown Civilian Aircraft
- 370 25728 24 October 14:44 Crummock NY149197**
 SW-calm/dry/clear/mild/bright. Gentle damp footpath. Hill Walking (Small party)
 Subject (M21) sustained an ankle injury on lakeshore path. Treated on scene then stretchered to a waiting ambulance at High Park. Minor - fracture/dislocation of ankle.
 Cockermouth (19 x 1hr 36 min)
- 371 25482 24 October 15:21 Blea Tarn, Gt Langdale NY296040**
 Dry/broken cloud/mild/dull. Moderate very wet, slippery footpath. Hill Walking (Small party)
 Subject (F) reported with ankle injury. Self-rescued on arrival.
 Langdale Ambleside (9 x 1hr 0 min)
- 372 25487 25 October 13:30 Crinkle Crag, Gt Langdale NY249050**
 SW-fresh/passing showers/broken cloud/cool/dull. Wet footpath. Hill Walking (Small party)
 Subject (F) sustained shoulder injury in fall. Minor - dislocation shoulder (glenohumeral joint).
 Kendal (9 x 2hr 0 min); Langdale Ambleside (10 x 3hr 0 min)
- 373 25611 25 October 17:03 Upper Eskdale NY222063**
 Moderate/passing showers/broken cloud/cool/dusk. Moderate footpath. Hill Walking (Small party)
 Party of three (F65, M35, F31) became disorientated and descended into the wrong valley. Lack of information made search planning difficult. Party located safe and well; taken to MR base then taxi to Borrowdale.
 Duddon & Furness (17 x 6hr 4 min); Keswick (13 x 1hr 54 min); Lake District MR Search Dogs (4 x 3hr 45 min); Wasdale (23 x 8hr 30 min)
- 374 25549 25 October 19:03 Glaramara NY243110**
 Fine. Wet. Hill Walking (Family group)
 A family of four (M, F, M10, M15) reported themselves lost without torches. Located at the top of Hind Gill.
 Keswick (22 x 4hr 22 min); Lake District MR Search Dogs (2 x 4hr 30 min)
- 375 25551 26 October 16:16 Blencathra, Hall's Fell NY325264**
 Dry. Damp. Hill Walking (Family group)
 Subject (F13) taken ill whilst walking with her family. With the help of a passing walker, they managed to get her down to within 600m of the farm, but eventually came to a stop. Minor - nausea and exhaustion.
 Keswick (11 x 1hr 42 min)
- 376 25553 26 October 21:28 Glenderaterra Beck NY297266**
 Wet. Wet. Hill Walking (Alone)
 Subject (M21) with no map or compass, reported himself lost and benighted somewhere in the area bounded by Souther Fell, Bannerdale Craggs and Bowscale Fell. He was located 5km from his reported location.
 Keswick (13 x 4hr 57 min); Patterdale (2 x 3hr 30 min); Lake District MR Search Dogs (3 x 4hr 0 min)
- 377 25488 27 October 13:59 Loughrigg, Langdale NY341050**
 SW-light/dry/clear/mild/dull. Moderate wet, slippery footpath. Hill Walking (Small party)
 Subject (F58) reported fallen. Requested to assist air ambulance.
 Langdale Ambleside (1 x 1hr 15 min); North West Air Ambulance (Blackpool)

- 378 25544 27 October 15:35 Yewdale Fells, Far End SD303984**
 Murky but dry. Rough, wet fell track. Mountain Biking (Small party)
 Subject (F46) slipped and landed on left hand. Evacuated by helicopter. Serious - dislocation of left elbow.
 Coniston (11 x 1hr 10 min); North West Air Ambulance (Barton)
- 379 25802 28 October 11:50 Hallin Fell, Ullswater NY428201**
 Light/dry/clear/cool/bright. Moderate damp footpath. Hill Walking (Small party)
 Subject (M89) slipped and fell onto pointed rock. Treated at scene, transferred to ambulance by stretcher and boat. Serious - non-specific injuries to back.
 Patterdale (15 x 1hr 40 min); Great North AA Cumbria
- 380 25729 28 October 12:55 Corpse Road, Loweswater NY119212**
 SW-light/dry/clear/mild/bright. Moderate damp, slippery footpath. Hill Walking
 Subject (F66) fell over on the track. Treated on scene and carried to a waiting air ambulance.
 Minor - fracture/dislocation of ankle.
 Cockermouth (17 x 1hr 55 min); North West Air Ambulance (Barton)
- 381 25555 30 October 12:07 Ashness Bridge, Borrowdale NY269196**
 Good. Not reported. Hill Walking
 Subject (M65) reported with chest pains, requested to assist ambulance service. Despite the best efforts of paramedics and doctors, declared dead at the scene. **Fatal** - myocardial infarct.
 Keswick (9 x 1hr 18 min)

November

- 382 25716 1 November 15:17 Levers Water, Coniston SD282991**
 Dry, sunny. Wet slippy, rough track. Hill Walking (Small party)
 Subject (F57) slipped on steep damp track. She was able to walk aided to landrover. Serious - fracture/dislocation to right wrist.
 Coniston (10 x 1hr 30 min)
- 383 25666 3 November 13:15 Joppley How, Borrowdale NY275164**
 Dry dull. Wet. Hill Walking
 Subject (M65) slipped and suffered a leg injury whilst descending towards Watendlath.
 Evacuated to air ambulance after treatment. Serious - ligament damage to knee.
 Keswick (18 x 1hr 34 min); Great North AA Cumbria
- 384 25759 4 November 13:16 Far Easedale, Grasmere NY296103**
 Calm/heavy rain/broken cloud/mild/dull. Moderate very wet, slippery forestry. Hill Walking
 Subject (M) slipped and sustained a lower leg injury. Serious - injuries to lower leg.
 Kendal (10 x 2hr 45 min); Langdale Ambleside (11 x 2hr 15 min)
- 385 25760 5 November 02:00 Raven Crag, Gt Langdale NY285064**
 Light/dry/clear/mild/dark. Steep dry crag. Search - Mountain
 Flashing lights reported on the crag. Investigated and established no help required; deemed false alarm good intent.
 Langdale Ambleside (2 x 1hr 0 min)
- 386 25803 5 November 15:39 Birkhouse Moor, Glenridding Beck NY369171**
 Light/dry/broken cloud/mild/dusk. Gentle damp footpath. Fell Running (Organised event)
 Subject (F) injured her ankle while fellrunning. Treated on scene and stretchered down Mires Beck for transfer to hospital. Serious - Dislocated fracture to right ankle.
 Kendal (1 x 1hr 49 min); Keswick (1 x 1hr 49 min); Patterdale (15 x 1hr 49 min)
- 387 25730 5 November 16:02 Lorton Gully, Grassmoor NY167203**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M56) fell 90m whilst descending Grassmoor sustaining serious injuries. Subject found in a precarious position, hanging onto heather roots. He was secured, treated and winched to safety by helicopter. Serious - non-specific injuries to head, back and lower leg.
 Cockermouth (1 x 3hr 36 min); Leconfield SAR Helicopter

- 388 26186 6 November 15:25 Scafell Pike NY213073**
 Light/dry/clear/cool. Moderate footpath. Hill Walking (Small party)
 Subject (F53) slipped while descending. RAF helicopter airlifted her to hospital. Minor - non-specific laceration to head and knee.
 Wasdale (12 x 1hr 0 min); Boulmer SAR Helicopter
- 389 26120 7 November 15:00 High Crag, Buttermere NY183142**
 NE-calm/dry/clear/cold/dusk. Steep damp. Animal Rescue
 Sheep reported stuck on crag. Recovered without loss or injury.
 Cockermouth (2 x 1hr 0 min)
- 390 25858 8 November 16:25 Little Dun Fell, N Pennines NY696330**
 Thick mist dry relatively warm. Grass moorland. Hill Walking (Small party)
 Party of two (F42, M42) lost path in thick mist, then benighted. Located on Middle Tongue and escorted to safety.
 Kirkby Stephen (15 x 0hr 30 min); Penrith (10 x 4hr 0 min); Lake District MR Search Dogs (1 x 2hr 10 min)
- 391 25859 8 November 17:27 Mardale Ill Bell, Haweswater NY448100**
 Thick mist, relatively warm dry. Grassland, rocky outcrops. Hill Walking (Alone)
 Subject (M25) lost path in thick mist, then benighted. Located and escorted to safety.
 Penrith (11 x 4hr 0 min); Lake District MR Search Dogs (1 x 0hr 34 min)
- 392 25804 10 November 16:14 Grisedale Valley NY360143**
 Calm/dry/cloudy/mild/dull. Moderate damp footpath. Hill Walking (Small party)
 Subject (F60) slipped and injured her ankle. Treated on scene and stretchered from hill for transfer to hospital. Serious - fracture/dislocation to ankle.
 Patterdale (15 x 1hr 30 min)
- 393 25761 11 November 13:20 Pike O'Blisco NY282046**
 Light/passing showers/broken cloud/mild/dull. Moderate wet moorland. Hill Walking (Small party)
 Subject (F47) became separated from walking companion, cause for concern expressed.
 Kendal (10 x 3hr 0 min); Langdale Ambleside (12 x 3hr 0 min); Lake District MR Search Dogs (2 x 0hr 19 min); Boulmer SAR Helicopter
- 394 25762 11 November 16:35 Angle Tarn, Gt Langdale NY245079**
 Light/passing showers/broken cloud/mild/dull. Moderate wet moorland. Hill Walking (Alone)
 Subject (M) reported separated from companions. Located at Woolpack Inn, Eskdale.
 Kendal (10 x 2hr 0 min); Langdale Ambleside (3 x 1hr 0 min)
- 395 25763 11 November 16:50 Rossett Ghyll, Gt Langdale NY250071**
 Light/passing showers/broken cloud/mild/dusk. Steep footpath. Hill Walking (Small party)
 Party of two reported making very slow progress down Rossett Ghyll. MR sent to look for them, but not found; assumed to have 'outflanked' searchers and got off hill unaided.
 Langdale Ambleside (7 x 1hr 30 min)
- 396 25805 12 November 17:50 Ullwater NY388183**
 Light/fine/cloudy/cool/dark. Not reported. Local Incident (Small party)
 Two wedding party guests (M24, M33) reported missing in a yacht on Ullswater. Located the boat at Falling Rocks and the guests were apprehended.
 Patterdale (5 x 2hr 13 min); Penrith (1 x 2hr 13 min)
- 397 25868 13 November 13:56 Rough Crag, Haweswater NY453113**
 Dry bright warm. Upland grass and rocky outcrops. Hill Walking (Small party)
 Subject (F61) slipped and landed heavily. Treated on scene by air ambulance crew and evacuated by RAF Sea King. Serious - fracture/dislocation of hip; non-specific injuries to head.
 Kirkby Stephen (13 x 3hr 30 min); Penrith (11 x 4hr 0 min); Great North AA Cumbria; Boulmer SAR Helicopter

- 398 26188 13 November 14:12 River Ehen, Egremont NY012112**
 NE-fresh/fine/clear/mild/bright. Gentle boggy, slippery bank. Local Incident
 Requested to access and recover a body from the river.
 Wasdale (18 x 4hr 0 min)
- 399 25857 14 November 18:00 Old Dundgeon Ghyll, Gt Langdale NY285062**
 Passing showers/broken cloud/mild/dark. Moderate, wet crag. Hill Walking (Alone)
 Subject (M50) reported separated from group. Turned up while search being organised.
 Langdale Ambleside (2 x 1hr 0 min)
- 400 26121 15 November 11:15 Ennerdale Lake NY095150**
 NW-calm/dry/clear/cold/bright. Gentle boggy. Search - Mountain
 Red object spotted floating in lake, below Anglers Crag. Search conducted of shore and western
 end of lake using team boat. Nothing untoward found.
 Cockermouth (4 x 1hr 0 min)
- 401 25860 16 November 13:33 Tom Croft Hill, Garsdale SD694913**
 Clear cold dry. Not reported. Hill Walking (Alone)
 Female walker reported injured, requested to assist ambulance service. Stood down responding
 when told assistance no longer required.
 Kirkby Stephen (16 x 0hr 30 min)
- 402 25882 20 November 15:50 Blencathra, Hall's Fell NY324273**
 Low cloud. Dry. Hill Walking
 Party of two (M43, F33) reported themselves lost, cragfast and benighted in mist; not very well
 equipped. A party of four despatched to rope them down the difficult section, and then walk them
 to safety.
 Keswick (7 x 4hr 30 min)
- 403 25915 20 November 20:12 Green Gable, Borrowdale NY206136**
 Foggy damp. Wet. Hill Walking
 Subject (M74) reported overdue at his pickup point, when he failed to return from walk. Whistles
 heard and scent picked up by search dog. He was found on the side of Fleetwith Pike. Minor -
 simple closed fracture of clavicle; hypothermia (I-II) mild/moderate.
 Cockermouth (23 x 3hr 0 min); Keswick (20 x 3hr 15 min); Lake District MR Search Dogs (2 x
 4hr 19 min)
- 404 25918 23 November 13:37 Grisedale Pike, Braithwaite NY223235**
 Not reported. Slippery. Hill Walking
 Subject (F42) slipped on muddy ground and suffered a lower leg injury. Injury treated and subject
 evacuated to forest road in Whinlatter for transfer to ambulance. Serious - simple closed fracture
 of tibia and fibula.
 Keswick (13 x 1hr 19 min)
- 405 25885 24 November 14:15 Latrigg NY283249**
 Wind. Wet slippery. Hill Walking
 Subject (F56) slipped on wet ground and suffered a lower leg injury. Treated at scene and
 transported using MR vehicle to an ambulance for transit to hospital. Serious - simple closed
 fracture to ankle.
 Keswick (16 x 1hr 25 min)
- 406 26189 26 November 14:07 Scafell Pike NY212072**
 Gale/heavy rain/hill fog/cool. Moderate scree. Hill Walking (Small party)
 Party of two (M33, M27) became disorientated in thick cloud, strong wind and heavy rain.
 Located using SARLoc and assisted to walk off.
 Duddon & Furness (1 x 1hr 30 min); Wasdale (20 x 5hr 0 min)

December

- 407 25916 2 December 18:43 Ullscarf NY291125**
SW gale clear cold dark. Undulating very wet peat-hags track. Hill Walking (Small party)
Party of two (M,F) lost and benighted. Located at stated grid reference at 21:04.
Keswick (20 x 3hr 57 min); Lake District MR Search Dogs (1 x 3hr 49 min)
- 408 25917 3 December 10:49 Latrigg, Keswick NY273249**
Showers clear cool dull. Moderate wet muddy track. Hill Walking (Small party)
Subject (M65) reported with sudden collapse. Body removed from hillside. B - myocardial infarct.
Keswick (24 x 1hr 43 min); North West Air Ambulance (Barton)
- 409 26129 9 December 15:40 Harrison Stickle, Gt Langdale NY280073**
NE fresh snow clear freezing dark. Steep frozen snow/ice gully. Hill Walking - winter (Small party)
Party of two (F32, M30) became cragfast on steep snowy ground. Couple evacuated to safety.
Langdale Ambleside (12 x 4hr 19 min)
- 410 26128 14 December 19:20 Wrynose Pass NY288032**
N fresh snow poor freezing dark. Moderate frozen snow/ice. Local Incident (Small party)
Cars abandoned on snow-covered road; cars checked for occupants at request of police. Nothing
found. Vehicle registrations passed to police for follow-up.
Langdale Ambleside (2 x 2hr 0 min)
- 411 25999 14 December 20:00 High Arnside / Iron Keld NY335006**
Damp. Rough stony track. Mountain Biking (Small party)
Assistance requested by paramedics dealing with mountain biker who had come off his bike.
Fatal - non-specific injuries to face.
Coniston (14 x 3hr 30 min)
- 412 26156 17 December 17:39 Great Calva, N Fells NY295315**
Clear freezing. Slippery snow/ice. Hill Walking - winter (Alone)
Subject (F41) reported overdue in area of significant avalanche risk. After about an hour, she
phoned in to say that she had found her way back to Keswick.
Keswick (16 x 3hr 0 min); Lake District MR Search Dogs (1 x 2hr 40 min); Boulmer SAR
Helicopter
- 413 26157 18 December 13:55 Lord's Seat NY204263**
Cold clear. Snow and rock. Sledging (Family group)
Subject (F46) collided with rock. Treated at the scene, and then sledged down to meet with
ambulance. Serious – not reported.
Keswick (1 x 2hr 19 min)
- 414 25994 21 December 12:53 Great Asby Scar, Orton NY641097**
Dry overcast 10C°. Wet muddy. Hill Walking (Medium party)
Subject (F55) slipped on muddy track; treated and evacuated. Minor - simple closed fracture to
ankle.
Kirkby Stephen (13 x 2hr 45 min)
- 415 26159 25 December 12:23 Latrigg NY293251**
Not reported. Not reported. Hill Walking - winter (Family group)
Subject (M51) slipped on muddy ground. Able to drive fairly close to site, treated and taken to
hospital. Serious - not reported.
Keswick (9 x 1hr 13 min)
- 416 26020 25 December 18:45 County Pot, Casterton Fell SD675805**
SW-light/showers/foggy/cool/dark. Moderate boggy moorland. Cave/Mine Exploration
Requested to assist local cave rescue with evacuation of injured caver once brought to the
surface. Stretchered to a waiting ambulance at Bull Pot Farm.
Cave Rescue Organisation (1 x 6hr 0 min); Kendal (10 x 6hr 0 min)

- 417 26160 26 December 12:03 Millbeck NY255262**
 Not reported. Not reported. Local Incident (Organised event)
 Subject (M) reported to have collapsed suddenly. Effort to revive him were unsuccessful; his body was stretchered and handed over to the Coroner's officer. **Fatal** - not reported.
 Keswick (13 x 2hr 31 min)
- 418 26021 27 December 04:15 Beck Head, Witherslack SD445847**
 SW-light/drizzle/misty/cool/dawn. Moderate footpath. Search - Non-mountain
 Subject (M71) reported missing from his holiday cottage after a family dispute. Search concluded when it was heard he was safely back home in Glasgow.
 Duddon & Furness (19 x 6hr 0 min); Kendal (14 x 12hr 0 min); Kirkby Stephen (13 x 7hr 0 min); Lake District MR Search Dogs (4 x 4hr 25 min); Boulmer SAR Helicopter
- 419 26127 29 December 13:45 Wansfell, Ambleside NY392042**
 SW light showers cloudy cool dull. Moderate wet boggy moorland. Hill Walking (Small party)
 Subject (F47) slipped on wet ground. Serious - compound closed fracture of tibia and fibula.
 Langdale Ambleside (10 x 2hr 0 min)
- 420 26190 30 December 16:30 Screes Path, Wasdale NY152046**
 Strong/heavy rain/poor/dusk. Level very wet scree. Animal Rescue (Alone)
 Dog with leg injury stuck with owner and another dog on boulder field beside Wastwater. Carried down to lakeside and evacuated by boat before being taken to local vet.
 Wasdale (17 x 1hr 30 min)
- 421 26191 30 December 17:45 Piers Gill, Scafell Pike NY212083**
 Gale/heavy rain/poor/dark. Steep very wet gully. Hill Walking (Small party)
 Subject (M19) became separated from companion and failed to meet up at their camp site. Overnight search continued the next morning when a body was recovered from the bed of the gill.
Fatal - multiple injuries to head.
 Duddon & Furness (18 x 14hr 45 min); RAF Leeming (24 x 7hr 0 min); Lake District MR Search Dogs (4 x 15hr 0 min); Wasdale (28 x 15hr 0 min); Gannet SAR Helicopter
- 422 26126 31 December 13:00 Wansfell, Ambleside NY394041**
 SW light showers foggy cool dull. Moderate very wet boggy footpath. Hill Walking (Small party)
 Subject (F47) slipped on very wet ground; treated and evacuated. Serious - compound open fracture to wrist.
 Kendal (18 x 2hr 30 min); Langdale Ambleside (13 x 2hr 30 min); Great North AA Cumbria
- 423 26124 31 December 14:00 Helm Crag, Grasmere NY327093**
 SW light showers hill fog cool dull. Moderate very wet grassy footpath. Hill Walking (Small party)
 Subject (M43) slipped on wet ground; assisted to safety. Minor - strain to upper arm.
 Kendal (14 x 2hr 30 min); Langdale Ambleside (3 x 2hr 30 min)
- 424 26123 31 December 15:00 Calf Crag, Grasmere NY298103**
 SW light showers hill fog cool dark. Moderate very wet boggy footpath. Hill Walking (Small party)
 Subject (F55) slipped on wet ground. Serious - dislocation of shoulder (glenohumeral joint).
 Cleveland (1 x 5hr 0 min); Kendal (4 x 5hr 0 min); Langdale Ambleside (9 x 5hr 0 min); RAF Leeming (10 x 5hr 0 min); Upper Wharfedale (1 x 5hr 0 min)

Notes:

SARLOC – a system (developed by Russ Hore, Ogwen Valley MRT) that interrogates GPS-enabled phones and displays the location of that phone on mapping software used by MR teams. For further explanation see <http://www.keswickmrt.org.uk/news.htm>

Accident Summary

The tables that follow summarise the foregoing details and enable a comparison with the previous four years

Incidents	2007	2008	2009	2010	2011
Incidents – all	442	461	555	600	424 ¹
By Activity					
Hill walking (non-winter)	316	295	328	334	288
Hill walking (winter)	7	24	47	64	12 ²
Climb/Scramble	23	23	33	46	21 ³
Mountain Bike	16	22	11	10	26 ⁴
Orienteer/Fell running	7	14	9	9	6
Hang-glider/Parapenter	0	2	3	3	3
Resilience	21	21	64	73	23 ⁵
Non-Mountain Search	8	18	15	14	9
Water Sports	5	8	11	5	7

Table 1 Incident - by Activity

Notes:

1. The decrease of 29% is very dramatic and can only be partially explained by the previous years' high figures. The explanation appears to result from a fall in visitor numbers in the area and a different type of person coming to the area. It is possible that more of the people venturing onto the fells have greater experience or knowledge. At the same time, the weather has been particularly favourable. There appears to be a raft of possible causes.
2. This significant decrease must be explained by the less severe wintry weather experienced at the start and end of 2011.
3. There are two contributors to this figure's decrease; on the one hand, the less severe weather (above) and visitor number reductions.
4. It is very strange that the previous two years Mountain Biking incident figures have suddenly increased (160%) – this may be explained by firstly increased popularity in participation and secondly by the growth in facilities within the area; a number of new mountain bike trails have become well-established and popular.
5. Resilience (previously referred to as Local Incidents) are directly related to weather conditions; so this reduction is not unexpected

Persons Assisted	2007	2008	2009	2010	2011
Persons - all	574	577	676	676	499 ¹
By Activity					
Hill walking (non-winter)	477	422	476	428	394 ²
Hill walking (winter)	9	42	83	108	19 ³
Climb/Scramble	24	26	43	74	29
Mountain Bike	16	26	10	9	24 ⁴
Orienteer/Fell running	7	11	11	11	7
Hang-glider/Parapenter	0	2	3	3	3
Resilience	13	14	16	14	11
Non-Mountain Search	6	18	13	12	6
Water Sports	5	6	11	4	6

Table 2 – Persons Assisted – by Activity

Notes:

1. While the drop in persons requiring assistance has decreased by 26% appears significant, this figure has not matched the drop in incident figures on the previous page. This warrants further comment (see later).
2. This decrease is only 8%, clearly this has not kept in step with the incident figures (see Table 1). See also the comment on Table 4; there would appear to be an increasing number of people requiring help who are not injured; that is, they are lost, missing or Cragfast. These reasons are a measure of poor preparation, inadequate experience and / or poor training in essential skills.
3. The dramatic reduction is easily explained by the less severe wintry weather experienced in the first few months of 2011, by comparison the previous years.
4. The increase in people involved in Mountain Biking requiring the services of MR should be noted; perhaps providers of mountain bike trails should monitor their use and consider changes should problems be identified. Are such providers aware when incidents take place on their trails?

Fatalities	2007	2008	2009	2010	2011
Persons - all	21	29	23	30	17 ¹
By Activity					
Hill walking (non-winter)	13	14	11	14	10 ²
Hill walking (winter)	0	3	2	4	0
Climb/Scramble	1	5	1	3	0
Mountain Bike	0	0	0	0	1 ³
Orienteer/Fell running	0	0	0	0	0
Hang-glider/Parapenter	0	0	0	0	0
Resilience	0	0	4	2	1
Non-Mountain Search	1	7	1	2	0
Water Sports	1	0	4	2	3 ⁴

Table 3 – Fatalities – by Activity

Notes:

1. The reduction in the number of fatalities (43%) is very encouraging but it only takes a small number to change this percentage. It is clearly linked to the overall drop in incidents which in turn is linked to visitor numbers and weather. The level of danger also plays a part in determining fatality rates (see later)
2. The decrease in fatalities for hill walking exceeds the decrease in hill walking incidents. Weather conditions and personal level of fitness all play a part but this is not cause for complacency.
3. As if the highlight the already noted increase in mountain bike related activity, this is only the second recorded death in the area (the previous one was in 2004). Participants do not need reminding of the consequences of a mishap and must make the necessary preparations including personal protection and experience.
4. Of particular concern are the deaths occurring in water-related activities. 50% of the people requiring assistance were fatalities. This is a very sobering statistics and should alert participants to the need for proper training and supervision; equally, local knowledge should temper any ambitious plans in view of the behaviour of local winds and lake temperatures.

Required Medical Attention	2007	2008	2009	2010	2011
Persons - all	237	258	307	319	224 ¹
By Activity					
Hill walking (non-winter)	184	182	210	215	170 ²
Hill walking (winter)	4	11	32	36	5
Climb/Scramble	12	19	21	31	14
Mountain Bike	15	18	9	8	20 ³
Orienteer/Fell running	6	9	10	7	4
Hang-glider/Parapenter	0	2	3	3	3
Resilience	9	5	10	8	4
Non-Mountain Search	2	2	2	1	1
Water Sports	1	2	1	2	0 ⁴

Table 4 Required medical attention – by Activity

Notes:

1. The decrease in person requiring medical attention is consistent with the decrease in incident figures (30%).
2. However, the decrease (21%) in this category involved in hill walking is not consistent with persons requiring assistance decreases figure of 9%. The meaning is the number of persons uninjured has increased from 199 in 2010 to 222 in 2011, one of the very few figures that show an increase. This can only be explained by more people requiring help after becoming lost, reported missing or cragfast. All these can be reduced by adequate preparation and increased experience and training
3. This increase is consistent with the other increases noted in mountain biking.
4. Once again, this figure is deceptive; while it looks good that no-one required medical attention, 50% were fatalities.

Causes of Incidents

The following table is the result of a search through all the reports for key words relating to the causes of calling out the MRTs. For example, the category 'Benighted' will include any word with 'benight-' and 'darkness' as part of the word or phrase.

Please note that the totals of these columns may not match the number of incidents given at the bottom of each column. Many incident reports refer to more than one of these causes. A typical report will illustrate this:-
'tripped on footpath whilst walking and fell 2m onto rocky ground'
 This will result in contributions to the 'Slip, Trip or Stumble' and 'Fall or Tumble' categories.

Cause of Incident	2007	2008	2009	2010	2011
Avalanche	0	0	0	4	1
Belay/Runner Failure	1	1	4	2	1
Benighted	17	20	28	21	19 ¹
Cragfast	29	16	24	35	22 ¹
Fall or Tumble	95	101	103	109	84
Lightning	0	1	0	3	0
Lost or Disorientated	57	51	65	61	64 ¹
Medical Collapse or Illness	25	31	34	35	25
Overdue or Missing	41	46	46	50	39 ¹
Rockfall	2	1	1	1	0
Shouts, Lights or Flares Reported	21	18	14	23	5
Slip, Trip or Stumble	110	118	148	132	99
Unable to Continue	18	17	22	12	13
Total Incidents	442	461	555	600	424

Table 5 – Causes of Incidents

Notes:

1. A third (34%) of these incidents can best be described as 'avoidable'. Becoming cragfast, benighted, lost or disorientated, reported overdue or missing can all be avoided. The recurring theme each year is the same, these incidents can be avoided if only due regard had been paid to training and experience in matters of navigation and preparation.

Age Profile of Subjects

The following table shows the ages of both male and female subjects where both age and gender were reported.

Age (yrs)	Gender	2007	2008	2009	2010	2011
1 – 10	Male	4	2	0	3	2
	Female	0	2	1	9	3
11 – 20	Male	41	40	59	56	16 ¹
	Female	14	32	27	18	6
21 - 30	Male	25	32	43	37	30
	Female	17	10	31	20	10
31 - 40	Male	35	29	28	32	27
	Female	21	17	16	19	12
41 - 50	Male	43	46	42	37	30
	Female	21	28	19	22	24
51 – 60	Male	49	41	42	46	31
	Female	31	24	32	23	24
61 - 70	Male	41	37	38	37	19 ²
	Female	23	21	40	24	29
71 – 80	Male	18	19	18	21	15
	Female	10	5	4	11	6
81 +	Male	5	4	5	3	6
	Female	1	2	6	1	1

Totals	Male	261	250	275	273	175
	Female	138	141	176	147	115

Table 6 – Age Profile of Subjects

Notes:

1. This dramatic decreased is noted without comment.
2. While less dramatic, this decrease is also noted without explanation.

Types of Conditions / Injuries

The table that follows is the result of a search through the reports for key words relating to type of injury or medical condition diagnosed on site. For example, the category 'Lacerations' will include any word with 'lacerat-', 'cut-' or 'gash-' as part of the word or phrase.

Please note that the totals of these columns do not match the number of persons given at the bottom of the table. Unfortunately, many subjects sustained more than one injury as a result of the accident. A typical example will illustrate this:
'Fracture/dislocation of the ankle, cuts to hands and knee'
 This will result in contributions to the fracture, dislocation and laceration categories.

Condition / Injury	2007	2008	2009	2010	2011
Abrasions / Scratches	4	1	1	2	4
Asthma	0	1	2	3	0
Bruising	6	12	10	7	6
Burns / Scalds	0	0	0	1	1
Concussion	0	0	0	1	5
Cramp	1	0	2	3	0
Crush Injury	1	2	0	0	1
Diabetes	2	0	0	0	0
Dislocation	13	15	17	28	27
Epilepsy	2	3	1	1	2
Exhaustion	3	2	9	5	2
Fracture	93	99	118	128	81
Heart Attack	12	15	13	13	1
Hypothermia	11	12	14	10	2
Illness	1	2	1	0	1
Lacerations	14	15	17	19	19
Connective Tissue Damage	11	5	9	7	3
Multiple Injuries	3	4	8	11	4
Pain / Tenderness	2	7	9	10	3
Shock	0	0	3	2	0
Sprain / strain	5	10	7	11	8
Loss of Consciousness	5	8	6	10	4
Total Injured Persons	251	285	323	347	237

Table 7 – Types of Conditions / Injuries

Sites of Injury

The table that follows is the result of a search through all the reports for key words relating to sites of injury or medical condition. For example, the category 'Lower leg' will include any word with 'tibia', 'fibula', 'lower leg' and 'shin' as part of the word or phrase.

Please note that the totals of these columns do not match the number of persons given at the bottom of the table. Unfortunately, many subjects sustained more than one injury as a result of the accident. A typical example will illustrate this:
'Fracture/dislocation of the ankle, cuts to hands and knee'
 This will result in contributions to the ankle, hands & wrist and knee categories.

Site of Injury	2007	2008	2009	2010	2011
Abdomen	1	3	7	2	1
Ankle	70	71	73	69	46
Arm	5	9	7	4	14 ¹
Chest	7	11	13	15	3
Facial	0	5	3	2	6 ²
Foot	0	0	0	3	0
Hand & Wrist	11	11	13	20	17
Head	29	43	28	37	43 ²
Knee	23	21	22	34	11
Lower Leg	28	14	38	33	49 ³
Neck	5	3	7	10	5
Pelvic Girdle	3	10	9	12	5
Shoulder Girdle	9	11	14	22	11
Spine	14	20	15	14	14
Upper Leg	3	5	6	8	3
Total Injured Persons	251	285	323	347	237

Table 8 – Sites of Injury

Notes:

1. The number of arm injuries may be explained by the increase in mountain bike incidents
2. The increased proportion of persons presenting with facial and head injuries is a cause of concern; the use of helmets is strongly advocated and could possibly have reduced these figures.
3. The same advice cannot be offered to explain the increased proportion of person suffering lower leg injuries. Many instances of this are attributed to lapses in concentration when crossing unfamiliar terrain; a momentary distraction has led to significant short term pain and possible longer term disability.

Lake District Search & Mountain Rescue Teams

The LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION consists of the teams listed below together with many others on call through the Police. Its Hon. Sec. is Mr Simeon Leech Tel: 01229 480768 and Email sim.leech@virgin.net

For rescue assistance

- Go to the nearest telephone and dial 999.
- Ask for 'Mountain Rescue'.
- Give the location name & grid reference, time of accident, nature of injuries – name, gender and age of casualty if known.
- Stay by telephone until police or rescue team make contact.

The contact names and addresses given below are for administrative purposes only. In the event of an accident, dial 999.

Cockermouth Mountain Rescue Team

Hon. Sec.: Gwyn Lewis
12 Horsman Street, Cockermouth, Cumbria CA13 0HE
01900 827771 gwyn@cockermouthmrt.org.uk

Coniston Mountain Rescue Team

Hon. Sec.: Hayley Buckley
Flat 1, 16 Yewdale Road, Coniston, Cumbria, LA21 8DU
07909 544736 coniston.sec@googlemail.com

Cumbria Ore Mines Rescue Unit

Hon. Sec.: Bernie Green
School House, Oulton, Wigton, Cumbria, CA7 0NP
016973 42618 bernie.green@tiscali.co.uk

Duddon & Furness Mountain Rescue Team

Hon. Sec.: Jacqui Young
1 Vale View, Backbarrow, Cumbria, LA12 8PW

Kendal Mountain Search and Rescue Team

Hon. Sec.: Ian Johnson
Punchbowl House, Grayrigg, Kendal, Cumbria, LA8 9BU
01539 824345 ian@lakelandphotography.co.uk

Keswick Mountain Rescue Team

Hon. Sec.: Paul Cheshire
Keswick MRT HQ, Lake Road, Keswick, Cumbria, CA12 5DJ
017687 75982 secretary@keswickmrt.org.uk

Kirkby Stephen Search and Mountain Rescue Team

Hon. Sec.: David Watkinson
Bank End House, Appleby in Westmorland, Cumbria, CA16 6LH
017683 52050 dgwatkinson@hotmail.com

Langdale / Ambleside Mountain Rescue Team

Hon. Sec.: Liz Mallabon
Low Fold, Lake Road, Ambleside LA22 0DN
07699 708088 lizmallabon@hotmail.com

Patterdale Mountain Rescue Team

Hon. Sec.: Nigel Harling
Middlegarth, Motherby, Penrith, Cumbria, CA11 0RL
017684 83844 nigelharling@googlemail.com

Penrith Mountain Rescue Team

Hon. Sec.: Glenn Mitchell
29 Keld Close, stainton, Penrith, Cumbria, CA11 0EJ
01768 899916 mitchell.collie@btinternet.com

Lake District Mountain Rescue Search Dogs

Hon. Sec.: Jackie Woodrow
3 Joiners Close, Newbiggin, Penrith, Cumbria, CA11 0HU
017684 80993 lakesearchdogs@btinternet.com

Wasdale Mountain Rescue Team

Hon. Sec.: John Bamforth
26 Seascale Park, Seascale, Cumbria CA20 1HD
019467 28017 john.r.bamforth@virgin.net

For further information about LDSAMRA and the mountain rescue teams in Cumbria, try our web site on the Internet at <http://www.ldsamra.org.uk>

Lake District Mountain Rescue Posts

Recognised Posts, Manned, with Telephone and some Equipment

Location : Gatesgarth Farm, Buttermere

Grid Ref.: NY 194 149

Supervisor: Cockermouth MRT Tel: 01900 827916

Location : Ullswater Outward Bound Mountain School

Grid Ref.: NY 438 213

Supervisor: Ullswater OBMS Tel: 017684 86347

Location : Wastwater Hotel, Wasdale Head

Grid Ref.: NY 187 088

Supervisor: Wasdale MRT Tel: 019467 25431

Mountain stretcher boxes - Unmanned, no Telephone

Location : Dow Crag (at the foot of Abraham's B Buttress)

Grid Ref.: SD 263 976

Supervisor: Coniston MRT Tel: 015395 41242

Location : Mickledore, Scafell (just below crest on Eskdale side)

Grid Ref.: NY 210 068

Supervisor: Wasdale MRT Tel: 019467 25314

Location : Sty Head Pass

Grid Ref.: NY 218 095

Supervisor: Keswick MRT Tel: 017687 72105

Other First Aid Posts (with telephone)

Location : Howtown OA Centre, Martindale

Grid Ref.: NY 444 197

Supervisor: BRCS Cumbria c/o The Warden Tel: 017684 86208

Location : YMCA National Centre, Lakeside

Grid Ref.: SD 374 897

Supervisor: YMCA Tel: 015395 31758

NOTE:

All the above posts are in the area of the OS Lake District Outdoor Leisure Maps (1:25 000) though not all are marked as MR Posts.

The position of a post is sometimes changed. Verify locally.

Mobile Phones & Mountain Rescue

Advice to Users

There is no doubt that using mobile phones have saved lives in the mountains and fells of this country. The sooner rescue teams are alerted to an incident, the better are the chances of a quick and complete recovery for the victim. However, over the past few years there have been occasions when teams have been alerted inappropriately. The notes that follow are given in the hope that the mobile phone can be used to better effect and to minimise any frustration.

When to use

- If you or a member of your party sustains an injury warranting the assistance of a mountain rescue team.
- If you come across someone who has sustained an injury warranting the assistance of a mountain rescue team.
- If one of the party has become separated from you and you have made every effort to but have been unable to meet up again.
- If you want to report having seen or heard any internationally recognised distress calls.
- If you wish to notify someone of a change of plan (not a 999 call).

When not to use

- Do not use the mobile phone at the 'first sign of trouble'; be self-reliant if possible.
- Do not rely solely on the mobile phone as a safety device; there are areas of poor or no reception ('dead areas').
- The mobile phone is not a substitute for experience.

How to use

1. First make a note of all relevant details, Location and Grid Reference
Name, Gender and Age of Casualty.
Nature of Injuries or disability.
Number of people in party and intended destination.
THE NUMBER OF THE MOBILE PHONE IN USE.
2. Dial 999 and ask for the Police.
3. Make sure you tell the operator that you require the Cumbria Police as you are in the Cumbria.
4. When connected to a Police control room, check that it is the Cumbria Police. If it is not, then make sure that the information will be passed on.
5. Explain the nature of your call, giving details previously prepared (1).
6. Do NOT change your position until contacted by Rescue Team, who will agree future protocol for use of Phone.
7. If you have to make a further 999 call, use ALL the procedure again.

Advice to Mountain Users

Many calls to Mountain Rescue Teams are avoidable. With adequate preparation, awareness of local conditions, experience and the application of commonsense, the number of accidents can be reduced. The following points cover the minimum precautions you should take if you want to avoid getting hurt or lost or, in the event of an accident, minimise further harm to you and your party.

Planning and Preparation

- Plan before setting out! Maps are essential and guidebooks are full of advice.
- Consider the equipment, experience, capabilities and enthusiasm of the party members.
- Check the weather forecast and local conditions; Scottish mountains can be major undertakings. Night encroaches early in the winter and the further north you go! Check the website www.mwis.org.uk
- Carry a First Aid kit and learn how to give First Aid.
- Many accidents occur towards the latter part of the day when both your energy levels and those of your phone and GPS batteries will be run down. Did you remember to charge your battery before setting out?

Footwear and Clothing

- Wear suitable boots with a treaded sole and sufficient support for ankles.
- Clothing should be colourful, warm, windproof and waterproof.
- Take spare warm clothing and perhaps a hat and gloves; it is always colder on the tops.

Food and Drink

- In addition to the usual sandwiches, take chocolate, dates, or similar sweet things, this can restore energy quickly. You may not need them yourself, but someone else may.
- Streams on hills are drinkable if fast-running over stony beds.

Equipment and its Use

- A map, compass and the ability to use them; at least one reliable watch in the party should always be carried.
- If you carry a GPS, at least know how to read your current position. It could save a lot of hassle in an emergency when speaking to the Mountain Rescue Team.
- In all conditions, it is wise to carry a whistle, torch, spare batteries and bulbs; but in winter conditions, an ice-axe, crampons and survival bag are essential.
- Climbers and mountain bikers are all urged to wear suitable helmets at all times.

Party Size

- If in groups, make sure party leaders are experienced; do not let the party become separated.
- Take special care of the youngest and weakest in dangerous places.
- If you prefer to go alone, be aware of the additional risk. Let people know your route before you start, stick to it as far as you can and notify them of any changes.

Emergency Procedures

- Be prepared to turn back if conditions are against you; even if this upsets your plan. Report changes of route or timetable to someone who is expecting you.
- If you have a serious problem, get a message to the Police (999) for help as soon as possible and keep injured/exhausted people safe and warm until help reaches you. If you cannot contact anyone, use six whistle blasts or torch flashes, repeated at minute intervals, to signal an emergency.

Dangers - all can be avoided by good route-finding

- Cliffs, slopes of ice or steep snow
- Very steep grass slopes, especially if frozen or wet
- Unstable boulders, gullies, gorges and stream beds
- Rivers and streams in spate
- Snow cornices on ridges or gully tops
- Exceeding your experience and abilities

Dangers – all can be avoided by remaining alert

- Weather changes - these can be sudden and more extreme than forecast
- Ice on path - carry an ice-axe and crampons - and know how to use them
- Loss of concentration, especially toward the end of a long day
- Excessive cold or heat - dress appropriately
- Separating from the rest of the group
- Incipient exhaustion - know the signs; rest, take some food and keep warm
- Accident or illness - don't panic - if you send for help, make sure you stay put and the rescuers know exactly where to come
- Passage of Time - especially true when under pressure - allow extra time in winter conditions

Pride

- It is no disgrace to turn back if you are not certain. A party must be governed by the capabilities of the weakest member.

Donating To Mountain Rescue

If you wish to support financially the Mountain Rescue Service, in the Lake District, the Association will be pleased to receive your donation. The Association equally shares out all it receives to the 13 Teams in the Lake District. There are several ways of assisting, some more financially advantageous than others.

1. Gift Aid

Following recent changes in the law relating to donating to charities, completion of a Deed of Covenant is no longer necessary. Most donations are now covered by a Gift Aid declaration. If you pay tax, Gift Aid is a scheme by which you can give a sum of money to a charity and the charity can reclaim from the Inland Revenue basic rate tax on your gift. You can make payments by cash, cheque, postal order, direct debit or standing order. Subject to a few rules, you can give any amount, large or small, regular or one-off and the charity can reclaim the tax.

If you want to make a donation through Gift Aid please complete the form printed overleaf having read the notes and return it, with either your donation or a completed copy of the Bankers Order to the Association's treasurer.

1.1 If your declaration covers donations you may make in the future:

- Please notify the charity if you change your name or address while the declaration is in force
- You can cancel the declaration at any time by notifying the charity – it will then not apply to donations you make on or after the date of the cancellation or such later date as you specify.

1.2 You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the tax year (currently 28p for each pound you give).

1.3 If in future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration (see note 1.1)

1.4 If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.

1.5 If you are unsure whether your donations qualify for Gift Aid tax relief, ask the charity. Or you can ask your local tax office for leaflet IR113 *Gift Aid*

2. Give As You Earn

This is a tax free way of giving to charities direct from your pay and many employers have agreed to co-operate. The donation is deducted from your pay before your tax deduction is calculated. The Association is registered with the Charities Aid Foundation. If this appeals to you, please approach your employer with these details:

Charity Name:	LDSAMRA	
Bank Code:	40-22-16	Bank Account No: 81205617
Give As You Earn Reg.	No:004184	
Charity Commission Reg.	No:506349	

GIFT AID DECLARATION

Charity Name: **LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION**

Registered Charity Number: 506349

Title Forename..... Surname.....

Address:.....

.....

..... Postcode:.....

I want the charity to treat : (Delete as appropriate)

- The enclosed donation of £.....
- The donation(s) of £ which I made on/...../.....
- All donations I make from the date of this declaration until I notify you otherwise
- All donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise as Gift Aid donations.

Signed Date/...../.....

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-

BANKERS ORDER

To: Bank

..... Address

..... Date

Please pay

HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of £..... (words)

commencing (date of first payment)

and thereafter every (month/year)

until (date of last payment) and debit my/our account accordingly.

Signed Date

.....

DEED OF COVENANT

To: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

I promise to pay you for 4 years, or until I die if earlier, such a sum as after deduction of income tax at the basic rate amounts to *£ each (month/year), from the date shown below.

Signed and delivered

Date

Full name & address

(in capitals)

Tel. No.....

Witnessed by (signed)

Full name & address

(in capitals)

.....

* Enter here the actual amount you will be paying to the LDSAMRA.

-----✂-----

BANKERS ORDER

To: Bank

Address.....

..... Date.....

Please pay

HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of

£..... (words)

commencing (date of first payment) and

thereafter every (month/year)

until (date of last payment) and debit my/our account

accordingly.

Signed Date



DISTINGUISHED SERVICE LIST

Containing persons who have made a significant contribution to Mountain Rescue in the Lake District

JOHN BERNARD ANDERSON	Coniston MRT
STEVE BARBER (Deceased)	Kendal MSRT, LDSAMRA & MRC
ERIC BARRINGTON	Kendal MSRT & LDSAMRA
PETER BELL	Langdale/Ambleside MRT, Stretcher Manufacturer
DAVID BINKS	Duddon & Furness MRT
Sir CHRISTIAN BONINGTON	
JOE BOOTHROYD (Deceased)	Patterdale & Penrith MRTs, LDSAMRA & MRC
ROB BROOKES	Kendal & Langdale/Ambleside MRTs
DUNCAN JAMES CAMERON (Deceased)	Coniston MRT
NELSON CLARK	Furness MRT
ROY COOKSEY MBE	Coniston MRT
STEPHE COVE	Millom FRT, Duddon & Furness MRT
JIM COYLE BEM	Cockermouth MRT
SYDNEY H. CROSS MBE (Deceased)	Langdale Mountain Rescues
Sqn Ldr LESTER DAVIES MBE (Deceased)	O.B.M.S. Ullswater
JOHN DEMPSTER MBE	Cockermouth MRT, LDSAMRA
GEORGE FISHER MBE (Deceased)	Keswick MRT
RICHARD FISHER	Keswick MRT
MALCOLM GRINDROD	Langdale/Ambleside & Coniston MRT, SARDA (Lakes)
Mrs. ADA HILLARD	
PAUL HORDER	Cockermouth & Keswick MRTs, LDSAMRA & MRC
STEWART HULSE MBE	Langdale/Ambleside MRT, & MRC
PETER JACKSON MBE	Millom FRT
TOM MINTON (Deceased)	Kendal MSRT
JOHN MITCHELL	Millom FRT
MIKE MITCHELL	Kendal MSRT, COMRU & LDSAMRA
MIKE NIXON MBE	Keswick MRT
Dr. JAMES D OGILVIE (Deceased)	Patterdale MRT
DES OLIVER	Keswick MRT
BILL PATTISON MBE	Wasdale MRT
ROGER PUTNAM MBE	O.B.M.S. Eskdale
J BRYAN STILLING (Deceased)	Kendal MSRT, LDSAMRA & MRC
Lt. Col H. WESTMORELAND MBE (Deceased)	Keswick MRT
Fl. Lt. RICHARD WOOD	A Flight 202 Sqn RAF Boulmer

FOR RESCUE ASSISTANCE

*

**GO TO THE NEAREST TELEPHONE
AND DIAL 999**

*

ASK FOR 'MOUNTAIN RESCUE'

*

**GIVE THE LOCATION (NAME & GRID
REFERENCE), TIME OF ACCIDENT,
NATURE OF INJURIES - NAME &
ADDRESS OF CASUALTY IF KNOWN**

*

**STAY BY TELEPHONE UNTIL
POLICE OR RESCUE TEAM MAKE
CONTACT**