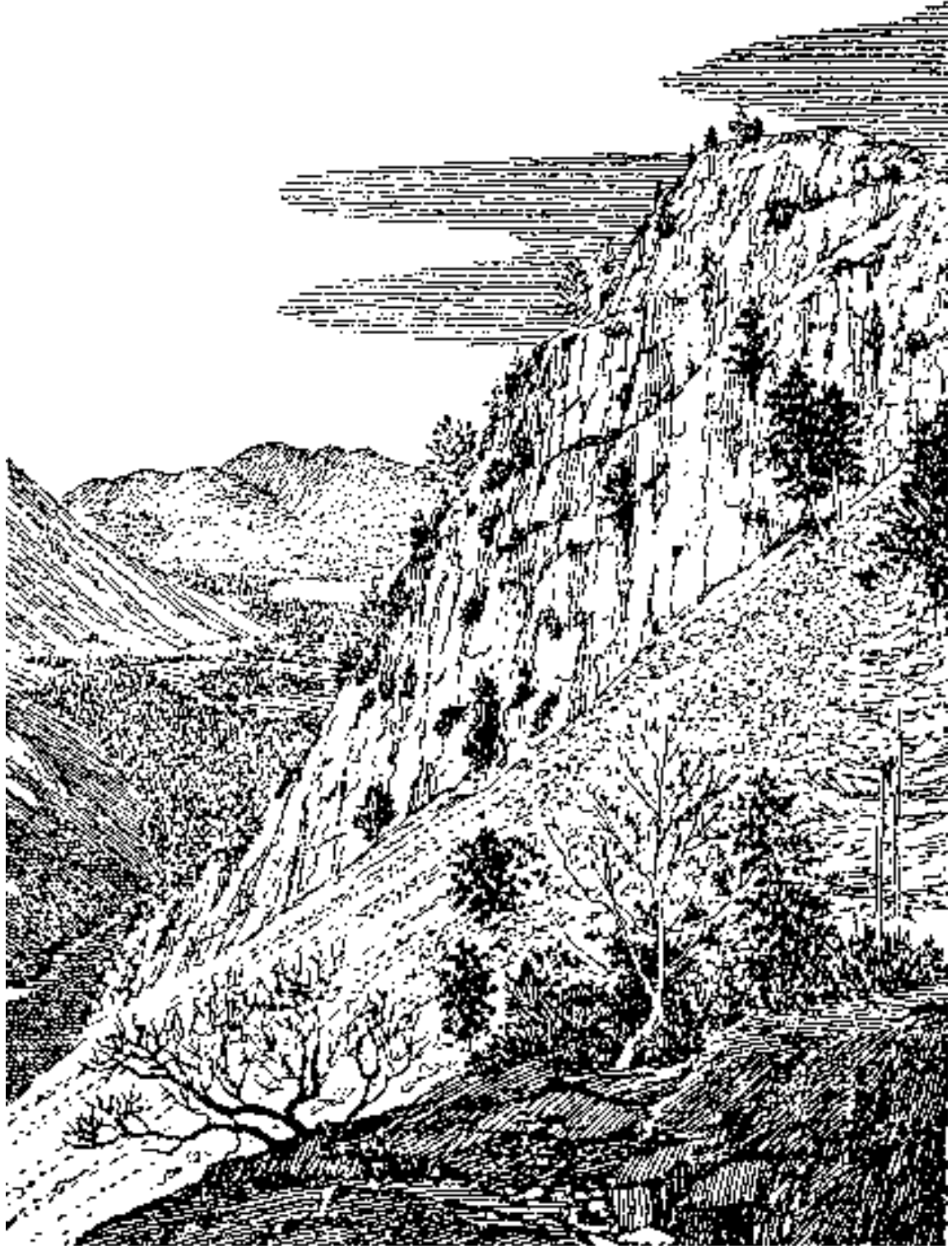


LAKE DISTRICT SEARCH & MOUNTAIN RESCUE
ASSOCIATION

MOUNTAIN ACCIDENTS 2012



*Castle Crag from 'Wainwright's North Western Fells' and reproduced
by courtesy of the Westmorland Gazette*



The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given by
Cumbria Constabulary.



and

Cumbria Police Authority



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This Report is issued by
The Lake District Search and Mountain Rescue Association
in the interests of all mountain users.

Lake District Search and Mountain Rescue Association

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This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue, such as RAF and National Park Rangers.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national body, Mountain Rescue (England and Wales) and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

Cost £2.00

The charge is at cost price and helps us to meet the production charges of this booklet

THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION
IS REGISTERED AS A CHARITABLE TRUST 506349

Chairman's Report

2012 will be remembered for many things including probably the wettest summer on record. This obviously had an impact on the numbers of visitors to the Lake District, indeed a 25% reduction on 2011 visitor statistics. This may therefore be a factor in the levelling out of numbers of callouts. There was a slight increase in callouts during the year (432) but nothing like the worrying trend of previous years that delivered a record 600 incidents in 2010. We still see tragic events and the fatality rate remains high with 22 deaths, the majority being non-winter hill walking. This represents 1 in 20 and must be considered too high a rate. What can be done to reduce the numbers of fatalities? Education and awareness of the dangers and risks for the ill prepared remains a prime concern for teams and hopefully in time the message will get across. I make no apology for repeating this mantra every year if it helps save a single life.

2012 also saw the completion of RESCUE 2020. It was initiated by LDSAMRA as an opportunity to take a strategic look at the future of mountain rescue in the Lake District. It was based on a wide-ranging survey of all members of LDSAMRA and was supported by a comprehensive programme of interviews with members of mountain rescue teams and partner organisations. Of the nine recommendations, the working relationship with external partners was seen as a priority in order to improve response times. Search and rescue technology, developed by mountain rescue has transformed the way teams operate and communicate and partner organisations have been encouraged to adopt these new tools and share the benefits. The implementation of all RESCUE 2020's recommendations (full details on the LDSAMRA website) will probably take some time but the benefits to teams and the casualties they help will be felt for many years to come.

The teams have dealt with a 100% increase in the number of resilience type callouts (requests to support colleagues in the statutory emergency services). A significant part of this rise is due to the increased co-operation between local mountain rescue teams and the ambulance service. This can be seen as a result of parties responding to some of the recommendations in RESCUE 2020 mentioned above. 2013 will I am sure, see an even greater involvement of mountain rescue in resilience matters particularly at strategic levels (Gold and Silver Command) where our teams and team leaders are regarded as professionals capable of significant contribution to major incidents.

As a region we remain very proud and privileged to be able to provide our voluntary rescue service. This is only possible through the generosity of those we rescue and people visiting or living within our communities. There is very little in the way of central funding; therefore fundraising remains an ongoing and very important task for the teams with annual costs running at between £30,000 and £80,000 per team and rising. Donations, bequests and legacies, which are sent into the Association, do make a significant difference. It is gratifying to see that the work of the teams is recognised by both those we rescue and the general public

who hear about the work we do. Income to the association is shared equally amongst the twelve teams to supplement their own fundraising activities. It is important that those who donate know and understand that their contributions, however small, do make a difference to the ability of teams to provide our free rescue service to the Cumbrian communities and to visitors in the area.

To conclude my report, I would like to thank the many kind supporters, without whose donations we could not exist. I would also like to thank those organisations and agencies with whom we work, and to the 400 volunteer team members of LDSAMRA. Finally I would like to thank the LDSAMRA officers and working groups for their dedication, support and hard work over the past twelve months. Special thanks must go to our regional treasurer Richard Longman who has finally decided to step down after over thirty years in mountain rescue. In addition to being an operational team member, most of this time has been spent working extremely hard as both an officer and trustee of LDSAMRA and his local team Wasdale.

Richard Warren

Chairman LDSAMRA

February 2013

Incident Details 2012

January		
<p>1 26293 2 January 14:20 N light snow poor cool dull. Moderate frozen snow/ice footpath. Hill Walking (Winter) (Small party) Subject (F) reported as slipped on icy ground. Minor - simple closed fracture tibia and fibula. Langdale Ambleside (16 x 1hr 15 min)</p>	<p>Rydal Caves, Rydal</p>	<p>NY352059</p>
<p>2 26151 2 January 14:25 Wintery showers. Rough stony track, slippery. Subject (F60) slipped on path. Splinted and stretchered to landrover. Serious - simple closed fracture right ankle. Coniston (12 x 1hr 45 min)</p>	<p>Levers Moss Scrow, Coniston Old Man</p>	<p>SD288983</p>
<p>3 26449 2 January 16:00 Not reported. Not reported. Subject (F) slipped on icy ground. Ring finger had swollen due to arm injury and ring had to be removed. Langdale Ambleside (2 x 1hr 0 min)</p>	<p>Low Pike, Rydal</p>	<p>NY377077</p>
<p>4 28845 4 January 12:20 Calm dry cloudy cool dull. Moderate very wet muddy footpath. Subject (M) slipped on very wet muddy grass descending hillside. After treatment, he was stretchered to waiting air ambulance. Patterdale (1 x 1hr 0 min); Great North AA Cumbria</p>	<p>Hallin Fell, Martindale</p>	<p>NY4350019300</p>
<p>5 28844 4 January 22:16 Gale rain cool dark. Search areas very wet and flooded in places. Subject (M41) reported overdue at B&B in Patterdale. Nothing found. Misper subject to police investigation. Kendal (11 x 14hr 30 min); Keswick (14 x 6hr 0 min); Kirkby Stephen (11 x 14hr 30 min); Patterdale (12 x 14hr 30 min); Penrith (16 x 14hr 30 min); SARDA (England) (7 x 14hr 30 min); Lake District MR Search Dogs (5 x 14hr 30 min); Gannet SAR Helicopter</p>	<p>The Dodds, Matterdale Common</p>	<p>NY3410020500</p>
<p>6 26192 6 January 17:27 Moderate showers poor cool dark. Moderate very wet stony footpath. Subject (M) lost the path in poor visibility and darkness; SARLoc used. Found unhurt and escorted off. Wasdale (14 x 5hr 0 min)</p>	<p>Hollowstones, Scafell Pike</p>	<p>NY204073</p>
<p>7 26530 7 January 13:02 SW-fresh/rain/low cloud. Moderate footpath damp. Lady reported with fractured ankle in Mosedale by Melbreak. Casualty transported by team vehicle to waiting land ambulance for onward transport to WCH. Serious - suspected fractured ankle. Cockermouth (24 x 2hr 30 min)</p>	<p>Holly Tree, Mosedale</p>	<p>NY141182</p>
<p>8 26194 8 January 11:20 Dry, cloudy. Rough stoney track. Subject (M46) fell off bike. Made own way to hospital after treatment at MR base. Minor - deep laceration(s) right knee. Coniston (14 x 0hr 30 min)</p>	<p>Holme Fell, Hodge Close Quarry</p>	<p>NY312013</p>
<p>9 27962 14 January 11:20 Frosty, clear. Frosty fell path. Subject (F62) slipped on path beside waterfall. Treated and evacuated to land ambulance. Minor - stable fracture left ankle. Kirkby Stephen (20 x 2hr 0 min)</p>	<p>Cautley Spout, Howgill Fells</p>	<p>SD683976</p>

10 26589 14 January 19:35 Hardknott Pass NY223014
Freezing dark. Steep slippery icy. Local Incident (Small party)
Car and occupants reported stuck on ice. Occupants of car taken to local hotel. Car retrieved following day.
Wasdale (2 x 3hr 19 min)

11 26270 15 January 11:31 Glenderaterra NY297275
Fine cold. Icy patches. Mountain Biking
Rider (M41) slipped on ice, falling into boulders. Taken by air ambulance to hospital. Serious - simple closed fracture femur.
Keswick (15 x 1hr 19 min); Great North AA Cumbria

12 26320 15 January 15:54 Craggy Wood, Staveley SD474985
Calm/dry/clear/cold/dusk. Moderate track grassy, slippery. Hill Walking
Request to assist ambulance service to evacuate casualty off the hill to waiting ambulance.
Minor - not reported.
Kendal (16 x 1hr 19 min)

13 26290 16 January 14:50 Wansfell, Ambleside NY395504
Calm dry clear cool dusk. Moderate wet gravel footpath. Hill Walking (Small party)
Subject (F51) slipped on wet ground. Treated then evacuated by stretcher. Minor - sprain ankle.
Langdale Ambleside (10 x 2hr 0 min)

14 26267 18 January 14:13 Latrigg, Keswick NY274245
Dry cloudy cool. Muddy. Hill Walking (Alone)
Subject (M) unable to continue on steep ground as a result of panic attack. Assisted down to safety.
Keswick (14 x 0hr 40 min)

15 26291 18 January 20:17 Helm Crag, Grasmere NY328088
SE fresh dry clear cool dull. Moderate waterlogged grassy moorland. Hill Walking (Small party)
Subject (F60) slipped on wet ground. Treated then airlifted to hospital. Serious - compound closed fracture ankle.
Langdale Ambleside (12 x 2hr 0 min); Great North AA Cumbria

16 26683 19 January 08:15 Ulverston, Old Park Wood SD313776
Not reported. Not reported. Search - Non-mountain (Alone)
Subject (M44) missing from home, not seen for a week. Jacket found, possibly belonging to missing person. **Fatal** - not reported.
Duddon & Furness (21 x 14hr 30 min); Kendal (19 x 8hr 0 min)

17 26274 21 January 11:29 Walna Scar, Coniston Fells SD271964
Showery, very windy. Rough wet track, stony. Hill Walking (Medium party)
Walker (F58) blown over by strong wind onto rocks. Walked by friends to Walna Scar and airlifted to hospital. Serious - unconscious (cause unknown); injuries head.
Coniston (11 x 1hr 0 min); Great North AA Cumbria

18 26590 22 January 15:15 Scafell Pike NY210076
Showers hill fog cold dull. Moderate frozen icy footpath. Hill Walking (Winter) (Small party)
Subject (F51) slipped. Stretchered down to the valley and taken to hospital by friend. Minor - simple closed fracture left ankle.
Duddon & Furness (16 x 5hr 10 min); Wasdale (16 x 5hr 0 min)

19 26366 27 January 14:21 Thirlspot NY319177
Good. Wet slippery. Hill Walking (Small party)
Subject (F59) slipped on wet grass. Stretchered down for transportation to hospital. Serious - simple closed fracture ankle.
Keswick (16 x 1hr 19 min)

20 26591 28 January 11:20 Dent Fell NY055129
Light dry clear cold bright. Gentle footpath. Hill Walking (Small party)
Subject (M28) reported with seizure. Airlifted to hospital. Minor - fit (epilepsy).
Wasdale (14 x 1hr 40 min); Boulmer SAR Helicopter

21 26289 28 January 12:00 Little Langdale NY313034
Dry clear freezing bright. Gentle track. Hill Walking (Medium party)
Subject (M11) reported lost after becoming separated from parents. Located back at starting point, having made his own way there.
Langdale Ambleside (10 x 1hr 0 min)

22 26288 28 January 16:45 Three Tarns, Bowfell, Gt Langdale NY249061
Dry clear freezing dark. Moderate frozen snow/ice moorland. Hill Walking (Winter) (Alone)
Subject (M25) found semi-conscious, with cramps and hypothermic, cause unknown.
Evacuated to helicopter and airlifted to hospital. Serious - hypothermia (I-II) mild/moderate.
Langdale Ambleside (15 x 3hr 0 min); Boulmer SAR Helicopter

23 28842 30 January 12:27 St Raven's Edge, Kirkstone Pass NY4049808137
Light dry clear freezing bright. Steep frozen icy crag. Animal Rescue
Dog found howling on icy ledge. Dog carried off fell, handed to local vet who located owners using dog's microchip.
Patterdale (5 x 1hr 0 min)

24 28843 30 January 13:06 Gowbarrow, Dockray NY4037721731
Not reported. Not reported. Hill Walking (Alone)
Body found on hillside by member of the public. Recovered and handed over to Coroner's officer.
Patterdale (9 x 2hr 30 min)

25 26365 31 January 02:37 Braithwaite NY229234
Cold drizzle. Wet. Local Incident (Alone)
Vulnerable (M72, DAT) reported missing from home. Found by team member in Keswick en route to the search.
Keswick (14 x 1hr 15 min)

26 28841 31 January 23:27 Brown Cove, Helvellyn NY34201585
Calm dry clear cold dark. Not reported. Hill Walking (Alone)
Subject (M52) failed to make routine contact wife at end of walk. Found by police in Borrowdale fast asleep, reported he had forgotten.
Patterdale (7 x 3hr 0 min)

February

27 26321 1 February 13:00 Kendal Castle SD521923
Calm/dry/clear/cold/bright. Moderate footpath damp, slippery. Local Incident
Subject (M54) slipped whilst out walking on Kendal Castle. Minor - injuries lower leg.
Kendal (10 x 1hr 0 min)

28 26444 3 February 13:30 Bad Step, Crinkle Crag, Gt Langdale NY249048
Dry hill fog freezing dusk. Moderate frozen snow/ice moorland. Hill Walking (Winter) (Small party)
Subject (F52) slipped on frozen ground. Treated and stretchered to helicopter by MR. Serious - compound closed fracture ankle.
Kendal (16 x 5hr 0 min); Langdale Ambleside (12 x 6hr 0 min); Boulmer SAR Helicopter; North West Air Ambulance (Blackpool)

29 26364 3 February 13:55 Coledale Hause NY196211
Clear cold. Snow ice slippery. Hill Walking (Winter) (Small party)
Subject (M47) slipped on ice after he had taken his crampons off. Treated and airlifted to hospital. Serious - soft tissue injuries lower leg.
Keswick (15 x 1hr 52 min); Great North AA Cumbria

- 30 26363 3 February 15:55 Blencathra, Sharp Edge NY206206**
Clear very cold. Snow ice slippery. Hill Walking (Winter) (Small party)
Subject (F38) reported cragfast in very wintry conditions, no axes or crampons. Reported by other walker who also became cragfast. Both fitted with crampons and then roped off the ridge.
Keswick (17 x 4hr 15 min)
- 31 27961 4 February 12:00 Cautley Spout, Howgills Fells SD681975**
Cold, snowy. Frozen, slippery. Hill Walking (Winter) (Small party)
Subject (M60) reported collapsed on walk. Treated and evacuated. Minor - hypothermia (I-II) mild/moderate.
Kirkby Stephen (16 x 2hr 0 min); North West Air Ambulance (Blackpool)
- 32 26443 4 February 13:25 Howes Banks, Elterwater NY322042**
Snow cloudy freezing dull. Moderate frozen snow/ice track. Mountain Biking (Small party)
Subject (M36) slipped on frozen ground while pushing bike over icy stretch. Treated and evacuated by 4x4 ambulance. Serious - painful/uncomfortable knee
Kinder (1 x 2hr 0 min); Langdale Ambleside (9 x 2hr 0 min)
- 33 26592 4 February 13:35 Birker Fell SD167984**
Moderate snow freezing. Moderate frozen. Local Incident
Cars and occupants reported stuck on ice and snow. All cars extricated and occupants led down to the valley.
Wasdale (8 x 2hr 30 min)
- 34 26442 4 February 16:24 Loughrigg Tarn, Gt Langdale NY345045**
Snow poor freezing dull. Gentle frozen snow/ice track. Hill Walking (Winter) (Small party)
Subject (M65) slipped on frozen path. Treated and evacuated by 4x4 vehicle. Minor - painful/uncomfortable knee.
Bowland Pennine (1 x 3hr 0 min); Langdale Ambleside (11 x 3hr 0 min)
- 35 26441 4 February 20:00 Ambleside NY378039**
Snow foggy freezing dark. Moderate frozen snow/ice. Local Incident
Carer required 4x4 transport and escort to reach elderly patients during poor weather. Patients reached and carer taken home.
Langdale Ambleside (4 x 2hr 0 min)
- 36 26342 4 February 22:28 Howgil Lane Sedbergh SD651923**
Calm/snow/clear/cold/dark. Moderate track snow, slippery. Local Incident
Request to assist ambulance service during period of severe weather conditions. One instance recorded, but stood down in transit.
Kendal (2 x 1hr 0 min)
- 37 26343 5 February 09:00 Dent and Kendal SD566849**
Calm/snow/clear/cold/bright. Moderate track snow/ice, slippery. Local Incident
Request to assist community services during period of severe weather. Two instances recorded involving transport of care workers and discharge of patient from hospital.
Kendal (3 x 1hr 0 min); Kendal (3 x 1hr 0 min)
- 38 26328 5 February 13:00 Coniston SD305975**
Dry, sunny. Snow, ice, slippery. Local Incident
During period of severe weather, provided transport for District Nurse visiting her patients.
Coniston (1 x 3hr 0 min)
- 39 26531 6 February 12:30 Scarth Gap, Buttermere NY187149**
W-calm/dry/clear/very cold/bright. Moderate footpath frozen. Hill Walking (Winter)
Subject (F) slipped on ice on path sustaining an injured ankle. Treated on scene and stretchered to a waiting ambulance. Serious - simple closed fracture ankle.
Cockermouth (24 x 2hr 30 min)

40 27960 9 February 10:00 **Market Street, Kirkby Stephen** **NY774088**
Cold. Ice on pavement. Local Incident
Request to assist ambulance service during period of severe weather. Assisted one female,
slipped on ice on pavement.
Kirkby Stephen (16 x 1hr 0 min)

41 26440 9 February 10:30 **Kirkstone Pass, A592** **NY414037**
Snow low cloud freezing dull. Moderate frozen snow/ice. Road Traffic Collision (Small party)
Family decided to walk home after road traffic collision, reported overdue. They turned up as
search being organised.
Langdale Ambleside (2 x 1hr 0 min)

42 27085 9 February 18:50 **Corney Fell** **SD152895**
Moderate dry cloudy freezing dark. Moderate frozen icy track. Road Traffic Collision (Small party)
Car skidded and left road. Occupants found and walked to team vehicle. Minor – asthma.
Duddon & Furness (21 x 2hr 40 min)

43 27084 10 February 17:54 **Corney Fell** **SD152895**
Moderate snow poor cold dark. Moderate slippery icy. Local Incident (Small party)
Vehicles reported stuck in snow & ice. Vehicle found and occupants taken to safety.
Duddon & Furness (24 x 2hr 0 min)

44 26428 11 February 12:14 **Barrow** **NY229223**
Dry cold. Frozen hard. Hill Walking (Winter) (Small party)
Subject (F63) slipped on frozen grass. Ambulance crew treated her injuries and she was
stretchered down to waiting ambulance. Serious - simple closed fracture ankle.
Keswick (15 x 1hr 42 min)

45 28840 11 February 12:15 **High Dodd, Place Fell, Ullswater** **NY4150818247**
Light dry cloudy cold dull. Moderate frozen icy footpath. Hill Walking (Small party)
Subject (F) reported with injury while descending, unable to continue with her walk. Airlifted to
hospital. Minor - injuries lower leg.
Patterdale (7 x 1hr 0 min); Great North AA Cumbria

46 28838 13 February 15:35 **Helvellyn** **NY3425515087**
Not reported. Not reported. Hill Walking (Small party)
Report of man falling from Helvellyn to Red Tarn basin. Before deployment, heard that the man
was in fact OK and continuing his walk unaided.
Patterdale (14 x 1hr 0 min)

47 26399 14 February 16:03 **Levers Hause, Coniston** **SD271993**
Dry, turned to darkness, windy. Frozen snow, rough fellside, gully. Hill Walking (Alone)
Subject (M52) slipped after missing path. Treated and airlifted to hospital. Serious - simple
closed fracture rib(s); injuries head; injuries face; injuries lower leg.
Coniston (17 x 3hr 30 min); Boulmer SAR Helicopter

48 26427 15 February 11:40 **Latrigg, Keswick** **NY279247**
Cold dry. Muddy slippery. Hill Walking (Small party)
Subject (M50) reported slipped on mud. Treated and evacuated to waiting ambulance. Serious -
simple closed fracture ankle.
Keswick (12 x 1hr 15 min)

49 26533 15 February 20:46 **Buttermere** **NY176169**
Not reported. Not reported. Hill Walking (Alone)
Subject (M31) reported missing, believed to be walking in Buttermere. He was located by police
at a friend's house prior to deploying searchers.
Cockermouth (4 x 2hr 43 min)

50 26401 17 February 14:39 Gummer's Howe, Windermere SD390888
W-light/drizzle/low cloud/cool/dull. Undulating wet, slippery. Hill Walking (Family group)
Party of six (M, F41, F14, F11, F10, F7) reported themselves lost in low visibility. Located, given
warm clothing and escorted to safety.
Kendal (7 x 2hr 0 min)

51 26439 17 February 15:00 Fairfield Horseshoe NY357108
SE fresh showers foggy cold dull. Steep frozen snow/ice crag. Hill Walking (Winter) (Small party)
Subject (F) reported lost in mist and on steep ground. Eventually talked back on to main path,
although not the one they thought they'd got lost from.
Langdale Ambleside (7 x 2hr 0 min)

52 26426 17 February 19:05 Derwentwater NY264215
Windy. Not reported. Water Sport (all types) (Small party)
Party of three (M44, 16, 45) reported canoe capsized in high winds, two in water. Boat and
vehicle deployed, all ferried for check up; booked into hostel as camping gear lost in water.
Keswick (15 x 1hr 57 min)

53 26462 17 February 19:24 Seathwaite Fell, 1000' Boulder NY226105
Drizzle dark. Wet. Hill Walking (Alone)
Subject (M43) reported himself lost and benighted. Located by local members within 40 mins
and walked off to safety.
Keswick (12 x 1hr 30 min)

54 26532 18 February 10:21 Lad Hows, Grassmoor NY171204
NE-fresh/snow/cloudy/cold/dark. Steep footpath snow/ice. Hill Walking (Winter) (Small party)
Party of five reported themselves cragfast in icy and wintry conditions. Party, all safe and well,
eventually made their own way off.
Cockermouth (5 x 1hr 40 min)

55 26425 18 February 13:22 Whinlatter Forest NY212239
Cold sunny spells. Wet slippery. Mountain Biking (Small party)
Rider (M27) fell off his bike. Treated for injuries and evacuated. Serious - simple closed fracture
rib(s).
Keswick (17 x 1hr 25 min)

56 26424 19 February 09:55 Harrop Tarn NY313137
Not reported. Not reported. Hill Walking (Small party)
Subject (M40) reported collapsed. On arrival informed subject recovered, was able to walk to
ambulance with help. All were stood down.
Keswick (18 x 1hr 4 min)

57 26461 19 February 11:15 Brown How, Thirlspot NY319176
Not reported. Not reported. Animal Rescue
Sheep reported cragfast. Retrieved without loss or injury.
Keswick (4 x 2hr 0 min)

58 26519 19 February 14:47 Long Stile, High Street NY444112
Dry bright sunshine. Icy turf and snow patches. Hill Walking (Winter) (Small party)
Party of two ascending headwall above Blea Water, subject (M55) stepped back to take photo
slipped and fell. Certified dead at scene, airlifted to valley and handed over to Coroner's officer.
Fatal - multiple injuries chest; multiple injuries head.
Kirkby Stephen (12 x 2hr 0 min); Penrith (13 x 4hr 0 min); Great North AA Teeside; Boulmer
SAR Helicopter

59 26534 19 February 14:54 Graystone, Whinlatter NY175288
NE-fresh/dry/cloudy/cold/dusk. Moderate footpath damp. Hill Walking
Subject (F) reported collapsed with chest pains. Treated then stretchered off to waiting
ambulance. Minor - pain/discomfort chest.
Cockermouth (31 x 1hr 58 min)

60 26460 21 February 11:34 Threlkeld NY319254
Dry overcast cool. Damp. Search - Non-mountain (Alone)
Subject (F11) was reported missing from home. A member of the local community found the child.
Keswick (24 x 1hr 6 min); Lake District MR Search Dogs (1 x 1hr 6 min)

61 26422 23 February 18:50 Claife Heights, Hawkshead SD377990
Cloudy, overcast, showers. Forest tracks, wet. Hill Walking (Small party)
Party of two (F55, M59) reported themselves lost in dark. Located and taken to hotel.
Coniston (11 x 2hr 0 min)

62 26423 24 February 15:15 Yewdale Fells, Coniston SD302987
Fine, dry. Damp, fellside. Hill Walking (Small party)
Subject (F) reported suffering vertigo. Assisted down by a team member.
Coniston (1 x 0hr 45 min)

63 26459 26 February 14:28 Blencathra, Sharp Edge NY326283
Dry hill fog cool. Damp slippery. Rock Scrambling (Small party)
Subject (M40) took a 50ft tumbling fall into the gully whilst descending narrow ridge. Treated and lowered on stretcher below cloud base for airlift to hospital. Serious - multiple injuries head.
Keswick (24 x 5hr 19 min); Great North AA Cumbria; Boulmer SAR Helicopter

64 26594 26 February 16:22 Scafell Pike NY216053
Light drizzle hill fog cool dusk. Moderate boggy. Hill Walking (Small party)
Two walkers (M, M25) lost in mist. Located and escorted down to the valley.
Wasdale (17 x 6hr 0 min)

March

65 26458 1 March 13:41 Ullock Pike NY243288
Warm cloud. Not reported. Hill Walking (Small party)
Subject (M51) reported collapsed whilst walking. Airlifted to hospital. Serious - myocardial infarct.
Keswick (22 x 3hr 8 min); Great North AA Cumbria; Valley SAR Helicopter

66 27083 2 March 17:05 Corney Fell SD193893
Not reported. Not reported. Road Traffic Collision (Alone)
Car reported crashed into a wall. Female occupant transferred to air ambulance. Serious - pain/discomfort neck.
Duddon & Furness (19 x 0hr 34 min); North West Air Ambulance (Blackpool)

67 26595 3 March 17:16 Piers Gill NY210081
Moderate drizzle poor cool dusk. Steep wet stony scree. Hill Walking (Small party)
Subject (M, F) reported lost path in cloud. Accompanied off unhurt.
Duddon & Furness (1 x 2hr 27 min); Wasdale (11 x 6hr 30 min)

68 26457 4 March 11:00 Combe Door, Borrowdale Fells NY253109
Not reported. Not reported. Animal Rescue
Sheep reported cragfast. Retrieved without loss or injury.
Keswick (4 x 4hr 30 min)

69 26438 5 March 14:40 Easedale Tarn, Grasmere NY298085
NE fresh dry clear cold bright. Moderate slippery grassy footpath. Hill Walking (Small party)
Subject (M) slipped. Treated by air ambulance paramedic and evacuated. Serious - simple closed fracture humerus.
Langdale Ambleside (13 x 4hr 0 min); Great North AA Cumbria

70 28837 6 March 12:00 Hartsop Dodd, Hartsop NY4120011800
Strong dry cloudy cold dull. Steep slippery muddy footpath. Hill Walking (Large party)
Subject (M67) slipped, injuring his ankle. Treated at the scene and due to high winds, stretchered him from fell. Serious - simple closed fracture left ankle.
Patterdale (12 x 4hr 0 min); Great North AA Cumbria

71 26437 8 March 14:53 Greenup Edge, Grasmere NY287105
SW fresh showers low cloud cool dark. Slippery grassy footpath. Hill Walking (Small party)
Subject (M) slipped. Located after prolonged search, treated and evacuated by stretcher.
Serious - fracture/dislocation knee.
Kendal (12 x 7hr 0 min); Langdale Ambleside (19 x 9hr 0 min); Great North AA Cumbria

72 26518 9 March 12:44 Cathedral Quarry, Tilberthwaite NY314027
Murky, dry. Damp, rough track. Hill Walking (Small party)
Subject (M10) tripped and injured himself. Airlifted to hospital. Serious - simple closed fracture
left wrist.
Coniston (16 x 1hr 40 min); North West Air Ambulance (Barton)

73 26456 9 March 19:02 Hind Gill, Glaramara NY242112
Not reported. Slippery. Hill Walking (Small party)
Couple (M, F) got lost and cragfast on the steep descent above Hind Gill. Located fairly swiftly
by local team member. Led to safety.
Keswick (16 x 5hr 30 min)

74 26558 10 March 12:24 Low Briery, Keswick NY281240
Mild overcast. Damp slippery. Mountain Biking (Small party)
Subject (F) slipped on board walk. Treated and transported to ambulance. Minor - injuries lower
leg.
Keswick (13 x 0hr 49 min)

75 26596 10 March 15:38 Scafell Pike NY210069
Light dry cloudy cool. Moderate wet stony slope. Hill Walking (Medium party)
Subject (M64) reported with exhaustion and feeling unwell. Assisted to walk off uninjured.
Duddon & Furness (14 x 5hr 0 min); Wasdale (21 x 5hr 0 min)

76 26597 10 March 16:00 Scafell Pike NY199074
Light dry cloudy cool. Moderate wet stony footpath. Hill Walking (Medium party)
Subject (M42) reported slipped. Stretchered down to waiting ambulance. Serious - unstable
fracture left ankle.
Duddon & Furness (14 x 3hr 30 min); Wasdale (21 x 3hr 30 min)

77 26739 11 March 13:28 Wansfell, Ambleside NY391037
SW light dry clear mild bright. Moderate slippery grassy footpath. Hill Walking (Small party)
Subject (F) slipped. Treated and evacuated by air ambulance. Serious - simple closed fracture
ankle.
Langdale Ambleside (13 x 2hr 0 min); Great North AA Cumbria

78 26738 12 March 14:45 Mickleden, Gt Langdale NY269066
NE light dry cloudy cool. Moderate grassy moorland. Hang-gliding (Small party)
Aircraft clipped crag on take-off, pilot (M30) injured lower leg but landed in valley. Treated and
evacuated by air ambulance. Serious - compound closed fracture tibia and fibula.
Langdale Ambleside (9 x 2hr 0 min); Great North AA Cumbria

79 26557 14 March 16:03 Taylorgill, Seathwaite NY233113
Good. Damp. Hill Walking (Small party)
Subject (F48) slipped. Treated on scene and stretchered to waiting ambulance. Serious -
painful/uncomfortable ankle.
Keswick (20 x 2hr 0 min)

80 26599 14 March 19:05 Styhead, Central Fells NY218094
Light dry hill fog cool dark. Level damp stony footpath. Hill Walking (Small party)
Party of two (M, F) reported lost in cloud. Located, escorted to safety then expensive taxi ride.
Wasdale (4 x 4hr 0 min)

81 26556 15 March 13:34 **Cat Bells, Newlands** **NY243195**
 Overcast dry. Damp patches. Hill Walking (Small party)
 Subject (F64) fell on to her outstretched arm. Treated before stretching her to a waiting ambulance. Serious - simple closed fracture wrist.
 Keswick (19 x 2hr 25 min)

82 26535 15 March 14:50 **Black Sail, Ennerdale** **NY193124**
 SW-calm/drizzle/cloudy/cool/dull. Moderate footpath wet. Hill Walking (Alone)
 Subject (M19, Coast-to-Coast) reported himself with an ankle injury somewhere above Black Sail. Met by members and escorted off the hill. Minor - injuries lower leg.
 Cockermouth (22 x 2hr 21 min); Lake District MR Search Dogs (3 x 2hr 21 min)

83 26536 15 March 15:18 **High Stile, Buttermere** **NY170148**
 SW-fresh/rain/cloudy/cold/dusk. Moderate footpath wet. Hill Walking (Small party)
 Party of two (M) reported themselves lost in mist. They found path and made their own way down, having met up with another group.
 Cockermouth (23 x 1hr 0 min)

84 26600 15 March 16:20 **Great Gable** **NY208106**
 Light drizzle low cloud cool dull. Moderate wet stony slope. Hill Walking (Small party)
 Two walkers (M42, F38) became disorientated in cloud. Located and walked off to safety.
 Wasdale (15 x 4hr 30 min)

85 26520 17 March 16:03 **Hole Rake, Furness Fells** **SD294993**
 Light rain. Fell track, moorland. Hill Walking (Medium party)
 Subject (F30) slipped and injured her ankle. Treated and airlifted to hospital. Serious - dislocation left ankle.
 Coniston (12 x 1hr 45 min); North West Air Ambulance (Barton)

86 26552 18 March 13:34 **Greenburn** **NY272019**
 Fine, dry. Damp, fell track. Hill Walking (Small party)
 Subject (M68) reported with breathing difficulties. Airlifted to hospital. Serious - myocardial infarct.
 Coniston (14 x 1hr 45 min); North West Air Ambulance (Blackpool)

87 26737 20 March 17:35 **Blea Rigg, Grasmere** **NY301079**
 Dry clear mild dull. Moderate crag. Hill Walking (Small party)
 Party of two (F) reported cragfast. Talked down to safety.
 Langdale Ambleside (4 x 1hr 0 min)

88 26566 24 March 16:00 **Hallow Bank, Kentmere** **NY456070**
 None-calm/dry/clear/mild/bright. Undulating track damp, slippery. Mountain Biking
 Rider (F29) descending track, crashed sustained injury to left hip. Evacuated to road head and waiting ambulance. Minor - injuries left upper leg.
 Kendal (16 x 3hr 0 min)

89 26698 24 March 16:06 **Anglers Crag, Ennerdale** **NY099150**
 SW-calm/dry/clear/mild/bright. Steep footpath dry. Hill Walking
 Party lost path on relatively steep ground, at which point a member was reported as having a panic attack. On arrival, party had made their way down to lakeshore; no further assistance required.
 Cockermouth (9 x 1hr 30 min)

90 26601 25 March 15:00 **Green Crag, Ulpha Fell** **SD197985**
 Calm dry clear mild bright. Undulating dry grassy moorland. Hill Walking (Small party)
 Subject (F61) slipped on the path. Treated on scene and evacuated. Minor - simple closed fracture left ankle.
 Wasdale (17 x 3hr 30 min)

91 26736 25 March 20:38 **Calf Crag, Gibson Knott, Grasmere** **NY308103**
 Dry clear cool dark. Moderate grassy footpath. Hill Walking (Small party)

Party of two reported as benighted, having made very slow progress. Couple guided to col then escorted down.

Langdale Ambleside (4 x 3hr 0 min)

92 27080 26 March 18:00 **Tongue House Close, Dunnerdale** **SD240981**
Light dry clear cool dusk. Steep firm grassy crag. Animal Rescue
Sheep reported cragfast. Sheep caught and lowered to safety.
Duddon & Furness (16 x 3hr 30 min)

93 26660 27 March 16:35 **Great Lingy Hill, Northern Fells** **NY309339**
Dry hot. Undulating moorland. Hill Walking (Small party)
Subject (M58) reported with heat exhaustion. Stretchered to waiting air ambulance. Minor - heat exhaustion; laceration.
Keswick (13 x 3hr 4 min); Great North AA Cumbria

94 26735 27 March 22:16 **Loughrigg, Ambleside** **NY347051**
Dry clear mild moonlight. Not reported. Search - Mountain
Report of flashing lights on summit. Nothing found upon investigation.
Langdale Ambleside (2 x 2hr 0 min)

95 26699 28 March 14:34 **Little Round How, Fleetwith Pike** **NY205131**
NW-calm/dry/clear/warm/bright. Gentle footpath dry. Hill Walking
Subject (F69) tripped and cut her head, also sustaining a back injury. Treated on scene and stretchered to waiting ambulance. Minor - laceration back; laceration head
Cockermouth (21 x 2hr 28 min)

96 26659 31 March 12:31 **Woden's Face, Borrowdale** **NY253166**
Not reported. Not reported. Rock Climbing - unroped (Small party)
Subject (M) fell 3 metres whilst bouldering. Airlifted to hospital. Minor - injuries chest; injuries lower arm; injuries lower arm.
Keswick (13 x 1hr 30 min); Great North AA Cumbria

97 28786 31 March 13:39 **Striding Edge, Helvellyn** **NY3481214939**
Fresh dry cloudy cold bright. Steep frozen snow/ice ridge. Hill Walking (Winter) (Small party)
Subject (M44) reported to have slipped off narrow ridge. Airlifted to hospital. Serious - unstable fracture lumbar vertebra(e).
Patterdale (10 x 3hr 0 min); Valley SAR Helicopter

April

98 27079 3 April 15:45 **Troutal, Dunnerdale** **SD234992**
Moderate dry clear cool dull. Gentle dry track. Hill Walking (School/Youth group)
Subject (F39) fell and broke arm. Injury treated and transferred to ambulance. Serious - simple closed fracture arm.
Duddon & Furness (18 x 2hr 0 min)

99 26826 3 April 16:30 **Nab Scar, Rydal** **NY356073**
NE fresh snow poor cold dull. Slippery snow footpath. Hill Walking (Winter) (Small party)
Party of three became separated and lost in snow and poor visibility. Managed to re-group and make their way to safety.
Langdale Ambleside (4 x 1hr 0 min)

100 26603 3 April 19:45 **Whitbarrow, Lyth Valley** **SD436889**
NE-strong/showers/broken cloud/cold/dark. Steep crag damp. Hill Walking
Subject (M) reported fallen resulting in an arm injury. While deploying, informed he had managed to walk to a farm and got help there. Minor - injuries lower arm.
Kendal (23 x 1hr 0 min)

101 27958 3 April 21:00 **Tailbridge Hill, Kirkby Stephen** **NY803045**
Snowing. Snow and ice on road. Local Incident (Small party)
Motorists reported stranded in snowbound car. All recovered to safety.
Kirkby Stephen (4 x 0hr 30 min)

102 26796 4 April 11:51 Hollow Stones, Scafell NY206075
Gale dry clear cold bright. Moderate damp grassy slope. Hill Walking (Small party)
Subjects (M50, M) both blown over by strong wind. Airlifted to hospital. Minor - not reported;
Serious - injuries back
Duddon & Furness (12 x 2hr 30 min); Wasdale (12 x 4hr 30 min); Boulmer SAR Helicopter

103 26825 5 April 16:25 Stickle Ghyll, Gt Langdale NY292068
Dry clear cold bright. Moderate gravel footpath. Hill Walking (Small party)
Subject (M) slipped. Evacuated by father to waiting ambulance crew. Minor - injuries head.
Langdale Ambleside (13 x 1hr 0 min); Great North AA Cumbria

104 26700 6 April 18:43 Crummock Water NY145202
NW-light/passing showers/clear/cool/bright. Gentle footpath dry. Hill Walking
Party of two reported lost on shoreline. Searched Crummock shore and Buttermere; meanwhile
party made their way to High Park, safe and well.
Cockermouth (6 x 1hr 6 min)

105 26617 6 April 19:03 Seathwaite Fells, Dunnerdale SD233955
Damp, misty, going dark. Rough fell ground. Hill Walking (Small party)
Two sisters (F64, F61) reported as lost. Located and taken to safety.
Coniston (18 x 4hr 15 min); Duddon & Furness (24 x 2hr 25 min)

106 26795 7 April 14:56 Wast Water Screes NY153046
Light dry clear cool bright. Level dry stony scree. Hill Walking (Medium party)
Subject (M16) slipped in boulder field. Stretchered to boat and taken across lake to ambulance.
Minor - injuries left lower leg.
Wasdale (17 x 2hr 30 min)

107 26618 8 April 17:55 Little Dun Fell, N Pennines NY716337
Cloudy, base at 700m. Wet. Hill Walking (Alone)
Subject (M44) reported himself lost walking Pennine Way from Alston to Dufton. Located,
escorted to safety and transport to Dufton.
Penrith (15 x 4hr 15 min); Lake District MR Search Dogs (5 x 2hr 0 min)

108 26824 11 April 16:25 Low Pike, Rydal NY374079
Dry cloudy mild bright. Moderate wet grassy footpath. Hill Walking (Small party)
Subject (M56) slipped. Treated and evacuated by air ambulance. Serious - simple closed
fracture ankle.
Langdale Ambleside (11 x 1hr 30 min); Great North AA Cumbria

109 26701 12 April 14:53 Buttermere NY188149
SW-calm/dry/clear/mild/bright. Gentle footpath dry. Hill Walking (Small party)
Walker (M) reported collapsed at Gatesgarth. Taken by ambulance to hospital prior to MR
arrival.
Cockermouth (18 x 0hr 31 min)

110 26794 14 April 00:30 Wasdale NY219091
Light dry clear cold dark. Moderate rough stony. Hill Walking (Small party)
Subject (M52) reported separated from partner in darkness. Found uninjured.
Wasdale (5 x 4hr 0 min)

111 26631 14 April 14:43 Low Parkamoor, Grizedale Forest SD309929
Dry, sunny, breezy. Rough fell track, stony. Mountain Biking (Small party)
Rider (F25) came off bike and injured leg. Treated and taken by landrover to waiting ambulance.
Minor - laceration lower leg; injuries left lower leg.
Coniston (14 x 2hr 0 min)

112 26657 15 April 15:30 **Thirlmere** **NY313178**
Sunny. Loose stones. Hill Walking (Small party)
Subject (F52) slipped on loose shale. Treated and stretchered to a waiting ambulance. Serious - injuries lower leg.
Keswick (16 x 1hr 10 min)

113 26823 17 April 14:33 **Nab Scar, Rydal** **NY361066**
Showers cool dull. Moderate grassy bank. Search - Mountain (Alone)
Subject (M47) reported unconscious, attempted overdose. Located and carried to waiting ambulance. Minor - hypothermia (I-II) mild/moderate general; overdose on unknown substance(s) general
Langdale Ambleside (8 x 1hr 30 min)

114 26702 18 April 18:02 **Fleetwith Pike, Buttermere** **NY197147**
NW-fresh/dry/clear/cool/dull. Steep crag damp. Hill Walking (Alone)
Subject (M) reported cragfast above Maggie's Cross. He was assisted from crag and walked off the hill.
Cockermouth (28 x 1hr 34 min)

115 26656 19 April 14:07 **Lining Crag, Greenup Edge** **NY280108**
Dry clear cool. Moderate damp. Hill Walking (Small party)
Party of two (M71, F65) reported lost and exhausted. Located and escorted with support to safety.
Keswick (10 x 3hr 43 min); Langdale Ambleside (10 x 1hr 15 min)

116 27076 20 April 11:10 **Lingcove Beck** **NY234043**
Moderate dry clear cool bright. Moderate damp grassy moorland. Hill Walking (Small party)
Subject (M20) slipped crossing stream. Treated and airlifted to hospital. Serious - simple closed fracture tibia.
Duddon & Furness (16 x 3hr 19 min); North West Air Ambulance (Blackpool)

117 27957 21 April 12:10 **Nine Standards Rigg, Nateby** **NY815056**
Fine, clear. Fell grass, heather, bog. Hill Walking (Small party)
Subject (M53) reported slipped on peat hag. Treated on scene and evacuated. Minor - injuries lower leg
Kirkby Stephen (9 x 2hr 0 min); North West Air Ambulance (Blackpool)

118 26703 21 April 14:28 **Robinson** **NY203168**
NW-light/dry/cloudy/cool/bright. Moderate footpath damp. Fell Running
Fellrunner (M42) reported fallen and injured near summit. Assisted from the fell to Honister Pass and MR stood down. Minor - extensive bruising thigh.
Cockermouth (12 x 0hr 30 min); Keswick (10 x 1hr 0 min)

119 26793 21 April 18:29 **Greta Gill, Scafell Pike** **NY216081**
Passing showers. Mixed. Hill Walking (Small party)
Party of four reported lost. Located and led to safety.
Wasdale (3 x 5hr 0 min)

120 26688 23 April 13:25 **Wythburn Fells, Thirlmere** **NY313129**
Not reported. Not reported. Hill Walking (Small party)
Subject (M60) reported collapsed. Treated at scene and airlifted to hospital. Serious - stroke (CVA)
Keswick (13 x 2hr 37 min); Great North AA Cumbria

121 26704 23 April 15:00 **Starling Dodd, Ennerdale** **NY137161**
NE-calm/dry/clear/mild/bright. Moderate footpath damp. Hill Walking (Small party)
Subject (F23) reported with a back injury near the summit. Treated at scene and airlifted to hospital. Minor - strain back.
Cockermouth (26 x 2hr 19 min); Great North AA Cumbria

122 26821 23 April 17:00 **Browney Ghyll, Oxendale** **NY269050**
 Dry clear mild dull. Not reported. Hill Walking (Small party)
 Subject (M) slipped. Treated and evacuated. Minor - injuries head.
 Langdale Ambleside (16 x 2hr 30 min)

123 26687 23 April 20:02 **Castlehead, Keswick** **NY269226**
 Not reported. Not reported. Hill Walking (Family group)
 Subject (M77), walking with family, slipped on wet rock. Treated at scene and stretchered down
 to a waiting ambulance. Serious - injuries head.
 Keswick (30 x 0hr 52 min)

124 28835 24 April 10:51 **Ruthwaite Lodge, Grisedale** **NY3605614257**
 Light dry cloudy cool dull. Moderate damp stony footpath. Hill Walking (Medium party)
 Student (F18), on course, complaining of back pain unable to walk. Evacuated from the hill and
 transferred to hospital for further assessment. Minor – illness.
 Patterdale (10 x 2hr 0 min); Great North AA Cumbria

125 26686 27 April 12:32 **Grey Knotts, Borrowdale** **NY219126**
 Scattered clouds dry. Damp patches. Hill Walking (Small party)
 Subject (M39) slipped on a stile. Treated and flown to hospital. Serious - sprain ankle.
 Cockermouth (22 x 2hr 0 min); Keswick (12 x 2hr 19 min); Great North AA Cumbria

126 26685 28 April 06:29 **Helvellyn, The Swirls** **NY325163**
 Cool windy cloud on tops. Rocky. Hill Walking
 Subject (F30) slipped on descent. Treated at scene and carried down to waiting ambulance.
 Serious - sprain ankle.
 Keswick (15 x 2hr 0 min)

127 26706 28 April 12:05 **Dale Head** **NY225154**
 NE-fresh/dry/clear/cool/bright. Moderate footpath damp. Hill Walking (Small party)
 Subject (M42) reported collapsed; CPR given by passing medic until air ambulance paramedics
 took over. Airlifted to hospital. Serious - myocardial infarct.
 Cockermouth (20 x 2hr 19 min); Keswick (20 x 2hr 15 min); Great North AA Cumbria; Boulmer
 SAR Helicopter

128 28834 28 April 12:07 **Lanty's Tarn, Glenridding** **NY38351627**
 Calm dry cloudy mild dull. Not reported. Hill Walking (Small party)
 Subject (F70), exploring inside of Ice House fell 15ft into base of ice house, unable to get out.
 Patterdale (12 x 1hr 30 min)

129 26680 29 April 02:45 **Coniston Hall, Hoathwaite** **SD297952**
 Fine. Damp. Hill Walking (Small party)
 Party of three (M32, M, M) reported lost in woodland. All found safe at Hoathwaite.
 Coniston (3 x 0hr 45 min)

130 26707 29 April 20:41 **Scar Crag, Crag Hill** **NY199204**
 E-gale/heavy rain/cloudy/cold/dark. Steep footpath very wet, slippery. Fell Running (Event)
 Fellrunner (M) reported missing taking part in organised event. Body located by SAR helicopter
 and evacuated to care of Coroner's Officer. **Fatal** - not reported.
 Cockermouth (28 x 5hr 0 min); Cockermouth (22 x 5hr 4 min); Keswick (42 x 9hr 30 min); Kirkby
 Stephen (11 x 3hr 40 min); Penrith (9 x 4hr 0 min); Wasdale (10 x 4hr 0 min); Boulmer SAR
 Helicopter

131 26791 30 April 15:05 **Scafell Pike** **NY2111707432**
 NE fresh dry clear cold bright. Moderate firm gravel footpath. Hill Walking (Small party)
 Subject (M52) collapsed with chest pains. Treated and airlifted to hospital. Serious - abdominal
 pain/discomfort abdomen.
 Wasdale (18 x 4hr 10 min); Great North AA Cumbria; Boulmer SAR Helicopter

132 26709 30 April 19:00 **Buttermere** **NY182155**
E-fresh/dry/clear/mild/bright. Gentle footpath dry. Hill Walking (Small party)
Subject (M71) reported collapsed. Subject did not respond to treatment. **Fatal** - myocardial
infarct.
Cockermouth (25 x 2hr 0 min); Gannet SAR Helicopter

133 26838 30 April 19:26 **Mosedale, Snailshell Crag** **NY355326**
Fine. Dry. Hill Walking (Small party)
Subject (F22) unable to continue after old knee injury exacerbated while scrambling. Treated at
the scene and stretched down to an ambulance. Minor - sprain knee.
Keswick (21 x 2hr 0 min)

May

134 26744 2 May 14:45 **Helsfell Nab, Kendal** **SD50109355**
Calm/dry/clear/warm/bright. Undulating footpath dry. Local Incident
Subject (M62), out walking when he suddenly fell for some unknown reason; he was found by a
passing dog walker who reported the incident. Minor - not reported.
Kendal (16 x 1hr 30 min)

135 26968 3 May 13:18 **Whinlatter Pass** **NY218245**
Not reported. Not reported. Road Traffic Collision (Small party)
Subject (F34) fell off her bike whilst trying to avoid a car, descending Whinlatter Pass. Treated at
the scene and taken to hospital; police investigation started. Serious - injuries head; injuries
shoulder; abrasion(s) multiple.
Keswick (12 x 1hr 3 min); Great North AA Cumbria

136 26790 3 May 17:59 **Kells, Whitehaven** **NX966176**
Light dry clear cool bright. Level grassy footpath. Search - Non-mountain (Alone)
Subject (M58) reported missing from home, possible suicide. Quickly located unharmed.
Wasdale (25 x 4hr 15 min)

137 26837 5 May 13:41 **Shepherd's Crag, Borrowdale, 'Conclusion'** **NY263187**
Not reported. Not reported. Rock Climbing - roped (Small party)
Subject (M) fell 15m from "Conclusion", hitting the ground. Treated by ambulance personnel and
MR stretchered him down to the air ambulance. Serious - injuries back; injuries lower leg;
injuries pelvis.
Keswick (19 x 1hr 23 min); Great North AA Cumbria

138 28833 6 May 10:11 **Patterdale** **NY3969115861**
Dry cloudy cold dull. Not reported. Search - Mountain (Small party)
Subject (M27) walking C2C, reported overdue in Patterdale.
Kendal (6 x 4hr 0 min); Patterdale (17 x 6hr 0 min); Penrith (13 x 4hr 0 min)

139 28646 6 May 12:15 **Cautley Spout, Howgills** **SD681975**
Clear fine. Very steep grass slope. Hill Walking (Small party)
Subject (M16) dislocated his knee while walking. Evacuated from the hill. Minor - dislocation
knee.
Kirkby Stephen (17 x 3hr 0 min)

140 27120 6 May 12:30 **Mardale III Bell, Haweswater** **NY446101**
Dry bright. Not reported. Hill Walking
Subject (M59) reported taken ill with chest pains. Air ambulance first on scene; treated and
evacuated to hospital. Minor - angina (ischaemic heart disease).
Penrith (16 x 2hr 0 min); Great North AA Cumbria

141 26789 6 May 17:58 **Brown Tongue** **NY1999507272**
NE light clear cold bright. Moderate slope. Hill Walking (Medium party)
Subject (M43) reported unable to continue. Helicopter evacuation to hospital as precaution.
Minor - panic attack.
Wasdale (17 x 4hr 0 min); Boulmer SAR Helicopter

142 27121 6 May 19:10 **Small Water, Haweswater** **NY452095**
 Dry bright. Mixed. Hill Walking (Alone)
 Despondent (F45) reported in area, in distressed state. Positive identification made and evacuated by aircraft to hospital. Minor - intoxication; overdose on controlled drugs.
 Penrith (17 x 5hr 0 min); Boulmer SAR Helicopter; North East Police Helicopter

143 27122 6 May 20:30 **Kidsty Pike, Haweswater** **NY447126**
 Dry. Mixed. Hill Walking (Alone)
 Party reported member struggling with knee problem. Treated and evacuated to Mardale Head.
 Minor – exhaustion.
 Penrith (3 x 1hr 0 min)

144 27042 7 May 16:55 **Third Gill, Buttermere** **NY189189**
 NW-fresh/heavy rain/cloudy/cool/dull. Moderate footpath damp. Hill Walking
 Subject (F75) slipped on path. Treated on scene and airlifted to hospital. Serious - simple closed fracture tibia and fibula.
 Cockermouth (26 x 4hr 0 min)

145 26788 7 May 18:00 **Wast Water, The Screes** **NY154047**
 NW fresh showers clear mild dusk. Steep slippery stony scree. Hill Walking (Small party)
 Party of two (F) reported crafkast on screes with tired dog. Retrieved both women and dog to safety.
 Wasdale (12 x 4hr 0 min)

146 28832 8 May 16:20 **Hartsop Dodd, Hartsop** **NY4116011831**
 Light drizzle cloudy cool dull. Not reported. Hill Walking (Alone)
 Subject (M64) reported overdue after taking separate route and failing to meet up again.
 Patterdale (11 x 4hr 0 min)

147 27043 10 May 15:45 **Crummock Water** **NY154188**
 NW-calm/rain/cloudy/mild/dull. Undulating footpath damp. Hill Walking (Medium party)
 Subject (M) slipped on the footpath. Treated on scene and stretchered to ambulance at High Park. Serious - simple closed fracture tibia and fibula.
 Cockermouth (15 x 2hr 15 min)

148 26836 12 May 10:26 **Langstrath, Stake Pass** **NY265095**
 Sunny. Wet. Hill Walking (Small party)
 Subject (F34) stumbled on rough ground. Stretchered 500m to waiting air ambulance. Minor - sprain ankle.
 Keswick (15 x 3hr 22 min); Great North AA Cumbria

149 28785 13 May 20:49 **Scalehow Wood, Ullswater** **NY4141319232**
 Fresh drizzle cloudy cool dull. Undulating damp stony footpath. Hill Walking (Small party)
 Subject (M73) slipped on wet ground. Stretchered to MR boat, ferried over lake and made own way home. Minor - sprain ankle.
 Patterdale (8 x 1hr 49 min)

150 28605 14 May 15:10 **Red Tarn, Langdale** **NY277027**
 Not reported. Not reported. Hill Walking
 Walker (M) complained of head pains. Airlifted by air ambulance as MR responding.
 Kendal (12 x 1hr 0 min); Langdale Ambleside (5 x 1hr 0 min); North West Air Ambulance (Barton)

151 28306 16 May 15:00 **Ill Crag, Little Narrowcove** **NY224071**
 Moderate dry clear cold bright. Steep rough stony crag. Rock Scrambling (Military unit)
 Subject (M27) slipped and fell on scramble route. Treated on scene then airlifted to hospital. Serious - stable fracture pelvis.
 Duddon & Furness (14 x 3hr 19 min); Wasdale (18 x 7hr 0 min); Boulmer SAR Helicopter

152 26835 16 May 16:10 **Allen Crag** **NY239092**
Not reported. Not reported. Hill Walking (Small party)
Subject (F67) fell whilst fellwalking, and suffered a head injury with severe lacerations to her scalp. A helicopter from RAF Boulmer, which happened to be in the area, was able to locate and take her to hospital.
Keswick (16 x 1hr 10 min); Boulmer SAR Helicopter

153 26834 16 May 17:17 **Force Crag, Coledale, Braithwaite** **NY195211**
Cloudy. Wet. Hill Walking (Small party)
Subject (M87 yrs) reported in apparent difficulties. Located just coming off the hill, but was in fact OK.
Keswick (16 x 0hr 55 min)

154 26963 17 May 11:31 **St Bees** **NY954118**
Damp. Wet. Hill Walking (Medium party)
Walker (M49) tumbled on path and reported with ankle injury. Airlifted by air ambulance.
Wasdale (16 x 1hr 15 min); Great North AA Cumbria

155 28647 17 May 23:30 **High Cup Nick, North Pennines** **NY725245**
Cold dry light breeze. Boggy. Hill Walking (Alone)
Subject (F50) reported herself overdue and lost; lights also reported from hillside by farmer.
Located and led to safety.
Kirkby Stephen (15 x 1hr 15 min)

156 28831 19 May 16:09 **Eagle Crag, Grisedale** **NY3665814551**
Not reported. Not reported. Hill Walking (Small party)
Subject (M75) pulled a muscle and was unable to continue his walk. He was collected and transferred to his overnight accommodation. Minor - strain back.
Patterdale (2 x 1hr 0 min)

157 28606 19 May 17:25 **Greenup Edge, Far Easedale, Grasmere** **NY289104**
Not reported. Not reported. Hill Walking
Subject (F) reported with lower leg injury. Treated and stretchered down to valley. Serious - simple closed fracture right ankle.
Kendal (17 x 5hr 0 min); Langdale Ambleside (14 x 5hr 30 min)

158 28784 20 May 17:49 **Glenridding - Shap** **NY4366512695**
Not reported. Not reported. Hill Walking (Alone)
Subject (M67), doing C2C walk, reported overdue at accommodation. Able to contact subject and confirmed safe and well, but delayed.
Patterdale (7 x 1hr 0 min)

159 26833 20 May 22:33 **Sour Milk Gill, Borrowdale** **NY231122**
Not reported. Not reported. Hill Walking (Small party)
Subject (F) reported as exhausted and needed assistance to descend the steep path. Issue resolved quickly by local team member.
Keswick (11 x 0hr 25 min)

160 27073 22 May 00:50 **Crooked Birch, Subberthwaite** **SD265869**
Light dry clear cold dark. Gentle firm grassy slope. Local Incident (Alone)
Subject (F) reported with drugs overdose. Assisted ambulance to evacuate to road. Serious - overdose on unknown substance(s).
Duddon & Furness (13 x 1hr 30 min)

161 26832 22 May 17:33 **Outerside, Coledale, Braithwaite** **NY217215**
Hot dry. Dry. Hill Walking (Small party)
Subject (F69) tripped and fell. Treated at scene and stretchered down to rendezvous with ambulance. Serious - simple closed fracture wrist.
Keswick (20 x 2hr 7 min)

162 27044 23 May 00:20 **Wasdale - Buttermere** **NY195145**
SW-calm/dry/broken cloud/mild/starlight. Steep footpath dry. Hill Walking (Alone)
Walker (F52) reported overdue. Turned up at Dalegarth at 01:20, tired but well.
Cockermouth (16 x 1hr 0 min); Keswick (5 x 1hr 30 min)

163 26859 23 May 17:00 **Withered Howe, Kentmere** **NY462060**
Calm/dry/clear/hot/bright. Moderate footpath dry. Hill Walking
Subject (M) collapsed with heat exhaustion. Treated and evacuated to waiting ambulance.
Kendal (16 x 1hr 30 min)

164 28607 24 May 16:00 **Link Hause, Fairfield** **NY3659811511**
Calm/dry/clear/hot/bright. Steep footpath dry. Hill Walking
Subject (M) complained of exhaustion, unable to complete walk. Located using SARLoc and
walked down to valley. Minor – exhaustion.
Kendal (16 x 3hr 30 min); Langdale Ambleside (11 x 6hr 0 min)

165 28830 26 May 18:54 **Gowbarrow Bay, Ullswater** **NY4273820446**
Not reported. Not reported. Water Sport (all types) (Small party)
Canoe reported capsized. Two canoeists recovered to shore and transferred to ambulance.
Minor - immersion hypothermia general; Minor - immersion hypothermia.
Patterdale (12 x 1hr 0 min)

166 28783 27 May 12:48 **Hayeswater Gill, Hartsop** **NY4220413035**
Calm dry clear hot bright. Not reported. Hill Walking (Small party)
Subject (F67) reported to have fainted. After assessment, transported by MR vehicle to waiting
ambulance. Minor - faint (vaso-vagal).
Patterdale (11 x 1hr 45 min); Great North AA Cumbria

167 26969 28 May 12:32 **Great Gable** **NY211103**
Not reported. Not reported. Hill Walking (Small party)
Subject (F42) tumbled, injuring her wrist. Treated and airlifted to hospital by air ambulance.
Cockermouth (15 x 2hr 12 min); Keswick (11 x 2hr 31 min); Great North AA Cumbria

168 26861 30 May 23:15 **Serpentine Woods, Kendal** **SD509928**
Calm/dry/clear/mild/dark. Moderate footpath dry. Local Incident (Large party)
Subject (F16) reported with lower leg injury, ambulance crew unable to evacuate her from the
woods. Stretchered to waiting ambulance. Minor - simple closed fracture tibia.
Kendal (20 x 1hr 0 min)

June

169 27041 1 June 10:40 **Helm Crag, Grasmere** **NY327093**
NE light dry clear warm bright. Moderate slippery stony footpath. Hill Walking
Shouts for help heard. Nothing found. False alarm with good intent.
Kendal (10 x 1hr 0 min); Langdale Ambleside (8 x 2hr 0 min)

170 27053 1 June 11:11 **Yewbarrow, Witherslack** **NY432848**
Light/dry/clear/mild/bright. Gentle footpath dry. Hill Walking
Subject (M64) reported unconscious. Body recovered for Coroner's officer. **Fatal** - not reported.
Kendal (16 x 2hr 0 min); Great North AA Cumbria

171 28648 1 June 11:30 **Fell Side, Mallerstang** **SD786988**
Warm breezy day. Fell grassland. Animal Rescue
Sheep reported stuck down pothole. Recovered without incident.
Kirkby Stephen (3 x 1hr 30 min)

172 26994 2 June 18:27 **Thornthwaite Beacon** **NY431100**
NE-fresh/drizzle/hill fog/cool/dull. Moderate ridge rough. Hill Walking
Party of eight (4 adults (1 pregnant) + 4 children (aged 3, 6, 6 and 12 years) reported themselves
lost, unable to find their way off the hill.
Kendal (17 x 4hr 0 min)

173 28649 3 June 09:30 **Dukerdale Head, Nateby Common** **NY815053**
Strong winds intermittent rain. Boggy. Hill Walking (Organised event)
Event marshall (M50) reported overdue after event finished. Located safe and well, no
explanation reported for lateness.
Kirkby Stephen (8 x 0hr 30 min)

174 26967 3 June 12:28 **Causey Pike** **NY221206**
Not reported. Not reported. Hill Walking (Small party)
Subject (M36) slipped and injured his knee. Treated and evacuated to hospital by air ambulance.
Serious - fracture/dislocation patella.
Keswick (17 x 2hr 17 min); Great North AA Cumbria

175 26966 3 June 15:34 **Skiddaw** **NY281259**
Not reported. Not reported. Hill Walking (Small party)
Subject (F33) fell and broke her ankle not far from the Latrigg Car Park. Quickly accessed,
treated and evacuated to waiting ambulance. Serious - simple closed fracture ankle.
Keswick (16 x 0hr 52 min)

176 27046 3 June 16:37 **Nannycatch Gate, Dent Fell** **NY052127**
NW-light/dry/cloudy/cool/dull. Moderate footpath damp. Hill Walking
Subject (F49), doing the Coast-to-Coast walk, fell while descending. Stretchered to a waiting air
ambulance. Minor - simple closed fracture ankle.
Cockermouth (21 x 3hr 0 min); Wasdale (1 x 0hr 30 min); Great North AA Cumbria

177 26965 3 June 18:15 **Grains Gill, Borrowdale** **NY234104**
Not reported. Not reported. Hill Walking (Small party)
Subject (F55) had turned her ankle walking down from Sty Head, and may need assistance.
Fortunately, two strong young men had taken the situation in hand, constructed a rope stretcher,
and carried her down to the road; stood down responding. Serious - injuries lower leg.
Keswick (3 x 0hr 25 min)

178 28829 3 June 19:00 **Swirrel Edge, Helvellyn** **NY3610814143**
Overcast. Not reported. Hill Walking (Large party)
Group of two reported separated from large group. Both found safe and well, no further details
available.
Patterdale (10 x 2hr 0 min)

179 27123 3 June 19:43 **Rough Crag, Mardale, Haweswater** **NY454112**
Dry light wind good visibility. Rough fell. Hill Walking
Subject (M28) twisted ankle and unable to walk. Treated and evacuated from the hill. Minor -
ligament damage right ankle.
Kirkby Stephen (5 x 3hr 30 min); Penrith (11 x 4hr 0 min)

180 26943 4 June 13:00 **Iron Keld, Skelwith Fells** **NY334013**
Dry, sunny. Rough fell track. Mountain Biking (Small party)
Rider (F36) fell off mountain bike whilst stationary. Treated at scene and stretchered to safety.
Serious - deep laceration(s) right lower leg.
Coniston (11 x 1hr 30 min)

181 26959 4 June 17:07 **Broad Crag Col** **NY126075**
NE calm dry clear warm bright. Steep rocky gravel scree. Hill Walking (Alone)
Female walker reported as dehydrated. Deployed but later informed that female was walking
down after recovering.
Wasdale (10 x 0hr 30 min)

182 28828 4 June 18:50 **Whiteside Zig-zags, Glenridding** **NY34711702**
Clear. Good. Hill Walking (Small party)
Subject (F65) took a bad fall, landing heavily on her ankle. Treated at the scene and evacuated
by stretcher. Serious - simple closed fracture left ankle.
Patterdale (10 x 2hr 10 min)

183 26958 5 June 02:06 Scafell Pike, Hollowstones NY205037
Variable calm dry clear mild dawn. Moderate dry gravel footpath. Hill Walking (Small party)
Subject (M60) stumbled and fell. Stretched from the mountain. Minor - ligament damage knee.
Wasdale (14 x 4hr 0 min)

184 27047 6 June 21:00 Great Round Howe, Buttermere NY207128
Not reported. Not reported. Animal Rescue
Three sheep reported stuck on crag. All three were successfully recovered.
Cockermouth (4 x 2hr 0 min)

185 28304 6 June 22:45 Hardknott Pass, Eskdale NY220014
Misty, showers. Damp. Search - Non-mountain (Small party)
Party of two (F28) became separated at roman fort. She turned up safe and well while MR
responding.
Wasdale (5 x 2hr 0 min)

186 26964 7 June 15:03 Whinlatter Forest NY209243
Not reported. Not reported. Mountain Biking (Small party)
Rider (F45) fell off her mountain bike whilst negotiating a trestle bridge. Stood down responding
when informed treated and evacuated by ambulance crew.
Keswick (14 x 0hr 30 min); Great North AA Cumbria

187 28303 7 June 17:27 Scafell Pike NY210070
Moderate showers poor cool dull. Moderate very wet stony slope. Hill Walking (Small party)
Party of two (M22) reported themselves unable to continue because of thick cloud and driving
rain. Located and accompanied off the hill.
Wasdale (17 x 5hr 30 min)

188 27072 9 June 14:25 Brock Barrow, Dunnerdale Fells SD220942
Moderate showers cloudy cool dull. Moderate damp grassy slope. Hill Walking (Alone)
Subject (M46) slipped and injured leg. Treated and carried to ambulance at Seathwaite. Serious
- simple closed fracture ankle.
Duddon & Furness (16 x 1hr 55 min)

189 26970 9 June 15:51 Dow Crag SD262978
Cloudy, misty, damp. Rough stony fell track. Fell Running (Organised event)
Subject (M70) slipped in fell-race and became hypothermic. Serious - hypothermia (I-II)
mild/moderate.
Coniston (16 x 4hr 0 min); Duddon & Furness (16 x 3hr 40 min); Boulmer SAR Helicopter

190 27124 10 June 13:31 River Eden, Wetheral, Carlisle NY469545
Fair. Steep river bank. Local Incident
Requested to assist ambulance service with access to injured party in remote location.
Evacuated to ambulance following treatment. Minor - fracture/dislocation right ankle.
Penrith (20 x 2hr 55 min)

191 28302 10 June 15:05 Pillar, Mosedale NY183116
Light dry clear mild bright. Moderate dry stony footpath. Hill Walking (Small party)
Subject (F) suffered a tumbling fall resulting in significant injury. Airlifted to hospital following
treatment on scene. Serious - compound closed fracture pelvis.
Wasdale (19 x 4hr 0 min); Boulmer SAR Helicopter

192 28301 10 June 16:41 Scafell Pike NY216075
Light dry clear mild bright. Moderate dry stony footpath. Hill Walking (Small party)
Subject (M30) unable to continue, reporting his 'knees had seized'. Carried down to level area
for pick up by helicopter. Minor - injuries lower leg.
Wasdale (19 x 3hr 0 min); Boulmer SAR Helicopter

203 27183 19 June 15:15 **Friar's Crag, Derwentwater** **NY263225**
 Dry sunny. Dry. Local Incident (Small party)
 Subject (F88) reported collapsed. She recovered sufficiently to be taken to the Cottage Hospital for further care. Minor - unconscious (cause unknown).
 Keswick (6 x 0hr 34 min)

204 27037 20 June 13:58 **Jack's Rake, Pavey Ark, Gt Langdale** **NY286079**
 Showers cloudy cool dull. Vertical rocky stony crag. Rock Scrambling (Small party)
 Subject (F) fell from popular scrambles route. Succumbed to injuries. **Fatal** - compound open fracture skull.
 Kendal (16 x 4hr 0 min); Langdale Ambleside (18 x 4hr 0 min); Great North AA Cumbria;
 Boulmer SAR Helicopter

205 27036 20 June 17:53 **Three Shires Stone, Wrynose** **NY275029**
 Showers cloudy mild dull. Moderate damp grassy footpath. Hill Walking (Small party)
 Subject (F) slipped. Treated and evacuated to safety. Minor - injuries lower leg.
 Kendal (3 x 1hr 15 min); Langdale Ambleside (21 x 1hr 15 min)

206 27113 22 June 15:03 **Honister Slate Mine** **NY224135**
 Very wet and windy. Wet. Local Incident (Alone)
 Requested to recover body following its discovery in mine workings.
 Keswick (18 x 3hr 57 min)

207 27112 23 June 02:30 **Keswick** **NY262236**
 Very wet. Saturated. Local Incident
 Responded to various instances during flooding following severe rainfall. Water levels started receding and Fire Service pumping relatively successful.
 Keswick (12 x 2hr 25 min)

208 27111 26 June 16:05 **Whinlatter Forest** **NY207250**
 Not reported. Not reported. Mountain Biking (Small party)
 Rider reported fallen from bike. Informed ambulance in attendance, MR stood down responding.
 Keswick (16 x 0hr 37 min)

209 27110 27 June 19:09 **Rigg Head Quarries, Rosthwaite** **NY240153**
 Cloudy. Slippery. Hill Walking (Small party)
 Subject (M16) trapped foot and injured his ankle. Stretchered down to a waiting ambulance.
 Minor - ligament damage ankle.
 Keswick (18 x 2hr 25 min)

210 27500 28 June 22:18 **Bowness, Ennerdale** **NY114151**
 NW-light/heavy rain/poor/mild/dark. Moderate footpath damp. Hill Walking (Small party)
 Party of two reported themselves unable to locate the youth hostel in Ennerdale. They were located and given directions.
 Cockermouth (2 x 1hr 0 min)

211 27736 29 June 15:13 **Scafell Pike** **NY210078**
 NW gale drizzle hill fog mild dull. Moderate damp grassy footpath. Hill Walking (Small party)
 Party of two(M) reported themselves lost. Located and escorted from the hill.
 Wasdale (6 x 4hr 0 min)

212 28298 30 June 13:28 **Scafell Pike** **NY215072**
 Moderate showers poor cool dull. Moderate wet stony. Hill Walking (School/Youth group)
 Subject (F41) stumbled and fell. Stretchered down to own transport. Minor - pain/discomfort head.
 Duddon & Furness (11 x 3hr 45 min); Wasdale (18 x 5hr 0 min)

213 28650 30 June 14:30 **Angerholme, Wild Boar Fell** **SD779995**
 Dry. Rocky. Animal Rescue
 Lamb reported trapped down narrow deep crack in limestone pavement. Retrieved without loss or injury.
 Kirkby Stephen (6 x 3hr 0 min)

July

- 214 27598 1 July 17:49** **Low Craig Farm, Garrigill, N Pennines** **NY727427**
Not reported. Not reported. Local Incident
Subject (F) reported fallen on remote farm with difficult access. Stood down responding when informed subject evacuated by air ambulance. Serious - fracture/dislocation hip.
Penrith (5 x 0hr 43 min); Great North AA Cumbria
- 215 27050 3 July 15:45** **Coniston Village** **SD302976**
Damp. House. Local Incident (Family group)
Request to help move house-bound gentleman downstairs to new orthopaedic bed.
Coniston (3 x 0hr 30 min)
- 216 28798 3 July 22:07** **Birkhouse Moor, Glenridding** **NY3644516113**
Not reported. Not reported. Search - Mountain (Alone)
Subject (M54) reported overdue, had not contacted wife since that morning. Search unsuccessful but contact made following day, safe and well.
Patterdale (12 x 2hr 0 min)
- 217 27051 4 July 14:00** **Goats Hawse, Coniston Old Man** **SD267983**
Damp, misty. Rough fell track, stony in parts. Hill Walking (Medium party)
Subject (M20) slipped and fell resulting in leg injury. Serious - simple closed fracture right tibia and fibula.
Coniston (13 x 4hr 0 min); Duddon & Furness (13 x 2hr 30 min)
- 218 27052 5 July 12:09** **Tilberthwaite Gill** **NY303007**
Sunshine with showers. Wet rough track. Hill Walking (School/Youth group)
Subject (M14) had a short epileptic seizure. Recovered enough to walk down to bus accompanied by MR.
Coniston (9 x 1hr 30 min)
- 219 27501 5 July 13:30** **Great Round How, Buttermere** **NY206131**
SW-calm/dry/clear/mild/bright. Steep crag dry. Hill Walking (Alone)
Subject (M23) reported cragfast. He was lowered from the crag and escorted off the hill.
Cockermouth (22 x 3hr 0 min)
- 220 27109 5 July 18:29** **Outerside, Stoneycroft Gill** **NY211212**
Good. Good. Hill Walking (Alone)
Subject (M51) reported unwell and unable to continue with walk. After checking him over, he was walked down and returned to his car. Minor – exhaustion.
Keswick (23 x 2hr 22 min)
- 221 28014 7 July 13:40** **Ulverston** **SD286784**
Dry clear hot bright. Town. Local Incident (Alone)
Report of unconscious diabetic. Evacuated to care of ambulance service. Minor - GCS = 8.
Duddon & Furness (7 x 0hr 30 min)
- 222 27163 8 July 10:00** **Lindale, Grange -over- Sands** **SD413806**
Calm/fine/clear/mild/bright. Level track dry. Search – Non-mountain (Alone)
Subject (M) reported missing from home. Subject arrived as MR about to deploy search parties.
Kendal (18 x 2hr 0 min)
- 223 27108 8 July 16:42** **Castle Crag, Borrowdale** **NY248159**
Not reported. Not reported. Hill Walking (Small party)
Subject (F) slipped and dislocated her shoulder. Some passers-by assisted to walk her down to an ambulance; MR stood down.
Keswick (5 x 1hr 0 min); Keswick (11 x 0hr 19 min)
- 224 28651 8 July 21:30** **River Belah, Kaber, Kirkby Stephen** **NY795122**
Rain. Local flooding. Animal Rescue
Sheep reported stranded by rising deep flooding river. Retrieved without loss or injury.
Kirkby Stephen (4 x 0hr 30 min)

225 27737 9 July 20:00 **Muncaster Fell, Eskdale Green** **SD127992**
 NW fresh showers clear mild dusk. Moderate damp grassy footpath. Hill Walking (Small party)
 Party of two (M, F) reported themselves very lost. Located and escorted off the hill.
 Wasdale (6 x 2hr 0 min)

226 27107 10 July 13:20 **Glenderaterra, Threlkeld** **NY296278**
 Showers overcast. Wet. Hill Walking (Small party)
 Subject (F80) slipped on path. Treated on scene and stretchered to waiting ambulance. Serious
 - sprain ankle
 Keswick (12 x 1hr 22 min)

227 27125 11 July 12:45 **Blea Water, High Street** **NY446105**
 Fair. Steep and broken. Animal Rescue
 Sheep (x2) reported cragfast on crags above tarn. Both retrieved without loss or injury.
 Penrith (4 x 5hr 45 min)

228 27502 11 July 15:25 **Lothwaite, Sale Fell** **NY203294**
 SW-calm/dry/clear/warm/bright. Gentle footpath dry. Hill Walking (Small party)
 Subject (F67) reported with an injured ankle. Treated at the scene and carried to a land
 ambulance. Serious - simple closed fracture ankle.
 Cockermouth (22 x 1hr 55 min)

229 28614 14 July 10:30 **Jack's Rake, Pavey Ark, Gt Langdale** **NY285079**
 Calm/dry/clear/mild/bright. Steep crag damp, slippery. Rock Scrambling (Family group)
 Subject (M12) fell from steep scrambles route. Treated and airlifted to hospital. Serious - simple
 closed fracture skull.
 Kendal (17 x 4hr 30 min); Langdale Ambleside (13 x 4hr 30 min); Great North AA Cumbria

230 27182 14 July 16:36 **Corridor Route, Great End** **NY219085**
 Dry. Dry. Hill Walking (Small party)
 Subject (F27) stumbled and fell. Treated by paramedics and airlifted to hospital. Serious -
 painful/uncomfortable hip.
 Keswick (13 x 1hr 43 min); Wasdale (16 x 1hr 0 min); Great North AA Cumbria

231 28826 14 July 17:19 **Gowbarrow, Ullswater** **NY4218120557**
 Not reported. Not reported. Search - Non-mountain (Alone)
 Subject (M44) reported missing after unattended car found in layby. Nothing found after a
 number of days search effort.
 Patterdale (13 x 96hr 0 min); SARDA (England) (6 x 48hr 0 min)

232 27384 15 July 13:40 **Tarn Hows, Coniston** **SD331998**
 Fine, dry. Damp, island track. Hill Walking (Small party)
 Subject (M48) slipped off log, falling awkwardly. Serious - injuries back.
 Coniston (11 x 1hr 30 min)

233 28652 17 July 17:55 **Waitby, Kirkby Stephen** **NY755075**
 Clear calm fine. Wet grass. Hill Walking (Small party)
 Subject (F) slipped while walking the Coast-to-Coast route. Treated and evacuated to waiting
 ambulance. Minor - injuries lower leg.
 Kirkby Stephen (12 x 1hr 0 min)

234 28013 17 July 19:30 **Walna Scar Road, Dunnerdale** **SD254963**
 Light showers misty mild dull. Wet grassy slope. Hill Walking (D of E) (School/Youth group)
 Subject (F17) reported with ankle injury. Evacuated by stretcher. Serious - painful/uncomfortable
 ankle.
 Duddon & Furness (22 x 3hr 30 min)

235 28550 19 July 10:54 **Mosedale, Crummock Water** **NY139191**
 Not reported. Not reported. Hill Walking
 Subject (M73) reported overdue and history of heart problems. He turned up safe and well
 before the whole team was mobilised.
 Cockermouth (1 x 1hr 0 min)

236 27503 20 July 19:12 **Buttermere Moss** **NY197165**
 SW-calm/dry/clear/warm/bright. Footpath boggy. Hill Walking (D of E) (Organised event)
 Subject (M16) slipped and sustained an ankle injury whilst descending. Treated on scene and
 carried off the hill. Minor - sprain ankle.
 Cockermouth (17 x 3hr 46 min)

237 27504 21 July 11:41 **Moses Trod, Brandreth** **NY212116**
 SW-calm/dry/clear/warm/bright. Moderate footpath dry. Hill Walking
 Subject (M60) fell on path sustaining an ankle injury. Treated on scene and stretchered into
 Gillercombe then airlifted to hospital. Serious - simple closed fracture ankle.
 Cockermouth (12 x 2hr 4 min); Keswick (18 x 3hr 0 min); Great North AA Cumbria

238 27385 21 July 15:57 **Tom Gill, Tarn Hows, Coniston** **SD325998**
 Dry, sunny. Rough track. Hill Walking (Small party)
 Subject (F56) slipped on wet ground. Serious - simple closed fracture left ankle.
 Coniston (10 x 1hr 45 min)

239 27184 21 July 17:30 **Devil's Bridge, Kirkby Lonsdale** **SD615781**
 Calm/dry/clear/mild/bright. Not reported. Local Incident (Alone)
 Subject (M22) jumped from Devil's Bridge into the River Lune and failed to re-surface. Search
 involving Fire Service, Police & MR was carried out. Police divers later found his body. **Fatal** –
 drowning.
 Bowland Pennine (2 x 2hr 0 min); Kendal (19 x 5hr 30 min); Lancashire Police Helicopter

240 28295 22 July 00:10 **Hollow Stones, Scafell Pike** **NY201072**
 Light dry clear mild dark. Moderate dry stony footpath. Hill Walking (Small party)
 Subject (F52) stumbled and fell. Treated on scene and airlifted to hospital. Serious - unstable
 fracture left ankle.
 Wasdale (16 x 4hr 30 min); Gannet SAR Helicopter

241 27505 22 July 04:48 **Loft Beck, Ennerdale** **NY203123**
 Not reported. Not reported. Hill Walking (Small party)
 Party of four reported themselves lost but were able to provide a grid ref from their 'SatNav'.
 They were located, escorted off the hill and transported to Keswick.
 Cockermouth (10 x 8hr 18 min)

242 28782 22 July 10:25 **Hartsop, Patterdale** **NY4109112984**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M) reported to have injured his back while walking. Minor - injuries back.
 Patterdale (6 x 1hr 0 min)

243 27506 22 July 12:54 **Scale Force, Buttermere** **NY150170**
 SE-gale/dry/cloudy/mild/dull. Steep gully damp. Hill Walking (D of E)
 Subject (M17) fell 25ft into Scale Force. Treated on scene and airlifted to hospital. Serious -
 injuries back.
 Cockermouth (22 x 3hr 45 min); Gannet SAR Helicopter

244 27386 24 July 13:36 **Carron Crag, Grizedale Forest** **SD326946**
 Wet. Narrow rough track in forest. Hill Walking
 Youth reported with suspected broken ankle. Picked up by forestry vehicle & taken to ambulance
 as team were responding; stood down. Serious - simple closed fracture ankle.
 Coniston (12 x 1hr 30 min)

245 27561 25 July 12:05 **Rigghead, Rosthwaite** **NY246151**
 Overcast, dry. Damp. Hill Walking (Small party)
 Subject (M19) reported taken ill with exhaustion & stomach upset. Treated on scene and
 evacuated to Rosthwaite for hospital transfer by road ambulance. Minor - abdominal
 pain/discomfort.
 Keswick (12 x 1hr 45 min)

246 27507 26 July 09:25 **Broughton Moor** **NY053334**
Not reported. Not reported. Search - Non-mountain (Alone)
Vulnerable (M, DAT) reported missing from home. Spotted by member of the public and collected by the police.
Cockermouth (10 x 1hr 0 min)

247 27597 26 July 13:00 **Crossfell, N Pennines** **NY687343**
Low cloud light rain. High moorland. Hill Walking (Small party)
Party (F64, M73) reported disorientated in hill fog. Located, treated for minor injury to knee and guided to safety.
Penrith (5 x 4hr 0 min)

248 27738 26 July 19:44 **East Buttress, Upper Eskdale** **NY210066**
NW calm dry clear mild dark. Steep rocky stony gully. Hill Walking (Medium party)
Party of seven (3xM, 4xF) reported themselves lost. Located at various places in Upper Eskdale.
Lake District MR Search Dogs (1 x 7hr 0 min); Wasdale (9 x 7hr 0 min)

249 27302 28 July 15:45 **Reston Scar, Staveley** **SD467986**
Calm/dry/clear/mild/bright. Moderate footpath damp. Hill Walking
Subject (F53) slipped on wet grass and injured her ankle. Treated at the scene and transported a short distance to a waiting ambulance. Minor - injuries knee.
Kendal (14 x 1hr 30 min)

250 27567 28 July 19:02 **Whinlatter Forest** **NY215241**
Dry and clear. Dry. Hill Walking (Small party)
Subject (M60) collapsed and seizures reported. Treated on scene by team and ambulance paramedic. Serious - faint (vaso-vagal) general; GCS = 15.
Keswick (10 x 1hr 7 min)

251 28615 29 July 15:15 **High Pike, Ambleside** **NY374088**
Not reported. Not reported. Hill Walking (Family group)
Subject (M10) complaining of sore ankle, unable to walk. Stretchered to valley and parents transferred him to hospital. Minor - sprain ankle.
Kendal (7 x 3hr 0 min); Langdale Ambleside (15 x 4hr 30 min)

252 27739 29 July 20:48 **Calf Cove, Great End** **NY227075**
NW fresh showers hazy cool dark. Steep loose stony gully. Hill Walking (Small party)
Party of two (M39, M40) reported overdue descending from Scafell Pike. Located by searchers and airlifted to safety. Minor - hypothermia (I-II) mild/moderate general; Minor - not reported.
Duddon & Furness (16 x 7hr 10 min); Keswick (11 x 6hr 0 min); Lake District MR Search Dogs (6 x 9hr 0 min); Wasdale (12 x 9hr 0 min); Boulmer SAR Helicopter

August

253 27565 2 August 12:30 **Woof Stones, Langstrath** **NY263111**
Not reported. Not reported. Animal Rescue
Sheep reported stuck on crags. Successfully recovered.
Keswick (2 x 2hr 30 min)

254 27599 2 August 13:41 **Nabs Moor, Swindale Common** **NY506106**
Fine. Wet moorland. Hill Walking (Small party)
Subject (F60) fell, injured herself, kept walking until the pain became unbearable. Stood down responding when told air ambulance evacuating subject. Minor - pain/discomfort right buttock.
Penrith (7 x 0hr 45 min); North West Air Ambulance (Blackpool)

255 27508 6 August 18:45 **Seavy Knott, Ennerdale** **NY204123**
Not reported. Not reported. Hill Walking (Alone)
Subject (M57) slipped while descending a path. Treated on scene and airlifted to hospital.
Serious - fracture/dislocation ankle.
Cockermouth (26 x 2hr 4 min); Great North AA Cumbria

256 27509 7 August 15:52 **Scale Knott, Crummock** **NY149175**
 Not reported. Not reported. Hill Walking
 Subject (F61) reported as fallen. Treated on scene and stretchered to a waiting ambulance.
 Serious - simple closed fracture ankle.
 Cockermouth (20 x 1hr 22 min)

257 28825 8 August 05:52 **Brown Cove, Helvellyn** **NY3430815986**
 Calm dry cloudy warm bright. Moderate dry grassy. Hill Walking (Small party)
 Subject (M60) who was wild camping woke up with severe leg pains. Stretchered from the
 hillside and transferred to hospital. Serious - thrombosis lower leg/foot.
 Patterdale (11 x 2hr 30 min)

258 27473 8 August 20:45 **Dow Crag, Coniston** **SD264977**
 Dry, evening. Rough fell track. Rock Climbing - roped (Small party)
 A report was received that five climbers were in difficulty. MR personnel walked up & met the
 party on way down; they reported no problems; false alarm good intent.
 Coniston (4 x 2hr 0 min)

259 27513 9 August 15:15 **Farleton Knott** **SD541804**
 Calm/dry/clear/warm/bright. Moderate track dry. Hill Walking
 Subject (M51) fell. Treated on scene and stretchered to a waiting ambulance. Minor - injuries
 lower leg.
 Kendal (1 x 3hr 0 min)

260 28781 10 August 16:11 **Whinney Crag, Barton Fell** **NY4582721009**
 Fresh dry clear warm bright. Steep rocky stony crag. Parapenting (Alone)
 Subject (M68) crashed paraglider. Airlifted to hospital. Minor - fracture/dislocation
 sternoclavicular joint (S-C).
 Patterdale (12 x 1hr 49 min); Great North AA Cumbria; Leconfield SAR Helicopter

261 27740 10 August 18:15 **Gavel Neese, Great Gable** **NY200092**
 Light dry clear hot bright. Level dry footpath. Hill Walking (Small party)
 Subject (M69) tripped and fell face-first. Treated and stretchered to waiting ambulance. Serious -
 strain right groin.
 Wasdale (14 x 2hr 30 min)

262 27563 11 August 11:14 **Spooney Green, Latrigg** **NY272245**
 Dry. Dry. Mountain Biking (Small party)
 Rider (M48) descending track, hit a drainage ditch and went over handlebars. Treated at the
 scene and evacuated to ambulance at roadhead. Serious - simple closed fracture left clavicle.
 Keswick (16 x 0hr 46 min)

263 27510 11 August 15:36 **Melbreak** **NY143199**
 Not reported. Not reported. Hill Walking (Small party)
 A family of four (M, F, F10, M6) became cragfast on ledge in difficult ground whilst ascending
 Melbreak. They were successfully lowered from the ledge and led to safety.
 Cockermouth (16 x 1hr 30 min)

264 27564 11 August 23:30 **Greenup Edge, Wythburn** **NY307116**
 Dry, clear and warm. Very wet underfoot. Hill Walking (Small party)
 Subject (M73) reported separated and lost on Coast-to-Coast walk. Located in Wythburn and
 escorted to Grasmere; not helped when boots disintegrated on walk.
 Keswick (13 x 3hr 40 min); Langdale Ambleside (1 x 1hr 0 min); Lake District MR Search Dogs
 (6 x 1hr 0 min)

265 27511 13 August 09:28 **Scarth Gap Path, Buttermere** **NY188146**
 SW-calm/dry/clear/warm/bright. Moderate footpath dry. Hill Walking (Small party)
 Subject (F77) fell while descending. Treated on scene then stretchered down to a waiting
 ambulance. Serious - simple closed fracture ankle.
 Cockermouth (27 x 1hr 48 min)

266 28824 14 August 11:33 **Fairfield** **NY3539111799**
Light dry cloudy warm bright. Steep wet stony footpath. Hill Walking (Medium party)
Subject (M16) tripped, hitting his head on rock. Treated at scene and airlifted to hospital. Serious
- injuries head.
Langdale Ambleside (11 x 4hr 0 min); Patterdale (13 x 4hr 0 min); Gannet SAR Helicopter

267 27514 14 August 18:00 **Howgills, East of M6** **SD633986**
Moderate/dry/clear/mild/bright. Not reported. Hang-gliding
Motorist (on M6) reported seeing a paraglider colliding with the hillside. Investigation revealed
paraglider was safe and well; MR stood down responding; false alarm good intent.
Kendal (17 x 1hr 0 min)

268 28294 15 August 16:11 **Broad Crag, Central Fells** **NY218076**
Gale showers hill fog mild dull. Moderate stony slope. Hill Walking (Small party)
Party of two (M) reported themselves lost in thick cloud and rain. Turned up in Keswick.
Wasdale (14 x 9hr 0 min)

269 27497 15 August 16:13 **Church Beck, Coniston** **SD293981**
Very wet. Wet rocks/stones/water. Rock Scrambling (School/Youth group)
Subject (F14) slipped whilst beck scrambling. Serious - simple closed fracture left ankle.
Coniston (10 x 1hr 45 min)

270 27515 17 August 03:30 **Reservoir Cottage, Kentmere** **NY445072**
Calm/fine/clear/mild/dark. Level track firm. Local Incident (Organised event)
Ambulance service requested assistance accessing a young lad who suffered an epileptic fit.
Paramedics transported to scene to treat the casualty. All were then taken to a waiting
ambulance.
Kendal (13 x 2hr 0 min)

271 28653 18 August 16:00 **Brownber, Newbiggin on Lune** **NY700055**
Warm sunny. Muddy. Fell Running (Organised event)
Runner (M30) injured himself after running into hidden barbed wire. Treated, did not required
further attention. Minor - laceration right lower leg.
Kirkby Stephen (3 x 0hr 19 min)

272 27524 18 August 23:00 **Tongue Scar, Kentmere** **NY452072**
Calm/dry/broken cloud/mild/dark. Steep crag damp, slippery. Hill Walking (Alone)
Subject (M55) reported overdue having failed to return to B&B. He had strayed from path as it
got dark, torch batteries failing and become cragfast on steep ground.
Kendal (19 x 6hr 30 min)

273 28145 19 August 11:00 **High Crag, Buttermere** **NY181144**
Not reported. Not reported. Animal Rescue
Report of sheep stuck on ledge. The animal was removed from the crag.
Cockermouth (3 x 1hr 0 min)

274 27560 20 August 16:04 **Nitting Haws, Borrowdale** **NY244169**
Overcast. Steep slippery. Hill Walking (Small party)
Party of two (F36, M) reported cragfast in steep ground whilst descending. All roped off safely
and walked off the hill.
Keswick (10 x 2hr 40 min)

275 28143 21 August 22:17 **Pillar, Ennerdale** **NY171120**
Not reported. Not reported. Hill Walking (D of E) (School/Youth group)
Expedition party of nine (16-18) reported lost. While mobilising, the party was located by the
group leader and walked down to Wasdale Head.
Cockermouth (6 x 3hr 43 min)

276 28617 23 August 16:11 **Stickle Ghyll, Gt Langdale** **NY288073**
Calm/dry/clear/mild/bright. Moderate footpath damp. Hill Walking (Small party)
Subject (M54) slipped & injured his right knee. Treated and stretchered from the fell. Minor -
injuries right knee.
Kendal (12 x 3hr 30 min); Langdale Ambleside (12 x 3hr 30 min)

277 28146 23 August 19:07 **Great Round How, Gatesgarth** **NY206127**
Not reported. Not reported. Animal Rescue
Report of sheep stuck on ledge. Animal recovered to safe ground.
Cockermouth (4 x 2hr 30 min)

278 28654 24 August 13:05 **Great Ormside, Appleby in Westmorland** **NY700174**
Warm clear dry. Slippery mud. Hill Walking (Alone)
Subject (F60) slipped on muddy ground. Treated and evacuated to air ambulance. Minor -
injuries lower leg.
Kirkby Stephen (12 x 1hr 30 min); North West Air Ambulance (Blackpool)

279 28823 24 August 15:51 **Swirral Edge, Helvellyn** **NY3460715597**
Not reported. Not reported. Search - Mountain (Small party)
Member of public reported cries for help. Established that it had been a dog that had fallen into
Brown Cove while walking with a family and been killed.
Patterdale (7 x 2hr 0 min)

280 28011 26 August 18:20 **Swarthmoor Hall, Ulverston** **SD283774**
Light dry clear mild dull. Moderate slippery boggy woodland. Local Incident
Request to recover body found hanging from tree. Recovered and handed over to Coroner's
officer. **Fatal** - hanging (self-inflicted) neck
Duddon & Furness (22 x 2hr 10 min)

281 28822 26 August 19:04 **Ruthwaite Lodge, Grisedale** **NY3544612890**
Light showers low cloud cool dull. Moderate wet stony track. Hill Walking (Small party)
Subject (M47) slipped and fell while descending. Following treatment, he was stretchered down
to MR vehicle and transferred to waiting ambulance. Serious - stable fracture ankle.
Patterdale (15 x 4hr 0 min)

282 27581 27 August 15:13 **Stoneycroft Ghyll, Newlands** **NY230212**
It had been a very wet day!. Very wet. Water Sport (all types) (Small party)
Subject (F33) fell in gill. Stood down on arrival at scene. Serious - not reported
Keswick (20 x 0hr 22 min)

283 27600 28 August 12:25 **Parkfoot Caravan Park, Pooley Bridge** **NY469231**
Not reported. Not reported. Local Incident
Youngster (M11) reported fallen down embankment, injured and access difficult. Stood down
responding when informed fire service on scene.
Penrith (7 x 0hr 40 min)

284 27741 28 August 14:00 **Broad Crag, Central Fells** **NY224080**
Windy, misty, dry. Boulders. Hill Walking (Medium party)
Subject (M60) reported tripped and injured head. Airlifted to hospital. Minor - laceration head
Wasdale (12 x 2hr 0 min); Boulmer SAR Helicopter

285 27571 28 August 15:11 **Walna Scar, Coniston** **SD276962**
Dry, sunny. Rough stony track. Hill Walking (Small party)
Subject (F35) slipped on loose gravel. Treated and evacuated to safety. Serious - simple closed
fracture right ankle.
Coniston (11 x 1hr 45 min)

286 27572 29 August 12:55 **Tom Ghyll, Tarn Hows, Coniston** **SD326998**
Wet. Rough track, slippy, stony, wet. Hill Walking (Small party)
Subject (F64) slipped on wet ground. Assisted air ambulance crew. Serious - laceration head.
Coniston (15 x 1hr 15 min); North West Air Ambulance (Barton)

287 28293 30 August 02:20 **Egremont, Cumbria** **NY012111**
Heavy rain. Surface water flooding. Local Incident
Requested to assist emergency services during period of flooding. Conducted welfare checks with residents.
Wasdale (9 x 5hr 0 min)

288 27580 30 August 16:06 **Dalehead Tarn, Dale Head** **NY230152**
Dry with sunny spells. Wet. Hill Walking (Small party)
Subject (M80) suffered severe back muscle spasms whilst walking, unable to continue. Treated on scene by his daughter and air ambulance crew. Minor - muscular spasm(s) back.
Keswick (19 x 2hr 0 min); Great North AA Cumbria

289 28144 31 August 22:06 **Gatescarth, Buttermere** **NY194149**
Low cloud. Damp. Hill Walking (Small party)
Party of two (M50, M73) reported overdue at Borrowdale doing the Coast -to- Coast. Soon after search began, they turned up at Gatescarth.
Cockermouth (19 x 1hr 43 min); Keswick (8 x 0hr 30 min)

September

290 27710 1 September 12:20 **Sticks Pass, Stybarrow Dodd** **NY342182**
Not reported. Not reported. Fell Running (Small party)
Fellrunner (M27) reported unable to continue with mild hypothermia. Taken by air ambulance to race control point, MR stood down. Minor - hypothermia (I-II) mild/moderate.
Keswick (18 x 1hr 30 min); Great North AA Cumbria

291 28025 1 September 22:10 **Wythburn, Thirlmere** **NY319126**
Showers cloudy mild dark. Moderate boggy moorland. Hill Walking (Small party)
Party of two (C2C) lost for a second time, this time with a damaged ankle. Located and evacuated to safety.
Keswick (10 x 1hr 36 min); Langdale Ambleside (7 x 3hr 0 min); Lake District MR Search Dogs (1 x 3hr 0 min)

292 28024 2 September 16:15 **Orrest Head, Windermere** **SD471991**
Dry clear mild bright. Moderate damp grassy footpath. Hill Walking (Alone)
Subject (M70) reported feeling unwell and exhausted. Treated and evacuated to waiting ambulance. Minor – laceration.
Langdale Ambleside (7 x 1hr 30 min)

293 28023 2 September 17:00 **Browney Ghyll, Gt Langdale** **NY266047**
Dry cloudy mild dull. Steep rough gravel footpath. Hill Walking (Small party)
Subject (F68) reported with black out, causing fall and head injury. Evacuated to air ambulance waiting in the valley. Serious - faint (vaso-vagal), head injury.
Kendal (15 x 3hr 0 min); Langdale Ambleside (13 x 2hr 30 min); Great North AA Cumbria; Valley SAR Helicopter

294 27708 3 September 13:59 **Standing Crag, Harrop Tarn, Wythburn Fells** **NY299139**
Good. Wet. Hill Walking (Small party)
Subject (M71) slipped on wet grass. Treated and stretchered uphill to air ambulance. Serious - injuries lower leg.
Keswick (19 x 2hr 0 min); Great North AA Cumbria

295 28821 7 September 14:50 **Aira Force, Ullswater** **NY39982123**
Fresh dry cloudy mild bright. Rocky. Hill Walking (Small party)
Subject (M66) reported to have slipped while crossing stream. After treatment, he was stretchered to waiting ambulance. Serious - unstable facial fracture.
Patterdale (13 x 2hr 0 min)

- 296 28147 7 September 17:52 Starling Dodd, Ennerdale NY142158**
 Not reported. Not reported. Hill Walking (Small party)
 Party of two (M, M26) reported themselves lost in mist and unable to find the path to Red Pike.
 They were located and walked down to the valley.
 Cockermouth (8 x 4hr 0 min)
- 297 28820 7 September 19:45 Hole in the Wall, Helvellyn NY3592915508**
 Fresh dry cloudy mild. Not reported. Hill Walking (Small party)
 Subject (M49) reported separated from friend. Turned up at accommodation as search
 commencing, having come down wrong side of mountain.
 Patterdale (10 x 1hr 0 min)
- 298 28291 8 September 16:30 Wasdale Screes, Wastwater NY153046**
 Dry mild. Level rocky scree. Animal Rescue (Small party)
 Dog reported to have suffered back injury. Dog and owner made their own way off as team
 responded.
 Wasdale (113 x 1hr 30 min)
- 299 28292 9 September 14:47 Brown Tongue, Scafell Pike NY194074**
 Moderate showers low cloud cool. Moderate stony footpath. Hill Walking (Large party)
 Subject (M60), in party of twenty doing Three Peaks, unable to continue due to chronic
 condition. Stretched off. Minor - painful/uncomfortable knee.
 Wasdale (14 x 2hr 45 min)
- 300 28290 10 September 00:06 Lingmell, Straight Ghyll NY209082**
 Light drizzle hill fog mild dark. Steep slippery grassy gully. Hill Walking (Small party)
 Party of three (M21-22) became lost ascending in the dark and poor visibility. Located and
 extricated to safety.
 Duddon & Furness (12 x 7hr 0 min); Wasdale (11 x 13hr 0 min)
- 301 27624 10 September 15:30 Great How Crag, Coniston Fells SD276999**
 Misty, wet. Rough fell track. Hill Walking (Small party)
 Party of three (F49, F48, F47) reported themselves lost on top of Coniston Old Man. They were
 found and escorted to safety.
 Coniston (12 x 3hr 0 min)
- 302 28022 11 September 13:50 Coffin Route, Rydal NY363063**
 Dry clear mild bright. Gentle damp stony footpath. Hill Walking (Small party)
 Subject (F79) reported tripped on footpath. Walked to ambulance after treatment. Minor - simple
 closed fracture wrist; head injuries.
 Langdale Ambleside (7 x 1hr 15 min)
- 303 27685 11 September 21:55 Grizedale Forest, High Cross SD336977**
 Heavy rain showers. Forestry track. Mountain Biking (Small party)
 Party of two (M51, M20) were lost in forest. Located and accompanied back to campsite in
 Hawkshead.
 Coniston (13 x 1hr 45 min)
- 304 28021 12 September 14:30 Harrison Stickle, Gt Langdale NY284074**
 Dry clear mild bright. Moderate damp grassy crag. Hill Walking (Small party)
 Couple (M55, F55) became cragfast while descending. Secured to safe ground.
 Langdale Ambleside (14 x 3hr 2 min)
- 305 27707 13 September 13:36 Grains Gill, Borrowdale NY229086**
 Showers windy low cloud. Wet. Hill Walking (Small party)
 Subject (F30) stumbled and fell. Evacuated to roadhead for transfer by ambulance to hospital.
 Serious - sprain knee; back injuries.
 Cockermouth (13 x 2hr 30 min); Keswick (18 x 5hr 0 min)

306 27706 13 September 13:58 Derwent Water, Ashness Gate NY268204
Showers cool windy. Wet. Local Incident (Small party)
Subject (M78) slipped and tripped while walking on the lake shore path. Assisted with evacuation to ambulance.
Keswick (9 x 1hr 0 min)

307 27717 14 September 17:00 Hodge Close Quarry, Tilberthwaite NY318019
Showery. Rock/slate quarry. Abseiling (Small party)
Climber (M45) fell 15-20ft due to equipment failure while abseiling. Airlifted to hospital. Serious - injuries face; simple closed fracture left femur.
Coniston (20 x 2hr 30 min); North West Air Ambulance (Blackpool)

308 28287 15 September 21:00 Pillar, Ennerdale NY171122
Moderate showers poor cool dark. Steep very wet stony gully. Hill Walking (Alone)
Subject (F60) reported as exhausted with sore feet. Unable to continue having slipped and hurt her feet. Treated and stretchered off the hill.
Cockermouth (14 x 12hr 0 min); Wasdale (16 x 10hr 0 min)

309 28020 16 September 19:30 Far Easedale, Grasmere NY319093
Dry cloudy mild bright. Moderate damp grassy crag. Hill Walking (Small party)
Subject (M) in walking party, reported fallen and cragfast, but not on particularly steep ground. Walked off to accommodation.
Langdale Ambleside (10 x 2hr 0 min)

310 28286 17 September 15:38 Head of Wasdale, Burnmoor path NY184067
Drizzle cloudy mild dull. Moderate wet stony footpath. Mountain Biking (Small party)
Rider (F) fell off bike. Treated and transferred to hospital by ambulance. Minor - soft tissue injuries medial upper arm.
Wasdale (18 x 2hr 0 min); Great North AA Cumbria

311 27827 18 September 07:30 Craggy Plantation, Staveley SD478985
Calm/passing showers/clear/cool/bright. Forestry boggy, slippery. Search – Non-mountain
Subject (M46) reported missing, last seen 18:00 previous evening. After a short search, a body was found in woods. **Fatal** - not reported
Kendal (14 x 4hr 0 min)

312 28019 18 September 19:15 Calf Crag, Grasmere NY295102
E strong showers clear cold moonlight. Moderate damp grassy moorland. Hill Walking (Alone)
Subject reported overdue; when found, had slipped causing leg injury. Unable to raise alarm due to lack of phone signal or passers-by to shout to. Treated and evacuated from the hillside. Serious - simple closed fracture femur.
Kendal (19 x 2hr 30 min); Keswick (7 x 2hr 10 min); Langdale Ambleside (14 x 5hr 30 min); Lake District MR Search Dogs (1 x 5hr 30 min)

313 28780 20 September 15:00 Grisedale, Patterdale Common NY359137
Calm dry cloudy cool dull. Moderate rough stony track. Hill Walking (Small party)
Subject (F), doing C2C walk, slipped on path. Treated on scene and transferred to hospital. Minor - stable fracture wrist.
Patterdale (2 x 1hr 30 min)

314 28285 21 September 17:31 Piers Gill, Scafell Pike NY212083
Moderate dry clear cool bright. Moderate damp stony footpath. Hill Walking (Small party)
Subject (M74) slipped and fell while descending steep path. Treated at scene and airlifted to hospital. Serious - deep laceration(s) head.
Wasdale (21 x 3hr 30 min); Gannet SAR Helicopter

315 27826 22 September 13:45 Blawith Fells, Coniston SD289910
Dry, sunny. Rough fell track, muddy. Hill Walking (Small party)
Subject (F70) slipped and unable to continue walk. Serious - injuries right lower leg.
Coniston (10 x 3hr 15 min)

316 28018 22 September 15:00 Far Easedale, Grasmere NY316092
 Dry clear mild bright. Moderate damp grassy footpath. Hill Walking (Small party)
 Subject (F55) reported tripped. Serious - simple closed fracture ankle.
 Langdale Ambleside (13 x 3hr 0 min)

317 28655 22 September 15:35 Fell End Clouds, Ravenstonedale NY738000
 Clear fine. Rocky outcrops. Orienteering (Medium party)
 Subject (M19) tripped and fell on steep broken ground. Treated and evacuated to air ambulance.
 Serious - abrasion(s) knee; injuries head; fracture/dislocation left wrist; fracture/dislocation right
 wrist.
 Kirkby Stephen (16 x 2hr 0 min); North West Air Ambulance (Blackpool)

318 28017 22 September 16:51 White Moss, Loughrigg NY348058
 Dry clear mild bright. Moderate waterlogged grassy bank. Hill Walking (Small party)
 Subject (F50) slipped on wet ground. Minor - sprain knee.
 Langdale Ambleside (16 x 2hr 0 min)

319 28819 22 September 19:49 St Sunday Crag, Patterdale NY3852515334
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M24) reported overdue after he became seperated from his two companions. He found
 own way off safe and well.
 Patterdale (5 x 1hr 0 min)

320 27986 25 September 12:19 Kidsty Pike, Haweswater NY44741265
 Low cloud heavy rain. Very wet. Hill Walking (Small party)
 Subject (F45) reported to have fallen, injuring her ankle. Treated at scene, stretchered below
 cloud base and airlifted to hospital. Minor - simple closed fracture left ankle.
 Kirkby Stephen (13 x 3hr 15 min); Penrith (15 x 6hr 30 min); Valley SAR Helicopter

321 27953 25 September 13:00 'Corvus', Raven Crag, Combe Ghyll NY248115
 Not reported. Not reported. Rock Climbing - roped (Small party)
 Climber (F52) fell while seconding climb and pendulumed 10m into rock. Lowered by partner to
 foot of crag; airlifted to hospital after treatment on scene. Serious - head injuries.
 Keswick (17 x 3hr 15 min); Great North AA Cumbria; Valley SAR Helicopter

322 28150 26 September 15:59 Scale Beck, Crummock NY151172
 NW-calm/dry/clear/cool/bright. Moderate footpath dry. Hill Walking (Alone)
 Subject (F56) reported with breathing difficulties whilst descending. Treated and flown to
 hospital. Minor - breathing difficulties.
 Cockermouth (25 x 2hr 36 min); North West Air Ambulance (Blackpool)

323 27952 26 September 17:43 Helvellyn, The Swirls, Thirlmere NY322165
 Showers. Slippery mud. Hill Walking (Small party)
 Subject (M42) went over on his ankle. Airlifted to hospital. Serious - injuries lower leg.
 Keswick (12 x 0hr 52 min); Boulmer SAR Helicopter

324 27949 26 September 19:00 Low Oxen Fell, Colwith NY326020
 Dry, dusk. House. Local Incident
 Request to assist ambulance service with access and evacuation. Assisted in evacuation of very
 ill lady from remote homestead.
 Coniston (9 x 1hr 30 min)

325 28818 29 September 12:56 Striding Edge, Helvellyn NY3506414939
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M) reported to have fallen fracturing his arm. Treated by a passerby and evacuated by
 air ambulance as MR responding.
 Patterdale (7 x 1hr 30 min); North West Air Ambulance (Blackpool)

326 28151 29 September 17:11 **Red Pike, Buttermere** **NY157156**
 Not reported. Not reported. Hill Walking
 Subject (F) reported collapsed near the summit. Stretchered to air ambulance then flown to hospital; rest of the party escorted off the hill.
 Cockermouth (34 x 1hr 26 min)

327 27951 30 September 14:15 **Grizedale Forest, Hawkshead** **SD339979**
 Wet. Very wet mountain bike track. Mountain Biking
 Biker (M25) slipped on mounting bike. Serious - fracture/dislocation right ankle.
 Coniston (14 x 1hr 15 min)

October

328 28284 1 October 16:33 **Wasdale** **NY186088**
 Moderate showers low cloud cool dull. Not reported. Search - Mountain (Alone)
 Despondent (M48) reported missing from home, known to be in the area. Located safe and well.
 Duddon & Furness (1 x 1hr 49 min); Keswick (6 x 1hr 30 min); Wasdale (21 x 2hr 0 min)

329 28797 4 October 17:36 **Red Tarn, Helvellyn** **NY3505815379**
 Not reported. Not reported. Animal Rescue
 Report of howling dog in the area. Search dog handler searched area, but nothing found; false alarm good intent.
 Patterdale (2 x 1hr 0 min)

330 28075 4 October 21:45 **Pooley Bridge - Howtown** **NY46702176**
 Rain cold. Very wet. Hill Walking (Small party)
 Party (M41, M13) reported themselves lost and overtaken by darkness, unhappy to cross water course. Located by police quickly and led to safety.
 Penrith (19 x 1hr 15 min)

331 28796 5 October 16:02 **Greenhow End, Deepdale** **NY371120**
 Light showers low cloud cool dull. Very wet muddy. Hill Walking (Small party)
 Subject (M30) slipped and fell 10m on slabs while gill scrambling. Airlifted to hospital, but died of injuries four days later. **Fatal** - cerebral compression.
 Patterdale (15 x 3hr 55 min); Great North AA Teeside; Great North AA Cumbria; Gannet SAR Helicopter

332 28282 5 October 18:20 **Cam Spout, Sca Fell** **NY215056**
 NW calm dry clear cold starlight. Steep rocky stony scree. Hill Walking (Small party)
 Party of three (F, M33) reported lost and in difficulties in mist. Located using SARLoc and walked off the hill.
 Wasdale (7 x 6hr 45 min)

333 28795 5 October 22:40 **Moss Crag, Ullswater** **NY388184**
 Not reported. Not reported. Search - Mountain
 Member of the public reported seeing flashing lights. After short investigation, found to be a intruder alarm light on a house up in Glencoyne.
 Patterdale (2 x 1hr 0 min)

334 28036 6 October 14:00 **Dixon Ground, Lower Coniston Fells** **SD289973**
 Dry, sunny. Rough fell tracks, slippery, wet. Fell Running (Organised event)
 A number of competitors reported slipping with various injuries. Only one required hospital treatment.
 Coniston (12 x 2hr 0 min)

335 28627 6 October 16:40 **Great Rigg Man, Ambleside** **NY355105**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M66) reported taken ill while walking. Airlifted by air ambulance prior to MR arrival.
 Minor - stroke (CVA).
 Langdale Ambleside (8 x 1hr 0 min); Great North AA Cumbria

336 28052 7 October 11:10 Winder, Sedbergh SD660928
 Calm/dry/clear/mild/bright. Moderate footpath dry. Hill Walking
 Subject (M56) slipped and injured right ankle; he made attempts to get off fellside with the help
 of some passing walkers. Met and stretchered to waiting ambulance. Minor - injuries lower leg.
 Kendal (18 x 2hr 30 min)

337 28628 7 October 15:38 Wrynose Pass, Langdale NY265023
 Not reported. Not reported. Road Traffic Collision (Small party)
 Rider (M) fell off road bike at high speed. Treated on scene and airlifted to hospital. Serious -
 compound closed fracture skull.
 Langdale Ambleside (10 x 2hr 30 min); Great North AA Cumbria

338 28152 7 October 16:40 Lorton Gully, Grasmoor, Buttermere NY165204
 Not reported. Not reported. Hill Walking (Small party)
 Subjects (M24, M28) reported cragfast. They were roped out of gully and walked off the hill.
 Cockermouth (24 x 2hr 30 min)

339 28154 8 October 22:37 Cargo, Carlisle NY366592
 Not reported. Not reported. Search - Non-mountain (Alone)
 Subject (M69) reported missing from home and overdue. Body located by farmer in field close to
 river; recovered to Coroner's officer. **Fatal** - not reported.
 Cockermouth (12 x 2hr 49 min); Penrith (16 x 9hr 0 min)

340 28281 10 October 11:58 Fell End, Eskdale NY154009
 Light dry clear cool bright. Gentle grassy footpath. Hill Walking (Alone)
 Subject (M60) stumbled and fell; later found by two walkers who alerted the authorities.
 Stretchered down to waiting ambulance. Minor - simple closed fracture left ankle.
 Wasdale (18 x 2hr 40 min)

341 28050 10 October 19:31 Birk Fell, Wetherlam NY297020
 Drizzle, dark, misty. Rough, slippery fell track. Hill Walking (Small party)
 Party of four (M65, 3xM) became tired and benighted. Located and accompanied safely off
 fellside.
 Coniston (11 x 1hr 45 min)

342 28153 12 October 18:15 Buttermere, Western Fells NY176170
 NW-light/rain/cloudy/cool/dull. Gentle footpath damp, slippery. Hill Walking (Alone)
 Subject (M34) reported overdue from a walk. He turned up, unharmed, 2 hrs overdue.
 Cockermouth (3 x 1hr 15 min)

343 28629 15 October 18:32 Gibson Knott, Helm Crag, Easedale NY324091
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F70) reported in difficulty and then lost when her companion went for help. Located by
 local who had gone out in advance of MR.
 Langdale Ambleside (14 x 1hr 0 min); Lake District MR Search Dogs (6 x 1hr 0 min)

344 28630 16 October 19:45 Raw Pike, Gt Langdale NY3116907112
 Not reported. Not reported. Hill Walking (Small party)
 Party of three (F, 2xM18-15) reported themselves lost. Located by SARLoc and escorted off the
 hillside.
 Langdale Ambleside (6 x 2hr 30 min)

345 28051 18 October 16:48 Boulder Valley, Coniston Old Man SD282982
 Dry, cloudy. Rough, stony, slate. Hill Walking (School/Youth group)
 Subject (F16) slipped & injured an already painful back. Serious - back injuries.
 Coniston (13 x 1hr 30 min); Great North AA Cumbria

346 28172 20 October 12:31 Sty Head Tarn, Seathwaite NY221099
 Patchy cloud. Wet. Parapenting (Alone)
 Following a canopy collapse, subject (M25) fell 10-15 metres after landing. Treated and
 stretchered to air ambulance. Serious - injuries pelvis; injuries lower back.
 Keswick (14 x 2hr 25 min); Great North AA Cumbria

347 28793 21 October 12:35 **Sandwick Bay, Ullswater** **NY417188**
 Light dry clear mild bright. Gentle damp stony footpath. Hill Walking (Small party)
 Subject (M83) reported his 'legs gave way' while walking to Howtown. Stretchered to waiting
 ambulance. Minor – exhaustion.
 Patterdale (10 x 1hr 19 min)

348 28155 21 October 12:47 **River Derwent, Cockermouth** **NY117307**
 NW-calm/dry/clear/cool/bright. Gentle. Local Incident
 A person was seen floating face down in the River Derwent in Cockermouth. Stood down
 responding, no details given.
 Cockermouth (4 x 0hr 6 min)

349 28631 21 October 13:15 **Hart Crag, Fairfield** **NY365116**
 Not reported. Not reported. Fell Running (Event)
 Male competitor in fell race collapsed during competition. Died at scene of collapse. **Fatal** - not
 reported.
 Langdale Ambleside (9 x 1hr 0 min); Lancashire Police Helicopter; North West Air Ambulance
 (Barton)

350 28156 21 October 17:56 **Red Pike, Buttermere** **NY160154**
 NW-calm/dry/clear/cool/bright. Steep footpath damp. Hill Walking (Small party)
 Party of two (M34, F31) reported themselves lost and unable to find way down. Talked down to
 the correct descent path from where they returned safely to Buttermere.
 Cockermouth (4 x 1hr 0 min)

351 28779 23 October 16:25 **Hallin Fell, Ullswater** **NY4340019836**
 Drizzle cloudy cool dull. Steep damp grassy slope. Hill Walking (Small party)
 Subject (F23) slipped on grass. After treatment, she was stretchered off the fellside to waiting
 ambulance. Serious - stable fracture left ankle.
 Patterdale (12 x 2hr 30 min)

352 28280 24 October 19:46 **Lingmell Col** **NY214079**
 Light dry clear cool moonlight. Gentle dry stony slope. Hill Walking (Small party)
 Party of two (M, F) lost their way in moonlight, unable to find path. Located and walked off the
 hill.
 Wasdale (14 x 5hr 0 min)

353 28157 25 October 18:31 **Pillar Rock, 'Slab And Notch', Ennerdale** **NY173123**
 NW-fresh/dry/cloudy/cool/dark. Steep crag damp. Rock Climbing - roped (Small party)
 Subjects (M) reported cragfast on east side when one got his knee stuck in crack whilst on 2nd
 pitch. The pair managed to release the knee and injured climber airlifted to hospital. Minor - knee
 injuries.
 Cockermouth (18 x 4hr 0 min); Boulmer SAR Helicopter

354 28114 26 October 19:30 **Wrynose Pass** **NY286032**
 Wet. Road. Local Incident (Medium party)
 Assisted with ferrying seven passengers from taxi with flat tyre.
 Coniston (3 x 3hr 0 min)

355 28171 27 October 12:19 **High Pike, Caldbeck** **NY319357**
 Dry sunny clear. Frosty grass track. Hill Walking (Alone)
 Subject (F64) fell and broke her ankle while walking alone. Air ambulance in attendance, so
 assisted air crew to load her onto aircraft. Serious - compound closed fracture tibia and fibula.
 Keswick (14 x 2hr 4 min); Great North AA Cumbria

356 28792 27 October 13:28 **Deepdale, Hartsop** **NY392136**
 Calm dry clear cold bright. Moderate very wet stony footpath. Hill Walking (Small party)
 Subject (M75) reported collapsed with heart attack. Airlifted to hospital but died. **Fatal** - cardiac
 arrest.
 Patterdale (12 x 4hr 0 min); Great North AA Cumbria

357 28112 27 October 13:30 The Calf, Sedbergh SD668971
Calm/dry/clear/cold/bright. Steep moorland damp, slippery. Hill Walking
Subject (M51) reported with a lower leg injury whilst out walking. Evacuated by air ambulance.
Minor - not reported.
Kendal (14 x 2hr 0 min); Kirkby Stephen (10 x 2hr 0 min); North West Air Ambulance (Blackpool)

358 28170 27 October 15:25 Cat Gill, Castlerigg Fell NY276208
Clear. Slippery. Hill Walking (Small party)
Subject (F70), in organised party, slipped crossing a stream and broke her wrist. Treated and
stretchered back to road ambulance at roadhead. Serious - simple closed fracture wrist.
Keswick (19 x 1hr 30 min)

359 28158 27 October 20:56 High Level Traverse, Pillar, Ennerdale NY180121
NW-fresh/sleet/broken cloud/cold/dark. Footpath frozen. Hill Walking (Winter) (Small party)
Subject (M) slipped on ice, hitting his head. Treated and airlifted to hospital. Minor - head
injuries.
Cockermouth (16 x 3hr 0 min); Wasdale (13 x 2hr 0 min); Valley SAR Helicopter

360 28278 28 October 17:18 Scafell Pike NY210069
Strong showers poor cold dark. Level very wet stony slope. Hill Walking (Small party)
Party of two (M45, M37), part of a larger group, decided to press on to the summit, and became
lost after rest of group turned back. They were located at Mickledore and escorted to safety.
Duddon & Furness (14 x 5hr 45 min); Keswick (14 x 8hr 0 min); Langdale Ambleside (14 x 8hr 0
min); Lake District MR Search Dogs (8 x 8hr 0 min); Wasdale (14 x 8hr 0 min)

361 28168 29 October 13:27 Blencathra, Sharp Edge NY325283
Damp. Very wet. Hill Walking (Small party)
Party (F, M11) became cragfast in descent after witnessing another party in difficulties. They
were roped out of their situation and escorted back down to safety.
Keswick (15 x 4hr 40 min)

362 28167 29 October 14:16 Blencathra, Sharp Edge NY326283
Cloudy patches. Very wet slippery. Rock Scrambling (Small party)
Member (M17) of party of three slipped on wet rock, falling 30m down the north gully at the 'Bad
Step'. Roped down to the lower path, together with companion who had gone to help but
became cragfast, and escorted to safety. Minor - abrasion(s).
Keswick (15 x 4hr 40 min)

363 28074 29 October 15:11 Mungrisdale / Bannerdale, Northern Fells NY355303
Fair. Rough track. Hill Walking (Small party)
Subject (F50) taken ill while walking. Treated and evacuated from the hill to waiting ambulance.
Minor - pain/discomfort abdomen.
Penrith (13 x 1hr 40 min)

364 28633 29 October 17:23 Gibson Knott, Grasmere NY320099
Dry cloudy cool dark. Moderate damp grassy moorland. Hill Walking (Small party)
Party of four (2xM, 2xF 55-63) reported themselves lost and benighted. Located using SARLoc
and escorted to safety.
Langdale Ambleside (5 x 3hr 0 min)

365 28656 30 October 14:00 Lineside Quarry, Smardale Gill NY724065
Fine. Grassy ledge. Animal Rescue
Sheep reported stuck on quarry ledge. Unable to save sheep, reported as fatal.
Kirkby Stephen (6 x 2hr 0 min)

366 28115 30 October 15:45 Grey Friar - Great Carr, Coniston Fells NY266006
Windy, damp, misty. Rough fell track, boggy. Hill Walking (Small party)
Party of two (M30, F28) got lost on Coniston Old Man ridge. Located and accompanied to safety.
Coniston (17 x 5hr 0 min)

November

- 367 28788 1 November 13:29** **Glenridding, Ullswater** **NY3864517044**
Not reported. Not reported. Search - Non-mountain (Alone)
Subject (M36) reported missing for seven days, car found in Glenridding. Nothing found during three days of search operations. **Fatal** – drowning.
Patterdale (14 x 6hr 42 min); Patterdale (18 x 4hr 0 min); SARDA (England) (13 x 6hr 42 min); Lake District MR Search Dogs (8 x 3hr 0 min); Lake District MR Search Dogs (5 x 6hr 42 min)
- 368 28116 1 November 13:45** **Claiffe Heights, Hawkshead** **SD380989**
Damp,. Rough track. Hill Walking (Small party)
Subject (M68) slipped and injured ankle. Air ambulance paramedic in attendance. Minor - injuries lower leg.
Coniston (9 x 3hr 0 min); North West Air Ambulance (Barton)
- 369 28635 1 November 15:36** **Easedale Tarn, Grasmere** **NY310087**
Not reported. Not reported. Hill Walking (Small party)
Subject (F) reported fallen, injuring her hip. Treated and stretchered to ambulance in valley. Minor - pelvis injuries.
Kendal (12 x 3hr 0 min); Langdale Ambleside (9 x 1hr 0 min)
- 370 28162 3 November 17:32** **Grains Gill, Seathwaite, Borrowdale** **NY233096**
Rain turning to snow later. Not reported. Hill Walking (Winter) (Small party)
Subject (M31) slipped and suffered an ankle injury whilst descending. Treated and stretchered down to roadhead. Minor - injuries lower leg.
Keswick (15 x 3hr 13 min)
- 371 28166 4 November 00:26** **Sticks Pass, Thirlmere** **NY327187**
Not reported. Not reported. Hill Walking (Small party)
Stationary lights reported by a local resident. Located a number of UFO spotters, who reported they had 'fortified themselves' before taking to the hill. They were persuaded to come down for their own safety!
Keswick (1 x 1hr 21 min)
- 372 28790 4 November 14:37** **Silver Point, Ullswater** **NY398183**
Not reported. Not reported. Fell Running (Organised event)
Competitor (M) reported to have fallen. Ferried in MR boat but made his own way to hospital for check-up. Minor - painful/uncomfortable ankle.
Patterdale (6 x 1hr 30 min)
- 373 28141 4 November 16:30** **Yewdale Fells, Coniston** **SD307997**
Dry, fine. Rough fell. Hill Walking (Small party)
Couple (M51, F) reported themselves lost near Wetherlam; they 'could only see steep ground'. Located Goat Crag and led to safety.
Coniston (16 x 2hr 0 min)
- 374 28139 4 November 18:51** **Ravens Barrow, Lindale** **SD416810**
Calm/dry/clear/cold/dark. Undulating track boggy, slippery. Local Incident
Request to recovery body from a local woods.
Kendal (22 x 2hr 0 min)
- 375 28165 5 November 09:24** **Harrop Tarn, Thirlmere** **NY310136**
Not reported. Not reported. Search - Mountain (Alone)
Person reported missing since 25th Oct, area re-searched. Nothing found.
Keswick (17 x 4hr 10 min)
- 376 28142 5 November 13:22** **South Rake Gully, Dow Crag** **SD2626797559**
Clear, fine, dry. Rock, snow, ice. Rock Scrambling (Small party)
Subject (M42) reported as cragfast on frozen snow. Extracted and led to safety.
Coniston (13 x 5hr 0 min)

377 28636 5 November 16:07 **Low Pike, Fairfield** **NY375073**
Not reported. Not reported. Hill Walking (Small party)
Subject (F46) slipped. Treated and stretchered from the hill. Minor - knee injuries.
Langdale Ambleside (13 x 2hr 0 min)

378 28637 5 November 18:33 **Gimmer Crag, Gt Langdale** **NY278070**
Not reported. Not reported. Rock Climbing - roped (Small party)
Female lost contact with her two companions, becoming cold and concerned for their welfare.
Party reunited as MR responded; monitored as they made their way down.
Langdale Ambleside (3 x 3hr 0 min)

379 28140 5 November 20:20 **Lilly Mere, Killington** **SD608917**
Calm/dry/clear/freezing/dark. Moderate track frozen, slippery. Local Incident
Request to recover deceased person found in an awkward location. Body recovered and
transported to local mortuary.
Kendal (18 x 3hr 0 min)

380 28160 6 November 09:30 **Great Dun Fell, N Pennines** **NY711322**
Windy cold wet. Fresh snow. Hill Walking (Winter) (Small party)
Party (M) reported themselves 'stuck in snow' and disorientated. Located at radar station and
advised how to make their own way down to valley.
Kirkby Stephen (6 x 2hr 30 min); Penrith (10 x 2hr 30 min)

381 28203 7 November 11:00 **Rough Crag, Riggindale, Haweswater** **NY452114**
Wet cloudy windy. Steep broken. Animal Rescue
Sheep reported cragfast in remote valley. Retrieved without loss of injury.
Penrith (6 x 5hr 30 min)

382 28638 10 November 12:54 **Silver Howe, Grasmere** **NY325066**
Not reported. Not reported. Hill Walking (Small party)
Subject (M) complained of chest and stomach pain while out walking. Treated and evacuated by
air ambulance as MR responded. Minor - pain/discomfort abdomen.
Kendal (15 x 1hr 0 min); Langdale Ambleside (14 x 1hr 0 min); Unknown Civilian Aircraft

383 28639 10 November 13:40 **Silver Howe, Grasmere** **NY324061**
Not reported. Not reported. Hill Walking (Small party)
Subject (F39) slipped, injuring ankle. Treated and stretchered to ambulance in valley. Serious –
not reported.
Kendal (15 x 1hr 0 min); Langdale Ambleside (14 x 3hr 0 min)

384 28174 10 November 14:50 **Kentmere** **NY445073**
Calm/dry/clear/cold/bright. Moderate footpath damp. Hill Walking (Alone)
Subject (M) reported with sprained ankle and making his way down the track. Checked by MR
doctor prior to attending hospital. Minor - sprain ankle.
Kendal (15 x 2hr 30 min)

385 28657 10 November 20:44 **Cow Green Reservoir, N Pennines** **NY813287**
Not reported. Not reported. Hill Walking (Large party)
Party of ten walkers reported lost. Located and accompanied to safety.
Kirkby Stephen (1 x 0hr 30 min); Penrith (1 x 0hr 30 min); Teesdale and Weardale (1 x 0hr 30
min)

386 28205 12 November 16:04 **Coniston Village** **SD305972**
Wet. Wooden bridge. Local Incident (Alone)
Request to assist ambulance service dealing with female reported as 'blacked out'. Helped with
access then taken to hospital. Serious - injuries face; simple closed fracture left wrist.
Coniston (9 x 1hr 0 min)

387 28276 12 November 16:31 Piers Gill, Scafell Pike NY212080
Moderate showers poor cold dark. Steep rough stony scree. Hill Walking (Small party)
Party of two (M24, F26) reported themselves lost in poor weather and darkness. Located using
SARLoc and escorted off the hill.
Wasdale (6 x 4hr 30 min)

388 28164 13 November 19:50 Castlehead Wood, Crag Hill NY206206
Not reported. Not reported. Hill Walking (Small party)
Shouts for help reported by some passing runners. Nothing found as other runners had located
two men who had fallen and assisted them to a roadside ambulance.
Keswick (3 x 0hr 40 min)

389 28275 14 November 20:45 Piers Gill, Scafell Pike NY210082
Moderate drizzle hill fog cool dark. Steep rough stony rockface. Hill Walking (Small party)
Party of four (4xM22-28) reported themselves lost in cloud and darkness. They had descended
steep loose gill; escorted to safety.
Wasdale (14 x 10hr 0 min)

390 28163 14 November 22:56 Rigg Beck, Newlands NY228202
Not reported. Not reported. Local Incident
Requested to assist with local incident; no further details supplied. Incident resolved prior to the
arrival, stood down responding.
Keswick (3 x 0hr 40 min)

391 28206 16 November 15:00 Coniston Old Man SD265982
Thick mist. Rough fell track. Hill Walking (Small party)
Party of two (M, F) reported lost in mist. After numerous phone calls they were able to find way
off mountain without deployment.
Coniston (6 x 1hr 0 min)

392 28640 16 November 17:48 Rossett Ghyll, Gt Langdale NY246076
Not reported. Not reported. Hill Walking (Small party)
Party of two (M) reported themselves lost and benighted. Located and escorted off.
Langdale Ambleside (7 x 2hr 30 min)

393 28175 16 November 18:30 Scout Scar, Kendal SD486920
Calm/dry/clear/cold/dark. Moderate crag dry. Search - Non-mountain (Alone)
Subject (F76) reported missing having been out with her dogs since 13:15. Located by the police
prior to deployment of search parties.
Duddon & Furness (21 x 0hr 45 min); Kendal (23 x 2hr 0 min); Langdale Ambleside (8 x 2hr 0
min); Lake District MR Search Dogs (7 x 2hr 0 min)

394 28658 17 November 16:42 Flakebridge Woods, Appleby NY705230
Mild damp. Muddy grassland. Hill Walking (Small party)
Subject (M64) reported collapsed while walking. Unable to revive and pronounced dead at
scene. **Fatal** - myocardial infarct.
Kirkby Stephen (12 x 4hr 15 min)

395 28176 18 November 09:45 Bewbarrow Crag, Swindale, Shap NY519144
Fair. Steep broken. Animal Rescue
Sheep reported cragfast on crag. Retrieved without loss or injury.
Kendal (1 x 1hr 0 min); Penrith (5 x 2hr 30 min)

396 28207 18 November 11:45 Brown Pike, Seathwaite Fells SD260965
Dry, windy, cold. Rough fell track, stony. Hill Walking (Small party)
Subject (M 60s) reported to have collapsed on track. Air ambulance crew unable to revive. **Fatal**
- myocardial infarct.
Coniston (12 x 2hr 30 min); Great North AA Cumbria

397 28268 18 November 12:45 **Bakestall, Skiddaw** **NY267307**
Dull dry cold. Slippery. Hill Walking (Small party)
Subject (F50) slipped and fell near summit. Treated then airlifted to hospital. Serious - simple closed fracture radius and ulna.
Keswick (15 x 2hr 15 min); Great North AA Cumbria

398 28274 18 November 17:44 **Wast Water, The Screes** **NY163055**
Fresh showers clear cool dark. Gentle rocky stony scree. Hill Walking (Small party)
Party (M, 2xF) reported themselves lost in darkness. Walked off unhurt and evacuated by boat.
Wasdale (17 x 2hr 30 min)

399 28208 20 November 13:52 **Grizedale Forest** **SD341979**
Wet. Wet boards. Mountain Biking (Small party)
Cyclist (M27) came off bike on slippery boarding. Serious - injuries lower leg; simple closed fracture right tibia and fibula
Coniston (10 x 2hr 0 min)

400 28209 20 November 16:00 **Chapel House Plantation, Staveley** **SD384860**
Light/dry/broken cloud/cool/dark. Footpath grassy. Mountain Biking (School/Youth group)
Rider (M15) in school party fell off bike, injuring shoulder and ankle. Minor - not reported.
Duddon & Furness (15 x 3hr 25 min); Kendal (14 x 2hr 30 min)

401 28267 21 November 14:01 **Blencathra, Sharp Edge** **NY326283**
Fine. Wet slippery. Rock Scrambling (Small party)
Subject (F26) slipped from narrow ridge and fell 10m into a steep and loose gully. Airlifted to hospital. Serious - injuries back; injuries lower arm.
Keswick (14 x 3hr 19 min); Great North AA Cumbria; Boulmer SAR Helicopter

402 28537 22 November 09:00 **River Eden, Carlisle** **NY380570**
Overcast. Damp. Fishing (Alone)
Angler (M41) reported missing when clothing and fishing tackle found beside river. Nothing found after mutli-agency search over many days; body located more than two months later near Castletown. **Fatal** – drowning.
Penrith (10 x 8hr 30 min); Penrith (9 x 3hr 30 min); Lake District MR Search Dogs (2 x 3hr 0 min); Boulmer SAR Helicopter

403 28642 22 November 11:19 **Langdale - Scafell** **NY285060**
Not reported. Not reported. Hill Walking (Alone)
Subject (M60) reported overdue. Located returning under own steam, having spent the night out.
Langdale Ambleside (12 x 3hr 0 min); Lake District MR Search Dogs (7 x 3hr 0 min); Wasdale (1 x 3hr 0 min)

404 28518 22 November 16:10 **St Mary's Hospice, Ulverston** **SD290787**
Light showers clear cool dark. Not reported. Local Incident
Request to evacuate person during flooding. Three residents transferred from hospice to local hospitals.
Duddon & Furness (20 x 3hr 49 min)

405 28247 23 November 15:30 **High Flatts, Armathwaite** **NY505456**
Cold wet. Very wet. Local Incident
Subject (M48) reported with chest pains beside river. Treated by ambulance crew, evacuated waiting road ambulance. Minor - myocardial infarct.
Penrith (15 x 2hr 0 min); Great North AA Cumbria

406 28266 24 November 12:06 **Blencathra, Sharp Edge** **NY326283**
Cold clear. Icy. Rock Scrambling (Small party)
Party of two (M41, M12) reported themselves cragfast in gully exit to narrow ridge. Airlifted to safety by helicopter.
Keswick (13 x 2hr 13 min); Boulmer SAR Helicopter

407 28236 25 November 12:30 Walna Scar, Coniston Old Man SD272965
Fine, very windy. Rough fell track, stony, wet. Hill Walking (School/Youth group)
Subject (F45) injured after being blown over by gust of wind. Treated and airlifted to hospital.
Serious - simple closed fracture rib(s).
Coniston (6 x 1hr 19 min); North West Air Ambulance (Barton)

408 28339 29 November 14:08 Red Gill, Grassmoor NY171203
NE-light/dry/clear/very cold/bright. Steep bank frozen. Hang-gliding (Small party)
Subject (M) reported stuck in snow and was unable to retreat safely. He was lowered from the
snowy ground and accompanied off the hill.
Cockermouth (18 x 2hr 0 min); Keswick (2 x 2hr 0 min)

409 28340 29 November 14:25 Buttermere Moss, Robinson NY194167
NE-light/dry/clear/very cold/bright. Steep footpath frozen. Hill Walking
Subject (F53) slipped whilst descending steep grass. Treated on scene and stretchered to a
waiting ambulance. Serious - simple closed fracture ankle.
Cockermouth (18 x 2hr 0 min); Cockermouth (7 x 2hr 0 min); Keswick (13 x 2hr 16 min)

410 28517 29 November 15:57 Ormsgill, Barrow SD196705
Variable light dry clear cool bright. Gentle rough grassy. Search - Non-mountain (Alone)
Subject (M40) reported missing for three weeks. Nothing found.
Duddon & Furness (12 x 5hr 0 min)

December

411 28248 1 December 13:28 Forest Head, Brampton NY582575
Clear very cold. Icy roads. Local Incident (Not Applicable)
Carers unable to access patient's isolated house due to icy roads. Gritted road and ensured
carer could access location.
Penrith (5 x 2hr 45 min)

412 28240 1 December 14:18 Grizedale Forest SD346950
Fine, dry, cold, icy. Bike trail, slippery. Mountain Biking (Small party)
Rider (M17) fell off bike, sustaining lower leg injury. Airlifted to hospital. Serious - laceration
lower leg.
Coniston (10 x 2hr 0 min); Great North AA Cumbria

413 28273 1 December 20:52 Hardknott Pass, Eskdale NY229015
Very cold, icy, dry. Icy road. Local Incident (Small party)
Vehicle reported stuck on icy road over remote lakeland pass. Single vehicle located and
occupants escorted to valley for their own safety.
Wasdale (9 x 3hr 40 min)

414 28341 2 December 10:08 The Hay, Watch Hill, Cockermouth NY148318
N-calm/dry/clear/freezing/bright. Moderate bank frozen. Local Incident (Alone)
Subject (M) reported injured on local walk. He was carried to waiting air ambulance for transfer
to hospital. Serious - hypothermia (I-II) mild/moderate; head injuries.
Cockermouth (26 x 2hr 0 min); Great North AA Cumbria

415 28272 2 December 13:30 Pikes Crag, Scafell Pike NY209075
Clear, cold, icy. Steep rocky stony slope. Hill Walking (Winter) (Small party)
Party of two (M, F) became lost and wandered onto steep ground. Confidence-roped off steep
ground then walked off hill.
Wasdale (11 x 3hr 30 min)

416 28516 5 December 18:10 Low Lickle Bridge, Broughton-in-Furness SD204880
Moderate drizzle clear cool dark. Not reported. Road Traffic Collision
Request to search river for possible missing persons after vehicle found upside down in river.
Stood down when confirmed no other persons involved.
Duddon & Furness (21 x 1hr 19 min)

417 28342 8 December 12:30 Fleetwith Edge, Fleetwith Pike NY203143
 NE-calm/dry/cloudy/freezing/dull. Steep footpath frozen. Hill Walking
 Subject (M) dislocated his shoulder whilst ascending. After treatment, he was lowered by
 stretcher to where a helicopter was able to winch him aboard. Minor - shoulder injuries.
 Cockermouth (30 x 3hr 30 min); Gannet SAR Helicopter

418 28343 8 December 13:36 Windgap Cove, Pillar NY167121
 NE-calm/passing showers/hill fog/freezing/dusk. Steep slope frozen. Hill Walking (Winter)
 Subject (M) slipped while descending, resulting in a long slide down snow. Treated on scene
 and stretchered off the hill. Serious - fracture/dislocation elbow.
 Cockermouth (30 x 4hr 30 min); RAF Leeming (5 x 4hr 30 min); Wasdale (12 x 4hr 30 min)

419 28663 8 December 14:53 Haycock, W Fells NY1426910223
 Moderate showers hill fog cool dusk. Moderate rough boggy slope. Hill Walking (Alone)
 Subject (F56) reported herself lost in hill fog with three dogs. Located using SARLoc, met and
 led to safety.
 Duddon & Furness (1 x 0hr 30 min); Wasdale (6 x 4hr 0 min)

420 28533 9 December 11:48 Lord's Seat, Thornthwaite NY207266
 Cold windy. Wet boggy. Fell Running (Small party)
 Subject (F38) slipped on wet and boggy path. Treated at scene and stretchered down to where
 the air ambulance had managed to land. Serious - not reported.
 Keswick (14 x 2hr 1 min); North West Air Ambulance (Blackpool)

421 28664 10 December 10:08 Red Ghyll, Scafell NY205070
 Calm clear cold bright. Steep frozen stony. Hill Walking (Winter) (Small party)
 One subject (M) reported fallen several hundred metres and not moving, second subject (M)
 cragfast. One found dead at scene, the other airlifted to safety by helicopter. **Fatal** - multiple
 injuries.
 Wasdale (23 x 4hr 0 min); Boulmer SAR Helicopter

422 28643 13 December 15:48 Raw Pike, Gt Langdale NY310073
 Freezing. Steep frozen grassy moorland. Hill Walking (Winter) (Small party)
 Subject (F43) slipped on steep frozen grass. Treated and stretchered to valley. Minor -
 hypothermia (I-II) mild/moderate; injuries lower leg.
 Langdale Ambleside (13 x 3hr 0 min)

423 28543 14 December 21:10 Wrynose Pass, Little Langdale NY282031
 Drizzle, dark. Tarmac road. Local Incident (Family group)
 Car stuck on ice on road. Vehicle turned around & accompanied down pass. Re-routed via safer
 roads.
 Coniston (6 x 1hr 45 min)

424 28538 18 December 14:26 High Street, Haweswater NY439106
 Cold but fair. Damp. Hill Walking (Small party)
 Subject (F65) reported in difficulty and exhausted. Treated and evacuated by air ambulance.
 Minor - breathing difficulties.
 Patterdale (10 x 3hr 30 min); Penrith (7 x 1hr 30 min); Great North AA Cumbria

425 28644 23 December 07:45 Rossett Ghyll, Gt Langdale NY252072
 NW-moderate/drizzle/clear/cool/bright. Steep footpath damp. Hill Walking (Alone)
 Subject (M35) reported with dislocated knee. Treated and evacuated by stretcher. Minor -
 dislocation knee.
 Kendal (11 x 4hr 0 min); Langdale Ambleside (11 x 4hr 30 min)

426 28532 26 December 14:29 Glenderaterra Beck, Threkeld NY293259
 Rain. Wet slippery. Hill Walking (Small party)
 Subject (M34) slipped on wet ground, falling about 4m. Reduced his own dislocated fingers and
 walked down until met by MR. Minor - dislocation finger(s)
 Keswick (11 x 1hr 6 min)

- 427 28665 27 December 20:34 Scafell Pike NY216090**
 Clear dry night. Wet. Hill Walking (Small party)
 Party of two (M46, F35) reported themselves lost. Approx location found by questioning and met
 by MR and walked to safety.
 Wasdale (1 x 2hr 10 min)
- 428 28645 30 December 13:55 Lingmoor, Little Langdale NY316039**
 Dry cold dusk. Moderate loose stony footpath. Hill Walking (Small party)
 Subject (F50) reported fallen, injured foot. Splinted and evacuated by stretcher. Minor - injuries
 lower leg.
 Langdale Ambleside (11 x 2hr 0 min)
- 429 28531 31 December 11:43 High Spy, Borrowdale NY235166**
 Wet windy. Wet. Hill Walking (Small party)
 Member (M60) of an organised walking group had collapsed 300m north of the summit. Despite
 the best efforts of all involved, the subject could not be revived. **Fatal** - not reported.
 Keswick (24 x 2hr 55 min); Great North AA Cumbria; Valley SAR Helicopter
- 430 28551 31 December 13:39 White Crag, Melbreak NY143198**
 Not reported. Not reported. Hill Walking
 Subject (F59) reported ill whilst ascending Melbreak. Treated and stretchered off the hill to air
 ambulance. Minor - illness general
 Cockermouth (27 x 2hr 0 min); Great North AA Cumbria
- 431 28530 31 December 15:10 Great Lingy Hill, Caldbeck Fells NY311337**
 Windy showers. Muddy. Hill Walking (Small party)
 Subject (M27) reported lost and benighted, without map, compass or torch. Located in shooting
 hut and accompanied down to safety.
 Keswick (9 x 2hr 12 min)

Notes

SARLoc – a system that interrogates GPS-enabled phones and displays the location of that
 phone on mapping software used by MR teams.
 For further information see <http://www.keswickmrt.org.uk/news.htm>

DAT – Dementia Alzheimers Type

MRT – mountain rescue team

C2C – Coast to Coast, long distance walk from St Bees Head to Robin Hood's Bay.

Accident Summary

The tables that follow summarise the foregoing details and enable a comparison with the previous four years

Incidents	2008	2009	2010	2011	2012
Incidents – all	461	555	600	425	432 ¹
By Activity					
Hill walking (non-winter)	295	328	334	280	269 ²
Hill walking (winter)	24	47	64	12	23
Climb/Scramble	23	33	46	21	17
Mountain Bike	22	11	10	26	18 ³
Orienteer/Fell running	14	9	9	6	11 ⁴
Hang-glider/Parapenter	2	3	3	3	5
Resilience	21	64	73	23	42 ⁵
Non-Mountain Search	18	15	14	9	10
Water Sports	8	11	5	7	4

Table 1 Incident - by Activity

Notes:

1. The incident totals appear to have stabilised at pre-2009 levels as was said in last year's report. Even the very wet and prolonged period, has not led to an increase in the overall figure.
2. As stated in (1) above, the mid-year months were notable for the duration and quantity of rainfall. This seems to have reduced the incident figures this year.
3. The level of mountain bike accidents should still give cause for concern. In spite of its growing popularity, the accident level still seems too high.
4. This increased figure for Fell Running may well be explained by the poor weather experience throughout the year just gone making the ground conditions particularly difficult for these participants.
5. This increase must be explained by the greater reliance of NWAS on the mutual support offered by MRTs in the area

Persons Assisted	2008	2009	2010	2011	2012
Persons - all	577	676	676	505	464 ¹
By Activity					
Hill walking (non-winter)	422	476	428	394	331
Hill walking (winter)	42	83	108	19	30
Climb/Scramble	26	43	74	29	16 ²
Mountain Bike	26	10	9	24	17 ³
Orienteer/Fell running	11	11	11	7	10
Hang-glider/Parapenter	2	3	3	3	4
Resilience	14	16	14	11	25 ⁴
Non-Mountain Search	18	13	12	6	10
Water Sports	6	11	4	6	7

Table 2 – Persons Assisted – by Activity

Notes:

1. This figure represents a drop of 8% in the figure from the previous year. Given the increase (1.5%) in the incident total for this period, this decrease must be seen as both significant and welcome.
2. While the figure appears small this year, it is chiefly associated with rock scrambling, rather than rock climbing. The number of persons engaged in rock scrambling tends to be concentrated in a handful of locations, notably Sharp Edge, Blencathra and Jack's Rake, Pavey Ark.
3. As was mentioned in the commentary for table 1, the number of mountain bike riders needing help still remains relatively high.
4. This increase looks significant and it is. However, an explanation lies in the increased co-operation between local MRTs and the ambulance service as commented upon in table 1.

Fatalities	2008	2009	2010	2011	2012
Persons - all	29	23	30	17	22 ¹
By Activity					
Hill walking (non-winter)	14	11	14	10	8 ²
Hill walking (winter)	3	2	4	0	2
Climb/Scramble	5	1	3	0	2 ³
Mountain Bike	0	0	0	1	1 ⁴
Orienteer/Fell running	0	0	0	0	1
Hang-glider/Parapenter	0	0	0	0	0
Resilience	0	4	2	1	3
Non-Mountain Search	7	1	2	0	3
Water Sports	0	4	2	3	1

Table 3 – Fatalities – by Activity

Notes:

1. The total number of fatalities represents 4.7% of all persons requiring assistance. This fatality rate is the second highest in the five year period displayed. The highest was 2008 at 5.0%. This is nearly 1 in 20 and must be considered too high a rate.
2. While this figure shows a decrease in absolute terms, the fatality rate among non-winter hill walkers remains fairly constant at about 1 in 40.
3. Both these fatalities involving rock scrambling occurred on the same route and within a relatively short space of time. The fatality rate is very high at 1 in 8. This might very well be deemed a statistical cluster but will nevertheless give rise to calls for action.
4. This is the second year in succession a death while mountain biking has been recorded.

Required Medical Attention	2008	2009	2010	2011	2012
Persons - all	258	307	319	224	228 ¹
By Activity					
Hill walking (non-winter)	182	210	215	170	155 ²
Hill walking (winter)	11	32	36	5	15
Climb/Scramble	19	21	31	14	11
Mountain Bike	18	9	8	20	14 ³
Orienteer/Fell running	9	10	7	4	8
Hang-glider/Parapenter	2	3	3	3	3
Resilience	5	10	8	4	14 ⁴
Non-Mountain Search	2	1	2	0	3
Water Sports	8	9	8	3	5

Table 4 Required medical attention – by Activity

Notes:

1. While this figure for those persons assisted required medical attention looks stable, it represents a rate of 49%. Given the rates for the other years shown are all lower relatively more people are in need of medical care than in previous years.
2. In a similar vein, the proportion of non-winter hill walkers requiring medical care is quite high relatively, in spite of the lower absolute figure. This proportion is 47% and is only topped by 2010 when it was 50%.
3. The number of mountain bikes requiring medical attention is a very high proportion. As has been said in the past, the consequences of a biking accident carry a high probability of significant trauma.
4. See note 4 to table 1 earlier.

Causes of Incidents

The following table is the result of a search through all the reports for key words relating to the causes of calling out the MRTs. For example, the category 'Benighted' will include any word with 'benight-' and 'darkness' as part of the word or phrase.

Please note that the totals of these columns may not match the number of incidents given at the bottom of each column. Many incident reports refer to more than one of these causes. A typical report will illustrate this:-
'tripped on footpath whilst walking and fell 2m onto rocky ground'
 This will result in contributions to the 'Slip, Trip or Stumble' and 'Fall or Tumble' categories.

Cause of Incident	2008	2009	2010	2011	2012
Avalanche	0	0	4	1	0
Belay/Runner Failure	1	4	2	1	1
Benighted	20	28	21	19	13
Cragfast	16	24	35	22	23
Fall or Tumble	101	103	109	84	77
Lightning	1	0	3	0	0
Lost or Disorientated	51	65	61	64	63 ¹
Medical Collapse or Illness	31	34	35	25	26
Overdue or Missing	46	46	50	39	36
Rockfall	1	1	1	0	0
Shouts, Lights or Flares Reported	18	14	23	5	6
Slip, Trip or Stumble	118	148	132	99	111
Unable to Continue	17	22	12	13	19
Total Incidents	421	489	488	372	375

Table 5 – Causes of Incidents

Notes:

1. Once again, while the absolute figure remains static, the proportion for persons becoming lost is equally constant. Publicity campaigns and raising awareness initiatives appear to have had little effect on these figures. This remains one of the causes that could be remedied quite easily by employing a number of basic navigation skills, together with some rudimentary preparation.

Age Profile of Subjects

The following table shows the ages of both male and female subjects where both age and gender were reported.

Age (yrs)	Gender	2008	2009	2010	2011	2012
1 – 10	Male	2	0	3	2	5
	Female	2	1	9	3	1
11 – 20	Male	40	59	56	16	35 ¹
	Female	32	27	18	6	9
21 - 30	Male	32	43	37	30	32
	Female	10	31	20	10	11
31 - 40	Male	29	28	32	27	18
	Female	17	16	19	12	20
41 - 50	Male	46	42	37	30	39
	Female	28	19	22	24	13
51 – 60	Male	41	42	46	31	31
	Female	24	32	23	24	24
61 - 70	Male	37	38	37	19	29
	Female	21	40	24	29	22
71 – 80	Male	19	18	21	15	14
	Female	5	4	11	6	10
81 +	Male	4	5	4	6	3
	Female	2	6	1	1	2

Totals	Male	400	454	456	352	302
	Female	176	221	222	154	164

Table 6 – Age Profile of Subjects

Notes:

1. This figure appears to return the anomaly from the previous year back to its more expected value (noted last year without explanation).

Types of Conditions / Injuries

The table that follows is the result of a search through the reports for key words relating to type of injury or medical condition diagnosed on site. For example, the category 'Lacerations' will include any word with 'lacerat-', 'cut-' or 'gash-' as part of the word or phrase.

Please note that the totals of these columns do not match the number of persons given at the bottom of the table. Unfortunately, many subjects sustained more than one injury as a result of the accident. A typical example will illustrate this:
'Fracture/dislocation of the ankle, cuts to hands and knee'
 This will result in contributions to the fracture, dislocation and laceration categories.

Condition / Injury	2008	2009	2010	2011	2012
Abrasions / Scratches	1	1	2	4	3
Asthma	1	2	3	0	1
Bruising	12	10	7	6	1
Burns / Scalds	0	0	1	1	0
Concussion	0	0	1	5	0
Cramp	0	2	3	0	0
Crush Injury	2	0	0	1	0
Diabetes	0	0	0	2	0
Dislocation	15	17	28	27	13
Epilepsy	3	1	1	2	1
Exhaustion	2	9	5	2	5
Fracture	99	118	128	81	79
Heart Attack	15	13	13	1	1
Hypothermia	12	14	10	2	10
Illness	2	1	0	1	0
Lacerations	15	17	19	19	11
Connective Tissue Damage	5	9	7	3	3
Multiple Injuries	4	8	11	4	6
Pain / Tenderness	7	9	10	3	15
Shock	0	3	2	0	0
Sprain / strain	10	7	11	8	15
Loss of Consciousness	8	6	10	4	6
Total Injured Persons	213	247	272	176	170

Table 7 – Types of Conditions / Injuries

Sites of Injury

The table that follows is the result of a search through all the reports for key words relating to sites of injury or medical condition. For example, the category 'Lower leg' will include any word with 'tibia', 'fibula', 'lower leg' and 'shin' as part of the word or phrase.

Please note that the totals of these columns do not match the number of persons given at the bottom of the table. Unfortunately, many subjects sustained more than one injury as a result of the accident. A typical example will illustrate this:
'Fracture/dislocation of the ankle, cuts to hands and knee'
 This will result in contributions to the ankle, hands & wrist and knee categories.

Site of Injury	2008	2009	2010	2011	2012
Abdomen	3	7	2	1	4
Ankle	71	73	69	46	54
Arm	9	7	4	14	3
Chest	11	13	15	3	8
Facial	5	3	2	6	3
Foot	0	0	3	0	1
Hand & Wrist	11	13	20	17	9
Head	43	28	37	43	27
Knee	21	22	34	11	17
Lower Leg	14	38	33	49	39
Neck	3	7	10	5	2
Pelvic Girdle	10	9	12	5	7
Shoulder Girdle	11	14	22	11	3 ¹
Spine	20	15	14	14	22 ²
Upper Leg	5	6	8	3	4
Total Injured Persons	237	255	285	228	203

Table 8 – Sites of Injury

Notes:

1. This dramatic decrease in the established pattern is noted without comment.
2. This increase is significant given the smaller total number of persons injured. It is to be expected that these figures will fluctuate but these injuries are usually associated with significant trauma to the head. This is not the case for the year in question – no explanation is offered.

Lake District Search & Mountain Rescue Teams - Contacts

The LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION consists of the teams listed below together with many others on call through the Police. Its Hon. Sec. is Mr Simeon Leech, Tel: 01229 480768 and Email sim.leech@hotmail.com

For rescue assistance

- Go to the nearest telephone and dial 999.
- Ask for 'Mountain Rescue'.
- Give the location name & grid reference, time of accident, nature of injuries – name, gender and age of casualty if known.
- Stay by telephone until police or rescue team make contact.

The contact names and addresses given below are for administrative purposes only. In the event of an accident, dial 999.

Cockermouth Mountain Rescue Team

Hon. Sec.: Gwyn Lewis
12 Horsman Street, Cockermouth, Cumbria CA13 0HE
01900 827771 gwyn@cockermouthmrt.org.uk

Coniston Mountain Rescue Team

Hon. Sec.: Hayley Buckley
Flat 1, 16 Yewdale Road, Coniston, Cumbria, LA21 8DU
07909 544736 coniston.sec@googlemail.com

Cumbria Ore Mines Rescue Unit

Hon. Sec.: Bernie Green
School House, Oulton, Wigton, Cumbria, CA7 0NP
016973 42618 bernie.green@tiscali.co.uk

Duddon & Furness Mountain Rescue Team

Hon. Sec.: Jacqui Young
1 Vale View, Backbarrow, Cumbria, LA12 8PW
015395 30145 sec@dfmrt.org.uk

Kendal Mountain Search and Rescue Team

Hon. Sec.: Ian Johnson
Punchbowl House, Grayrigg, Kendal, Cumbria, LA8 9BU
01539 824345 ian@lakelandphotography.co.uk

Keswick Mountain Rescue Team

Hon. Sec.: Correspondence Secretary
Keswick MRT HQ, Lake Road, Keswick, Cumbria, CA12 5DJ
017687 75982 secretary@keswickmrt.org.uk

Kirkby Stephen Search and Mountain Rescue Team

Hon. Sec.: David Watkinson
Bank End House, Appleby in Westmorland, Cumbria, CA16 6LH
017683 52050 dgwatkinson@hotmail.com

Langdale / Ambleside Mountain Rescue Team

Hon. Sec.: Liz Mallabon
Low Fold, Lake Road, Ambleside LA22 0DN
07699 708088 lizmallabon@hotmail.com

Patterdale Mountain Rescue Team

Hon. Sec.: Nigel Harling
Middlegarth, Motherby, Penrith, Cumbria, CA11 0RL
017684 83844 nigelharling@googlemail.com

Penrith Mountain Rescue Team

Hon. Sec.: Glenn Mitchell
29 Keld Close, Stainton, Penrith, Cumbria, CA11 0EJ
01768 899916 mitchell.collie@btinternet.com

Lake District Mountain Rescue Search Dogs

Hon. Sec.: Karen Frith
Maple Croft, Moorfoot, Clifton, Cumbria, CA10 2EP
01768 868914 kaz.frith@googlemail.com

Wasdale Mountain Rescue Team

Hon. Sec.: Mike Greene
Fairladies, 102 Main Street, St Bees, Cumbria CA27 0AD
01946 861456 docgreene@hotmail.com

For further information about LDSAMRA and the mountain rescue teams in Cumbria, refer to the web site at <http://www.ldsamra.org.uk>

Lake District Mountain Rescue Posts

Recognised Posts, Manned, with Telephone and some Equipment

Location : Gatesgarth Farm, Buttermere

Grid Ref.: NY 194 149

Supervisor: Cockermouth MRT Tel: 01900 827916

Location : Ullswater Outward Bound Mountain School

Grid Ref.: NY 438 213

Supervisor: Ullswater OBMS Tel: 017684 86347

Location : Wastwater Hotel, Wasdale Head

Grid Ref.: NY 187 088

Supervisor: Wasdale MRT Tel: 019467 25431

Mountain stretcher boxes - Unmanned, no Telephone

Location : Dow Crag (at the foot of Abraham's B Buttress)

Grid Ref.: SD 263 976

Supervisor: Coniston MRT Tel: 015395 41242

Location : Mickledore, Scafell (just below crest on Eskdale side)

Grid Ref.: NY 210 068

Supervisor: Wasdale MRT Tel: 019467 25314

Location : Sty Head Pass

Grid Ref.: NY 218 095

Supervisor: Keswick MRT Tel: 017687 72105

Other First Aid Posts (with telephone)

Location : Howtown OA Centre, Martindale

Grid Ref.: NY 444 197

Supervisor: BRCS Cumbria c/o The Warden Tel: 017684 86208

Location : YMCA National Centre, Lakeside

Grid Ref.: SD 374 897

Supervisor: YMCA Tel: 015395 31758

NOTE:

All the above posts are in the area of the OS Lake District Outdoor Leisure Maps (1:25 000) though not all are marked as MR Posts.

The position of a post is sometimes changed. Verify locally.

Mobile Phones & Mountain Rescue

Advice to Users

There is no doubt that using mobile phones have saved lives in the mountains and fells of this country. The sooner rescue teams are alerted to an incident, the better are the chances of a quick and complete recovery for the victim. However, over the past few years there have been occasions when teams have been alerted inappropriately. The notes that follow are given in the hope that the mobile phone can be used to better effect and to minimise any frustration.

When to use

- If you or a member of your party sustains an injury warranting the assistance of a mountain rescue team.
- If you come across someone who has sustained an injury warranting the assistance of a mountain rescue team.
- If one of the party has become separated from you and you have made every effort to but have been unable to meet up again.
- If you want to report having seen or heard any internationally recognised distress calls.
- If you wish to notify someone of a change of plan (not a 999 call).

When not to use

- Do not use the mobile phone at the 'first sign of trouble'; be self-reliant if possible.
- Do not rely solely on the mobile phone as a safety device; there are areas of poor or no reception ('dead areas').
- The mobile phone is not a substitute for experience.

How to use

1. First make a note of all relevant details, Location and Grid Reference
Name, Gender and Age of Casualty.
Nature of Injuries or disability.
Number of people in party and intended destination.
THE NUMBER OF THE MOBILE PHONE IN USE.
2. Dial 999 and ask for the Police.
3. Make sure you tell the operator that you require the Cumbria Police as you are in the Cumbria.
4. When connected to a Police control room, check that it is the Cumbria Police. If it is not, then make sure that the information will be passed on.
5. Explain the nature of your call, giving details previously prepared (1).
6. Do NOT change your position until contacted by Rescue Team, who will agree future protocol for use of Phone.
7. If you have to make a further 999 call, use ALL the procedure again.

Advice to Mountain Users

Many calls to Mountain Rescue Teams are avoidable. With adequate preparation, awareness of local conditions, experience and the application of commonsense, the number of accidents can be reduced. The following points cover the minimum precautions you should take if you want to avoid getting hurt or lost or, in the event of an accident, minimise further harm to you and your party.

Planning and Preparation

- Plan before setting out! Maps are essential and guidebooks are full of advice.
- Consider the equipment, experience, capabilities and enthusiasm of the party members.
- Check the weather forecast and local conditions; Scottish mountains can be major undertakings. Night encroaches early in the winter and the further north you go! Check the website www.mwis.org.uk
- Carry a First Aid kit and learn how to give First Aid.
- Many accidents occur towards the latter part of the day when both your energy levels and those of your phone and GPS batteries will be run down. Did you remember to charge your battery before setting out?

Footwear and Clothing

- Wear suitable boots with a treaded sole and sufficient support for ankles.
- Clothing should be colourful, warm, windproof and waterproof.
- Take spare warm clothing and perhaps a hat and gloves; it is always colder on the tops.

Food and Drink

- In addition to the usual sandwiches, take chocolate, dates, or similar sweet things, this can restore energy quickly. You may not need them yourself, but someone else may.
- Streams on hills are drinkable if fast-running over stony beds.

Equipment and its Use

- A map, compass and the ability to use them; at least one reliable watch in the party should always be carried.
- If you carry a GPS, at least know how to read your current position. It could save a lot of hassle in an emergency when speaking to the Mountain Rescue Team.
- In all conditions, it is wise to carry a whistle, torch, spare batteries and bulbs; but in winter conditions, an ice-axe, crampons and survival bag are essential.
- Climbers and mountain bikers are all urged to wear suitable helmets at all times.

Party Size

- If in groups, make sure party leaders are experienced; do not let the party become separated.
- Take special care of the youngest and weakest in dangerous places.
- If you prefer to go alone, be aware of the additional risk. Let people know your route before you start, stick to it as far as you can and notify them of any changes.

Emergency Procedures

- Be prepared to turn back if conditions are against you; even if this upsets your plan. Report changes of route or timetable to someone who is expecting you.
- If you have a serious problem, get a message to the Police (999) for help as soon as possible and keep injured/exhausted people safe and warm until help reaches you. If you cannot contact anyone, use six whistle blasts or torch flashes, repeated at minute intervals, to signal an emergency.

Dangers - all can be avoided by good route-finding

- Cliffs, slopes of ice or steep snow
- Very steep grass slopes, especially if frozen or wet
- Unstable boulders, gullies, gorges and stream beds
- Rivers and streams in spate
- Snow cornices on ridges or gully tops
- Exceeding your experience and abilities

Dangers – all can be avoided by remaining alert

- Weather changes - these can be sudden and more extreme than forecast
- Ice on path - carry an ice-axe and crampons - and know how to use them
- Loss of concentration, especially toward the end of a long day
- Excessive cold or heat - dress appropriately
- Separating from the rest of the group
- Incipient exhaustion - know the signs; rest, take some food and keep warm
- Accident or illness - don't panic - if you send for help, make sure you stay put and the rescuers know exactly where to come
- Passage of Time - especially true when under pressure - allow extra time in winter conditions

Pride

- It is no disgrace to turn back if you are not certain. A party must be governed by the capabilities of the weakest member.

Donating To Mountain Rescue

If you wish to support financially the Mountain Rescue Service, in the Lake District, the Association will be pleased to receive your donation. The Association equally shares out all it receives to the 13 Teams in the Lake District. There are several ways of assisting, some more financially advantageous than others.

1. Gift Aid

Following recent changes in the law relating to donating to charities, completion of a Deed of Covenant is no longer necessary. Most donations are now covered by a Gift Aid declaration. If you pay tax, Gift Aid is a scheme by which you can give a sum of money to a charity and the charity can reclaim from the Inland Revenue basic rate tax on your gift. You can make payments by cash, cheque, postal order, direct debit or standing order. Subject to a few rules, you can give any amount, large or small, regular or one-off and the charity can reclaim the tax.

If you want to make a donation through Gift Aid please complete the form printed overleaf having read the notes and return it, with either your donation or a completed copy of the Bankers Order to the Association's treasurer.

1.1 If your declaration covers donations you may make in the future:

- Please notify the charity if you change your name or address while the declaration is in force
- You can cancel the declaration at any time by notifying the charity – it will then not apply to donations you make on or after the date of the cancellation or such later date as you specify.

1.2 You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the tax year (currently 28p for each pound you give).

1.3 If in future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration (see note 1.1)

1.4 If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.

1.5 If you are unsure whether your donations qualify for Gift Aid tax relief, ask the charity. Or you can ask your local tax office for leaflet IR113 *Gift Aid*

2. Give As You Earn

This is a tax free way of giving to charities direct from your pay and many employers have agreed to co-operate. The donation is deducted from your pay before your tax deduction is calculated. The Association is registered with the Charities Aid Foundation. If this appeals to you, please approach your employer with these details:

Charity Name:	LDSAMRA	Bank Account No:	81205617
Bank Code:	40-22-16		
Give As You Earn Reg.	No:004184		
Charity Commission Reg.	No:506349		

GIFT AID DECLARATION

Charity Name: **LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION**

Registered Charity Number: 506349

Title Forename..... Surname.....

Address:.....

.....

..... Postcode:.....

I want the charity to treat : (Delete as appropriate)

- The enclosed donation of £.....
- The donation(s) of £ which I made on/...../.....
- All donations I make from the date of this declaration until I notify you otherwise
- All donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise as Gift Aid donations.

Signed Date/...../.....

-----✂-----
-

BANKERS ORDER

To: Bank

..... Address

..... Date

Please pay

HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of £..... (words)

commencing (date of first payment)

and thereafter every (month/year)

until (date of last payment) and debit my/our account accordingly.

Signed Date

.....

DEED OF COVENANT

To: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

I promise to pay you for 4 years, or until I die if earlier, such a sum as after deduction of income tax at the basic rate amounts to *£ each (month/year), from the date shown below.

Signed and delivered

Date

Full name & address

(in capitals)

Tel. No.....

Witnessed by (signed)

Full name & address

(in capitals)

.....

* Enter here the actual amount you will be paying to the LDSAMRA.

-----✂-----

BANKERS ORDER

To: Bank

Address.....

..... Date.....

Please pay

HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of

£..... (words)

commencing (date of first payment) and

thereafter every (month/year)

until (date of last payment) and debit my/our account

accordingly.

Signed Date



DISTINGUISHED SERVICE LIST

Containing persons who have made a significant contribution to Mountain Rescue in the Lake District

JOHN BERNARD ANDERSON	Coniston MRT
STEVE BARBER (Deceased)	Kendal MSRT, LDSAMRA & MRC
ERIC BARRINGTON	Kendal MSRT & LDSAMRA
PETER BELL	Langdale/Ambleside MRT, Stretcher Manufacturer
DAVID BINKS	Duddon & Furness MRT
Sir CHRISTIAN BONINGTON	
JOE BOOTHROYD (Deceased)	Patterdale & Penrith MRTs, LDSAMRA & MRC
ROB BROOKES	Kendal & Langdale/Ambleside MRTs
DUNCAN JAMES CAMERON (Deceased)	Coniston MRT
NELSON CLARK	Furness MRT
ROY COOKSEY MBE	Coniston MRT
STEPHE COVE	Millom FRT, Duddon & Furness MRT
JIM COYLE BEM	Cockermouth MRT
SYDNEY H. CROSS MBE (Deceased)	Langdale Mountain Rescues
Sqn Ldr LESTER DAVIES MBE (Deceased)	O.B.M.S. Ullswater
JOHN DEMPSTER MBE	Cockermouth MRT, LDSAMRA
GEORGE FISHER MBE (Deceased)	Keswick MRT
RICHARD FISHER	Keswick MRT
MALCOLM GRINDROD	Langdale/Ambleside & Coniston MRT, SARDA (Lakes)
Mrs. ADA HILLARD	
PAUL HORDER	Cockermouth & Keswick MRTs, LDSAMRA & MRC
STEWART HULSE MBE	Langdale/Ambleside MRT, & MRC
PETER JACKSON MBE	Millom FRT
RICHARD LONGMAN	Wasdale MRT, LDSAMRA
TOM MINTON (Deceased)	Kendal MSRT
JOHN MITCHELL	Millom FRT
MIKE MITCHELL	Kendal MSRT, COMRU & LDSAMRA
MIKE NIXON MBE	Keswick MRT
Dr. JAMES D OGILVIE (Deceased)	Patterdale MRT
DES OLIVER	Keswick MRT
BILL PATTISON MBE	Wasdale MRT
ROGER PUTNAM MBE	O.B.M.S. Eskdale
J BRYAN STILLING (Deceased)	Kendal MSRT, LDSAMRA & MRC
Lt. Col H. WESTMORELAND MBE (Deceased)	Keswick MRT
Fl. Lt. RICHARD WOOD	A Flight 202 Sqn RAF Boulmer

FOR RESCUE ASSISTANCE

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**GO TO THE NEAREST TELEPHONE
AND DIAL 999**

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ASK FOR 'MOUNTAIN RESCUE'

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**GIVE THE LOCATION (NAME & GRID
REFERENCE), TIME OF ACCIDENT,
NATURE OF INJURIES - NAME &
ADDRESS OF CASUALTY IF KNOWN**

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**STAY BY TELEPHONE UNTIL
POLICE OR RESCUE TEAM MAKE
CONTACT**